

# Judo Alberta Winter Camp

December 13-15, 2019

Featuring 2003 World Champion  
Daniela Krukower (ARG)



Trackie Sign-up:

Price: \$40.00

U14/U16/U21/SR – Orange belt & Higher

Location: Lethbridge Judo Club: [www.lajudo.com](http://www.lajudo.com)

Sponsored by Judo Canada & Judo Alberta





# Judo Alberta Winter Camp Schedule

## Friday December 13, 2019

6:00PM to 7:45PM Group 1
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7:45PM to 9:30PM Group 2
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## Saturday December 14, 2019

8:00AM to 10:00AM Male Training
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10:00AM to 12:00AM Female Training
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Lunch
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3:00PM to 5:00PM Group 1
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5:00PM to 7:00PM Group 2
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Pizza 6:30PM to 8:00PM
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## Sunday December 15, 2019

8:00AM to 9:00AM Circuits
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10:00AM to 12:30PM Review and Test Matches
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Camp schedule is subject to change

**REGISTRATION DEADLINE:** Friday December 06, 2019

