



2019 Etobicoke Minor Track Association Cross Country Meet Hosted By Etobicoke Huskies Track and Field Club

DATE: Saturday, September 28, 2019

COURSE WALK: 9:20 am

FIRST EVENT: Pee-Wee 10:00 am

PLACE: Centennial Park just west of Centennial Park Stadium, 56 Centennial Park Rd, Etobicoke

DIRECTIONS: On the north-west side of Rathburn Road and Renforth Drive, in Etobicoke
Detailed directions and Map - below

FACILITIES: Courses are mostly grass, and all in a park setting. Washrooms/change rooms on site, snacks, drinks and restaurants are nearby

COURSES: Courses will start and finish in the vicinity just west of the Stadium

<u>AGE GROUP</u>	<u>BIRTH/YEAR</u>	<u>SEX</u>	<u>DISTANCE</u>	<u>CLASS CODE</u>	<u>RACE TIME *Approx.*</u>
Peewee	2013+	F	500m	PG	10:00 AM
Peewee	2013+	M	500m	PB	10:00 AM
Mite	2011/2012	F	1000m	MG	10:10
Mite	2011/2012	M	1000m	MB	10:20
Tyke	2009/2010	F	1500m	TG	10:30
Tyke	2009/2010	M	1500m	TB	10:45
Atom	2007/2008	F	2000m	AG	11:00
Atom	2007/2008	M	2000m	AB	11:20
Senior	2005/2006	F	3000m	SG	11:40
Senior	2005/2006	M	3000m	SB	12:00

Awards approximately at 12:20 pm

ENTRY FEE: \$10.00 per athlete, .

Registration is online using www.trackie.reg

You can pay by cheque or e-transfer to etobicoketrack@rogers.com.

Or you may email entries to Julius Palladino at etobicoketrack@rogers.com

DEADLINE: All entries must be received by 11:59pm on Wednesday September 25, 2019.

NOTE: Waiver forms must be filled-out and submitted by each athlete/parent/guardian, or a blanket waiver by power of attorney (list all athletes). Athletes without signed waiver forms will not be allowed to compete. Bring on race day.

ENQUIRIES: Austin Nurse (416) 319-7382 anurse@acacontrols.com

Julius Palladino (416) 258-2888 etobicoketrack@rogers.com

AWARDS: Medals to 1st, 2nd, 3rd, places for individuals: Ribbons to 4th through 8th places for Pee Wee, Mites, Tykes, Atoms and Seniors: Sorry no team awards:

Event Waiver Form

**THIS WAIVER FORM MUST BE SUBMITTED BY EACH ATHLETE ENTERED
or
BLANKET WAIVER BY COACH WITH POWER OF ATTORNEY - (list all athletes)**

SANCTIONED and REQUIRED BY the MINOR TRACK ASSOCIATION (of Ontario)

In consideration of the acceptance of my application and permission to participate as an entrant of competitor in the **ETOBICOKE MTA CROSS COUNTRY MEET** scheduled for Saturday, September 28, 2019

I, for myself, my heirs, executors, administrators, successors, and assigns **HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE:**

the Minor Track Association (of Ontario), the Gladstone Track & Field Club and the Etobicoke Huskies-Striders Track and Field Club and/or any of their Directors and Officials, and the City of Toronto

and all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, representatives, and assigns OF AND FROM ALL claims, demands, damage costs, expense actions, and causes of action, whether in law or equity, in respect to death, injury, loss or damage to my person or property **HOWSOEVER CAUSED**, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor, or otherwise; whether prior to, during or subsequent to the event **AND NOTWITHSTANDING** that the same may be the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE TO HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREE to the above WAIVER, RELEASE AND INDEMNITY. I FURTHER WARRANT that the participant is physically fit to participate in this event.

Print Name

Date

Signature of Athlete/Participant

Print Name

Date

Signature of Parent / Guardian
(If under 18 years)

Detailed Directions - How to Get There

From the East

- Take Highway 401 west and exit at Carlingview Drive.
- Turn left at the first set of lights (Renforth Drive).
- Pass through five sets of lights while continuing on (south) Renforth Drive. After the fifth light, there is a schoolyard (Hollycrest Public) on the right-hand side. Go to first street past (Centennial Park Gate).
- Turn right on to Centennial Park Gate (immediately after the schoolyard). The stadium is straight ahead
- Turn right (or left) on to Centennial Park Road to either parking lot, on the west side of the road. Start line is directly behind the stadium.

From the West

- Take Highway 401 east and exit at Renforth Drive, go South.
- Continue south on Renforth Drive passing through two sets of lights. After the second light, there is a schoolyard on the right-hand side.
- Turn right onto Centennial Park Gate (immediately after the schoolyard). The stadium is straight ahead
- Turn right (or left) on to Centennial Park Road to either parking lot, on the west side of the road. Start line is directly behind the stadium

From the South

- Take the QEW east or west, to Highway 427 north.
- Exit at Rathburn Road West.
- Travel along Rathburn Road, pass through two sets of lights.
- After the second set of lights (Renforth), turn right on to Centennial Park Road to one of first two parking lots on the west side of the road. Start line is behind the stadium.

From the North

- Take Highway 427 south and exit at Burnhamthorpe Road West (or Holiday Drive just north of Burnhamthorpe)
- Turn right on to The West Mall.
- Follow The West Mall north to Rathburn Road.
- Turn left on Rathburn Road and go past Renforth Drive.
- Go through the next set of lights at Renforth Drive, and turn right at the first street after the lights (Centennial Park Road). Take the first or second parking lot on the west side of the road. Start line is behind the stadium.

By TTC

- Go to Royal York subway station.
- Take the Rathburn #48 bus to Renforth Drive.
- Walk west (the same direction the bus is traveling) to the first street on the right (Centennial Park Road).
- Turn right on to Centennial Park Road. The stadium is about 300m north of Rathburn, on the left side; the start area is just behind the Stadium.