

# 21<sup>st</sup> Annual **PEACE HILLS X-COUNTRY MEET**

Saturday September 21, 2019

Location: Peace Hills Park, Wetaskiwin, AB

Hosts: Spruce Ave JHS (Edmonton)

## **Awards:**

- A race T-shirt to the top 6 finishers in each race
- Team medals and plaques
- Medals to 1st, 2nd, 3rd and ribbons 4 -10 & participants
- Overall plaques to top HS, JHS and Elementary
- Plaques to top guys and girls for combined teams
- **Record breakers 2/3 through HS Snr get \$25 gift cards!**

## **Schedule of Events**

### **Walk Throughs:**

**9:00 am – Elementary and Jr. High**

**11:20 am – High School Only**

(Some races may begin before others are completed)

**09:00 Walk Through – Elementary and Jr. High (Please note Jr High walk through is NOW, NOT later)**

09:35 Grade 1 Boys – 1 km

09:45 Grade 1 Girls – 1 km

09:55 Grade 2 & 3 Boys – 1 km

10:15 Grade 2 & 3 Girls – 1 km

10:25 Grade 4 & 5 Boys – 2 km

10:40 Grade 4 & 5 Girls – 2 km

10:55 Grade 6 & 7 Boys – 3 km

11:20 Grade 6 & 7 Girls – 3 km

**11:21 Walk Through – High School Only**

11:40 Grade 8 & 9 Boys – 4 km

12:05 Grade 8 & 9 Girls – 3 km

12:25 HS Junior Men – 4 km

12:45 HS Junior Women – 4 km

1:05 HS Intermediate Men – 5 km

1:25 HS Intermediate Women – 5 km

1:50 HS Senior Men – 6 km **Open Men** 6 km - same time

2:10 HS Senior Women – 5 km **Open Women** 5 km - same time

### **Award presentations:**

- All individual awards and race teams will be awarded, as much as is possible, 15 minutes after each race
- Over-all trophies at approx.: - 11:25 am Elementary
  - 12:15 am Junior High
  - 2:30 pm High School

### **Age groups:**

- Grades as indicated
  - HS Junior - under 16 as of September 1, 2019
  - HS Intermediate - under 17 as of September 1, 2019
  - HS Senior - under 19 as of September 1, 2019

Cost: \$10 per competitor

*(Clubs - please enter athletes under school)*

***Make cheques payable to Peace Hills X-Country or see trackiereg below***

**Deadline for entries is Tuesday September 17th by 6:00 pm,  
post entries  
\$15.00 each**

We are pleased to announce that again this year our timing will be handled by **Ellis Timing** *and* if you have ever stood in line trying to register you will be happy to know that on line registration and payment is now being handled by **Trackie Inc. or trackie.ca** (However you may still pay at site if you wish!)

**Enter by going to** <http://www.trackiereg.com/2019-PeaceHillsXC>

**For more information please contact:** Pete Wright at (780) 479-1860 or (780) 619-9690

(cell) or by email at [peacehills.xcountry@gmail.com](mailto:peacehills.xcountry@gmail.com)

Concession and portable washrooms on site.