



# MTA Cross Country Durham Dragons XC Meet

**Date:** Saturday September 14, 2019

**Location:** Alex Robertson Park, Pickering

**Rabbits by special invitation!**

**Registration opens at 8:30am**

**COURSE WALK:** 9:20 am (line up seniors to peewees at start)

**FIRST EVENT:** Pee Wees 10:00 am

**PLACE:** Alex Robertson Community Park, 700 Sandy Beach Road, Pickering, ON L1W (3km from 401)

**DIRECTIONS: (From West)** 401E exit Brock Road (x399) turn R (South) to Bayly St, **(From East)** 401W exit Brock Road (x399) turn L (South) to Bayly St, **(for both)** turn R on Bayly continue to Sandy Beach Rd. turn L at the lights continue S (1.4 km) to Alex Robertson Park (parking on both sides). To leave, just reverse directions back to the 401.

**FACILITIES:** Washrooms on site in 3 locations, snacks, drinks and pizza will be sold on site. Restaurants and Pickering Town Centre are nearby and a playground is an easy walk distance from parking.

**COURSES:** Courses will start and finish in the same vicinity in an area sheltered by mature trees but within sight of the parking lots. Courses are rolling mostly grass and groomed trails (no pavement) and forest, all in a park setting only meters from the Waterfront Trail. Spikes permitted on course but not required unless course is wet. There are hills and the longer races are 2 spectator friendly loops.

**AGE CATEGORIES: (2 year age categories by birth year PeeWees will have run-buddies)**

Pee Wee pre2012	760m PG	10:00AM	record Lila Hollins (09) Durham Dragons	3:16 (2015)
Pee Wee pre2012	760m PB	10:00AM	record Aditya Sharma (09) Durham Dragons	3:28 (2015)
Mite 12/11 F	1033m MG	10:10AM	record Alex Jackson (09) Durham Dragons	4:02 (2017)
Mite 12/11 M	1033m MB	10:20AM	record Lucas Teixeira (07) Etobicoke TFC	3:59 (2015)
Tyke 10/09 F	1420m TG	10:30AM	record Caitlin Graham (05) Etobicoke TFC	5:06 (2015)
Tyke 10/09 M	1420m TB	10:45AM	record Devon Clarke (05) Etobicoke TFC	5:05 (2015)
Atom 08/07 F	1992m AG	11:00AM	record Ashleigh Pattynama (01) Burlington TFC	7:22 (2013)
Atom 08/07 M	1992m AB	11:15AM	record Kamran Brar (05) Durham Dragons	7:02 (2017)
Senior 06/05 F	2925m SG	11:30AM	record Meg Jackson (02) Durham Dragons	10:55 (2015)
Senior 06/05 M	2925m SB	11:50AM	record Thomas Witkowicz (00) Durham Dragons	9:17 (2014)

**AWARDS:** Awards for top 8 individuals, in each race. Team ribbons will be awarded to the top 3 teams (for all team finishers). A team will consist of three runners with ties broken by the position of the third runner closest to the front. Individual awards will be given at the finish line. Team awards will begin while later races are in progress.

**ENTRY FEES:** For MTA registered athletes is \$15 per athlete or \$20 cash on the day of the event.  
Without MTA numbers is \$20.  
No refunds or substitutions.  
Make Cheques payable to **“Durham Dragons” on trackie choose to “pay on-site”**

**REGISTRATION:** Deadline is Wednesday, September 11, 2019, at midnight. Waiver forms must be completed and submitted for each athlete or as a MTA club waiver. Athletes without waivers will not be allowed to compete.

Questions can be e-mailed to: Dale Lapham, [sebcoe1984@hotmail.com](mailto:sebcoe1984@hotmail.com)

Registration is online using [www.trackie.reg](http://www.trackie.reg) using [www.trackie.com](http://www.trackie.com) search for “Dragons” using the event filter

Website: [www.durhamdragonsathletics.ca](http://www.durhamdragonsathletics.ca)



# Entry Organization Sheet

Durham Dragons XC meet                      Deadline: Sept 11, 2019 at midnight  
Sept 14, 2019, Alex Robertson Park, Pickering, 9:20 course walk

Club Name :

Contact Name:

Contact Number:

Contact Email:

Last Name	First Name	Gender	YOB	Class	MTA NUMBER
Stafford	Brianna	F	05	SG	MTA0599999
Mills	Donald	M	06	SB	MTA0600001
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					