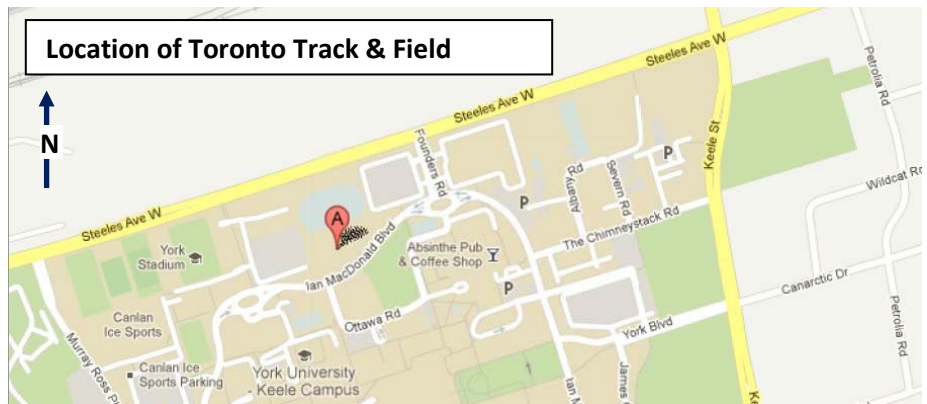




Throwers Club Masters Throwers Meet #3

Toronto Track and Field Centre
Saturday, August 17, 2019
9:30am start

Fees:	<p>1st Event \$26 for members; \$36 for non-members; \$26 for junior/university/para athletes 2nd Event \$7, 3rd Event \$6, 4th Event \$5 & 5th Event \$5 Throws Pentathlon \$49 for members, \$59 for non-members. Note: junior/university/para athletes will not be permitted to enter the throws pentathlon. Throws Triathlon \$39/\$49 If you are entering Throws Triathlon or Throws Pentathlon and want 6 throws make sure you pick the 6-throw option. You do NOT need to enter a separate single event as you will be automatically entered in the single event in addition to the multi-event you picked. Membership Required: Ontario Masters Athletics, Athletics Ontario, Athletics Canada or USATF. For Masters Members meet rate, entrant must be paid up Throwers Club member for 2019. Non members who are not AC or USATF members will be billed \$2 for insurance.</p>	
Events:	<p>Throws Pentathlon, Triathlon and Single Throws Events (hammer, shot put, discus, javelin and weight throw). Events will be held in order of the Throws Pentathlon i.e. hammer, shot put, discus, javelin and weight throw. Scoring is by WMA 2014 tables. Throws Pentathlon and Triathlon will be 3 attempts for each event. Individual events will be 6 attempts. Men and women will compete in the same flights. Separate Masters & Juniors flights will be run for shot, discus and javelin. Only shot will have simultaneous flights. Meet will start at 9:30am sharp. Schedule is attached. This is an Athletics Ontario and IPC Sanctioned Meet.</p>	
Entry:	<p>Click for Meet Entry. Entry Deadline Wednesday, August 14th at 11:59pm. Please email Bill Pearson Meet Director if you have any questions. While we try and accommodate as many younger throwers as we can we may have to restrict the number of entries in a particular event if our capacity is exceeded. NOTE: There will be NO late or same day entries.</p>	
Equipment:	<p>Throwing equipment for all age classes and events will be provided. Throwers who wish to use their own implements must bring them at least 30 minutes before the event starts for weigh-in. Once weighed-in, implements will be part of the meet implements and available for use by all competitors.</p>	
Results:	<p>Complete results will be posted following the meet on the Throwers Club website at www.throwersclub.ca</p>	<p>No qualifying standards for entry</p>
Facilities:	<p>Full throwing facilities for hammer, shot put, discus, javelin and weight throw. For further information see - http://www.toronto.ca/parks/sports/trackfield.htm Pay parking is available at the lot east of the Toronto Track and Field Centre (TTFC) off Founders Road or in the TTC parking lot at Pioneer Village Station north of TTFC.</p>	
Hosted by:	Throwers Club	www.throwersclub.ca



PRELIMINARY SCHEDULE THROWERS CLUB MEET #3 - August 17, 2019

TIME	WEST HAMMER/DISCUS	WEST SHOT	EAST SHOT	EAST JAVELIN
9:30AM	HAMMER		PARA SEATED	
10:00 AM			(if entries)	
10:30 AM		SHOT FL#1		
11:00 AM				
11:30 AM	DISCUS MASTER	SHOT FL#2		
12:00 PM				
12:30 PM				
1:00 PM				
1:30 PM	DISCUS-JUNIOR			JAVELIN FL#1
2:00 PM				JAVELIN FL#2
2:30 PM	WEIGHT MASTER			
3:00 PM				
3:30 PM				



Events include:

- Throws Pentathlon (hammer, shot put, discus, j **TIMES ARE APPROXIMATE**)
- Throws Triathlon (shot put, discus & javelin - 3 throws)
- Single Events (hammer, shot put, discus, javelin & weight throw - 6 throws)
- Masters, Open, Junior, Para (Ambulatory & Seated)

01-Aug-19