**YUTC Twilight #4 – July 30 - Tentative Schedule**

6:00pm Sprint Hurdles – 80mh, 100mh, 110mh

6:20 200m

6:50 Intermediate Hurdles - 200mh (u16), 400mh

7:15 800m

7:40 Sprint Hurdle Finals

8:00 200m Finals (Top 16 M/F)

8:15 3000m

5:30pm Pole Vault – Men followed by women

5:30 Hammer Throw followed by Shot Put Followed by Javelin

6:00 High Jump – Women followed by Men

6:00 Triple Jump – Men followed by Women

6:00 Seated Shot followed by Seated Jav followed by Seated Disc