Mustang Heptathlon & Decathlon

Saturday August 10 & 11

Tentative Schedule

Day 1

Decathlon

12pm 100m

12:45pm long jump

2:30pm shot

3:45pm high jump

6:00pm 400m

Heptathlon

12:30pm 100mh

1:30pm high jump

3:45pm Shot

5:00pm 200m

Day 2

Decathlon

12pm 110mh

1pm discus

2:15pm pole vault

4:45pm javelin

6pm 1500m

Heptathlon

2:00pm long jump

3:30pm javelin

5:30pm 800m