



June 19th, 2019

Speed River Twilight Meet #2
Information and Schedule
Information Sheet

Location : **Alumni Stadium, University of Guelph**
26 Powerhouse Lane
Guelph, ON N1G 2W1

More information available here:
<http://gryphons.ca/sports/2016/5/19/alumni-stadium-new.aspx>

Please check-in at the registration table under the grandstand upon arrival to collect bibs.

Warmup and confirmation for track events will take place on the infield.

Events will be women then men, races run fast to slow.

Field Event athletes report directly to your event site for warmup and confirmation.

SCHEDULE

7:00 pm	High Jump
7:15 pm	Men's 400mH (1 section)
7:30 pm	Women's 800m (2 sections)
7:40 pm	Men's 800m (2 sections)
7:45 pm	Long Jump
7:55 pm	200m Women (2 sections)
8:00 pm	200m Men (4 sections)
8:15 pm	3000m Men (1 section)
8:30 pm	1500m Women (1 section)
8:40 pm	1500m Men (1 section)