

**CALTAF welcomes you to Foothills Track**

**U10, U12 & U14**

**2019 Cheetah Invitational – Provincial Championships South Zone Qualifier**

**June 22, 2019 - 12:00 – 4:30 p.m.**

**June 23, 2019 – 10:00 – 3:00 p.m.**

**Sanctioned by Athletics Alberta**

**DIVISIONS**

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| --- |
| **U10 – BORN 2010-2011** |
| **U12 – BORN 2008-2009** |
| **U14 - BORN 2006-2007** |

Venue: Foothills Track - 2431 Crowchild Trail N.W.

Meet Director: Samantha Read cheetahinvitational@gmail.com (403) 690-4212

Assistant Meet Director: Paula McKenzie paula@caltaf.com

General Inquires: caltafcheetahs@gmail.com or paula@caltaf.com

Meet Information: [www.caltaf.com](http://www.caltaf.com)

**FEES & DEADLINES**

Athletes must be registered with Athletics Alberta

<https://athleticsalberta.com/aa-membership/#1503691636262-737ebef3-ca72>

**Entry Deadline: Sunday, June 16th at 11:59 p.m.**

**Entry Fee:** **$ 35 per Day**

**Late Entry: Tuesday, June 18th at 9:00 p.m.**

Late entries will be accepted at the Meet Director’s discretion with an additional fee of $10.

Entry Procedure:

**QUALIFICATION PROCESS**

The Top 8 athletes per gender and age division from the South Zone Qualifier are eligible to compete for a spot in the Top 10 of the Province.

Athletes at the Zone Qualifier **who are not a Top 8 Qualifier** will need to declare their eligibility (availability) to fill one of the Top 8 spots if an athlete who qualified is not able to attend the U10,, U12, U14 Provincial Championships on June 29 & 30th at Foote Field in Edmonton.

Top 8 Zone selections will be based on:

1. Combined Event Score using the Alberta Youth Scoring Tables
2. Athletes must compete on **Both Days**
3. Athletes must compete in **ALL events**

**GENERAL INFORMATION**

TRACK EVENT Marshalling takes place at the start line of each race. Athletes must report to the start line 15 min before the event begins

FIELD EVENT Marshalling takes place at the event, 30 min prior to the start of the event

Competitions numbers must be worn on the front for all events

Hip numbers must be worn on the right hip and shirts must be tucked in

All Track races are timed finals

No starting blocks will be used

Throwing implements will be provided

Spikes must not be longer than 7mm in length and only Christmas tree or pyramid type spikes are permitted.

Scratches during the competition are to be submitted at the Finish Line Shed

Spectators are to be in the bleachers and outside of the track. The infield is only open to competitors.

Results will be posted at: <http://www.calgarytrackcouncil.com/meets.asp> and [www.ellistiming.ca](http://www.ellistiming.ca)

**EVENTS**

|  |  |  |
| --- | --- | --- |
| **DIVISION** | **SATURDAY** | **SUNDAY** |
| **U10** | **60m, Long Jump, 600m** | **80m, Ball Throw, 400m** |
| **U12** | **100m, Long Jump, 800m** | **200m, Shot Put, 600m** |
| **U14** | **100m, Long Jump, Discus, 1000m** | **200m, High Jump, Shot Put, 800m** |

All Categories: 4x100m Relay and Sprint Medley

**SPECIFICATIONS**

|  |  |  |  |
| --- | --- | --- | --- |
| U10 | U12 | U14 | EVENT |
| Y | -- | -- | Ball Throw |
| -- | -- | 750g | Discus |
| -- | 2kg | 3kg | Shot Put |

**MODIFICATIONS**

Long Jump – U10, U12 - No Board, 1m Takeoff area. Distance will be measured from takeoff.

Throws and Long Jump – Athletes will receive 3 attempts

High Jump – Starting height of .70cm, increments of 10cm until a height of 1.10m and then increments of 5cm. athletes will be eliminated after 3 misses