

# 2019 Team Nova Scotia/Nunavut Legion Team Trials and Open Meet

July 6-7th

Pioneer Coal Athletics Field, Stellarton, NS



**Sanction:** Athletics Nova Scotia

**Host:** Pictou County Athletics

**Date:** Saturday and Sunday, July 6-7, 2019

**Event Site:** - Pioneer Coal Athletics Field, Stellarton, NS

8 Lane synthetic surface

- 2 horizontal Jumps jumps
- Maximum spike length is 7mm for the track and 7mm for javelin and jumping events.
- Washrooms are available on-site.
- Throwing implements will be provided. The Head Throws Official must approve personal implements.
- No dogs/pets allowed inside the facility

**Spectators Fee:** \$3/Day for all spectators 19 and over

**Timing:** FinishLynx Photoelectric timing

**Categories:** Tyke & PeeWee (born 07,08,09,10) U14 (born 2006-07), U16 (born 2004-05), U18 (born 2002-01) U20 (2000-01), Open (1999 or later), Masters (35+)

## Registration Eligibility

Athletes must be a member of Athletics Nova Scotia or any other provincial association. Non-members may compete with a single day registration fee of \$10.00. Single day, temporary members are **not** eligible to be considered for Team Nova Scotia/Nunavut.

## Schedule

The tentative schedule is subject to change based on entries. The schedule is available at [www.trackiereg.ca](http://www.trackiereg.ca). The final schedule will be posted by Thursday, July 4th, 2019

## Legion Team Trials

This meet will serve as the U18/U16 Legion Team trials for the 2019 Nova Scotia/Nunavut Legion Team. For full details on selection criteria, please visit the Athletics NS webpage. Selection criteria is available in the programs/Nova Scotia Nunavut Legion Team section.

## Events:

	T yke &PeeWee	U14	U16	U18	U20/Open	Masters
Running		80m 150m 800m 1200m	100m 200m 300m 800m 1200m 2000m	100m 200m 400m 800m 1500m 3000m	100m 200m 400m 800m 1500m 5000m	100m 200m 400m 800m 1500m 5000m
Hurdles		80m H 200m H	100m H 200m H 1500m St.	110mH(M)/100mH(F) 400mH 2000m St	110mH(M)/100mH(F) 400mH 2000m/3000m SC	110mH(M)/100mH(F) 400mH 2000m/3000m SC
Throws		Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put	Javelin Discus Hammer Shot Put
Jumps		High jump Long jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump	High jump Long jump Triple jump
Combined Events	Tetrathlon	Tetrathlon (60m, Long Jump, Shot Put, 600m)	Pentathlon (80mH/100mH, Long Jump, Shot Put, High Jump, 800m/1000m)	Heptathlon (F) (100mH, High Jump, Shot Put, 200m, Long Jump, Javelin, 800m)	Heptathlon (F) (100mH, High Jump, Shot Put, 200m, Long Jump, Javelin, 800m)	

## Seeding

**\*Athletes will all run together in the prelims with and split into age categories for finals\***

Please include accurate seed/race times from 2018 – 2019 seasons. Seed times are required. If you do not have a seed time, please use your best judgement.

Sprint races 100-200m and 80/100/110m hurdles:

Lanes will be randomly assigned for heats with mixed age classes in many cases. Athletes will be split into age groups for finals, where applicable. When possible, empty lanes will be removed. Preferred lanes will be assigned by seed times for all Timed Section Finals.

In order to provide the experience of heats and finals, finals run will run even if there are not more than 8 in your particular age group.

## Marshalling

Field events: Please check in with the official at the event site 30 minutes prior to the start of the event.

Track events: Please check in at the marshalling area 20 minutes prior to the start of the event.

**Scratches**

Scratches will be accepted via trackireg until 11:59 p.m, Tuesday, July 2<sup>nd</sup>

**Registration:**

Entries must be received by 11:59 p.m, Tuesday, July 2<sup>nd</sup>

First event: \$35 for members and \$45 for non-members.

Second event: \$0

Tetrathlon: \$10

No charge for additional events

\*All athletes will be charged an additional \$5 officiating fee\*

Please use the online registration system at [www.trackireg.ca](http://www.trackireg.ca)

Please note: This meet will be **pre-registration** only with no late entries being accepted.

**Check in and Bib # Pick-up:** Beginning at 11:30 a.m. on Saturday, July 6th