

**Date: Saturday, June 15th, 2019**

Location: University of Toronto Varsity Centre

 Faculty of Kinesiology and Physical Education

 299 Bloor Street M5S 1W2

 (TTC St. George subway station – Bedford exit to Varsity Centre)

Entry Chairperson: Bob Westman (bob.westman@utoronto.ca)

 Terry Radchenko (t.radchenko@utoronto.ca )

# Sanctioned by: Athletics Ontario

**Entry Deadline**: Via [www.trackie.ca](http://www.trackie.ca)June 12th at 11:59am

Note: We will be using the Athletics Canada database, since Jan 1, 2018 to verify all seeds under 2:14 for women and under 1:54 for men. We will also accept times run at non sanctioned HS meets as long as you provide an email with a link to the results.

**Meet begins at 6:30pm**

# **Entry Fee:** $20.00

**Meet Schedule:**

# Women’s sections followed by Men’s

# We will run slow to fast

# The 2 fastest Women’s and Men’s sections will be run at the end of the night

# Updated heat list with start times will be posted by Friday evening at 6pm.