



Brockville Road Runners Club
Canada Day 1K/5K

Monday July 1, 2019

New Location

Rotary Fieldhouse 429 Laurier Blvd.

[At the Soccer Fields]

www.brockvilleroadrunners.com

Race Highlights:

- Kids'(U13) 1K: Starts 8:45am
Free
Medals for top male and female runners in three age groups: U7, U10 and U13
Safety: Race entirely on trail path; no road crossings
- The 5K race: Starts at 9:00am
\$15.00 for BRRRC members, non-members \$20.00, family \$35
Trophies for overall male/female winners and medals for top three male/female finishers per age category

Flat course mostly on the trail path. A short loop on the road just after the first north end turnaround

Race day 5K souvenir shirts will be available only to participants that register online by midnight June 12th
- General: General online registration [Trackie](#) will close at 11:59 pm on Thursday, June 27, 2019
Raceday registration will be available.