

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Advocate District School			
1 Jesse Cleveland - Male - Comp#: 1			
#108 Boys 200 Meter Run Para	1:30.00		1:48.07 (3)
#112 Boys Shot Put 4kg-3 Throws Para	1.78m		2.25m (3) *
Advocate District School Total Individual Entries: 2 - Total Relays: 0			

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	Seed	Prelims	Finals
Amherst Regional High			
1 John Adams - Male - Comp#: 2			
#68 Boys 800 Meter Run Intermediate	2:14.40		
2 Thomas Bristol - Male - Comp#: 3			
#56 Boys Shot Put 5kg Intermediate	10.43m		10.20m (12)
#93 Boys Discus Throw 1.5kg Intermediate	30.52m		34.64m (4) *
3 Colton Caballero - Male - Comp#: 4			
#26 Boys 1500 Meter Run Intermediate	4:46.00		4:21.26 (3) *
#68 Boys 800 Meter Run Intermediate	2:09.00		2:07.10 (3) *
4 Bryson Chapman - Male - Comp#: 5			
#20 Boys 100 Meter Dash Intermediate	12.30	12.29 (12)	*
5 Christian Goldie - Male - Comp#: 6			
#22 Boys 100 Meter Dash Senior	12.00		
6 Zack Gould - Male - Comp#: 7			
#6 Boys 100 Meter Hurdles 39" Senior	15.60	16.11 (10)	
7 Chloe Hunter - Female - Comp#: 8			
#104 Girls Shot Put 4kg Intermediate	8.08m		8.13m (11) *
8 Quentin Knock - Male - Comp#: 9			
#108 Boys 200 Meter Run Para	31.90		30.92 (1) *
#110 Boys 800 Meter Run Para	2:50.10		2:50.64 (1)
#112 Boys Shot Put 4kg-3 Throws Para	6.68m		6.87m (2) *
9 Luke Legere - Male - Comp#: 10			
#97 Boys Triple Jump Intermediate	11.45m		11.12m (7)
10 Julian MacDonald - Male - Comp#: 11			
#14 Boys 400 Meter Dash Intermediate	55.20	55.90 (6)	54.91 (4) *
#68 Boys 800 Meter Run Intermediate	2:12.50		2:10.75 (7) *
11 Emma Mattinson - Female - Comp#: 12			
#48 Girls High Jump Start 125cm Intermedia	1.45m		1.50m (2) *
12 Rajan Minocha-McKenney - Male - Comp#: 13			
#80 Boys 3000 Meter Run Intermediate	10:39.00		
13 Myles Robichaud - Male - Comp#: 14			
#5 Boys 100 Meter Hurdles 36" Intermediate	17.80	20.78 (13)	
#14 Boys 400 Meter Dash Intermediate	57.80	57.12 (11)	*
14 Olivia Scott - Female - Comp#: 15			
#3 Girls 80 Meter Hurdles 33" Senior	13.30	13.50 (3)	13.30 (3) *
15 Taylor Strickland - Female - Comp#: 16			
#2 Girls 80 Meter Hurdles 33" Intermediate	14.50	14.69 (10)	
#89 Girls Long Jump Intermediate	4.46m		4.09m (10)
16 Chloe Stubbart - Female - Comp#: 17			
#15 Girls 400 Meter Dash Senior	1:06.20		
#49 Girls Triple Jump Senior	9.86m		9.99m (7) *
#63 Girls 200 Meter Dash Senior	28.60	28.28 (10)	*
17 Caleb Vanvulpen - Male - Comp#: 18			
#90 Boys High Jump Start 140cm Senior	1.75m		
#103 Boys Triple Jump Senior	12.05m		11.69m (10)
18 Konstanin Wendel - Male - Comp#: 19			
#108 Boys 200 Meter Run Para	32.50		31.64 (2) *
#110 Boys 800 Meter Run Para	2:52.60		2:57.30 (2)
#112 Boys Shot Put 4kg-3 Throws Para	8.37m		7.63m (1)
Relay	Seed	Prelims	Finals
1 Amherst Regional High			
#73 Girls 4x100 Meter Relay Intermediate	55.50		
2 Amherst Regional High			
#75 Girls 4x100 Meter Relay Senior	55.30		55.39 (9)

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	Seed	Prelims	Finals		
Amherst Regional High					
3 Amherst Regional High					
#76 Boys 4x100 Meter Relay Senior	46.50		46.19	(4)	*
4 Amherst Regional High					
#85 Girls 4x400 Meter Relay Intermediate	4:38.80		4:33.99	(6)	*
5 Amherst Regional High					
#86 Boys 4x400 Meter Relay Intermediate	3:50.20		3:44.38	(2)	*
6 Amherst Regional High					
#87 Girls 4x400 Meter Relay Senior	4:34.80		4:25.78	(3)	*
7 Amherst Regional High					
#88 Boys 4x400 Meter Relay Senior	3:55.00		3:47.41	(9)	*
Amherst Regional High Total Individual Entries: 30 - Total Relays: 7					

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	Seed	Prelims	Finals
Annapolis West Educ Centre			
1 Matthew Bailey - Male - Comp#: 20			
#12 Boys 400 Meter Dash Junior	1:02.28	57.15 (1)	58.90 (3) *
#18 Boys 100 Meter Dash Junior	12.40	12.43 (3)	13.15 (7)
#60 Boys 200 Meter Dash Junior	24.78	25.31 (2)	24.88 (2)
2 Griffin Batt - Male - Comp#: 21			
#6 Boys 100 Meter Hurdles 39" Senior	15.80	15.74 (7)	16.08 (7) *
#90 Boys High Jump Start 140cm Senior	1.70m		1.80m (6) *
3 Sam Cooper - Male - Comp#: 22			
#50 Boys Shot Put 6kg Senior	10.32m		10.22m (9)
4 Elsa Hafting - Female - Comp#: 23			
#94 Girls Javelin Throw 600g Senior	29.40m		28.22m (8)
5 Finn Hafting - Male - Comp#: 24			
#40 Boys Javelin Throw 800g Senior	37.91m		35.62m (11)
6 Ally Longmire - Female - Comp#: 25			
#51 Girls Discus Throw 0.75kg Junior	20.47m		18.74m (14)
7 Emily Olsen - Female - Comp#: 26			
#94 Girls Javelin Throw 600g Senior	29.87m		29.18m (6)
#98 Girls Shot Put 4kg Senior	9.57m		9.79m (5) *
8 Emma Tolson - Female - Comp#: 27			
#98 Girls Shot Put 4kg Senior	8.43m		8.05m (10)
Relay	Seed	Prelims	Finals
1 Annapolis West Educ Centre			
#84 Boys 4x400 Meter Relay Junior	4:32.17		4:29.56 (12) *
Annapolis West Educ Centre Total Individual Entries: 12 - Total Relays: 1			

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	Seed	Prelims	Finals
Armbræ Academy			
1 Jack Langille - Male - Comp#: 28			
#28 Boys 1500 Meter Run Senior	4:40.65		4:17.73 (4) *
#70 Boys 800 Meter Run Senior	2:10.20		2:07.01 (5) *
#82 Boys 3000 Meter Run Senior	9:53.47		9:42.47 (4) *
2 Yale O'Connor - Male - Comp#: 29			
#24 Boys 1500 Meter Run Junior	4:57.65		4:45.70 (4) *
#66 Boys 800 Meter Run Junior	2:22.38		2:18.94 (1) *
#78 Boys 3000 Meter Run Junior	10:36.78		10:25.11 (3) *
Armbræ Academy Total Individual Entries: 6 - Total Relays: 0			

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	Seed	Prelims	Finals
Astral Drive			
1 Tomi Adoye - Female - Comp#: 30			
#92 Girls Shot Put 3kg Junior	8.30m		8.51m (7) *
2 Zander Diab - Male - Comp#: 31			
#8 Boys 100 Meter Dash Special Junior	12.23	Scratched	Scratched
#42 Boys Shot Put 4kg-3 Throws Special Jun	6.54m		DNS
3 Lily Langille - Female - Comp#: 32			
#1 Girls 80 Meter Hurdles 30" Junior	15.96	15.40 (6)	15.47 (7) *
4 Rylin Matheson - Female - Comp#: 33			
#13 Girls 400 Meter Dash Intermediate	1:04.63	1:02.89 (6)	1:04.50 (7) *
#19 Girls 100 Meter Dash Intermediate	14.02	13.64 (8)	13.30 (6) *
#61 Girls 200 Meter Dash Intermediate	27.53		
5 Hayden McGowan - Male - Comp#: 34			
#5 Boys 100 Meter Hurdles 36" Intermediate	18.82		
#102 Boys High Jump Start 140cm Intermedi	1.60m		1.70m (4) *
6 Livia Nauss - Female - Comp#: 35			
#48 Girls High Jump Start 125cm Intermedia	1.25m		1.35m (10) *
7 Lynn Sheppard - Female - Comp#: 36			
#13 Girls 400 Meter Dash Intermediate	1:04.91		
#19 Girls 100 Meter Dash Intermediate	14.04		
#61 Girls 200 Meter Dash Intermediate	27.00	26.81 (3)	26.36 (2) *
8 Ben Stricland - Male - Comp#: 37			
#47 Boys Long Jump Junior	4.59m		
Relay	Seed	Prelims	Finals
1 Astral Drive			
#71 Girls 4x100 Meter Relay Junior	54.94		DQ
2 Astral Drive			
#83 Girls 4x400 Meter Relay Junior	4:56.59		
3 Astral Drive			
#85 Girls 4x400 Meter Relay Intermediate	4:38.15		Scratched
Astral Drive Total Individual Entries: 14 - Total Relays: 3			

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	Seed	Prelims	Finals
Auburn Drive			
1 Max Billard - Male - Comp#: 38			
#10 Boys 100 Meter Dash Special Senior	11.38		14.29 (6)
#32 Boys Shot Put 4kg-3 Throws Special Ser	6.99m		6.57m (12)
2 Tanna Burke - Female - Comp#: 39			
#27 Girls 1500 Meter Run Senior	5:09.37		4:54.49 (4) *
#69 Girls 800 Meter Run Senior	2:32.56		2:29.60 (5) *
#81 Girls 3000 Meter Run Senior	11:02.52		10:37.74 (3) *
3 Abby Bush - Female - Comp#: 40			
#100 Girls Javelin Throw 500g Intermediate	30.52m		DNS
4 Josh Deyoung - Male - Comp#: 41			
#90 Boys High Jump Start 140cm Senior	1.70m		DNS
5 Lauren Hearn - Female - Comp#: 42			
#9 Girls 100 Meter Dash Special Senior	17.04		22.11 (7)
6 Rahel Luders - Female - Comp#: 43			
#39 Girls Discus Throw 1kg Senior	24.58m		23.73m (8)
#98 Girls Shot Put 4kg Senior	9.68m		9.44m (6)
7 Jacob McGuire - Male - Comp#: 44			
#10 Boys 100 Meter Dash Special Senior	12.64		
#44 Boys Long Jump 3 Jumps Special Senior	3.53m		3.94m (6) *
8 Jack Riley - Male - Comp#: 45			
#56 Boys Shot Put 5kg Intermediate	11.20m		10.82m (9)
#93 Boys Discus Throw 1.5kg Intermediate	24.05m		
9 Jeremy Rochon - Male - Comp#: 46			
#50 Boys Shot Put 6kg Senior	9.60m		
10 Sierra Sweeney - Female - Comp#: 47			
#3 Girls 80 Meter Hurdles 33" Senior	14.41	13.54 (5)	13.64 (4) *
#49 Girls Triple Jump Senior	10.71m		10.35m (5)
#101 Girls Long Jump Senior	4.64m		4.82m (4) *
11 Tamia Thomas - Female - Comp#: 48			
#37 Girls Triple Jump Intermediate	9.53m		9.67m (6) *
#89 Girls Long Jump Intermediate	4.54m		4.72m (5) *
12 Anna Vinther - Female - Comp#: 49			
#25 Girls 1500 Meter Run Intermediate	5:35.94		
13 Jaiden Williams - Male - Comp#: 50			
#22 Boys 100 Meter Dash Senior	11.84	11.34 (2)	11.48 (2) *
#64 Boys 200 Meter Dash Senior	23.64	23.14 (2)	22.71 (2) *
Relay	Seed	Prelims	Finals
1 Auburn Drive			
#76 Boys 4x100 Meter Relay Senior	45.38		44.98 (1) *
Auburn Drive Total Individual Entries: 23 - Total Relays: 1			

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	Seed	Prelims	Finals
Avon View High School			
1 Savannah Atwell - Female - Comp#: 51			
#57 Girls Discus Throw 1kg Intermediate	22.58m		22.00m (8)
2 Eileen Benoit - Female - Comp#: 52			
#27 Girls 1500 Meter Run Senior	5:11.59		5:02.43 (6) *
#81 Girls 3000 Meter Run Senior	11:13.41		11:11.82 (6) *
3 Jacob Benoit - Male - Comp#: 53			
#28 Boys 1500 Meter Run Senior	4:19.38		4:13.34 (2) *
#82 Boys 3000 Meter Run Senior	9:02.03		9:04.69 (1)
4 Aidan Burgoyne - Male - Comp#: 54			
#56 Boys Shot Put 5kg Intermediate	11.39m		11.77m (5) *
5 Anna Eagles - Female - Comp#: 55			
#57 Girls Discus Throw 1kg Intermediate	22.00m		22.43m (7) *
6 Zach James - Male - Comp#: 56			
#14 Boys 400 Meter Dash Intermediate	52.38	54.91 (2)	51.69 (1) *
#20 Boys 100 Meter Dash Intermediate	11.13	11.70 (1)	11.55 (1)
#68 Boys 800 Meter Run Intermediate	2:09.03		2:00.99 (1) *
7 Dan Lord - Male - Comp#: 57			
#16 Boys 400 Meter Dash Senior	51.84	51.70 (3)	DNF *
#22 Boys 100 Meter Dash Senior	10.77	11.36 (3)	12.36 (8)
#64 Boys 200 Meter Dash Senior	22.17		
8 Sydney Lowe - Female - Comp#: 58			
#13 Girls 400 Meter Dash Intermediate	1:05.03	1:06.08 (13)	
9 Zach Lowe - Male - Comp#: 59			
#6 Boys 100 Meter Hurdles 39" Senior	15.28	15.92 (6)	15.99 (6)
10 Arca Mirkelam - Male - Comp#: 60			
#50 Boys Shot Put 6kg Senior	10.27m		10.88m (7) *
11 Taylor O'Leary - Female - Comp#: 61			
#3 Girls 80 Meter Hurdles 33" Senior	14.33	16.53 (12)	
#49 Girls Triple Jump Senior	9.86m		9.96m (8) *
#101 Girls Long Jump Senior	5.01m		4.81m (5)
12 Robert Williamson - Male - Comp#: 62			
#53 Boys Long Jump Senior	6.11m		6.15m (6) *
#64 Boys 200 Meter Dash Senior	23.11	23.91 (10)	
#103 Boys Triple Jump Senior	12.80m		13.16m (2) *
Relay	Seed	Prelims	Finals
1 Avon View High School - 'B'			
#74 Boys 4x100 Meter Relay Intermediate	47.42		47.96 (5)
2 Avon View High School			
#76 Boys 4x100 Meter Relay Senior	46.10		DNS
3 Avon View High School			
#86 Boys 4x400 Meter Relay Intermediate	3:57.02		3:54.29 (8) *
4 Avon View High School			
#87 Girls 4x400 Meter Relay Senior	4:37.96		4:35.67 (9) *
5 Avon View High School			
#88 Boys 4x400 Meter Relay Senior	3:35.43		3:41.08 (5)
Avon View High School Total Individual Entries: 22 - Total Relays: 5			

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	Seed	Prelims	Finals
Baddeck Academy			
1 Josh Bennett - Male - Comp#: 63			
#5 Boys 100 Meter Hurdles 36" Intermediate	17.58	17.46 (8)	16.81 (8) *
#97 Boys Triple Jump Intermediate	10.54m		9.69m (13)
#102 Boys High Jump Start 140cm Intermedi	1.70m		1.73m (3) *
2 Michael Cameron - Male - Comp#: 64			
#40 Boys Javelin Throw 800g Senior	40.04m		39.78m (8)
#70 Boys 800 Meter Run Senior	2:28.88		2:21.25 (14) *
3 Jake Cox - Male - Comp#: 65			
#58 Boys Javelin Throw 600g Junior	21.85m		20.10m (15)
4 Thomas Jarabek - Male - Comp#: 66			
#22 Boys 100 Meter Dash Senior	11.98		
#53 Boys Long Jump Senior	5.66m		5.14m (15)
#99 Boys Discus Throw 1.75kg Senior	26.80m		20.82m (14)
5 David Kong - Male - Comp#: 67			
#103 Boys Triple Jump Senior	10.77m		9.88m (16)
6 Hanna Krieger - Female - Comp#: 68			
#13 Girls 400 Meter Dash Intermediate	1:12.67	1:09.95 (16)	*
7 Liam Krieger - Male - Comp#: 69			
#16 Boys 400 Meter Dash Senior	59.64	58.25 (15)	*
8 Leanne MacDonald - Female - Comp#: 70			
#94 Girls Javelin Throw 600g Senior	22.04m		19.91m (15)
9 Hunter Macmillan - Male - Comp#: 71			
#97 Boys Triple Jump Intermediate	9.94m		8.65m (14)
10 Daniel Norman - Male - Comp#: 72			
#56 Boys Shot Put 5kg Intermediate	9.58m		
11 Katelyn Norman - Female - Comp#: 73			
#51 Girls Discus Throw 0.75kg Junior	20.03m		
12 Targun Saul - Male - Comp#: 74			
#28 Boys 1500 Meter Run Senior	4:42.08		4:37.83 (13) *
#82 Boys 3000 Meter Run Senior	10:41.39		10:21.86 (13) *
13 Dell Welton - Male - Comp#: 75			
#28 Boys 1500 Meter Run Senior	4:57.93		4:52.55 (15) *
#70 Boys 800 Meter Run Senior	2:21.45		2:17.92 (12) *
14 Clemens Wiltshko - Male - Comp#: 76			
#20 Boys 100 Meter Dash Intermediate	12.68		
#35 Boys Long Jump Intermediate	5.13m		
#62 Boys 200 Meter Dash Intermediate	25.74	26.01 (16)	
#97 Boys Triple Jump Intermediate	10.41m		10.28m (12)
Relay	Seed	Prelims	Finals
1 Baddeck Academy			
#74 Boys 4x100 Meter Relay Intermediate	51.97		52.08 (14)
2 Baddeck Academy			
#76 Boys 4x100 Meter Relay Senior	50.84		49.22 (11) *
3 Baddeck Academy			
#88 Boys 4x400 Meter Relay Senior	4:01.60		4:03.32 (12)
Baddeck Academy Total Individual Entries: 24 - Total Relays: 3			

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	Seed	Prelims	Finals
Barrington Municipal			
1 Sailor Atwood - Male - Comp#: 77			
#22 Boys 100 Meter Dash Senior	11.32		
#53 Boys Long Jump Senior	6.04m		5.96m (8)
2 Jude Greenwood - Male - Comp#: 78			
#53 Boys Long Jump Senior	5.63m		
3 David Maxwell - Male - Comp#: 79			
#32 Boys Shot Put 4kg-3 Throws Special Ser	8.15m		8.09m (8)
4 Natalia Nickerson - Female - Comp#: 80			
#9 Girls 100 Meter Dash Special Senior	19.61		19.96 (4)
#31 Girls Shot Put 3kg-3 Throws Special Sen	5.21m		5.20m (7)
#43 Girls Long Jump 3 Jumps Special Senior	2.04m		2.42m (2) *
5 Grace Perry - Female - Comp#: 81			
#3 Girls 80 Meter Hurdles 33" Senior	15.59		
#54 Girls High Jump Start 125cm Senior	1.35m		1.35m (8)
6 Teagan Scott - Male - Comp#: 82			
#28 Boys 1500 Meter Run Senior	4:42.38		
#82 Boys 3000 Meter Run Senior	10:21.12		
7 Colby Stoddard - Male - Comp#: 83			
#50 Boys Shot Put 6kg Senior	10.28m		10.67m (8) *
8 Nate Wickens - Male - Comp#: 84			
#56 Boys Shot Put 5kg Intermediate	10.20m		
9 Silas Willis - Male - Comp#: 85			
#47 Boys Long Jump Junior	4.82m		4.98m (5) *
#91 Boys Triple Jump Junior	10.23m		10.25m (8) *
Relay	Seed	Prelims	Finals
1 Barrington Municipal			
#72 Boys 4x100 Meter Relay Junior	53.61		53.43 (7) *
2 Barrington Municipal			
#76 Boys 4x100 Meter Relay Senior	46.39		46.38 (5) *
Barrington Municipal Total Individual Entries: 15 - Total Relays: 2			

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	Seed	Prelims	Finals
Bayview Community School			
1 Lee Ann Albrecht - Female - Comp#: 86			
#29 Girls Long Jump 3 Jumps Special Junior	2.37m		
#41 Girls Shot Put 3kg-3 Throws Special Jun	3.61m		
2 Jack Barry - Male - Comp#: 87			
#12 Boys 400 Meter Dash Junior	1:01.05	58.84 (3)	1:02.28 (7) *
#24 Boys 1500 Meter Run Junior	5:13.88		5:09.39 (13) *
#66 Boys 800 Meter Run Junior	2:24.78		2:24.98 (6)
3 Kennedy Crowe - Female - Comp#: 88			
#51 Girls Discus Throw 0.75kg Junior	24.60m		17.12m (16)
4 Justin Dalton - Male - Comp#: 89			
#30 Boys Long Jump 3 Jumps Special Junior	2.80m		2.52m (8)
5 Wesley Eisor - Male - Comp#: 90			
#56 Boys Shot Put 5kg Intermediate	11.41m		11.36m (6)
6 Ruby Harris - Female - Comp#: 91			
#23 Girls 1500 Meter Run Junior	5:33.95		5:19.74 (10) *
#65 Girls 800 Meter Run Junior	2:40.41		2:38.08 (9) *
#77 Girls 3000 Meter Run Junior	12:15.12		11:51.72 (9) *
7 Katherine Kelley - Female - Comp#: 92			
#1 Girls 80 Meter Hurdles 30" Junior	14.77	14.09 (1)	14.00 (1) *
8 Jack Laws - Male - Comp#: 93			
#102 Boys High Jump Start 140cm Intermedi	1.62m		DNS
9 Morgan Mosher - Male - Comp#: 94			
#8 Boys 100 Meter Dash Special Junior	16.17		17.01 (8)
#30 Boys Long Jump 3 Jumps Special Junior	2.69m		
10 Gabbie Myers - Female - Comp#: 95			
#1 Girls 80 Meter Hurdles 30" Junior	15.34	15.59 (9)	
11 Lucas Nauss - Male - Comp#: 96			
#97 Boys Triple Jump Intermediate	11.31m		11.23m (6)
12 Kaiden Retieffe - Male - Comp#: 97			
#8 Boys 100 Meter Dash Special Junior	16.32		17.06 (9)
13 Liam Spindler - Male - Comp#: 98			
#42 Boys Shot Put 4kg-3 Throws Special Jun	6.59m		6.90m (5) *
14 Katrina Twanow - Female - Comp#: 99			
#36 Girls High Jump Start 115cm Junior	1.30m		1.30m (8)
15 Philip Twanow - Male - Comp#: 100			
#8 Boys 100 Meter Dash Special Junior	15.46		15.04 (3) *
#30 Boys Long Jump 3 Jumps Special Junior	3.61m		3.61m (2)
#42 Boys Shot Put 4kg-3 Throws Special Jun	6.47m		7.10m (3) *
16 Bridget Veinotte - Female - Comp#: 101			
#55 Girls Triple Jump Junior	8.66m		8.50m (12)
#106 Girls Javelin Throw 400g Junior	26.08m		28.84m (5) *
17 Cohen Westlake - Male - Comp#: 102			
#24 Boys 1500 Meter Run Junior	5:19.44		5:12.19 (14) *
#66 Boys 800 Meter Run Junior	2:29.38		2:33.88 (12)
#78 Boys 3000 Meter Run Junior	11:11.15		11:13.93 (11)
Relay	Seed	Prelims	Finals
1 Bayview Community School			
#72 Boys 4x100 Meter Relay Junior	53.29		54.80 (11)
Bayview Community School Total Individual Entries: 28 - Total Relays: 1			

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	Seed	Prelims	Finals
Bayview Educational Center			
1 Kenzie Batherson - Male - Comp#: 103			
#38 Boys Shot Put 4kg Junior	10.10m	Scratched	Scratched
#105 Boys Discus Throw 1kg Junior	33.06m	Scratched	Scratched
2 Sawyer Beaton - Male - Comp#: 104			
#78 Boys 3000 Meter Run Junior	12:10.09		
3 Siena Beaton - Female - Comp#: 105			
#55 Girls Triple Jump Junior	8.37m		DNS
4 Sarah MacDonald - Female - Comp#: 106			
#11 Girls 400 Meter Dash Junior	1:11.63	1:09.72 (14)	*
#23 Girls 1500 Meter Run Junior	5:55.27		5:46.29 (14) *
#65 Girls 800 Meter Run Junior	2:46.69		2:43.79 (12) *
5 Mae Maceachern - Female - Comp#: 107			
#92 Girls Shot Put 3kg Junior	8.51m		ND
#95 Girls Long Jump Junior	4.13m		DNS
6 Campbell Macintyre - Male - Comp#: 108			
#58 Boys Javelin Throw 600g Junior	28.54m		DNS
7 Kain Mackinnon - Male - Comp#: 109			
#66 Boys 800 Meter Run Junior	2:39.14		DNS
8 Emma MacLean - Female - Comp#: 110			
#77 Girls 3000 Meter Run Junior	13:13.35		13:24.30 (14)
9 Ethan MacLean - Male - Comp#: 111			
#4 Boys 100 Meter Hurdles 33" Junior	21.06		
#91 Boys Triple Jump Junior	8.60m		DNS
10 Brooke MacLellan - Female - Comp#: 112			
#23 Girls 1500 Meter Run Junior	5:56.61		5:53.02 (15) *
#65 Girls 800 Meter Run Junior	2:56.24		2:43.94 (13) *
11 Denver Macneil - Male - Comp#: 113			
#105 Boys Discus Throw 1kg Junior	23.53m		DNS
12 Katie Macneil - Female - Comp#: 114			
#106 Girls Javelin Throw 400g Junior	20.05m		
13 Sara Scott - Female - Comp#: 115			
#51 Girls Discus Throw 0.75kg Junior	29.49m		30.10m (1) *
NSSAF: 30.10m			
14 Colin Vanzutphen - Male - Comp#: 116			
#47 Boys Long Jump Junior	4.41m		4.35m (12)
#60 Boys 200 Meter Dash Junior	30.15	30.24 (16)	
#91 Boys Triple Jump Junior	8.78m		ND
15 James Watts - Male - Comp#: 117			
#26 Boys 1500 Meter Run Intermediate	5:30.02		5:07.80 (15) *
#80 Boys 3000 Meter Run Intermediate	11:29.78		11:05.62 (14) *
Relay	Seed	Prelims	Finals
1 Bayview Educational Center			
#71 Girls 4x100 Meter Relay Junior	59.07		DNS
2 Bayview Educational Center			
#72 Boys 4x100 Meter Relay Junior	57.81		DNS
3 Bayview Educational Center			
#83 Girls 4x400 Meter Relay Junior	4:59.78		DNS
4 Bayview Educational Center			
#84 Boys 4x400 Meter Relay Junior	4:47.45		DNS
Bayview Educational Center Total Individual Entries: 24 - Total Relays: 4			

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Meet Summary - All Events

	Seed	Prelims	Finals
Bible Hill Junior High			
1 Jacob Archibald - Male - Comp#: 118			
#12 Boys 400 Meter Dash Junior	1:06.00		
2 Rebecca Archibald - Female - Comp#: 119			
#51 Girls Discus Throw 0.75kg Junior	22.69m		
3 Julisa Bailey - Female - Comp#: 120			
#51 Girls Discus Throw 0.75kg Junior	24.79m		26.55m (3) *
#92 Girls Shot Put 3kg Junior	8.09m		8.91m (5) *
4 Emma Cook - Female - Comp#: 121			
#77 Girls 3000 Meter Run Junior	12:16.00		12:41.96 (13)
5 Samantha Francis - Female - Comp#: 122			
#51 Girls Discus Throw 0.75kg Junior	23.43m		23.37m (8)
#92 Girls Shot Put 3kg Junior	9.29m		9.13m (3)
6 Chloe Hart - Female - Comp#: 123			
#57 Girls Discus Throw 1kg Intermediate	23.32m		
#104 Girls Shot Put 4kg Intermediate	9.83m		10.10m (2) *
7 Jasenda Horseman - Female - Comp#: 124			
#37 Girls Triple Jump Intermediate	10.05m		9.88m (4)
#61 Girls 200 Meter Dash Intermediate	27.90	27.33 (7)	27.42 (7) *
#89 Girls Long Jump Intermediate	4.79m		4.99m (2) *
8 Danielle Krzywonos - Female - Comp#: 125			
#36 Girls High Jump Start 115cm Junior	1.30m		
9 Keira MacCallum - Female - Comp#: 126			
#17 Girls 100 Meter Dash Junior	13.50	13.43 (5)	13.51 (5) *
#36 Girls High Jump Start 115cm Junior	1.43m		1.30m (11)
#55 Girls Triple Jump Junior	9.29m		10.21m (2) *
#95 Girls Long Jump Junior	4.48m		4.62m (3) *
10 Cale McClellan - Male - Comp#: 127			
#4 Boys 100 Meter Hurdles 33" Junior	18.60	18.90 (9)	
11 Gabrielle Natividad - Male - Comp#: 128			
#105 Boys Discus Throw 1kg Junior	25.28m		28.02m (8) *
12 Jack O'Brian - Male - Comp#: 129			
#4 Boys 100 Meter Hurdles 33" Junior	19.20		
13 Maureen O'Connor - Female - Comp#: 130			
#11 Girls 400 Meter Dash Junior	1:09.60		
#36 Girls High Jump Start 115cm Junior	1.35m		1.35m (6)
14 Levi Spence - Male - Comp#: 131			
#96 Boys High Jump Start 125cm Junior	1.54m		1.50m (6)
15 Tatyanna Turner-Gerroir - Female - Comp#: 132			
#7 Girls 100 Meter Dash Special Junior	18.20		17.85 (5) *
#29 Girls Long Jump 3 Jumps Special Junior	2.34m		3.00m (1) *
#41 Girls Shot Put 3kg-3 Throws Special Jun	4.29m		4.70m (10) *
16 Mason Zwicker - Male - Comp#: 133			
#58 Boys Javelin Throw 600g Junior	31.22m		29.03m (9)
Relay	Seed	Prelims	Finals
1 Bible Hill Junior High			
#71 Girls 4x100 Meter Relay Junior	53.60		53.59 (2) *
2 Bible Hill Junior High			
#83 Girls 4x400 Meter Relay Junior	4:45.50		4:42.36 (8) *
3 Bible Hill Junior High			
#86 Boys 4x400 Meter Relay Intermediate	4:06.70		
Bible Hill Junior High Total Individual Entries: 27 - Total Relays: 3			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Bicentennial School			
1 Aidan Ferguson - Male - Comp#: 134			
#91 Boys Triple Jump Junior		9.71m	
Bicentennial School	Total Individual Entries: 1 - Total Relays: 0		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Bluenose Academy			
1 Chase Crouse - Male - Comp#: 135			
#47 Boys Long Jump Junior	4.79m		
#58 Boys Javelin Throw 600g Junior	30.15m		33.40m (3) *
2 Lauren Crouse - Female - Comp#: 136			
#92 Girls Shot Put 3kg Junior	9.68m		9.44m (2)
3 Evelyn Ferguson - Female - Comp#: 137			
#37 Girls Triple Jump Intermediate	9.78m		10.24m (2) *
#48 Girls High Jump Start 125cm Intermedia	1.45m		1.45m (5)
#89 Girls Long Jump Intermediate	4.74m		4.72m (6)
4 Olivia Keays - Female - Comp#: 138			
#37 Girls Triple Jump Intermediate	9.47m		9.39m (11)
#89 Girls Long Jump Intermediate	4.76m		4.31m (9)
5 Shamiso Magora - Female - Comp#: 139			
#1 Girls 80 Meter Hurdles 30" Junior	15.19	15.59 (10)	
#17 Girls 100 Meter Dash Junior	13.15	13.94 (11)	
#59 Girls 200 Meter Dash Junior	28.69	28.72 (11)	
6 Sophie Ottens - Female - Comp#: 140			
#79 Girls 3000 Meter Run Intermediate	13:16.09		13:04.13 (12) *
7 Adie Scott - Female - Comp#: 141			
#100 Girls Javelin Throw 500g Intermediate	26.08m		28.65m (6) *
8 Emma Tanner - Female - Comp#: 142			
#11 Girls 400 Meter Dash Junior	1:08.34	1:04.91 (9)	*
#55 Girls Triple Jump Junior	8.72m		8.92m (10) *
#95 Girls Long Jump Junior	4.52m		4.24m (8)
Relay	Seed	Prelims	Finals
1 Bluenose Academy			
#71 Girls 4x100 Meter Relay Junior	55.37		55.30 (5) *
Bluenose Academy Total Individual Entries: 16 - Total Relays: 1			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Breton Education Centre			
1 Evan Campbell - Male - Comp#: 143			
#5 Boys 100 Meter Hurdles 36" Intermediate	22.16		
2 Emma Gale - Female - Comp#: 144			
#61 Girls 200 Meter Dash Intermediate	27.95	27.82 (9)	*
3 Maggie Odo - Female - Comp#: 145			
#48 Girls High Jump Start 125cm Intermedia	1.25m		DNS
Breton Education Centre Total Individual Entries: 3 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Bridgetown Regional			
1 Autumn Atkinson - Female - Comp#: 146			
#92 Girls Shot Put 3kg Junior	8.37m		
2 Hunter Bennett - Male - Comp#: 147			
#38 Boys Shot Put 4kg Junior	9.33m		9.47m (8) *
3 Lillian Lawrence - Female - Comp#: 148			
#61 Girls 200 Meter Dash Intermediate	27.14	28.38 (11)	
4 Hunter Medcraft - Male - Comp#: 149			
#91 Boys Triple Jump Junior	9.62m		
5 Jenica Saunders - Female - Comp#: 150			
#19 Girls 100 Meter Dash Intermediate	12.98	13.73 (11)	
6 Brandon Stoddart - Male - Comp#: 151			
#14 Boys 400 Meter Dash Intermediate	58.56	59.47 (13)	
7 Chloe Stoddart - Female - Comp#: 152			
#29 Girls Long Jump 3 Jumps Special Junior	2.59m		2.84m (3) *
#41 Girls Shot Put 3kg-3 Throws Special Jun	4.57m		6.93m (1) *
8 Hannah Stoddart - Female - Comp#: 153			
#94 Girls Javelin Throw 600g Senior	27.08m		28.98m (7) *
9 Julian Sylliboy - Male - Comp#: 154			
#40 Boys Javelin Throw 800g Senior	35.75m		37.61m (10) *
Bridgetown Regional Total Individual Entries: 10 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Bridgewater Jr. High			
1 Ignacio Chung - Male - Comp#: 155			
#18 Boys 100 Meter Dash Junior	12.63	12.95 (10)	
#47 Boys Long Jump Junior	4.90m		5.06m (3) *
#60 Boys 200 Meter Dash Junior	25.72	25.91 (4)	25.77 (6)
2 Luke Colwell - Male - Comp#: 156			
#4 Boys 100 Meter Hurdles 33" Junior	18.11	18.67 (6)	18.48 (6)
3 Mercedes McDonald - Female - Comp#: 157			
#13 Girls 400 Meter Dash Intermediate	1:07.97		
#67 Girls 800 Meter Run Intermediate	2:39.56		2:48.93 (10)
4 Zoe Mosher - Female - Comp#: 158			
#23 Girls 1500 Meter Run Junior	5:26.44		5:09.14 (5) *
#65 Girls 800 Meter Run Junior	2:33.78		2:35.07 (8)
#77 Girls 3000 Meter Run Junior	11:18.81		11:14.96 (4) *
5 Elliana Porter - Female - Comp#: 159			
#11 Girls 400 Meter Dash Junior	1:08.52	1:05.69 (11)	*
#17 Girls 100 Meter Dash Junior	13.19	13.95 (12)	
#59 Girls 200 Meter Dash Junior	28.42	28.40 (8)	28.19 (8) *
6 Jonas Talbot - Male - Comp#: 160			
#35 Boys Long Jump Intermediate	5.02m		
Relay	Seed	Prelims	Finals
1 Bridgewater Jr. High			
#83 Girls 4x400 Meter Relay Junior	4:46.92		4:46.22 (9) *
Bridgewater Jr. High Total Individual Entries: 13 - Total Relays: 1			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Brookside Junior High School			
1 Douglas Baard - Male - Comp#: 161			
#24 Boys 1500 Meter Run Junior	4:58.38		4:51.51 (6) *
2 Claire Covert - Female - Comp#: 162			
#55 Girls Triple Jump Junior	9.19m		9.32m (5) *
#95 Girls Long Jump Junior	4.47m		4.42m (6)
3 Obi Duru - Male - Comp#: 163			
#35 Boys Long Jump Intermediate	5.36m		DNS
#102 Boys High Jump Start 140cm Intermedi	1.60m	Scratched	Scratched
4 Griffen Gamble - Male - Comp#: 164			
#24 Boys 1500 Meter Run Junior	5:02.32		
#78 Boys 3000 Meter Run Junior	10:41.03		10:28.22 (4) *
5 Iris Gamble - Female - Comp#: 165			
#23 Girls 1500 Meter Run Junior	5:27.29		5:10.64 (6) *
#77 Girls 3000 Meter Run Junior	11:32.65		11:20.10 (5) *
Brookside Junior High School	Total Individual Entries: 9 - Total Relays: 0		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Caledonia Junior High			
1 Haley MacLellan - Female - Comp#: 166			
#89 Girls Long Jump Intermediate	4.44m		DNS
2 Desean Smith-Howe - Male - Comp#: 167			
#8 Boys 100 Meter Dash Special Junior	11.54		14.21 (1)
#30 Boys Long Jump 3 Jumps Special Junior	3.72m		3.73m (1) *
#42 Boys Shot Put 4kg-3 Throws Special Jun	9.08m		10.23m (1) *
3 Georgia Spruin - Female - Comp#: 168			
#92 Girls Shot Put 3kg Junior	8.52m		ND
Caledonia Junior High Total Individual Entries: 5 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Cape Breton Highlands Academy			
1 Ben Carmichael - Male - Comp#: 169			
#40 Boys Javelin Throw 800g Senior	39.90m		DNS
2 Breton Crowdis - Female - Comp#: 170			
#1 Girls 80 Meter Hurdles 30" Junior	16.92	16.91 (16)	*
#59 Girls 200 Meter Dash Junior	29.65	29.39 (13)	*
3 Lydia Fraser - Female - Comp#: 171			
#63 Girls 200 Meter Dash Senior	30.66	30.45 (16)	*
#101 Girls Long Jump Senior	4.20m		4.04m (14)
4 Kaye Hart - Female - Comp#: 172			
#51 Girls Discus Throw 0.75kg Junior	23.75m		25.60m (7) *
#92 Girls Shot Put 3kg Junior	7.67m		7.08m (14)
5 Olivia Hart - Female - Comp#: 173			
#49 Girls Triple Jump Senior	9.12m		ND
6 Rebecca Hunt - Female - Comp#: 174			
#79 Girls 3000 Meter Run Intermediate	14:08.46		
7 Abigail Morrison - Female - Comp#: 175			
#21 Girls 100 Meter Dash Senior	13.86	14.27 (14)	
#39 Girls Discus Throw 1kg Senior	26.14m		22.60m (10)
#49 Girls Triple Jump Senior	9.88m		9.71m (10)
#63 Girls 200 Meter Dash Senior	30.55	29.62 (14)	*
#98 Girls Shot Put 4kg Senior	7.86m		
8 Broderick Murphy - Male - Comp#: 176			
#6 Boys 100 Meter Hurdles 39" Senior	17.94	20.97 (15)	
#22 Boys 100 Meter Dash Senior	11.85	11.90 (13)	
#50 Boys Shot Put 6kg Senior	10.88m		9.98m (12)
#53 Boys Long Jump Senior	5.53m		5.39m (13)
#64 Boys 200 Meter Dash Senior	24.90	25.92 (16)	
#82 Boys 3000 Meter Run Senior	12:01.71		
9 Joel Petak - Male - Comp#: 177			
#20 Boys 100 Meter Dash Intermediate	12.51	12.52 (14)	
#35 Boys Long Jump Intermediate	5.37m		5.29m (8)
10 Ava Ross - Female - Comp#: 178			
#1 Girls 80 Meter Hurdles 30" Junior	15.39	14.63 (5)	14.72 (5) *
#17 Girls 100 Meter Dash Junior	14.64	14.75 (16)	
#55 Girls Triple Jump Junior	9.10m		8.65m (11)
#95 Girls Long Jump Junior	3.88m		3.76m (14)
#106 Girls Javelin Throw 400g Junior	23.39m		21.86m (10)
11 Sarah Ross - Female - Comp#: 179			
#3 Girls 80 Meter Hurdles 33" Senior	14.79	15.32 (8)	14.84 (7)
#49 Girls Triple Jump Senior	9.39m		9.25m (12)
#54 Girls High Jump Start 125cm Senior	1.30m		1.35m (11) *
#94 Girls Javelin Throw 600g Senior	22.41m		20.14m (14)
#101 Girls Long Jump Senior	4.32m		4.05m (13)
12 William Ross - Male - Comp#: 180			
#80 Boys 3000 Meter Run Intermediate	11:46.96		11:12.71 (15) *
13 Kaycee Timmons - Female - Comp#: 181			
#51 Girls Discus Throw 0.75kg Junior	20.33m		18.61m (15)
Relay	Seed	Prelims	Finals
1 Cape Breton Highlands Academy			
#71 Girls 4x100 Meter Relay Junior	1:02.05		1:01.70 (13) *
2 Cape Breton Highlands Academy			
#74 Boys 4x100 Meter Relay Intermediate	53.94		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
Cape Breton Highlands Academy				
3	Cape Breton Highlands Academy			
	#75 Girls 4x100 Meter Relay Senior	56.71		56.48 (10) *
	Cape Breton Highlands Academy	Total Individual Entries: 34 - Total Relays: 3		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Central Colchester Junior High			
1 Brianna Blaauwendraat - Female - Comp#: 182			
#95 Girls Long Jump Junior	4.07m		
2 Isaac Crowe - Male - Comp#: 183			
#47 Boys Long Jump Junior	4.77m	4.57m	(9)
#91 Boys Triple Jump Junior	10.29m	10.25m	(8)
3 Danielle Donkin - Female - Comp#: 184			
#106 Girls Javelin Throw 400g Junior	25.75m	26.82m	(7) *
4 Dustin Fleck - Male - Comp#: 185			
#60 Boys 200 Meter Dash Junior	27.80		
#96 Boys High Jump Start 125cm Junior	1.51m	1.60m	(2) *
5 Ceilidh Mackay - Female - Comp#: 186			
#106 Girls Javelin Throw 400g Junior	23.96m	21.09m	(11)
6 Danica McGee - Female - Comp#: 187			
#95 Girls Long Jump Junior	4.23m	4.38m	(7) *
7 Mia Murphy - Female - Comp#: 188			
#36 Girls High Jump Start 115cm Junior	1.43m	1.30m	(8)
8 Kelsey Oakley - Female - Comp#: 189			
#23 Girls 1500 Meter Run Junior	5:34.00		
9 Madison Patriquin - Female - Comp#: 190			
#106 Girls Javelin Throw 400g Junior	24.27m	24.03m	(9)
10 Eric Scott - Male - Comp#: 191			
#58 Boys Javelin Throw 600g Junior	29.34m	32.19m	(6) *
11 Ava Turner - Female - Comp#: 192			
#17 Girls 100 Meter Dash Junior	13.60		
12 Baley Wolfe - Male - Comp#: 193			
#24 Boys 1500 Meter Run Junior	5:08.00	5:02.96	(9) *
#47 Boys Long Jump Junior	4.59m	4.54m	(10)
#66 Boys 800 Meter Run Junior	2:26.70	DNS	
#78 Boys 3000 Meter Run Junior	10:55.00	10:45.04	(7) *
#91 Boys Triple Jump Junior	10.44m	10.43m	(3)
13 Jennessa Wolfe - Female - Comp#: 194			
#36 Girls High Jump Start 115cm Junior	1.40m	1.52m	(2) *
#55 Girls Triple Jump Junior	9.23m	9.60m	(3) *
#95 Girls Long Jump Junior	4.26m	4.53m	(4) *
Relay	Seed	Prelims	Finals
1 Central Colchester Junior High			
#72 Boys 4x100 Meter Relay Junior	51.80		52.04 (3)
Central Colchester Junior High Total Individual Entries: 21 - Total Relays: 1			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Central Kings Rural High			
1 Jonas Anderson - Male - Comp#: 195			
#24 Boys 1500 Meter Run Junior	5:14.56		DNS
2 Emmalee Harvey - Female - Comp#: 196			
#57 Girls Discus Throw 1kg Intermediate	25.54m		26.05m (4) *
#104 Girls Shot Put 4kg Intermediate	9.77m		9.71m (3)
3 Ashton Lamont - Male - Comp#: 197			
#8 Boys 100 Meter Dash Special Junior	16.87		17.37 (10)
#30 Boys Long Jump 3 Jumps Special Junior	2.77m		2.91m (5) *
4 Damien Llewellyn - Male - Comp#: 198			
#18 Boys 100 Meter Dash Junior	12.41	12.89 (8)	13.15 (7)
5 Eric McLean - Male - Comp#: 199			
#4 Boys 100 Meter Hurdles 33" Junior	18.98		
#58 Boys Javelin Throw 600g Junior	25.34m		
#96 Boys High Jump Start 125cm Junior	1.40m		DNS
6 Kieran O'Neill - Male - Comp#: 200			
#78 Boys 3000 Meter Run Junior	11:23.62		12:05.59 (15)
7 Austin alec Pinch - Male - Comp#: 201			
#20 Boys 100 Meter Dash Intermediate	11.76		
8 Santanna Rafuse - Female - Comp#: 202			
#21 Girls 100 Meter Dash Senior	13.12	13.43 (9)	
#101 Girls Long Jump Senior	4.61m		
9 Shayden Smith - Male - Comp#: 203			
#80 Boys 3000 Meter Run Intermediate	11:04.25		11:05.40 (13)
Relay	Seed	Prelims	Finals
1 Central Kings Rural High			
#72 Boys 4x100 Meter Relay Junior	53.21		56.69 (12)
Central Kings Rural High Total Individual Entries: 14 - Total Relays: 1			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Charles P. Allen			
1 Victoria Christianson - Female - Comp#: 204			
#27 Girls 1500 Meter Run Senior	6:12.99		
#81 Girls 3000 Meter Run Senior	13:39.15		
2 Davis Cooper - Male - Comp#: 205			
#80 Boys 3000 Meter Run Intermediate	10:01.93		9:59.27 (6) *
3 Alyssa Cross - Female - Comp#: 206			
#37 Girls Triple Jump Intermediate	9.50m		9.53m (9) *
4 Aidan Foster - Male - Comp#: 207			
#14 Boys 400 Meter Dash Intermediate	56.55	54.83 (3)	54.60 (3) *
#62 Boys 200 Meter Dash Intermediate	24.07	24.27 (3)	24.12 (2)
5 Brooke Hamilton - Female - Comp#: 208			
#15 Girls 400 Meter Dash Senior	1:11.20		
6 Nik Koch - Male - Comp#: 209			
#68 Boys 800 Meter Run Intermediate	2:14.78		2:14.72 (11) *
7 Isabelle Ladouceur - Female - Comp#: 210			
#98 Girls Shot Put 4kg Senior	8.04m		8.04m (11)
8 Abby MacDonald - Female - Comp#: 211			
#15 Girls 400 Meter Dash Senior	1:06.83	1:03.36 (7)	1:02.93 (5) *
#21 Girls 100 Meter Dash Senior	13.80	13.55 (10)	*
9 Alison MacNeil - Female - Comp#: 212			
#21 Girls 100 Meter Dash Senior	14.12		
#54 Girls High Jump Start 125cm Senior	1.20m		
#63 Girls 200 Meter Dash Senior	28.27	28.12 (9)	*
#94 Girls Javelin Throw 600g Senior	27.39m		25.26m (10)
10 Sophie McKegney - Female - Comp#: 213			
#89 Girls Long Jump Intermediate	4.56m		3.85m (15)
#100 Girls Javelin Throw 500g Intermediate	24.68m		19.56m (13)
#104 Girls Shot Put 4kg Intermediate	7.86m		7.35m (15)
11 Brendan McQuaid - Male - Comp#: 214			
#20 Boys 100 Meter Dash Intermediate	12.59	11.83 (5)	11.87 (3) *
#62 Boys 200 Meter Dash Intermediate	24.24	24.73 (4)	24.21 (3) *
12 Ali Poisson - Female - Comp#: 215			
#19 Girls 100 Meter Dash Intermediate	14.00	13.10 (5)	13.12 (3) *
#61 Girls 200 Meter Dash Intermediate	27.11	26.59 (1)	26.87 (3) *
13 Drew Somers - Male - Comp#: 216			
#16 Boys 400 Meter Dash Senior	54.88	54.88 (10)	*
14 Gracie Somers - Female - Comp#: 217			
#13 Girls 400 Meter Dash Intermediate	1:03.07	1:01.99 (5)	1:01.30 (2) *
#67 Girls 800 Meter Run Intermediate	2:26.55		2:23.52 (4) *
15 Sarah Tucker - Female - Comp#: 218			
#94 Girls Javelin Throw 600g Senior	23.77m		22.03m (12)
Relay	Seed	Prelims	Finals
1 Charles P. Allen			
#73 Girls 4x100 Meter Relay Intermediate	53.70		53.86 (6)
2 Charles P. Allen			
#75 Girls 4x100 Meter Relay Senior	55.96		53.66 (4) *
3 Charles P. Allen			
#85 Girls 4x400 Meter Relay Intermediate	4:31.00		4:37.99 (8)
4 Charles P. Allen			
#86 Boys 4x400 Meter Relay Intermediate	3:50.34		3:43.05 (1) *
5 Charles P. Allen			
#87 Girls 4x400 Meter Relay Senior	4:36.69		4:27.81 (4) *
Charles P. Allen Total Individual Entries: 26 - Total Relays: 5			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Chester Area Middle School			
1 Camden Coolen - Male - Comp#: 219			
#4 Boys 100 Meter Hurdles 33" Junior	18.95	19.01 (11)	
2 Samantha Schnare - Female - Comp#: 220			
#1 Girls 80 Meter Hurdles 30" Junior	15.55		
#17 Girls 100 Meter Dash Junior	13.21	13.87 (8)	13.97 (8)
#59 Girls 200 Meter Dash Junior	28.66	28.06 (7)	28.11 (7) *
Relay	Seed	Prelims	Finals
1 Chester Area Middle School			
#83 Girls 4x400 Meter Relay Junior	4:49.58		4:48.69 (10) *
Chester Area Middle School Total Individual Entries: 4 - Total Relays: 1			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

		Seed	Prelims	Finals
Citadel High				
1 Jacob Abbott - Male - Comp#: 221				
#70 Boys 800 Meter Run Senior	2:10.99			2:11.27 (8)
2 Olubukola Adesalu - Female - Comp#: 222				
#49 Girls Triple Jump Senior	8.15m			
3 Matthew Aftanas - Male - Comp#: 223				
#6 Boys 100 Meter Hurdles 39" Senior	16.01	15.11 (4)		15.01 (4) *
#22 Boys 100 Meter Dash Senior	12.00	11.57 (7)		11.83 (7) *
4 Tegan Bielawski - Female - Comp#: 224				
#31 Girls Shot Put 3kg-3 Throws Special Sen	4.21m			
5 Rylan Burke-Young - Male - Comp#: 225				
#50 Boys Shot Put 6kg Senior	10.10m			DNS
6 Anna Dugandzic - Female - Comp#: 226				
#3 Girls 80 Meter Hurdles 33" Senior	15.45			
7 Julia Faloon - Female - Comp#: 227				
#3 Girls 80 Meter Hurdles 33" Senior	15.24	15.10 (6)		15.51 (8) *
8 Isaac Ferguson - Male - Comp#: 228				
#90 Boys High Jump Start 140cm Senior	1.70m			1.60m (12)
9 Anneliese Gielis - Female - Comp#: 229				
#57 Girls Discus Throw 1kg Intermediate	17.15m			
10 Mark Howatt - Male - Comp#: 230				
#6 Boys 100 Meter Hurdles 39" Senior	17.58			
#40 Boys Javelin Throw 800g Senior	44.76m			51.06m (3) *
11 Paul Ipe - Male - Comp#: 231				
#14 Boys 400 Meter Dash Intermediate	57.42	56.23 (9)		*
12 Olivia Iszak - Female - Comp#: 232				
#15 Girls 400 Meter Dash Senior	1:07.28	1:04.00 (9)		*
13 Bryan Macfarland - Male - Comp#: 233				
#102 Boys High Jump Start 140cm Intermedi	1.60m			1.55m (14)
14 Fiona McClure - Female - Comp#: 234				
#25 Girls 1500 Meter Run Intermediate	5:23.25			5:18.06 (8) *
#67 Girls 800 Meter Run Intermediate	2:34.04			2:27.50 (5) *
15 Emily Munroe - Female - Comp#: 235				
#54 Girls High Jump Start 125cm Senior	1.40m			1.45m (5) *
16 Mark Nickerson - Male - Comp#: 236				
#10 Boys 100 Meter Dash Special Senior	12.07			14.79 (9)
17 Jeraiah Sisco - Female - Comp#: 237				
#43 Girls Long Jump 3 Jumps Special Senior	1.47m			
18 Andy Tran - Male - Comp#: 238				
#103 Boys Triple Jump Senior	11.13m			
19 Martha Young - Female - Comp#: 239				
#27 Girls 1500 Meter Run Senior	5:39.96			5:20.20 (7) *
#69 Girls 800 Meter Run Senior	2:41.83			
#81 Girls 3000 Meter Run Senior	11:29.16			11:33.79 (7)
Relay	Seed	Prelims	Finals	
1 Citadel High				
#75 Girls 4x100 Meter Relay Senior	54.90			54.91 (7)
2 Citadel High				
#76 Boys 4x100 Meter Relay Senior	45.82			45.34 (2) *
3 Citadel High				
#86 Boys 4x400 Meter Relay Intermediate	4:07.50			4:05.76 (10) *
4 Citadel High				
#87 Girls 4x400 Meter Relay Senior	4:34.88			4:36.09 (10)

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Citadel High			
5 Citadel High			
#88 Boys 4x400 Meter Relay Senior	3:51.07		3:47.17 (8) *
Citadel High Total Individual Entries: 24 - Total Relays: 5			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Clayton Park Junior High			
1 Jeff Adeyemi - Male - Comp#: 240			
#97 Boys Triple Jump Intermediate	11.98m		DNS
2 Emmanuel Bangura - Male - Comp#: 241			
#91 Boys Triple Jump Junior	9.78m		10.40m (5) *
3 Finn MacDonald - Male - Comp#: 242			
#8 Boys 100 Meter Dash Special Junior	11.79		14.65 (2)
#30 Boys Long Jump 3 Jumps Special Junior	2.77m		
4 Leshawn Morris - Male - Comp#: 243			
#4 Boys 100 Meter Hurdles 33" Junior	17.55	16.96 (2)	16.97 (2) *
#96 Boys High Jump Start 125cm Junior	1.50m		1.40m (11)
#105 Boys Discus Throw 1kg Junior	27.59m		25.16m (11)
5 Ashley Spicer - Female - Comp#: 244			
#7 Girls 100 Meter Dash Special Junior	18.26		21.46 (11)
#41 Girls Shot Put 3kg-3 Throws Special Jun	4.10m		4.66m (11) *
6 Sam Zhouri - Male - Comp#: 245			
#52 Boys Javelin Throw 700g Intermediate	33.52m		33.85m (10) *
Relay	Seed	Prelims	Finals
1 Clayton Park Junior High			
#74 Boys 4x100 Meter Relay Intermediate	49.38		50.08 (10)
2 Clayton Park Junior High			
#86 Boys 4x400 Meter Relay Intermediate	4:09.89		
Clayton Park Junior High Total Individual Entries: 10 - Total Relays: 2			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Cobequid Education Center			
1 Leah Adams - Female - Comp#: 246			
#3 Girls 80 Meter Hurdles 33" Senior	12.70	13.11 (1)	13.06 (1)
#21 Girls 100 Meter Dash Senior	13.30	13.22 (6)	13.32 (6) *
2 Michael Adams - Male - Comp#: 247			
#40 Boys Javelin Throw 800g Senior	52.58m		55.01m (1) *
#50 Boys Shot Put 6kg Senior	13.15m		13.05m (1)
#99 Boys Discus Throw 1.75kg Senior	40.69m		39.94m (3)
3 Mira Alexander - Female - Comp#: 248			
#15 Girls 400 Meter Dash Senior	1:03.60	1:02.86 (3)	1:00.96 (3) *
#21 Girls 100 Meter Dash Senior	13.70	13.69 (11)	*
#69 Girls 800 Meter Run Senior	2:32.10		2:32.06 (6) *
#94 Girls Javelin Throw 600g Senior	33.28m		35.52m (2) *
4 Alex Amero - Male - Comp#: 249			
#40 Boys Javelin Throw 800g Senior	47.75m		51.58m (2) *
#99 Boys Discus Throw 1.75kg Senior	36.32m		44.97m (1) *
5 Oliver Arnfast - Male - Comp#: 250			
#5 Boys 100 Meter Hurdles 36" Intermediate	14.50	15.34 (1)	15.18 (1)
#14 Boys 400 Meter Dash Intermediate	55.90	56.90 (10)	
6 Max Ashton - Male - Comp#: 251			
#102 Boys High Jump Start 140cm Intermedi	1.60m		
7 Jasmine Atkinson - Female - Comp#: 252			
#61 Girls 200 Meter Dash Intermediate	29.30		
8 Madison Ball - Female - Comp#: 253			
#101 Girls Long Jump Senior	4.46m		4.32m (11)
9 Sebastian Barrington - Male - Comp#: 254			
#68 Boys 800 Meter Run Intermediate	2:14.20		2:13.51 (10) *
10 Jacob Benedict - Male - Comp#: 255			
#6 Boys 100 Meter Hurdles 39" Senior	18.70		
11 Noah Berniquer - Male - Comp#: 256			
#35 Boys Long Jump Intermediate	5.88m		6.11m (1) *
#52 Boys Javelin Throw 700g Intermediate	47.62m		54.19m (1) *
NSSAF: 54.19m			
#97 Boys Triple Jump Intermediate	11.99m		12.14m (1) *
12 Cassie Beselt - Female - Comp#: 257			
#2 Girls 80 Meter Hurdles 33" Intermediate	13.50	13.61 (3)	13.67 (4)
#37 Girls Triple Jump Intermediate	10.22m		9.61m (7)
#48 Girls High Jump Start 125cm Intermedia	1.45m		1.40m (7)
#89 Girls Long Jump Intermediate	4.39m		
13 Joe Blaauwendraatt - Male - Comp#: 258			
#93 Boys Discus Throw 1.5kg Intermediate	33.40m		37.98m (1) *
14 Francisco Blanco - Male - Comp#: 259			
#16 Boys 400 Meter Dash Senior	56.30		
15 Nicholas Clough - Male - Comp#: 260			
#32 Boys Shot Put 4kg-3 Throws Special Ser	7.71m		8.05m (9) *
#44 Boys Long Jump 3 Jumps Special Senior	3.33m		3.21m (9)
16 Ethan Dahr - Male - Comp#: 261			
#40 Boys Javelin Throw 800g Senior	48.16m		46.06m (6)
#90 Boys High Jump Start 140cm Senior	1.83m		1.85m (4) *
17 Jessie Davidson - Female - Comp#: 262			
#57 Girls Discus Throw 1kg Intermediate	25.04m		27.32m (3) *
#104 Girls Shot Put 4kg Intermediate	8.31m		8.89m (8) *

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Cobequid Education Center			
18 Sydney Davidson - Female - Comp#: 263			
#39 Girls Discus Throw 1kg Senior	28.80m		29.76m (2) *
#94 Girls Javelin Throw 600g Senior	26.81m		
#98 Girls Shot Put 4kg Senior	9.62m		9.98m (4) *
19 Isaac Fraser - Male - Comp#: 264			
#56 Boys Shot Put 5kg Intermediate	10.82m		11.25m (8) *
#93 Boys Discus Throw 1.5kg Intermediate	27.56m		25.19m (12)
20 Joel Gavel - Male - Comp#: 265			
#32 Boys Shot Put 4kg-3 Throws Special Ser	6.94m		7.23m (11) *
21 Mason Googoo - Male - Comp#: 266			
#10 Boys 100 Meter Dash Special Senior	13.60		13.59 (2) *
#32 Boys Shot Put 4kg-3 Throws Special Ser	6.71m		
#44 Boys Long Jump 3 Jumps Special Senior	4.37m		4.28m (1)
22 Braden Gray - Male - Comp#: 267			
#22 Boys 100 Meter Dash Senior	11.60	11.76 (11)	
#64 Boys 200 Meter Dash Senior	23.60	23.60 (4)	23.48 (8) *
23 Zach Gray - Male - Comp#: 268			
#20 Boys 100 Meter Dash Intermediate	11.90	11.88 (7)	11.88 (5) *
24 Maddie Greatorex - Female - Comp#: 269			
#15 Girls 400 Meter Dash Senior	1:04.10	1:04.05 (10)	*
#49 Girls Triple Jump Senior	9.36m		
#63 Girls 200 Meter Dash Senior	28.50	28.64 (12)	
25 Tanner Greatorex - Male - Comp#: 270			
#35 Boys Long Jump Intermediate	5.39m		5.46m (5) *
#52 Boys Javelin Throw 700g Intermediate	43.77m		42.95m (5)
#97 Boys Triple Jump Intermediate	11.18m		
26 J T Johnstone - Male - Comp#: 271			
#10 Boys 100 Meter Dash Special Senior	16.00		
27 Matthew Jones - Male - Comp#: 272			
#90 Boys High Jump Start 140cm Senior	1.83m		1.90m (2) *
28 Brittany Kaulbach - Female - Comp#: 273			
#9 Girls 100 Meter Dash Special Senior	25.00		23.71 (8) *
#31 Girls Shot Put 3kg-3 Throws Special Sen	3.93m		4.05m (9) *
#43 Girls Long Jump 3 Jumps Special Senior	1.50m		1.42m (6)
29 Jessica Keevill - Female - Comp#: 274			
#9 Girls 100 Meter Dash Special Senior	31.50		34.54 (10)
#31 Girls Shot Put 3kg-3 Throws Special Sen	4.00m		4.13m (8) *
#43 Girls Long Jump 3 Jumps Special Senior	0.40m		
30 Hayden Kolke - Male - Comp#: 275			
#50 Boys Shot Put 6kg Senior	12.10m		11.83m (4)
31 Arpan Kour Lotey - Female - Comp#: 276			
#100 Girls Javelin Throw 500g Intermediate	26.57m		26.65m (10) *
32 Olivia Krzywonos - Female - Comp#: 277			
#13 Girls 400 Meter Dash Intermediate	1:04.70	1:03.32 (9)	*
#19 Girls 100 Meter Dash Intermediate	13.70	13.65 (6)	13.76 (8) *
33 Mackenzie Langille - Female - Comp#: 278			
#9 Girls 100 Meter Dash Special Senior	20.30		20.30 (5) *
#31 Girls Shot Put 3kg-3 Throws Special Sen	6.26m		6.83m (1) *
#43 Girls Long Jump 3 Jumps Special Senior	1.79m		1.92m (4) *
34 Ben Lowther - Male - Comp#: 279			
#28 Boys 1500 Meter Run Senior	5:01.00		
35 Baillie Lynds - Female - Comp#: 280			
#63 Girls 200 Meter Dash Senior	28.90		

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Meet Summary - All Events

	Seed	Prelims	Finals
Cobequid Education Center			
36 Joey MacDonald - Male - Comp#: 281			
#22 Boys 100 Meter Dash Senior	11.90	11.73 (9)	*
#90 Boys High Jump Start 140cm Senior	1.90m		2.00m (1) *
37 Lauren MacDonald - Female - Comp#: 282			
#2 Girls 80 Meter Hurdles 33" Intermediate	14.70		
#37 Girls Triple Jump Intermediate	10.09m		10.09m (3)
#89 Girls Long Jump Intermediate	4.49m		4.63m (7) *
38 Chelsea MacIsaac - Female - Comp#: 283			
#39 Girls Discus Throw 1kg Senior	37.21m		41.22m (1) *
#98 Girls Shot Put 4kg Senior	10.97m		11.14m (1) *
39 Adam Mackinnon - Male - Comp#: 284			
#56 Boys Shot Put 5kg Intermediate	12.22m		11.85m (4)
#93 Boys Discus Throw 1.5kg Intermediate	26.10m		
40 Jarrin MacLean - Male - Comp#: 285			
#103 Boys Triple Jump Senior	11.47m		11.22m (14)
#6 Boys 100 Meter Hurdles 39" Senior	15.50	16.39 (11)	
41 Tyler Macneil - Male - Comp#: 286			
#6 Boys 100 Meter Hurdles 39" Senior	13.90	14.63 (3)	14.53 (2)
#22 Boys 100 Meter Dash Senior	11.60	11.73 (10)	
42 Oula Maguire - Female - Comp#: 287			
#15 Girls 400 Meter Dash Senior	1:04.50	1:03.21 (6)	1:03.27 (6) *
#21 Girls 100 Meter Dash Senior	13.30	13.17 (5)	13.17 (4) *
#63 Girls 200 Meter Dash Senior	27.70	27.11 (5)	27.07 (4) *
43 Riley Masters - Male - Comp#: 288			
#99 Boys Discus Throw 1.75kg Senior	34.40m		34.54m (6) *
44 Adam McEachren - Male - Comp#: 289			
#40 Boys Javelin Throw 800g Senior	42.14m		
#50 Boys Shot Put 6kg Senior	11.69m		12.89m (2) *
45 Zoe Morgan - Female - Comp#: 290			
#81 Girls 3000 Meter Run Senior	13:18.00		13:25.04 (14)
46 Erin Murphy - Female - Comp#: 1024			
#43 Girls Long Jump 3 Jumps Special Senior	ND		0.68m (8) *
47 Emily O'Connor - Female - Comp#: 291			
#13 Girls 400 Meter Dash Intermediate	1:08.00		
48 Biola Oshikoya - Male - Comp#: 292			
#97 Boys Triple Jump Intermediate	11.49m		10.62m (9)
49 Eniola Oshikoya - Female - Comp#: 293			
#39 Girls Discus Throw 1kg Senior	26.47m		28.12m (5) *
#98 Girls Shot Put 4kg Senior	10.38m		9.39m (7)
50 Tobi Oshikoya - Male - Comp#: 294			
#53 Boys Long Jump Senior	6.19m		6.22m (5) *
#103 Boys Triple Jump Senior	13.19m		13.20m (1) *
51 Deandre Paris - Male - Comp#: 295			
#20 Boys 100 Meter Dash Intermediate	12.30	12.09 (11)	*
#62 Boys 200 Meter Dash Intermediate	25.30	24.95 (10)	*
52 Breton Phillips - Male - Comp#: 296			
#62 Boys 200 Meter Dash Intermediate	25.10	24.69 (7)	24.79 (7) *
53 Nikolas Sante - Male - Comp#: 297			
#5 Boys 100 Meter Hurdles 36" Intermediate	16.20	16.75 (4)	16.32 (4)
54 Owen Sellers - Male - Comp#: 298			
#16 Boys 400 Meter Dash Senior	55.50	55.44 (12)	*
55 Emma Shive - Female - Comp#: 299			
#54 Girls High Jump Start 125cm Senior	1.45m		1.48m (4) *

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Cobequid Education Center			
56 Arshvir Singh - Male - Comp#: 300			
#93 Boys Discus Throw 1.5kg Intermediate	27.97m		25.84m (10)
57 Olivia Stevenson - Female - Comp#: 301			
#69 Girls 800 Meter Run Senior	2:41.40		
58 Jacob Stewart - Male - Comp#: 302			
#35 Boys Long Jump Intermediate	5.62m		5.56m (4)
59 Jaden Storry-Trefry - Male - Comp#: 303			
#20 Boys 100 Meter Dash Intermediate	12.10	11.88 (6)	11.81 (2) *
#62 Boys 200 Meter Dash Intermediate	24.40	23.93 (1)	23.96 (1) *
60 Haley Teed - Female - Comp#: 304			
#94 Girls Javelin Throw 600g Senior	27.71m		25.66m (9)
61 Gabriel Tremblay - Male - Comp#: 305			
#16 Boys 400 Meter Dash Senior	54.70	54.07 (7)	54.15 (5) *
#64 Boys 200 Meter Dash Senior	24.20	24.29 (12)	
62 Thomas Vickers - Male - Comp#: 306			
#50 Boys Shot Put 6kg Senior	12.36m		11.64m (5)
#53 Boys Long Jump Senior	5.49m		5.57m (10) *
#99 Boys Discus Throw 1.75kg Senior	38.05m		37.08m (4)
63 Colby Wolfe - Male - Comp#: 307			
#52 Boys Javelin Throw 700g Intermediate	44.65m		45.25m (3) *
64 Martha Yirideo - Female - Comp#: 308			
#49 Girls Triple Jump Senior	10.87m		10.65m (3)
#101 Girls Long Jump Senior	5.13m		5.44m (1) *
65 Rachel Yorke - Female - Comp#: 309			
#107 Girls 200 Meter Run Para	1:16.20		DNS
#111 Girls Shot Put 3kg-3 Throws Para	1.75m		ND
Relay	Seed	Prelims	Finals
1 Cobequid Education Center			
#73 Girls 4x100 Meter Relay Intermediate	53.90		53.67 (5) *
2 Cobequid Education Center			
#74 Boys 4x100 Meter Relay Intermediate	46.10		45.99 (1) *
3 Cobequid Education Center			
#75 Girls 4x100 Meter Relay Senior	52.90		51.39 (1) *
4 Cobequid Education Center			
#76 Boys 4x100 Meter Relay Senior	45.10		45.37 (3)
5 Cobequid Education Center			
#85 Girls 4x400 Meter Relay Intermediate	4:32.20		DQ
6 Cobequid Education Center			
#86 Boys 4x400 Meter Relay Intermediate	3:50.70		3:46.45 (4) *
7 Cobequid Education Center			
#87 Girls 4x400 Meter Relay Senior	4:22.60		4:18.86 (1) *
8 Cobequid Education Center			
#88 Boys 4x400 Meter Relay Senior	3:44.50		3:41.70 (6) *
Cobequid Education Center Total Individual Entries: 117 - Total Relays: 8			

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	Seed	Prelims	Finals
Cole Harbour High			
1 Lauren Steinburg - Female - Comp#: 310			
#39 Girls Discus Throw 1kg Senior	19.57m		17.66m (13)
Cole Harbour High Total Individual Entries: 1 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Cunard Junior High			
1 Drew Warkentin - Female - Comp#: 311			
#7 Girls 100 Meter Dash Special Junior	14.01		17.03 (3)
#29 Girls Long Jump 3 Jumps Special Junior	2.13m		1.99m (9)
Cunard Junior High Total Individual Entries: 2 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Dalbrae Academy			
1 Alexandra Beaton - Female - Comp#: 312			
#13 Girls 400 Meter Dash Intermediate	1:09.87	1:08.85 (15)	*
#25 Girls 1500 Meter Run Intermediate	5:53.86		5:46.28 (13) *
#67 Girls 800 Meter Run Intermediate	2:46.04	Scratched	Scratched
#79 Girls 3000 Meter Run Intermediate	12:41.91		DNS
2 Kali Beaton - Female - Comp#: 313			
#27 Girls 1500 Meter Run Senior	5:54.35		5:49.29 (14) *
#69 Girls 800 Meter Run Senior	2:53.62		2:56.54 (14)
#81 Girls 3000 Meter Run Senior	12:39.26		12:44.36 (12)
3 Nolan Beaton - Male - Comp#: 314			
#16 Boys 400 Meter Dash Senior	56.48	56.75 (14)	
#28 Boys 1500 Meter Run Senior	4:33.48		4:26.05 (8) *
#70 Boys 800 Meter Run Senior	2:11.93		2:07.79 (6) *
#82 Boys 3000 Meter Run Senior	9:47.81		9:51.68 (6)
4 Owen Beaton - Male - Comp#: 315			
#68 Boys 800 Meter Run Intermediate	2:32.31		
#80 Boys 3000 Meter Run Intermediate	12:08.85		
5 Mya Bernard - Female - Comp#: 316			
#2 Girls 80 Meter Hurdles 33" Intermediate	17.18	17.46 (15)	
6 Kenzie Cameron - Male - Comp#: 317			
#14 Boys 400 Meter Dash Intermediate	1:04.03		
7 Eilidh Campbell - Female - Comp#: 318			
#15 Girls 400 Meter Dash Senior	1:10.73	1:09.44 (14)	*
#27 Girls 1500 Meter Run Senior	5:53.63		5:45.88 (13) *
#69 Girls 800 Meter Run Senior	2:48.27		2:50.32 (13)
#81 Girls 3000 Meter Run Senior	12:38.01		12:41.85 (11)
8 Hayley Cox - Female - Comp#: 319			
#57 Girls Discus Throw 1kg Intermediate	18.83m		
9 Chase Ellis - Male - Comp#: 320			
#99 Boys Discus Throw 1.75kg Senior	29.77m		DNS
10 Kai Ellis - Male - Comp#: 321			
#5 Boys 100 Meter Hurdles 36" Intermediate	20.62	DNS	
11 Matthew Ellis - Male - Comp#: 322			
#40 Boys Javelin Throw 800g Senior	38.08m	Scratched	Scratched
#50 Boys Shot Put 6kg Senior	11.09m	Scratched	Scratched
#53 Boys Long Jump Senior	6.00m	Scratched	Scratched
#103 Boys Triple Jump Senior	11.14m	Scratched	Scratched
12 Keegan Freimanis - Male - Comp#: 323			
#22 Boys 100 Meter Dash Senior	11.95	12.11 (15)	
#40 Boys Javelin Throw 800g Senior	35.65m		29.37m (13)
#64 Boys 200 Meter Dash Senior	24.83	25.01 (15)	
#103 Boys Triple Jump Senior	11.67m		12.86m (5) *
13 Charlize Hart - Female - Comp#: 324			
#13 Girls 400 Meter Dash Intermediate	1:13.25		
#25 Girls 1500 Meter Run Intermediate	6:17.37		6:17.05 (15) *
#57 Girls Discus Throw 1kg Intermediate	20.77m		17.68m (14)
#79 Girls 3000 Meter Run Intermediate	13:41.42		13:33.85 (13) *
14 Landon Jenkins - Male - Comp#: 325			
#14 Boys 400 Meter Dash Intermediate	1:00.91	DNS	
#68 Boys 800 Meter Run Intermediate	2:30.55		DNS
#80 Boys 3000 Meter Run Intermediate	11:43.30		DNS
15 Keir Jordan - Male - Comp#: 326			
#97 Boys Triple Jump Intermediate	10.15m	Scratched	Scratched

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Meet Summary - All Events

	Seed	Prelims	Finals
Dalbrae Academy			
16 Amber MacDonald - Female - Comp#: 327			
#13 Girls 400 Meter Dash Intermediate	1:06.38	1:02.09 (2)	1:02.10 (3) *
#19 Girls 100 Meter Dash Intermediate	13.67	13.83 (13)	
#61 Girls 200 Meter Dash Intermediate	27.37	28.01 (10)	
17 Cheryl MacDonald - Female - Comp#: 328			
#2 Girls 80 Meter Hurdles 33" Intermediate	17.54	17.39 (14)	*
#37 Girls Triple Jump Intermediate	9.17m		9.03m (14)
18 Will Maceachern - Male - Comp#: 329			
#16 Boys 400 Meter Dash Senior	59.84		
19 Marissa MacLellan - Female - Comp#: 330			
#19 Girls 100 Meter Dash Intermediate	13.78	13.98 (14)	
#61 Girls 200 Meter Dash Intermediate	29.22	29.47 (16)	
#67 Girls 800 Meter Run Intermediate	2:58.57		2:58.82 (12)
20 Stephen MacLellan - Male - Comp#: 331			
#97 Boys Triple Jump Intermediate	10.82m		10.87m (8) *
21 Jessie Helen Macneil - Female - Comp#: 332			
#21 Girls 100 Meter Dash Senior	14.32		
#63 Girls 200 Meter Dash Senior	30.46		
22 Nora Macneil - Female - Comp#: 333			
#39 Girls Discus Throw 1kg Senior	22.00m		DNS
#94 Girls Javelin Throw 600g Senior	23.15m	Scratched	Scratched
23 Orianna Macneil - Female - Comp#: 334			
#25 Girls 1500 Meter Run Intermediate	6:15.81	Scratched	Scratched
#79 Girls 3000 Meter Run Intermediate	13:24.95		DNS
#100 Girls Javelin Throw 500g Intermediate	24.39m	Scratched	Scratched
24 Jayden Muise - Male - Comp#: 335			
#52 Boys Javelin Throw 700g Intermediate	35.97m		37.61m (7) *
#56 Boys Shot Put 5kg Intermediate	11.85m		12.10m (2) *
#93 Boys Discus Throw 1.5kg Intermediate	33.12m		32.25m (5)
25 Kaylan Murphy - Female - Comp#: 336			
#3 Girls 80 Meter Hurdles 33" Senior	18.66		
26 Ben Scott - Male - Comp#: 337			
#93 Boys Discus Throw 1.5kg Intermediate	27.45m		26.66m (9)
27 Jayden Shaw - Female - Comp#: 338			
#37 Girls Triple Jump Intermediate	9.41m		9.16m (13)
#89 Girls Long Jump Intermediate	4.29m		3.96m (12)
#100 Girls Javelin Throw 500g Intermediate	27.95m		26.90m (9)
28 Bryanna Smith - Female - Comp#: 339			
#15 Girls 400 Meter Dash Senior	1:11.61	1:11.06 (15)	*
29 Griffin Spears - Male - Comp#: 340			
#6 Boys 100 Meter Hurdles 39" Senior	20.45	21.72 (16)	
#90 Boys High Jump Start 140cm Senior	1.60m		DNS
30 Danni Sutherland - Female - Comp#: 341			
#39 Girls Discus Throw 1kg Senior	23.87m		DNS
#98 Girls Shot Put 4kg Senior	9.02m		DNS
31 Liam Trenholm - Male - Comp#: 342			
#52 Boys Javelin Throw 700g Intermediate	35.20m		DNS
#93 Boys Discus Throw 1.5kg Intermediate	26.27m		
32 Ben Van Zutphen - Male - Comp#: 343			
#99 Boys Discus Throw 1.75kg Senior	25.73m		
33 Luke Van Zutphen - Male - Comp#: 344			
#20 Boys 100 Meter Dash Intermediate	12.39	12.36 (13)	*
#35 Boys Long Jump Intermediate	5.46m		5.03m (14)
#62 Boys 200 Meter Dash Intermediate	25.35	25.56 (13)	

2019 NSSAF Track and Field Championships

Meet Summary - All Events

		Seed	Prelims	Finals
Dalbrae Academy				
34 Sarah Wilson - Female - Comp#: 345				
#21 Girls 100 Meter Dash Senior	13.97	14.61	(16)	
#39 Girls Discus Throw 1kg Senior	26.67m			20.30m (11)
#49 Girls Triple Jump Senior	9.11m			8.98m (14)
#94 Girls Javelin Throw 600g Senior	31.40m			32.84m (3) *
#101 Girls Long Jump Senior	4.42m			3.95m (15)
Relay	Seed	Prelims	Finals	
1 Dalbrae Academy				
#73 Girls 4x100 Meter Relay Intermediate	55.24			55.31 (10)
2 Dalbrae Academy				
#74 Boys 4x100 Meter Relay Intermediate	49.94			DNS
3 Dalbrae Academy				
#75 Girls 4x100 Meter Relay Senior	57.80			DNS
4 Dalbrae Academy				
#76 Boys 4x100 Meter Relay Senior	48.66			DNS
5 Dalbrae Academy				
#85 Girls 4x400 Meter Relay Intermediate	4:47.33			4:40.52 (10) *
6 Dalbrae Academy				
#86 Boys 4x400 Meter Relay Intermediate	4:05.51			DNS
7 Dalbrae Academy				
#87 Girls 4x400 Meter Relay Senior	4:55.38			DNS
8 Dalbrae Academy				
#88 Boys 4x400 Meter Relay Senior	4:10.28			DNS
Dalbrae Academy Total Individual Entries: 79 - Total Relays: 8				

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Dartmouth High			
1 Cleo Armstrong - Female - Comp#: 346			
#39 Girls Discus Throw 1kg Senior	18.62m		
2 Lauren Clarke - Female - Comp#: 347			
#19 Girls 100 Meter Dash Intermediate	13.57	12.70 (1)	12.60 (1) *
#61 Girls 200 Meter Dash Intermediate	26.66	26.68 (2)	26.04 (1) *
3 Evan Fingerhut - Male - Comp#: 348			
#16 Boys 400 Meter Dash Senior	55.07	54.62 (9)	*
#70 Boys 800 Meter Run Senior	2:11.17		2:08.04 (7) *
4 Keegan Hammond - Male - Comp#: 349			
#16 Boys 400 Meter Dash Senior	55.66		
5 Ben Harrington - Male - Comp#: 350			
#22 Boys 100 Meter Dash Senior	12.02		
#64 Boys 200 Meter Dash Senior	23.71	23.76 (6)	23.42 (7) *
6 Graeme Jarrett - Male - Comp#: 351			
#40 Boys Javelin Throw 800g Senior	36.54m		33.58m (12)
7 Annique Lezama - Female - Comp#: 352			
#101 Girls Long Jump Senior	3.99m		
8 Rene Menard - Male - Comp#: 353			
#10 Boys 100 Meter Dash Special Senior	12.46		15.46 (12)
#44 Boys Long Jump 3 Jumps Special Senior	3.39m		2.97m (11)
9 Tyler Myers - Male - Comp#: 354			
#28 Boys 1500 Meter Run Senior	4:41.00		4:33.00 (10) *
#82 Boys 3000 Meter Run Senior	9:57.77		10:15.75 (11)
10 Seth Night - Male - Comp#: 355			
#53 Boys Long Jump Senior	5.84m		5.47m (11)
11 Eli Nowlan - Male - Comp#: 356			
#35 Boys Long Jump Intermediate	5.55m		5.81m (3) *
#62 Boys 200 Meter Dash Intermediate	25.16		
#97 Boys Triple Jump Intermediate	11.37m		11.66m (4) *
12 Kristen Rock - Female - Comp#: 357			
#2 Girls 80 Meter Hurdles 33" Intermediate	16.07		
13 Camden Springer - Male - Comp#: 358			
#16 Boys 400 Meter Dash Senior	52.92	54.04 (6)	51.62 (2) *
#64 Boys 200 Meter Dash Senior	23.13	23.15 (3)	22.71 (3) *
14 Daniel Velocci - Male - Comp#: 359			
#50 Boys Shot Put 6kg Senior	9.92m		DNS
Relay	Seed	Prelims	Finals
1 Dartmouth High			
#75 Girls 4x100 Meter Relay Senior	59.47		DNS
2 Dartmouth High			
#76 Boys 4x100 Meter Relay Senior	46.16		46.42 (6)
3 Dartmouth High			
#88 Boys 4x400 Meter Relay Senior	3:45.71		3:38.96 (4) *
Dartmouth High Total Individual Entries: 22 - Total Relays: 3			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Dartmouth South Academy			
1 Esosa Eweka - Female - Comp#: 360			
#106 Girls Javelin Throw 400g Junior	25.14m		17.95m (15)
2 Mairo Ikede - Female - Comp#: 361			
#17 Girls 100 Meter Dash Junior	14.36	13.27 (3)	13.23 (2) *
#59 Girls 200 Meter Dash Junior	27.23	27.02 (1)	26.78 (2) *
Dartmouth South Academy	Total Individual Entries: 3 - Total Relays: 0		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Digby Regional High School			
1 Nick Goodwin - Male - Comp#: 362			
#20 Boys 100 Meter Dash Intermediate	11.66	12.08 (10)	
#62 Boys 200 Meter Dash Intermediate	23.95	24.54 (5)	24.89 (8)
2 Holly Hasselbring - Female - Comp#: 363			
#100 Girls Javelin Throw 500g Intermediate	25.83m		23.37m (11)
3 Payton Tupper - Female - Comp#: 364			
#79 Girls 3000 Meter Run Intermediate	13:38.00		
4 Willow Walker - Female - Comp#: 365			
#39 Girls Discus Throw 1kg Senior	21.26m		25.07m (6) *
#98 Girls Shot Put 4kg Senior	9.41m		9.06m (8)
Digby Regional High School	Total Individual Entries: 6 - Total Relays: 0		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

		Seed	Prelims	Finals
Dr. John Hugh Gillis				
1	Malia Artibello - Female - Comp#: 366			
	#13 Girls 400 Meter Dash Intermediate	1:01.80	1:02.43 (4)	1:00.76 (1) *
	#67 Girls 800 Meter Run Intermediate	2:21.80		2:19.72 (2) *
2	Hannah Austen - Female - Comp#: 367			
	#79 Girls 3000 Meter Run Intermediate	12:09.00		12:13.43 (9)
3	Emma Cameron - Female - Comp#: 368			
	#13 Girls 400 Meter Dash Intermediate	1:05.70	1:05.30 (12)	*
	#25 Girls 1500 Meter Run Intermediate	5:16.00		5:13.66 (5) *
	#67 Girls 800 Meter Run Intermediate	2:31.40		
4	Mairin Canning - Female - Comp#: 369			
	#25 Girls 1500 Meter Run Intermediate	4:59.00		4:50.26 (2) *
	#67 Girls 800 Meter Run Intermediate	2:26.50		DNS
	#79 Girls 3000 Meter Run Intermediate	11:13.00		11:07.17 (2) *
5	Siona Chisholm - Female - Comp#: 370			
	#25 Girls 1500 Meter Run Intermediate	4:49.00		4:34.19 (1) *
	NSSAF: 4:34.19			
	#67 Girls 800 Meter Run Intermediate	2:20.80		2:19.66 (1) *
	#79 Girls 3000 Meter Run Intermediate	10:20.00		10:28.37 (1)
6	Maura Flynn - Female - Comp#: 371			
	#69 Girls 800 Meter Run Senior	2:40.60		2:46.51 (11)
	#81 Girls 3000 Meter Run Senior	13:13.00		13:21.79 (13)
7	Alex Lambourne - Male - Comp#: 372			
	#70 Boys 800 Meter Run Senior	2:16.50		2:12.38 (10) *
8	Craig Landry - Male - Comp#: 373			
	#28 Boys 1500 Meter Run Senior	4:50.00		4:34.72 (11) *
	#70 Boys 800 Meter Run Senior	2:15.70		2:11.64 (9) *
	#82 Boys 3000 Meter Run Senior	10:48.00		
9	Lauren Lowther - Female - Comp#: 374			
	#27 Girls 1500 Meter Run Senior	5:06.00		4:50.93 (2) *
	#69 Girls 800 Meter Run Senior	2:25.90		2:22.72 (4) *
	#81 Girls 3000 Meter Run Senior	11:05.00		10:58.16 (5) *
10	Rebecca MacDonald - Female - Comp#: 375			
	#27 Girls 1500 Meter Run Senior	5:45.00		
11	Fergus Porter - Male - Comp#: 376			
	#56 Boys Shot Put 5kg Intermediate	10.28m		9.62m (14)
12	Rebecca Van De Wiel - Female - Comp#: 377			
	#81 Girls 3000 Meter Run Senior	13:32.00		
13	Sara Vanderlinden - Female - Comp#: 378			
	#27 Girls 1500 Meter Run Senior	5:42.00		5:35.15 (9) *
	Relay	Seed	Prelims	Finals
1	Dr. John Hugh Gillis			
	#73 Girls 4x100 Meter Relay Intermediate	54.30		54.31 (7)
2	Dr. John Hugh Gillis			
	#85 Girls 4x400 Meter Relay Intermediate	4:16.00		4:14.62 (1) *
3	Dr. John Hugh Gillis			
	#87 Girls 4x400 Meter Relay Senior	4:40.40		4:33.98 (7) *
4	Dr. John Hugh Gillis			
	#88 Boys 4x400 Meter Relay Senior	3:58.60		3:57.26 (10) *
Dr. John Hugh Gillis Total Individual Entries: 25 - Total Relays: 4				

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Dr. T.L. Sullivan Junior High			
1 Maria Donato - Female - Comp#: 379			
#11 Girls 400 Meter Dash Junior	1:12.59		
2 Erin Lawless - Female - Comp#: 380			
#36 Girls High Jump Start 115cm Junior	1.33m		DNS
#92 Girls Shot Put 3kg Junior	7.43m		
3 Riaghan Murphy - Female - Comp#: 381			
#36 Girls High Jump Start 115cm Junior	1.36m		DNS
4 Anthony Phillips - Male - Comp#: 382			
#12 Boys 400 Meter Dash Junior	1:09.23		
#18 Boys 100 Meter Dash Junior	13.27	13.27 (13)	*
#47 Boys Long Jump Junior	4.69m		4.63m (8)
#96 Boys High Jump Start 125cm Junior	1.45m		1.45m (8)
Dr. T.L. Sullivan Junior High Total Individual Entries: 8 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events****Drumlin Heights Consolidated****1 Krew Goodwin - Male - Comp#: 383**

	Seed	Prelims	Finals
#24 Boys 1500 Meter Run Junior	4:59.97		4:50.72 (5) *
#66 Boys 800 Meter Run Junior	2:22.81		2:19.08 (2) *
#78 Boys 3000 Meter Run Junior	10:51.44		11:31.33 (12)

Drumlin Heights Consolidated Total Individual Entries: 3 - Total Relays: 0

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Duncan MacMillan High School			
1 Nathaneal Owens - Male - Comp#: 384			
#58 Boys Javelin Throw 600g Junior	29.18m		
Duncan MacMillan High School	Total Individual Entries: 1 - Total Relays: 0		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
East Antigonish Academy			
1 Taylor Myette - Female - Comp#: 385			
#21 Girls 100 Meter Dash Senior		14.20	
East Antigonish Academy Total Individual Entries: 1 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
East Richmond Education Centre			
1 Brooklyn Carter - Female - Comp#: 386			
#36 Girls High Jump Start 115cm Junior	1.20m		
#59 Girls 200 Meter Dash Junior	30.18		
2 Lucas Marshall - Male - Comp#: 387			
#18 Boys 100 Meter Dash Junior	12.94	13.06 (11)	
#60 Boys 200 Meter Dash Junior	26.53	26.48 (10)	*
#96 Boys High Jump Start 125cm Junior	1.55m		1.62m (1) *
3 Mack Martell - Male - Comp#: 388			
#24 Boys 1500 Meter Run Junior	5:10.60		5:04.81 (11) *
#66 Boys 800 Meter Run Junior	2:30.83		2:30.05 (9) *
#78 Boys 3000 Meter Run Junior	11:00.20		10:47.85 (9) *
East Richmond Education Centre	Total Individual Entries: 8 - Total Relays: 0		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Eastern Passage Ed. Ctr.			
1 Mireya Bartoch - Female - Comp#: 389			
#77 Girls 3000 Meter Run Junior	11:57.77		11:48.93 (8) *
Relay	Seed	Prelims	Finals
1 Eastern Passage Ed. Ctr.			
#72 Boys 4x100 Meter Relay Junior	53.08		
Eastern Passage Ed. Ctr. Total Individual Entries: 1 - Total Relays: 1			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
EB Chandler Junior High			
1 Hailey Angus - Female - Comp#: 390			
#55 Girls Triple Jump Junior	9.73m		10.62m (1) *
#95 Girls Long Jump Junior	4.22m		4.68m (2) *
2 Anikin Bouwens - Male - Comp#: 391			
#38 Boys Shot Put 4kg Junior	10.22m		9.89m (6)
#58 Boys Javelin Throw 600g Junior	30.04m		27.75m (12)
#105 Boys Discus Throw 1kg Junior	30.04m		32.42m (4) *
3 Devon Brown - Male - Comp#: 392			
#8 Boys 100 Meter Dash Special Junior	15.40		15.79 (5)
#30 Boys Long Jump 3 Jumps Special Junior	3.41m		2.79m (7)
#42 Boys Shot Put 4kg-3 Throws Special Jun	4.58m		5.90m (7) *
4 Declyn Forsyth - Female - Comp#: 393			
#7 Girls 100 Meter Dash Special Junior	18.30	Scratched	Scratched
#29 Girls Long Jump 3 Jumps Special Junior	2.50m	Scratched	Scratched
#41 Girls Shot Put 3kg-3 Throws Special Jun	5.56m	Scratched	Scratched
5 Maddi Greeno - Female - Comp#: 394			
#7 Girls 100 Meter Dash Special Junior	24.90		24.62 (12) *
#29 Girls Long Jump 3 Jumps Special Junior	1.73m		1.53m (11)
#41 Girls Shot Put 3kg-3 Throws Special Jun	6.15m		5.78m (4)
6 Tyler Milner - Male - Comp#: 395			
#38 Boys Shot Put 4kg Junior	9.49m		8.76m (14)
#91 Boys Triple Jump Junior	10.18m		10.43m (4) *
7 Jessie Roberts-Harroun - Female - Comp#: 396			
#106 Girls Javelin Throw 400g Junior	22.96m		
8 Maddison Weir - Female - Comp#: 397			
#51 Girls Discus Throw 0.75kg Junior	23.03m		27.99m (2) *
Relay	Seed	Prelims	Finals
1 EB Chandler Junior High			
#71 Girls 4x100 Meter Relay Junior	56.80		
2 EB Chandler Junior High			
#84 Boys 4x400 Meter Relay Junior	4:30.20		
EB Chandler Junior High Total Individual Entries: 18 - Total Relays: 2			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Ecole Acadien de Pomquet			
1 Daniel Pettipas - Male - Comp#: 398			
#52 Boys Javelin Throw 700g Intermediate	44.06m		48.76m (2) *
Ecole Acadien de Pomquet Total Individual Entries: 1 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Ecole Acadien de Truro			
1 Lucy Fulmore - Female - Comp#: 399			
#17 Girls 100 Meter Dash Junior	13.60	13.54 (7)	13.64 (6) *
#59 Girls 200 Meter Dash Junior	28.30	27.74 (4)	27.66 (5) *
#65 Girls 800 Meter Run Junior	2:32.80		
2 Olivia Gourley - Female - Comp#: 400			
#61 Girls 200 Meter Dash Intermediate	29.00	28.81 (14)	*
3 Daniel Sampson - Male - Comp#: 401			
#40 Boys Javelin Throw 800g Senior	47.72m		46.93m (5)
4 Piper Sampson - Female - Comp#: 402			
#55 Girls Triple Jump Junior	8.95m		
Ecole Acadien de Truro Total Individual Entries: 6 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Ecole du Carrefour			
1 Pernilla Mfoumou - Female - Comp#: 403			
#36 Girls High Jump Start 115cm Junior	1.20m		1.30m (8) *
Ecole du Carrefour Total Individual Entries: 1 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Ecole du Sommet			
1 Nicolas Beaulieu - Male - Comp#: 404			
#22 Boys 100 Meter Dash Senior	11.60	11.03 (1)	11.02 (1) *
#53 Boys Long Jump Senior	5.73m		6.49m (1) *
#64 Boys 200 Meter Dash Senior	23.17	22.70 (1)	22.35 (1) *
#103 Boys Triple Jump Senior	12.58m		13.05m (3) *
2 Austin Conrad - Male - Comp#: 405			
#5 Boys 100 Meter Hurdles 36" Intermediate	17.22	DNS	
3 Aiden Denis - Male - Comp#: 406			
#97 Boys Triple Jump Intermediate	11.11m		DNS
4 Anne-Sophie Lerudulier - Female - Comp#: 407			
#23 Girls 1500 Meter Run Junior	5:29.74		5:29.67 (12) *
#59 Girls 200 Meter Dash Junior	29.02		
Relay	Seed	Prelims	Finals
1 Ecole du Sommet			
#83 Girls 4x400 Meter Relay Junior	4:42.55		4:57.91 (12)
Ecole du Sommet Total Individual Entries: 8 - Total Relays: 1			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Ecole Nda			
1 Learose Aucoin - Female - Comp#: 408			
#57 Girls Discus Throw 1kg Intermediate	19.54m		16.08m (16)
#104 Girls Shot Put 4kg Intermediate	7.02m		
2 Claire LeBlanc - Female - Comp#: 409			
#1 Girls 80 Meter Hurdles 30" Junior	15.27	15.76 (12)	
#23 Girls 1500 Meter Run Junior	5:53.70		6:06.32 (16)
#59 Girls 200 Meter Dash Junior	30.33	30.02 (14)	*
3 Daniel LeBlanc - Male - Comp#: 410			
#14 Boys 400 Meter Dash Intermediate	59.46	55.83 (4)	57.36 (7) *
#26 Boys 1500 Meter Run Intermediate	5:05.17		5:26.37 (16)
#62 Boys 200 Meter Dash Intermediate	24.94	25.09 (11)	
4 Benoît Poirier - Male - Comp#: 411			
#10 Boys 100 Meter Dash Special Senior	15.15		15.44 (11)
#32 Boys Shot Put 4kg-3 Throws Special Ser	5.99m		6.00m (14) *
#44 Boys Long Jump 3 Jumps Special Senior	3.00m		3.14m (10) *
Ecole Nda Total Individual Entries: 11 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Ecole Rose de Vents			
1 Daphnée Ouellet - Female - Comp#: 412			
#25 Girls 1500 Meter Run Intermediate	5:34.18		5:24.18 (10) *
#67 Girls 800 Meter Run Intermediate	2:40.03		
#79 Girls 3000 Meter Run Intermediate	12:25.62		12:05.86 (8) *
2 Marissa Smith - Female - Comp#: 413			
#36 Girls High Jump Start 115cm Junior	1.27m		1.20m (15)
Ecole Rose de Vents Total Individual Entries: 4 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Ecole Secondaire de Clare			
1 Riley Deveau - Male - Comp#: 414			
#6 Boys 100 Meter Hurdles 39" Senior	16.33		
2 Rachelle LeBlanc - Female - Comp#: 415			
#54 Girls High Jump Start 125cm Senior	1.40m		DNS
Ecole Secondaire de Clare Total Individual Entries: 2 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Ecole Secondaire de Par-en-Bas			
1 Ethan Cottreau - Male - Comp#: 416			
#32 Boys Shot Put 4kg-3 Throws Special Ser	7.99m		
#44 Boys Long Jump 3 Jumps Special Senior	3.59m		3.53m (7)
2 Yanick Cottreau - Male - Comp#: 417			
#35 Boys Long Jump Intermediate	5.27m		5.04m (13)
3 Zach D'Arcy - Male - Comp#: 418			
#40 Boys Javelin Throw 800g Senior	35.31m		
4 Rylan D'Entremont - Male - Comp#: 419			
#56 Boys Shot Put 5kg Intermediate	11.88m		10.30m (11)
#93 Boys Discus Throw 1.5kg Intermediate	32.67m		35.87m (3) *
5 Courtney Joudrey - Female - Comp#: 420			
#104 Girls Shot Put 4kg Intermediate	8.33m		9.43m (4) *
Ecole Secondaire de Par-en-Bas Total Individual Entries: 7 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
Ellenvale Junior High				
1 Simon Lavers - Male - Comp#: 421				
#105 Boys Discus Throw 1kg Junior		25.93m		
2 Max Sparks - Male - Comp#: 422				
#93 Boys Discus Throw 1.5kg Intermediate		24.29m		31.12m (7) *
Relay		Seed	Prelims	Finals
1 Ellenvale Junior High				
#72 Boys 4x100 Meter Relay Junior		52.92		54.50 (10)
Ellenvale Junior High Total Individual Entries: 2 - Total Relays: 1				

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Evangeline Middle School			
1 Chyanne Griffin - Female - Comp#: 423			
#7 Girls 100 Meter Dash Special Junior		19.58	
Evangeline Middle School Total Individual Entries: 1 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Fairview Junior High			
1 Alexandra Dzierzanowska - Female - Comp#: 424			
#92 Girls Shot Put 3kg Junior	8.36m		8.42m (8) *
2 Jerry Gbeve - Male - Comp#: 425			
#4 Boys 100 Meter Hurdles 33" Junior	19.68		
3 Ahmad Harhash - Male - Comp#: 426			
#42 Boys Shot Put 4kg-3 Throws Special Jun	5.48m		DNS
4 Brooke Henderson - Female - Comp#: 427			
#51 Girls Discus Throw 0.75kg Junior	22.71m		25.66m (6) *
#106 Girls Javelin Throw 400g Junior	23.23m		20.65m (12)
5 Lauren Jackson - Female - Comp#: 428			
#106 Girls Javelin Throw 400g Junior	23.05m		18.95m (14)
6 Maja Kolanko - Female - Comp#: 429			
#37 Girls Triple Jump Intermediate	9.43m		
#89 Girls Long Jump Intermediate	4.40m		
7 Chantell Lindo - Female - Comp#: 430			
#104 Girls Shot Put 4kg Intermediate	8.54m		9.20m (7) *
8 Andrew Lordon - Male - Comp#: 431			
#4 Boys 100 Meter Hurdles 33" Junior	18.53	18.38 (7)	18.16 (5) *
9 Ethan Lund - Male - Comp#: 432			
#96 Boys High Jump Start 125cm Junior	1.55m		1.50m (7)
10 Adam MacDonald - Male - Comp#: 433			
#38 Boys Shot Put 4kg Junior	9.84m		
11 Josh Martin - Male - Comp#: 434			
#93 Boys Discus Throw 1.5kg Intermediate	24.90m		22.26m (14)
12 Jaxson Martin-Welsh - Male - Comp#: 435			
#66 Boys 800 Meter Run Junior	2:24.04		
13 Gavin Savoie - Male - Comp#: 436			
#58 Boys Javelin Throw 600g Junior	37.73m		32.36m (5)
14 Carter Slauenwhite - Male - Comp#: 437			
#91 Boys Triple Jump Junior	9.74m		9.86m (10) *
Relay	Seed	Prelims	Finals
1 Fairview Junior High			
#71 Girls 4x100 Meter Relay Junior	56.44		
2 Fairview Junior High			
#72 Boys 4x100 Meter Relay Junior	53.03		53.42 (6)
3 Fairview Junior High			
#73 Girls 4x100 Meter Relay Intermediate	55.38		54.60 (8) *
4 Fairview Junior High			
#74 Boys 4x100 Meter Relay Intermediate	49.92		
5 Fairview Junior High			
#84 Boys 4x400 Meter Relay Junior	4:27.17		4:18.15 (7) *
Fairview Junior High Total Individual Entries: 16 - Total Relays: 5			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Five Bridges Junior High			
1 Zac Chipper - Male - Comp#: 438			
#18 Boys 100 Meter Dash Junior	13.79	12.55 (5)	12.51 (3) *
#60 Boys 200 Meter Dash Junior	25.56	25.91 (7)	25.49 (4) *
2 Connor Creelman - Male - Comp#: 439			
#38 Boys Shot Put 4kg Junior	10.44m		9.34m (11)
3 Nick Ferguson - Male - Comp#: 440			
#26 Boys 1500 Meter Run Intermediate	4:55.58		
#52 Boys Javelin Throw 700g Intermediate	29.20m		
4 Simon Foote - Male - Comp#: 441			
#66 Boys 800 Meter Run Junior	2:18.47		2:21.58 (5)
5 Shona Galloway - Female - Comp#: 442			
#51 Girls Discus Throw 0.75kg Junior	22.19m		19.32m (13)
6 Maya Roser - Female - Comp#: 443			
#2 Girls 80 Meter Hurdles 33" Intermediate	14.59	14.41 (6)	14.86 (8) *
#37 Girls Triple Jump Intermediate	9.79m		9.34m (12)
Five Bridges Junior High Total Individual Entries: 9 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Forest Heights			
1 Landon Allen - Male - Comp#: 444			
#10 Boys 100 Meter Dash Special Senior	14.02		14.22 (5)
#32 Boys Shot Put 4kg-3 Throws Special Ser	9.44m		10.62m (1) *
#44 Boys Long Jump 3 Jumps Special Senior	3.89m		4.00m (5) *
2 Lawson Cook - Male - Comp#: 445			
#14 Boys 400 Meter Dash Intermediate	57.39	56.13 (8)	56.78 (6) *
3 Reese Johnston - Male - Comp#: 446			
#90 Boys High Jump Start 140cm Senior	1.83m		1.70m (8)
4 Adrien Nette - Female - Comp#: 447			
#21 Girls 100 Meter Dash Senior	12.69	13.18 (4)	13.31 (5)
#63 Girls 200 Meter Dash Senior	27.16	27.57 (7)	28.01 (7)
5 Stella Nette - Female - Comp#: 448			
#13 Girls 400 Meter Dash Intermediate	1:04.69	1:04.33 (11)	*
#61 Girls 200 Meter Dash Intermediate	27.90		
6 Isis Rafuse - Female - Comp#: 449			
#25 Girls 1500 Meter Run Intermediate	5:57.66		5:43.44 (12) *
#67 Girls 800 Meter Run Intermediate	2:39.53		2:46.54 (9)
7 Jenna Turner - Female - Comp#: 450			
#2 Girls 80 Meter Hurdles 33" Intermediate	12.87	13.03 (2)	13.47 (2)
#19 Girls 100 Meter Dash Intermediate	12.45	13.03 (3)	13.14 (4)
Relay	Seed	Prelims	Finals
1 Forest Heights			
#73 Girls 4x100 Meter Relay Intermediate	54.18		54.82 (9)
2 Forest Heights			
#76 Boys 4x100 Meter Relay Senior	46.82		47.04 (8)
3 Forest Heights			
#85 Girls 4x400 Meter Relay Intermediate	4:34.21		DNS

Forest Heights Total Individual Entries: 13 - Total Relays: 3

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
George P. Vanier Junior High			
1 Mya Archibald - Female - Comp#: 451			
#17 Girls 100 Meter Dash Junior	14.06	13.15 (1)	12.96 (1) *
#36 Girls High Jump Start 115cm Junior	1.31m		1.55m (1) *
#95 Girls Long Jump Junior	4.66m		4.99m (1) *
NSSAF: 4.99m			
2 Fiona Day - Female - Comp#: 452			
#36 Girls High Jump Start 115cm Junior	1.28m		1.40m (4) *
3 Camryn Giddens - Female - Comp#: 453			
#55 Girls Triple Jump Junior	9.24m		9.22m (7)
4 Halley James - Female - Comp#: 454			
#65 Girls 800 Meter Run Junior	2:42.13		
#77 Girls 3000 Meter Run Junior	12:10.49		11:55.17 (10) *
5 Ellie Lancaster - Female - Comp#: 455			
#92 Girls Shot Put 3kg Junior	7.98m		
6 Nathan Leger - Male - Comp#: 456			
#12 Boys 400 Meter Dash Junior	1:02.04	1:00.45 (6)	1:00.17 (5) *
7 Kelvin Mackinnon - Male - Comp#: 457			
#12 Boys 400 Meter Dash Junior	1:01.63	1:00.75 (10)	*
#96 Boys High Jump Start 125cm Junior	1.55m		1.53m (5)
8 Vincent McKee - Male - Comp#: 458			
#96 Boys High Jump Start 125cm Junior	1.50m		
9 Thomas Smith - Male - Comp#: 459			
#58 Boys Javelin Throw 600g Junior	35.33m		33.39m (4)
10 Lucas Taylor - Male - Comp#: 460			
#58 Boys Javelin Throw 600g Junior	30.48m		
11 Taylor Wilson - Female - Comp#: 461			
#1 Girls 80 Meter Hurdles 30" Junior	15.72	15.22 (7)	16.40 (8) *
#55 Girls Triple Jump Junior	9.15m		9.36m (4) *
Relay	Seed	Prelims	Finals
1 George P. Vanier Junior High			
#71 Girls 4x100 Meter Relay Junior	54.43		53.95 (3) *
2 George P. Vanier Junior High			
#84 Boys 4x400 Meter Relay Junior	4:09.82		4:04.08 (1) *
George P. Vanier Junior High Total Individual Entries: 16 - Total Relays: 2			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

Glace Bay High

1 Braeden Hiscock - Male - Comp#: 462

	Seed	Prelims	Finals
#16 Boys 400 Meter Dash Senior	54.93	52.91 (5)	DNS *
#22 Boys 100 Meter Dash Senior	11.30	DNS	

2 Manon Soulié - Female - Comp#: 463

#25 Girls 1500 Meter Run Intermediate	6:09.58		6:11.47 (14)
#67 Girls 800 Meter Run Intermediate	2:58.06		3:00.77 (14)
#79 Girls 3000 Meter Run Intermediate	13:34.07		DNS

Relay	Seed	Prelims	Finals
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1 Glace Bay High

#76 Boys 4x100 Meter Relay Senior	53.02
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Glace Bay High Total Individual Entries: 5 - Total Relays: 1

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Gorsebrook Junior High			
1 Leah Chevalier - Female - Comp#: 464			
#1 Girls 80 Meter Hurdles 30" Junior	16.12		
2 Kate Hartlen - Female - Comp#: 465			
#48 Girls High Jump Start 125cm Intermedia	1.20m		
3 Clara Jackson - Female - Comp#: 466			
#92 Girls Shot Put 3kg Junior	8.36m		7.98m (10)
4 Ryli Nolan - Female - Comp#: 467			
#23 Girls 1500 Meter Run Junior	5:34.72		5:18.17 (7) *
5 Katherine Sneddon-Simons - Female - Comp#: 468			
#65 Girls 800 Meter Run Junior	2:40.08		2:39.24 (10) *
Gorsebrook Junior High Total Individual Entries: 5 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Graham Creighton Junior High			
1 Maggie Gilgan - Female - Comp#: 469			
#55 Girls Triple Jump Junior	8.58m		8.38m (13)
2 Madison Scotland - Female - Comp#: 470			
#106 Girls Javelin Throw 400g Junior	22.85m		
3 Hilary Wells - Female - Comp#: 471			
#95 Girls Long Jump Junior	4.01m		3.86m (13)
Graham Creighton Junior High	Total Individual Entries: 3 - Total Relays: 0		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
Guysborough Academy				
1 Tyrese Borden - Male - Comp#: 472				
#64 Boys 200 Meter Dash Senior		24.00	23.20 (7)	23.21 (5) *
Relay		Seed	Prelims	Finals
1 Guysborough Academy				
#76 Boys 4x100 Meter Relay Senior		47.00		47.43 (9)
Guysborough Academy Total Individual Entries: 1 - Total Relays: 1				

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Halifax Central Junior High			
1 Sam Dellaire - Male - Comp#: 473			
#8 Boys 100 Meter Dash Special Junior	12.57		15.98 (6)
2 Emma Kocsis-Derfalvi - Female - Comp#: 474			
#1 Girls 80 Meter Hurdles 30" Junior	15.24	15.87 (14)	
Relay	Seed	Prelims	Finals
1 Halifax Central Junior High			
#71 Girls 4x100 Meter Relay Junior	56.14		56.61 (9)
Halifax Central Junior High Total Individual Entries: 2 - Total Relays: 1			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Halifax Grammar School			
1 Ahmed Abounahia - Male - Comp#: 475			
#5 Boys 100 Meter Hurdles 36" Intermediate	18.03	18.39 (10)	
2 Noah Adler - Male - Comp#: 476			
#4 Boys 100 Meter Hurdles 33" Junior	17.18	16.56 (1)	16.35 (1) *
#12 Boys 400 Meter Dash Junior	1:02.08	59.97 (7)	1:02.43 (8) *
#47 Boys Long Jump Junior	4.71m		4.68m (7)
3 Grace Audain - Female - Comp#: 477			
#59 Girls 200 Meter Dash Junior	28.52	28.60 (10)	
#95 Girls Long Jump Junior	3.99m		
4 Olin Bailly - Male - Comp#: 478			
#56 Boys Shot Put 5kg Intermediate	10.44m		10.38m (10)
#93 Boys Discus Throw 1.5kg Intermediate	27.82m		21.82m (15)
5 Isabella Baker - Female - Comp#: 479			
#65 Girls 800 Meter Run Junior	2:39.20		DNS
6 Katie Blunden - Female - Comp#: 480			
#15 Girls 400 Meter Dash Senior	1:02.18	1:00.52 (1)	58.88 (1) *
#69 Girls 800 Meter Run Senior	2:33.24		2:21.31 (2) *
7 Bekkah Celikkanat - Female - Comp#: 481			
#67 Girls 800 Meter Run Intermediate	2:37.23		
8 Luka Chiasson - Male - Comp#: 482			
#78 Boys 3000 Meter Run Junior	10:53.86		
9 Britt Drysdale - Female - Comp#: 483			
#79 Girls 3000 Meter Run Intermediate	12:43.89		
10 Livia Dunn - Female - Comp#: 484			
#37 Girls Triple Jump Intermediate	9.68m		9.47m (10)
11 Jackson Hunter - Male - Comp#: 485			
#53 Boys Long Jump Senior	5.57m		5.38m (14)
#90 Boys High Jump Start 140cm Senior	1.65m		1.50m (13)
#103 Boys Triple Jump Senior	11.15m		
12 Katrina Johnston - Female - Comp#: 486			
#54 Girls High Jump Start 125cm Senior	1.40m		1.35m (12)
13 Grant Keefe - Male - Comp#: 487			
#52 Boys Javelin Throw 700g Intermediate	31.76m		34.68m (9) *
14 Ethan Marshall-Harris - Male - Comp#: 488			
#50 Boys Shot Put 6kg Senior	12.04m		11.96m (3)
#99 Boys Discus Throw 1.75kg Senior	32.43m		35.44m (5) *
15 Remy Stein - Female - Comp#: 489			
#23 Girls 1500 Meter Run Junior	5:38.67		
16 David Waller - Male - Comp#: 490			
#26 Boys 1500 Meter Run Intermediate	4:40.08		4:16.25 (1) *
#68 Boys 800 Meter Run Intermediate	2:03.06		2:02.15 (2) *
#80 Boys 3000 Meter Run Intermediate	9:56.70		9:27.72 (1) *
17 Luke Wilson - Male - Comp#: 491			
#14 Boys 400 Meter Dash Intermediate	57.93	57.59 (12)	*
Relay	Seed	Prelims	Finals
1 Halifax Grammar School			
#83 Girls 4x400 Meter Relay Junior	4:40.50		4:36.52 (3) *
2 Halifax Grammar School			
#84 Boys 4x400 Meter Relay Junior	4:18.04		4:16.18 (5) *
3 Halifax Grammar School			
#86 Boys 4x400 Meter Relay Intermediate	3:57.29		DQ

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
Halifax Grammar School				
4	Halifax Grammar School			
	#87 Girls 4x400 Meter Relay Senior	4:37.30		4:32.68 (6) *
Halifax Grammar School		Total Individual Entries: 27 - Total Relays: 4		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Halifax Independant School			
1 Lila Gechtman - Female - Comp#: 492			
#95 Girls Long Jump Junior	4.13m		3.90m (12)
2 Joshua Phonchareon - Male - Comp#: 493			
#91 Boys Triple Jump Junior	9.81m		9.23m (14)
#96 Boys High Jump Start 125cm Junior	1.58m		1.40m (13)
3 Grace Robinson-Crawley - Female - Comp#: 494			
#36 Girls High Jump Start 115cm Junior	1.20m		1.25m (14) *
Halifax Independant School Total Individual Entries: 4 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Halifax West			
1 Ryler Bleau - Male - Comp#: 495			
#6 Boys 100 Meter Hurdles 39" Senior	16.59	15.81 (8)	16.23 (8) *
#103 Boys Triple Jump Senior	11.75m		11.88m (9) *
2 James Cameron-Hamilton - Male - Comp#: 496			
#28 Boys 1500 Meter Run Senior	4:42.56		4:44.67 (14)
#82 Boys 3000 Meter Run Senior	9:50.01		DNS
3 Kaitlyn Drapeau - Female - Comp#: 497			
#9 Girls 100 Meter Dash Special Senior	17.49		DNS
#43 Girls Long Jump 3 Jumps Special Senior	1.93m		DNS
4 Savanna Gabriel - Female - Comp#: 498			
#9 Girls 100 Meter Dash Special Senior	15.88		DNS
#31 Girls Shot Put 3kg-3 Throws Special Sen	5.95m		DNS
#43 Girls Long Jump 3 Jumps Special Senior	2.56m		DNS
5 Samantha Henneberry - Female - Comp#: 499			
#49 Girls Triple Jump Senior	10.40m		10.52m (4) *
#54 Girls High Jump Start 125cm Senior	1.55m		1.57m (1) *
#63 Girls 200 Meter Dash Senior	27.06	27.28 (6)	27.09 (5)
#101 Girls Long Jump Senior	4.97m		5.02m (3) *
6 Bahoz Jalal - Male - Comp#: 500			
#44 Boys Long Jump 3 Jumps Special Senior	3.11m		DNS
7 Issac Johnson - Male - Comp#: 501			
#40 Boys Javelin Throw 800g Senior	33.60m		
8 Josee McDonald-Carrier - Female - Comp#: 502			
#9 Girls 100 Meter Dash Special Senior	17.61		
#31 Girls Shot Put 3kg-3 Throws Special Sen	4.74m		DNS
#43 Girls Long Jump 3 Jumps Special Senior	2.31m		DNS
9 Alex Needler - Male - Comp#: 503			
#102 Boys High Jump Start 140cm Intermedi	1.74m		1.65m (6)
10 Adrian Nunn - Male - Comp#: 504			
#68 Boys 800 Meter Run Intermediate	2:11.90		2:08.61 (5) *
11 Katelyn Power - Female - Comp#: 505			
#101 Girls Long Jump Senior	4.57m		4.80m (6) *
12 Annie Savoie - Female - Comp#: 506			
#94 Girls Javelin Throw 600g Senior	23.80m		ND

Halifax West Total Individual Entries: 22 - Total Relays: 0

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Hants East Rural High			
1 Caleb Galbraith - Male - Comp#: 507			
#28 Boys 1500 Meter Run Senior	4:56.00		4:37.08 (12) *
#82 Boys 3000 Meter Run Senior	10:27.00		10:05.21 (9) *
2 Ben Good - Male - Comp#: 508			
#26 Boys 1500 Meter Run Intermediate	4:30.00		4:33.38 (7)
#80 Boys 3000 Meter Run Intermediate	9:43.00		9:28.12 (2) *
3 Jared Hersey - Male - Comp#: 509			
#10 Boys 100 Meter Dash Special Senior	12.70		13.23 (1)
#32 Boys Shot Put 4kg-3 Throws Special Ser	8.56m		8.75m (5) *
#44 Boys Long Jump 3 Jumps Special Senior	4.65m		4.27m (2)
4 Andrew Juliusson - Male - Comp#: 510			
#28 Boys 1500 Meter Run Senior	4:55.00		4:32.44 (9) *
#82 Boys 3000 Meter Run Senior	10:22.00		10:06.48 (10) *
5 Connor Macintyre - Male - Comp#: 511			
#35 Boys Long Jump Intermediate	5.36m		
6 Dillon Oakley - Male - Comp#: 512			
#70 Boys 800 Meter Run Senior	2:18.40		2:18.18 (13) *
Relay	Seed	Prelims	Finals
1 Hants East Rural High			
#74 Boys 4x100 Meter Relay Intermediate	49.40		50.16 (11)
Hants East Rural High Total Individual Entries: 11 - Total Relays: 1			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Hantsport			
1 Nate Johnson - Male - Comp#: 513			
#12 Boys 400 Meter Dash Junior	1:03.64	1:01.73 (11)	*
#91 Boys Triple Jump Junior	9.85m		10.39m (6) *
#96 Boys High Jump Start 125cm Junior	1.40m		1.40m (12)
2 Brett King - Male - Comp#: 514			
#24 Boys 1500 Meter Run Junior	4:56.44		4:40.57 (1) *
#78 Boys 3000 Meter Run Junior	10:17.41		10:12.42 (2) *
3 Vanessa Penny - Female - Comp#: 515			
#92 Girls Shot Put 3kg Junior	9.14m		8.94m (4)
Hantsport Total Individual Entries: 6 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Hebbville Academy			
1 Payton Bolivar - Male - Comp#: 516			
#62 Boys 200 Meter Dash Intermediate	24.15	25.63 (14)	
2 Erica Demone - Female - Comp#: 517			
#95 Girls Long Jump Junior	4.47m		4.22m (11)
3 Karine D'Entremont - Female - Comp#: 518			
#2 Girls 80 Meter Hurdles 33" Intermediate	15.02		
4 Marli Doucette - Female - Comp#: 519			
#11 Girls 400 Meter Dash Junior	1:07.93	1:05.54 (10)	*
#95 Girls Long Jump Junior	4.48m		4.23m (9)
5 Abdo Faaur - Male - Comp#: 520			
#12 Boys 400 Meter Dash Junior	1:04.83		
6 Ryan Gee - Male - Comp#: 521			
#5 Boys 100 Meter Hurdles 36" Intermediate	16.77	16.28 (5)	16.28 (3) *
7 Makenna Hann - Female - Comp#: 522			
#51 Girls Discus Throw 0.75kg Junior	20.57m		19.77m (12)
#106 Girls Javelin Throw 400g Junior	23.00m		
8 Gabe Heim - Male - Comp#: 523			
#4 Boys 100 Meter Hurdles 33" Junior	17.30	17.15 (3)	17.02 (3) *
#60 Boys 200 Meter Dash Junior	26.43		
9 Cameron Hirtle - Male - Comp#: 524			
#38 Boys Shot Put 4kg Junior	9.85m		9.93m (5) *
#105 Boys Discus Throw 1kg Junior	30.39m		26.58m (9)
10 Kyle Hopkins - Male - Comp#: 525			
#26 Boys 1500 Meter Run Intermediate	5:07.31		
#97 Boys Triple Jump Intermediate	10.63m		
11 Taylor Johnson - Female - Comp#: 526			
#100 Girls Javelin Throw 500g Intermediate	27.95m		27.47m (8)
12 Owen Parsons - Male - Comp#: 527			
#93 Boys Discus Throw 1.5kg Intermediate	29.09m		27.42m (8)
13 Maya Steele - Female - Comp#: 528			
#23 Girls 1500 Meter Run Junior	5:33.94		5:19.22 (8) *
#65 Girls 800 Meter Run Junior	2:38.78		2:34.95 (7) *
14 Stella Thompson - Female - Comp#: 529			
#36 Girls High Jump Start 115cm Junior	1.40m		1.25m (13)
#95 Girls Long Jump Junior	4.55m	Scratched	Scratched
15 Chandler Zinck-Marier - Male - Comp#: 530			
#5 Boys 100 Meter Hurdles 36" Intermediate	15.19	15.59 (2)	15.34 (2)
#35 Boys Long Jump Intermediate	5.18m		5.00m (15)
#102 Boys High Jump Start 140cm Intermedi	1.62m		1.65m (8) *
Relay	Seed	Prelims	Finals
1 Hebbville Academy			
#71 Girls 4x100 Meter Relay Junior	55.27		55.31 (6)
2 Hebbville Academy			
#72 Boys 4x100 Meter Relay Junior	53.75		54.08 (8)
3 Hebbville Academy			
#73 Girls 4x100 Meter Relay Intermediate	55.89		56.60 (11)
4 Hebbville Academy			
#74 Boys 4x100 Meter Relay Intermediate	47.93		48.73 (6)
5 Hebbville Academy			
#83 Girls 4x400 Meter Relay Junior	4:33.99		4:39.53 (5)
6 Hebbville Academy			
#84 Boys 4x400 Meter Relay Junior	4:23.18		4:26.17 (10)
7 Hebbville Academy			
#85 Girls 4x400 Meter Relay Intermediate	4:34.22		4:39.01 (9)

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Hebbville Academy			
8 Hebbville Academy			
#86 Boys 4x400 Meter Relay Intermediate	3:53.18		3:52.30 (6) *
Hebbville Academy Total Individual Entries: 24 - Total Relays: 8			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Herring Cove Jr.			
1 Austin Carter - Male - Comp#: 531			
#18 Boys 100 Meter Dash Junior	13.80		
2 Camryn Drake - Female - Comp#: 532			
#100 Girls Javelin Throw 500g Intermediate	22.08m		
3 Eastwood Ezra - Male - Comp#: 533			
#26 Boys 1500 Meter Run Intermediate	4:54.77		4:47.06 (10) *
#80 Boys 3000 Meter Run Intermediate	10:25.39		10:19.25 (8) *
4 Noah Harvey - Male - Comp#: 534			
#52 Boys Javelin Throw 700g Intermediate	30.95m		DNS
5 Hali Hill - Female - Comp#: 535			
#11 Girls 400 Meter Dash Junior	1:12.63	1:08.57 (12)	*
Herring Cove Jr. Total Individual Entries: 6 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Horton High School			
1 Scotia Broome - Female - Comp#: 536			
#25 Girls 1500 Meter Run Intermediate	5:43.12		5:35.38 (11) *
2 Danielle Cumby - Female - Comp#: 537			
#2 Girls 80 Meter Hurdles 33" Intermediate	14.21	13.78 (5)	14.04 (5) *
#48 Girls High Jump Start 125cm Intermedia	1.43m		1.35m (12)
#61 Girls 200 Meter Dash Intermediate	26.83	27.90 (6)	27.36 (6)
#89 Girls Long Jump Intermediate	4.68m		4.78m (3) *
3 Andrew De Putter - Male - Comp#: 538			
#28 Boys 1500 Meter Run Senior	4:27.89		4:20.48 (5) *
#82 Boys 3000 Meter Run Senior	9:15.12		9:16.91 (3)
4 Maxime Doucette - Male - Comp#: 539			
#52 Boys Javelin Throw 700g Intermediate	39.02m		DNS
5 Luke Easton - Male - Comp#: 540			
#35 Boys Long Jump Intermediate	5.58m		5.86m (2) *
#52 Boys Javelin Throw 700g Intermediate	39.61m		41.60m (6) *
#56 Boys Shot Put 5kg Intermediate	11.08m		11.95m (3) *
#97 Boys Triple Jump Intermediate	11.65m		11.30m (5)
6 Brooke Fike - Female - Comp#: 541			
#48 Girls High Jump Start 125cm Intermedia	1.40m		
7 Matt Fougere - Male - Comp#: 542			
#10 Boys 100 Meter Dash Special Senior	15.24		
#32 Boys Shot Put 4kg-3 Throws Special Ser	8.03m		8.15m (7) *
#44 Boys Long Jump 3 Jumps Special Senior	3.60m		DNS
8 Hannah Fuller - Female - Comp#: 543			
#27 Girls 1500 Meter Run Senior	5:35.59		5:42.08 (12)
#69 Girls 800 Meter Run Senior	2:36.47		2:48.50 (12)
9 Parker Fuller - Male - Comp#: 544			
#14 Boys 400 Meter Dash Intermediate	55.60	54.36 (1)	54.36 (2) *
#62 Boys 200 Meter Dash Intermediate	23.96	24.89 (6)	24.77 (6)
#68 Boys 800 Meter Run Intermediate	2:15.09		2:08.16 (4) *
10 Sofia Kent - Female - Comp#: 545			
#39 Girls Discus Throw 1kg Senior	24.67m		23.39m (9)
11 Daniella Kidstson - Female - Comp#: 546			
#21 Girls 100 Meter Dash Senior	12.63	12.87 (1)	13.03 (3)
#63 Girls 200 Meter Dash Senior	26.01	26.81 (2)	26.44 (3)
#101 Girls Long Jump Senior	4.62m		DNS
12 Salena MacDonald - Female - Comp#: 547			
#13 Girls 400 Meter Dash Intermediate	1:03.13	1:01.72 (3)	1:04.32 (6) *
#19 Girls 100 Meter Dash Intermediate	12.73	13.27 (4)	13.28 (5)
13 Reese Mills - Female - Comp#: 548			
#48 Girls High Jump Start 125cm Intermedia	1.48m		1.48m (3)
14 Milena Ramirez - Female - Comp#: 549			
#57 Girls Discus Throw 1kg Intermediate	24.85m		28.15m (2) *
#100 Girls Javelin Throw 500g Intermediate	24.30m		19.29m (14)
#104 Girls Shot Put 4kg Intermediate	9.24m		9.38m (5) *
15 Mackenzie Routledge - Female - Comp#: 550			
#7 Girls 100 Meter Dash Special Junior	18.93		18.19 (7) *
16 Emma Rushton - Female - Comp#: 551			
#37 Girls Triple Jump Intermediate	9.86m		9.60m (8)
17 Lauren Rushton - Female - Comp#: 552			
#15 Girls 400 Meter Dash Senior	1:06.99	1:06.18 (12)	*
18 Owen Sanford - Male - Comp#: 553			
#97 Boys Triple Jump Intermediate	10.84m		10.62m (9)

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
Horton High School				
19 Emma Scott - Female - Comp#: 554				
#19 Girls 100 Meter Dash Intermediate	12.99			
#61 Girls 200 Meter Dash Intermediate	27.33	27.58 (4)	27.55 (8)	
20 Sarah Stockdale - Female - Comp#: 555				
#13 Girls 400 Meter Dash Intermediate	1:02.83	1:01.71 (1)	1:03.05 (4) *	
#61 Girls 200 Meter Dash Intermediate	26.63	27.31 (5)	27.22 (5)	
21 Aaliyah Vaughan - Female - Comp#: 556				
#7 Girls 100 Meter Dash Special Junior	16.08		16.29 (1)	
#29 Girls Long Jump 3 Jumps Special Junior	3.00m		2.99m (2)	
#41 Girls Shot Put 3kg-3 Throws Special Jun	6.34m		6.65m (2) *	
22 Brittany Walsh - Female - Comp#: 557				
#9 Girls 100 Meter Dash Special Senior	21.08		20.95 (6) *	
#31 Girls Shot Put 3kg-3 Throws Special Sen	4.53m		5.86m (5) *	
#43 Girls Long Jump 3 Jumps Special Senior	1.44m		1.73m (5) *	
Relay	Seed	Prelims	Finals	
1 Horton High School				
#73 Girls 4x100 Meter Relay Intermediate	52.61		52.47 (3) *	
2 Horton High School				
#74 Boys 4x100 Meter Relay Intermediate	48.17		47.78 (4) *	
3 Horton High School				
#75 Girls 4x100 Meter Relay Senior	52.70		52.65 (2) *	
4 Horton High School				
#85 Girls 4x400 Meter Relay Intermediate	4:29.74		4:28.91 (4) *	
5 Horton High School				
#86 Boys 4x400 Meter Relay Intermediate	3:58.68		3:47.84 (5) *	
6 Horton High School				
#87 Girls 4x400 Meter Relay Senior	4:33.99		4:32.26 (5) *	
Horton High School Total Individual Entries: 45 - Total Relays: 6				

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Inverness Educational Centre			
1 Keisha Gillis - Female - Comp#: 558			
#39 Girls Discus Throw 1kg Senior	21.98m		
#49 Girls Triple Jump Senior	8.97m		
2 Katie Anne MacDonald - Female - Comp#: 559			
#54 Girls High Jump Start 125cm Senior	1.30m		1.35m (10) *
3 Ellie MacLean - Female - Comp#: 560			
#95 Girls Long Jump Junior	3.98m		DNS
4 Logan Poirier - Male - Comp#: 561			
#62 Boys 200 Meter Dash Intermediate	26.12		
#68 Boys 800 Meter Run Intermediate	2:30.64		2:25.55 (13) *
5 Sarah Ryan - Female - Comp#: 562			
#48 Girls High Jump Start 125cm Intermedia	1.25m		DNS
6 Emma Watson - Female - Comp#: 563			
#100 Girls Javelin Throw 500g Intermediate	24.11m		DNS
Relay	Seed	Prelims	Finals
1 Inverness Educational Centre			
#73 Girls 4x100 Meter Relay Intermediate	1:02.09		DNS
Inverness Educational Centre Total Individual Entries: 8 - Total Relays: 1			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
Island View High School				
1 Alex Gough - Male - Comp#: 564				
#20 Boys 100 Meter Dash Intermediate	12.85	11.79 (2)	11.89 (6) *	
Relay	Seed	Prelims	Finals	
1 Island View High School				
#74 Boys 4x100 Meter Relay Intermediate	49.18		50.20 (12)	
Island View High School Total Individual Entries: 1 - Total Relays: 1				

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Islands Consolidated School			
1 Lauren Sollows - Female - Comp#: 565			
#89 Girls Long Jump Intermediate	4.59m		
2 Andrew Stanton - Male - Comp#: 566			
#38 Boys Shot Put 4kg Junior	9.24m		9.35m (10) *
Islands Consolidated School	Total Individual Entries: 2 - Total Relays: 0		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
J.L. Ilsley			
1 Steven Dockerty - Male - Comp#: 567			
#56 Boys Shot Put 5kg Intermediate	11.34m		DNS
2 Brogan Hanrahan - Male - Comp#: 568			
#28 Boys 1500 Meter Run Senior	4:42.67		
#70 Boys 800 Meter Run Senior	2:13.45		
3 Jesse Hopkins - Male - Comp#: 569			
#40 Boys Javelin Throw 800g Senior	36.00m		DNS
4 Ameila Jardine - Female - Comp#: 570			
#2 Girls 80 Meter Hurdles 33" Intermediate	15.34	15.41 (12)	
#48 Girls High Jump Start 125cm Intermedia	1.25m		1.40m (8) *
5 Aicel Morales - Female - Comp#: 571			
#57 Girls Discus Throw 1kg Intermediate	19.65m		19.38m (11)
6 Wyatt Reinhardt - Male - Comp#: 572			
#82 Boys 3000 Meter Run Senior	10:53.41		
7 Madi Slaunwhite - Female - Comp#: 573			
#39 Girls Discus Throw 1kg Senior	18.77m		19.68m (12) *
8 Sacha Stover - Male - Comp#: 574			
#6 Boys 100 Meter Hurdles 39" Senior	15.68	15.45 (5)	15.26 (5) *
9 Melissa Walters - Female - Comp#: 575			
#39 Girls Discus Throw 1kg Senior	19.02m		16.18m (14)
10 Keeghan Williams - Male - Comp#: 576			
#5 Boys 100 Meter Hurdles 36" Intermediate	18.79	19.56 (11)	
Relay	Seed	Prelims	Finals
1 J.L. Ilsley			
#88 Boys 4x400 Meter Relay Senior	4:01.98		4:00.52 (11) *
J.L. Ilsley Total Individual Entries: 12 - Total Relays: 1			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Kings County Academy			
1 Brody Davison - Male - Comp#: 577			
#18 Boys 100 Meter Dash Junior	11.97	12.27 (1)	12.19 (1)
#60 Boys 200 Meter Dash Junior	24.74	25.04 (1)	24.84 (1)
Kings County Academy Total Individual Entries: 2 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
King's-Edgehill School			
1 Tyra Alleyne - Female - Comp#: 578			
#2 Girls 80 Meter Hurdles 33" Intermediate	13.71	13.83 (4)	13.60 (3) *
#19 Girls 100 Meter Dash Intermediate	12.80	13.35 (7)	13.35 (7)
2 Aaliyah Arab-Smith - Female - Comp#: 579			
#21 Girls 100 Meter Dash Senior	12.50	12.89 (2)	12.82 (1)
#63 Girls 200 Meter Dash Senior	26.11	26.30 (1)	26.16 (1)
3 Luis Espinosa - Male - Comp#: 580			
#16 Boys 400 Meter Dash Senior	52.80	51.53 (1)	51.33 (1) *
#28 Boys 1500 Meter Run Senior	4:37.69		4:26.01 (7) *
#70 Boys 800 Meter Run Senior	2:00.69		1:58.36 (1) *
#82 Boys 3000 Meter Run Senior	9:58.66		9:56.20 (7) *
4 Brisnel Etou Bosseba - Male - Comp#: 581			
#90 Boys High Jump Start 140cm Senior	1.85m		1.80m (7)
#103 Boys Triple Jump Senior	11.88m		
5 Amelia Humphrey - Female - Comp#: 582			
#15 Girls 400 Meter Dash Senior	1:05.65		
#69 Girls 800 Meter Run Senior	2:36.12	Scratched	Scratched
6 Jacobs Hunt - Male - Comp#: 583			
#90 Boys High Jump Start 140cm Senior	1.75m		1.70m (9)
7 Aria MacDonald - Female - Comp#: 584			
#25 Girls 1500 Meter Run Intermediate	5:25.22		5:17.39 (7) *
#67 Girls 800 Meter Run Intermediate	2:31.62		2:35.52 (8)
#79 Girls 3000 Meter Run Intermediate	12:06.38		11:38.79 (4) *
8 Allie Martin - Female - Comp#: 585			
#104 Girls Shot Put 4kg Intermediate	8.91m		8.84m (9)
9 Duncan McLaughlin - Male - Comp#: 586			
#99 Boys Discus Throw 1.75kg Senior	39.81m		41.59m (2) *
10 Vilma Moilanen - Female - Comp#: 587			
#3 Girls 80 Meter Hurdles 33" Senior	15.53	15.72 (9)	
11 Antonia Ziegler - Female - Comp#: 588			
#27 Girls 1500 Meter Run Senior	5:37.22		
#81 Girls 3000 Meter Run Senior	12:37.38		12:14.17 (9) *
Relay	Seed	Prelims	Finals
1 King's-Edgehill School			
#88 Boys 4x400 Meter Relay Senior	3:41.74		3:33.20 (1) *
King's-Edgehill School Total Individual Entries: 21 - Total Relays: 1			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Leslie Thomas Junior High			
1 Abby Lewis - Female - Comp#: 589			
#23 Girls 1500 Meter Run Junior	5:01.44		4:46.13 (1) *
NSSAF: 4:46.13			
#65 Girls 800 Meter Run Junior	2:27.09		2:23.54 (2) *
#77 Girls 3000 Meter Run Junior	10:39.72		10:19.19 (1) *
2 Nathaniel Upshaw - Male - Comp#: 590			
#18 Boys 100 Meter Dash Junior	13.32	DNS	
#60 Boys 200 Meter Dash Junior	25.32		
Leslie Thomas Junior High	Total Individual Entries: 5 - Total Relays: 0		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Liverpool Regional			
1 Chloe Burgess - Female - Comp#: 591			
#27 Girls 1500 Meter Run Senior	5:32.34		5:39.94 (10)
#81 Girls 3000 Meter Run Senior	12:54.09		
2 Mika Conrad - Female - Comp#: 592			
#7 Girls 100 Meter Dash Special Junior	17.18		16.96 (2) *
#29 Girls Long Jump 3 Jumps Special Junior	2.38m		2.59m (5) *
#41 Girls Shot Put 3kg-3 Throws Special Jun	5.51m		5.50m (7)
3 Maggie Hadskis - Female - Comp#: 593			
#37 Girls Triple Jump Intermediate	9.42m		
4 Brady Hanley - Male - Comp#: 594			
#16 Boys 400 Meter Dash Senior	53.27	52.31 (4)	51.89 (4) *
#70 Boys 800 Meter Run Senior	2:06.34		2:04.00 (3) *
5 Zack Larocque - Male - Comp#: 595			
#22 Boys 100 Meter Dash Senior	11.22	11.85 (12)	
6 Dominic Losier - Male - Comp#: 596			
#80 Boys 3000 Meter Run Intermediate	11:13.78		
7 Ethan Ringer - Male - Comp#: 597			
#42 Boys Shot Put 4kg-3 Throws Special Jun	8.04m		9.53m (2) *
8 Emma Wentzell - Female - Comp#: 598			
#7 Girls 100 Meter Dash Special Junior	16.30		17.24 (4)
#29 Girls Long Jump 3 Jumps Special Junior	2.42m		2.80m (4) *
#41 Girls Shot Put 3kg-3 Throws Special Jun	4.72m		4.28m (12)
9 Bradley Whynot - Male - Comp#: 599			
#10 Boys 100 Meter Dash Special Senior	14.41		14.45 (7)
#44 Boys Long Jump 3 Jumps Special Senior	3.64m		4.16m (3) *
Relay	Seed	Prelims	Finals
1 Liverpool Regional			
#76 Boys 4x100 Meter Relay Senior	45.08		DQ
Liverpool Regional Total Individual Entries: 16 - Total Relays: 1			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Lockeport Regional			
1 Brooke Cotter - Female - Comp#: 600			
#98 Girls Shot Put 4kg Senior	7.83m		
2 Olivia Staines - Female - Comp#: 601			
#100 Girls Javelin Throw 500g Intermediate	23.75m		
Lockeport Regional Total Individual Entries: 2 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Lockview High			
1 Riley Adamson-Simms - Male - Comp#: 602			
#20 Boys 100 Meter Dash Intermediate	12.66	11.76 (3)	11.87 (4) *
#97 Boys Triple Jump Intermediate	11.10m		
2 Caity Apa - Female - Comp#: 603			
#48 Girls High Jump Start 125cm Intermedia	1.30m		1.35m (11) *
3 Brooke Clarke - Female - Comp#: 604			
#98 Girls Shot Put 4kg Senior	8.56m		8.44m (9)
4 Olivia Crowe - Female - Comp#: 605			
#49 Girls Triple Jump Senior	8.78m		8.88m (15) *
5 Lauren Fergusson - Female - Comp#: 606			
#13 Girls 400 Meter Dash Intermediate	1:04.19	1:04.00 (10)	*
#61 Girls 200 Meter Dash Intermediate	27.47	27.58 (8)	27.06 (4) *
6 Blake Fraser - Male - Comp#: 607			
#50 Boys Shot Put 6kg Senior	10.14m		10.06m (11)
#99 Boys Discus Throw 1.75kg Senior	28.17m		28.76m (9) *
7 Abbi Gaudry - Female - Comp#: 608			
#2 Girls 80 Meter Hurdles 33" Intermediate	13.01	12.83 (1)	12.80 (1) *
#48 Girls High Jump Start 125cm Intermedia	1.30m		1.48m (4) *
#89 Girls Long Jump Intermediate	4.84m		5.06m (1) *
#100 Girls Javelin Throw 500g Intermediate	25.66m		31.47m (3) *
8 Luke Green - Male - Comp#: 609			
#14 Boys 400 Meter Dash Intermediate	57.93	55.99 (7)	58.00 (8) *
9 Jeremy Harper - Male - Comp#: 610			
#99 Boys Discus Throw 1.75kg Senior	30.60m		DNS
10 Claire Langille - Female - Comp#: 611			
#15 Girls 400 Meter Dash Senior	1:03.02	1:01.97 (2)	59.18 (2) *
#21 Girls 100 Meter Dash Senior	13.78	13.04 (3)	13.02 (2) *
#63 Girls 200 Meter Dash Senior	26.63	26.47 (3)	26.31 (2) *
11 Jack Macmillan - Male - Comp#: 612			
#80 Boys 3000 Meter Run Intermediate	10:33.29		
12 Braden Marshall - Male - Comp#: 613			
#5 Boys 100 Meter Hurdles 36" Intermediate	18.61	17.36 (7)	16.79 (6) *
#35 Boys Long Jump Intermediate	5.23m		5.10m (11)
13 Austin Mesiner - Male - Comp#: 614			
#99 Boys Discus Throw 1.75kg Senior	25.48m		
14 Ethan Price - Male - Comp#: 615			
#16 Boys 400 Meter Dash Senior	55.20	54.54 (8)	55.28 (6) *
15 Eden Smith - Female - Comp#: 616			
#94 Girls Javelin Throw 600g Senior	26.31m	Scratched	Scratched
16 Matt Whitehead - Male - Comp#: 617			
#62 Boys 200 Meter Dash Intermediate	25.04	25.34 (12)	
Relay	Seed	Prelims	Finals
1 Lockview High			
#73 Girls 4x100 Meter Relay Intermediate	52.70		51.34 (1) *
NSSAF: 51.34			
2 Lockview High			
#74 Boys 4x100 Meter Relay Intermediate	47.42		47.67 (3)
3 Lockview High			
#76 Boys 4x100 Meter Relay Senior	46.84		47.50 (10)
4 Lockview High			
#85 Girls 4x400 Meter Relay Intermediate	4:25.20		4:17.44 (2) *
5 Lockview High			
#86 Boys 4x400 Meter Relay Intermediate	4:01.48		3:56.43 (9) *

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
Lockview High				
6	Lockview High			
	#88 Boys 4x400 Meter Relay Senior	3:50.31		DNS
Lockview High		Total Individual Entries: 25 - Total Relays: 6		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Madeline Symonds Middle School			
1 Cameron Brown - Male - Comp#: 618			
#35 Boys Long Jump Intermediate	5.27m		5.44m (6) *
#97 Boys Triple Jump Intermediate	11.56m		11.97m (2) *
2 Georgia Bussey - Female - Comp#: 619			
#17 Girls 100 Meter Dash Junior	14.20	13.53 (4)	13.49 (4) *
#59 Girls 200 Meter Dash Junior	27.53	27.63 (3)	27.28 (3) *
3 Maddy Cook - Female - Comp#: 620			
#13 Girls 400 Meter Dash Intermediate	1:04.89	1:02.92 (7)	1:04.27 (5) *
4 Brooke Emms - Female - Comp#: 621			
#7 Girls 100 Meter Dash Special Junior	15.15		18.21 (8)
#29 Girls Long Jump 3 Jumps Special Junior	2.60m		2.56m (6)
#41 Girls Shot Put 3kg-3 Throws Special Jun	5.53m		5.55m (5) *
5 Audra Robinson - Female - Comp#: 622			
#17 Girls 100 Meter Dash Junior	14.46		
6 Hailey Tanner - Female - Comp#: 623			
#100 Girls Javelin Throw 500g Intermediate	30.64m		34.19m (1) *
7 Ella Whynot - Female - Comp#: 624			
#79 Girls 3000 Meter Run Intermediate	12:30.57		12:49.02 (11)
Relay	Seed	Prelims	Finals
1 Madeline Symonds Middle School			
#72 Boys 4x100 Meter Relay Junior	52.45		52.93 (5)
Madeline Symonds Middle School Total Individual Entries: 11 - Total Relays: 1			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Malcolm Munroe Memorial Junior			
1 Caelan Binder - Female - Comp#: 625			
#65 Girls 800 Meter Run Junior	2:55.60	Scratched	Scratched
2 Parker Gale - Male - Comp#: 626			
#38 Boys Shot Put 4kg Junior	10.09m		10.57m (4) *
#47 Boys Long Jump Junior	4.65m		4.18m (15)
3 Trista Graham - Female - Comp#: 627			
#1 Girls 80 Meter Hurdles 30" Junior	16.70		
#59 Girls 200 Meter Dash Junior	30.24	DNS	
4 Blake Herve - Male - Comp#: 628			
#24 Boys 1500 Meter Run Junior	5:27.47		
5 Owen Long - Male - Comp#: 629			
#8 Boys 100 Meter Dash Special Junior	20.73		DNS
#30 Boys Long Jump 3 Jumps Special Junior	1.89m		DNS
#42 Boys Shot Put 4kg-3 Throws Special Jun	3.84m		DNS
6 Rita Maccormick - Female - Comp#: 630			
#2 Girls 80 Meter Hurdles 33" Intermediate	16.75		
#37 Girls Triple Jump Intermediate	8.62m		
#61 Girls 200 Meter Dash Intermediate	29.14		
7 Julia Mackinnon - Female - Comp#: 631			
#11 Girls 400 Meter Dash Junior	1:12.37	DNS	
#17 Girls 100 Meter Dash Junior	14.88		
8 Ryan Mackinnon - Male - Comp#: 632			
#24 Boys 1500 Meter Run Junior	5:26.85	Scratched	Scratched
#66 Boys 800 Meter Run Junior	2:43.34		DNS
#78 Boys 3000 Meter Run Junior	11:55.67		DNS
9 Ethan MacLean - Male - Comp#: 633			
#12 Boys 400 Meter Dash Junior	1:06.10	1:02.15 (12)	*
#96 Boys High Jump Start 125cm Junior	1.40m		1.35m (15)
10 Allie MacLeod - Female - Comp#: 634			
#36 Girls High Jump Start 115cm Junior	1.41m		1.35m (5)
#92 Girls Shot Put 3kg Junior	7.75m		7.37m (12)
11 Owen Minihan - Male - Comp#: 635			
#38 Boys Shot Put 4kg Junior	9.22m		9.38m (9) *
#58 Boys Javelin Throw 600g Junior	27.29m		29.59m (8) *
#105 Boys Discus Throw 1kg Junior	33.52m		34.41m (1) *
12 Emma Pyke - Female - Comp#: 636			
#106 Girls Javelin Throw 400g Junior	20.10m		DNS
13 Gahan Rector - Male - Comp#: 637			
#12 Boys 400 Meter Dash Junior	1:06.27	DNS	
#60 Boys 200 Meter Dash Junior	28.75		
14 William Rudderham - Male - Comp#: 638			
#30 Boys Long Jump 3 Jumps Special Junior	2.58m		DNS
#42 Boys Shot Put 4kg-3 Throws Special Jun	4.00m		DNS
15 Jaiden Ryan - Female - Comp#: 639			
#36 Girls High Jump Start 115cm Junior	1.33m		1.35m (7) *
16 Van Sawlor - Male - Comp#: 640			
#14 Boys 400 Meter Dash Intermediate	1:02.13	DNS	
17 Kristin Slipp - Female - Comp#: 641			
#95 Girls Long Jump Junior	3.86m		
18 Aiden Stanwick - Male - Comp#: 642			
#66 Boys 800 Meter Run Junior	2:45.21		
19 Maggie Wilson - Female - Comp#: 643			
#55 Girls Triple Jump Junior	8.22m		DNS

2019 NSSAF Track and Field Championships

Meet Summary - All Events

		Seed	Prelims	Finals
Malcolm Munroe Memorial Junior				
Relay		Seed	Prelims	Finals
1 Malcolm Munroe Memorial Junior #71 Girls 4x100 Meter Relay Junior		58.23		DNS
2 Malcolm Munroe Memorial Junior - 'B' #71 Girls 4x100 Meter Relay Junior		59.79		Scratched
3 Malcolm Munroe Memorial Junior #72 Boys 4x100 Meter Relay Junior		56.29		DQ
4 Malcolm Munroe Memorial Junior #83 Girls 4x400 Meter Relay Junior		5:10.68		DNS
5 Malcolm Munroe Memorial Junior - 'B' #83 Girls 4x400 Meter Relay Junior		5:12.04		Scratched
6 Malcolm Munroe Memorial Junior #84 Boys 4x400 Meter Relay Junior		4:45.34		DNS
Malcolm Munroe Memorial Junior		Total Individual Entries: 34 - Total Relays: 6		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Maple Grove Education Centre			
1 Owen Fitzgerald - Male - Comp#: 644			
#78 Boys 3000 Meter Run Junior	11:24.53		
Maple Grove Education Centre	Total Individual Entries: 1 - Total Relays: 0		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Memorial High School			
1 Rylee Edmond - Female - Comp#: 645			
#3 Girls 80 Meter Hurdles 33" Senior	18.55		
2 Josh Lablanc - Male - Comp#: 646			
#10 Boys 100 Meter Dash Special Senior	16.82		17.11 (13)
#32 Boys Shot Put 4kg-3 Throws Special Ser	7.01m		6.43m (13)
#44 Boys Long Jump 3 Jumps Special Senior	2.30m		1.52m (12)
3 Amelia Macdougall - Female - Comp#: 647			
#25 Girls 1500 Meter Run Intermediate	6:17.30		6:36.06 (16)
#67 Girls 800 Meter Run Intermediate	3:00.19		2:59.66 (13) *
4 Andrew Marsh - Male - Comp#: 648			
#5 Boys 100 Meter Hurdles 36" Intermediate	21.20	22.40 (14)	
Relay	Seed	Prelims	Finals
1 Memorial High School			
#75 Girls 4x100 Meter Relay Senior	1:04.74		
2 Memorial High School			
#87 Girls 4x400 Meter Relay Senior	5:33.98		DNS
Memorial High School Total Individual Entries: 7 - Total Relays: 2			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Middleton Regional			
1 Tess Bezanson - Female - Comp#: 649			
#59 Girls 200 Meter Dash Junior	28.84		
2 Dan Bower - Male - Comp#: 650			
#26 Boys 1500 Meter Run Intermediate	4:54.56		4:53.75 (12) *
#68 Boys 800 Meter Run Intermediate	2:19.75		
#80 Boys 3000 Meter Run Intermediate	11:03.00		10:45.86 (11) *
3 Isis Brooks - Female - Comp#: 651			
#9 Girls 100 Meter Dash Special Senior	22.18		
#31 Girls Shot Put 3kg-3 Throws Special Sen	5.28m		5.80m (6) *
#43 Girls Long Jump 3 Jumps Special Senior	1.36m		1.33m (7)
4 Rebecca Burbidge - Female - Comp#: 652			
#49 Girls Triple Jump Senior	9.81m		9.72m (9)
#101 Girls Long Jump Senior	4.74m		4.49m (9)
5 Nick Chase - Male - Comp#: 653			
#42 Boys Shot Put 4kg-3 Throws Special Jun	6.42m		
6 Isabel Crouse - Female - Comp#: 654			
#36 Girls High Jump Start 115cm Junior	1.27m		
7 Elyias French - Male - Comp#: 655			
#103 Boys Triple Jump Senior	12.56m		12.39m (6)
8 Carson Hayes - Male - Comp#: 656			
#12 Boys 400 Meter Dash Junior	1:01.04	1:00.46 (8)	58.75 (2) *
#18 Boys 100 Meter Dash Junior	12.65		
#60 Boys 200 Meter Dash Junior	25.82	26.27 (6)	26.11 (8)
9 Hailey Higgins - Female - Comp#: 657			
#55 Girls Triple Jump Junior	8.96m		8.09m (14)
10 Hannah Kendall - Female - Comp#: 658			
#48 Girls High Jump Start 125cm Intermedia	1.40m		1.35m (9)
11 Gabrielle LeBlanc - Female - Comp#: 659			
#106 Girls Javelin Throw 400g Junior	28.09m		27.16m (6)
12 Lucas Melanson - Male - Comp#: 660			
#105 Boys Discus Throw 1kg Junior	27.41m		29.02m (7) *
13 Patrick Pearce - Male - Comp#: 661			
#10 Boys 100 Meter Dash Special Senior	14.56		14.61 (8)
14 Molly Peppard - Female - Comp#: 662			
#106 Girls Javelin Throw 400g Junior	25.10m		30.23m (3) *
15 Michael Pinard - Male - Comp#: 663			
#52 Boys Javelin Throw 700g Intermediate	48.09m		43.54m (4)
16 Kaylee Ross - Female - Comp#: 664			
#51 Girls Discus Throw 0.75kg Junior	20.50m		19.88m (11)

Middleton Regional Total Individual Entries: 23 - Total Relays: 0

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Millwood High			
1 Ethan Ayer - Male - Comp#: 665			
#35 Boys Long Jump Intermediate	5.18m		
2 Nick Knowlton - Male - Comp#: 666			
#53 Boys Long Jump Senior	5.54m		
#90 Boys High Jump Start 140cm Senior	1.85m		1.80m (5)
3 Breagh MacPhail - Female - Comp#: 667			
#54 Girls High Jump Start 125cm Senior	1.25m		NH
4 Jaylin Pothier - Female - Comp#: 668			
#3 Girls 80 Meter Hurdles 33" Senior	13.53	18.05 (13)	
#21 Girls 100 Meter Dash Senior	13.91	13.35 (7)	13.44 (7) *
#49 Girls Triple Jump Senior	10.58m		9.69m (11)
#54 Girls High Jump Start 125cm Senior	1.45m		1.51m (2) *
#63 Girls 200 Meter Dash Senior	27.77	28.29 (11)	
#101 Girls Long Jump Senior	4.84m		4.34m (10)
5 Morgan Rae - Male - Comp#: 669			
#90 Boys High Jump Start 140cm Senior	1.60m		
6 Jake Wilson - Male - Comp#: 670			
#99 Boys Discus Throw 1.75kg Senior	28.55m		27.14m (10)
Relay	Seed	Prelims	Finals
1 Millwood High			
#75 Girls 4x100 Meter Relay Senior	1:00.76		
2 Millwood High			
#88 Boys 4x400 Meter Relay Senior	4:02.02		
Millwood High Total Individual Entries: 12 - Total Relays: 2			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Musquodoboit Rural			
1 Hannah Cole - Female - Comp#: 671			
#17 Girls 100 Meter Dash Junior	13.20	13.35 (2)	13.45 (3)
2 Connor Deal - Male - Comp#: 672			
#38 Boys Shot Put 4kg Junior	9.36m		9.65m (7) *
#105 Boys Discus Throw 1kg Junior	23.70m		
Musquodoboit Rural Total Individual Entries: 3 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
New Germany			
1 Alex Joudrey - Male - Comp#: 673			
#53 Boys Long Jump Senior	5.83m		6.13m (7) *
2 Ginny McDormand - Female - Comp#: 674			
#77 Girls 3000 Meter Run Junior	12:12.91		12:19.17 (12)
3 Jaden Wentzell - Male - Comp#: 675			
#22 Boys 100 Meter Dash Senior	11.21	11.68 (8)	11.64 (4)
#53 Boys Long Jump Senior	6.24m		6.37m (2) *
#99 Boys Discus Throw 1.75kg Senior	33.81m		26.80m (11)
#103 Boys Triple Jump Senior	12.31m		11.65m (11)
New Germany Total Individual Entries: 6 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
New Glasgow Academy			
1 Caden Campbell - Male - Comp#: 676			
#60 Boys 200 Meter Dash Junior	27.10	26.57 (11)	*
2 Torin Kinney - Male - Comp#: 677			
#18 Boys 100 Meter Dash Junior	12.80	12.87 (6)	13.04 (6)
#47 Boys Long Jump Junior	4.89m		4.97m (6) *
#60 Boys 200 Meter Dash Junior	27.10	26.46 (9)	*
#96 Boys High Jump Start 125cm Junior	1.51m		1.58m (4) *
3 Cara MacDonald - Female - Comp#: 678			
#11 Girls 400 Meter Dash Junior	1:00.40	1:02.81 (2)	58.99 (1) *
NSSAF: 58.99			
#59 Girls 200 Meter Dash Junior	27.30	27.32 (2)	26.77 (1) *
#65 Girls 800 Meter Run Junior	2:22.10		2:20.30 (1) *
4 Conrad Robertson - Male - Comp#: 679			
#24 Boys 1500 Meter Run Junior	5:04.00		4:53.01 (7) *
#66 Boys 800 Meter Run Junior	2:24.20		2:25.62 (7)
#78 Boys 3000 Meter Run Junior	10:54.00		10:36.48 (6) *
Relay	Seed	Prelims	Finals
1 New Glasgow Academy			
#72 Boys 4x100 Meter Relay Junior	52.50		51.78 (1) *
2 New Glasgow Academy			
#83 Girls 4x400 Meter Relay Junior	4:46.60		4:40.57 (7) *
3 New Glasgow Academy			
#84 Boys 4x400 Meter Relay Junior	4:11.30		4:11.19 (4) *
New Glasgow Academy Total Individual Entries: 11 - Total Relays: 3			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
New Ross Consolidated				
1 Ayden Allan - Male - Comp#: 680				
#47 Boys Long Jump Junior		5.00m		5.03m (4) *
#91 Boys Triple Jump Junior		10.56m		10.62m (2) *
#105 Boys Discus Throw 1kg Junior		28.02m		25.33m (10)
Relay		Seed	Prelims	Finals
1 New Ross Consolidated				
#72 Boys 4x100 Meter Relay Junior		54.72		
New Ross Consolidated Total Individual Entries: 3 - Total Relays: 1				

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Newbridge Academy			
1 Sammie Balfour - Female - Comp#: 681			
#51 Girls Discus Throw 0.75kg Junior	20.95m		
2 Mitchel Brown - Male - Comp#: 682			
#58 Boys Javelin Throw 600g Junior	32.95m		24.65m (14)
3 Adam Crocker - Male - Comp#: 683			
#47 Boys Long Jump Junior	4.84m		5.06m (2) *
4 Lane George - Male - Comp#: 684			
#56 Boys Shot Put 5kg Intermediate	10.42m		
5 Julia Koigshofer - Female - Comp#: 685			
#51 Girls Discus Throw 0.75kg Junior	23.55m		26.06m (5) *
#106 Girls Javelin Throw 400g Junior	32.99m		36.40m (1) *
6 Hayden Lilly - Female - Comp#: 686			
#11 Girls 400 Meter Dash Junior	1:08.90	1:04.34 (6)	1:05.64 (6) *
#65 Girls 800 Meter Run Junior	2:40.79		DNS
7 Ephram McNutt - Male - Comp#: 687			
#58 Boys Javelin Throw 600g Junior	33.45m		30.75m (7)
8 Grace Smith - Female - Comp#: 688			
#98 Girls Shot Put 4kg Senior	7.80m		6.63m (13)
Relay	Seed	Prelims	Finals
1 Newbridge Academy			
#73 Girls 4x100 Meter Relay Intermediate	55.44		
Newbridge Academy Total Individual Entries: 10 - Total Relays: 1			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
North Colchester High			
1 Cassie Hogan - Female - Comp#: 689			
#19 Girls 100 Meter Dash Intermediate	13.90	13.80 (12)	*
#57 Girls Discus Throw 1kg Intermediate	25.57m		25.32m (6)
#100 Girls Javelin Throw 500g Intermediate	26.35m		29.21m (5) *
North Colchester High Total Individual Entries: 3 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

		Seed	Prelims	Finals
North Nova Education Centre				
1 Ashley Arbuckle - Female - Comp#: 690				
#19 Girls 100 Meter Dash Intermediate	13.30	13.66	(9)	
2 Sidney Arbuckle - Female - Comp#: 691				
#54 Girls High Jump Start 125cm Senior	1.35m			1.35m (8)
3 Alec Bates - Male - Comp#: 692				
#102 Boys High Jump Start 140cm Intermedi	1.65m			1.65m (6)
4 Sarah Brown - Female - Comp#: 693				
#19 Girls 100 Meter Dash Intermediate	13.00	13.70	(10)	
5 Dawson Chisholm - Male - Comp#: 694				
#6 Boys 100 Meter Hurdles 39" Senior	18.70	18.39	(13)	*
6 Keighan Decoff - Female - Comp#: 695				
#57 Girls Discus Throw 1kg Intermediate	30.06m			34.93m (1) *
#104 Girls Shot Put 4kg Intermediate	11.15m			11.82m (1) *
7 Victoria Dunn - Female - Comp#: 696				
#21 Girls 100 Meter Dash Senior	14.10	13.80	(12)	*
8 Kristian Hayes - Male - Comp#: 697				
#8 Boys 100 Meter Dash Special Junior	48.00			43.95 (12) *
#30 Boys Long Jump 3 Jumps Special Junior	0.74m			0.71m (10)
#42 Boys Shot Put 4kg-3 Throws Special Jun	1.82m			2.33m (9) *
9 Lucas Hessian - Male - Comp#: 698				
#62 Boys 200 Meter Dash Intermediate	25.50			
10 Lagan Horton - Male - Comp#: 699				
#35 Boys Long Jump Intermediate	5.39m			5.29m (8)
11 Taylor Long - Female - Comp#: 700				
#13 Girls 400 Meter Dash Intermediate	1:04.90	1:03.00	(8)	1:04.58 (8) *
#61 Girls 200 Meter Dash Intermediate	28.70	28.51	(12)	*
12 Ethan MacDonald - Male - Comp#: 701				
#28 Boys 1500 Meter Run Senior	4:48.00			4:23.91 (6) *
#82 Boys 3000 Meter Run Senior	10:04.00			9:48.85 (5) *
13 Breton Macdonnell - Male - Comp#: 702				
#5 Boys 100 Meter Hurdles 36" Intermediate	19.00			
14 Mattea Miller-Evans - Female - Comp#: 703				
#48 Girls High Jump Start 125cm Intermedia	1.45m			1.40m (6)
15 Jd O'Brien - Male - Comp#: 704				
#10 Boys 100 Meter Dash Special Senior	15.40			DNS
#44 Boys Long Jump 3 Jumps Special Senior	3.28m			
16 Allie Sandluck - Female - Comp#: 705				
#27 Girls 1500 Meter Run Senior	5:07.00			4:54.62 (5) *
#81 Girls 3000 Meter Run Senior	10:47.00			10:33.86 (2) *
17 James Tulloch - Male - Comp#: 706				
#8 Boys 100 Meter Dash Special Junior	17.40			17.77 (11)
#30 Boys Long Jump 3 Jumps Special Junior	2.69m			2.25m (9)
#42 Boys Shot Put 4kg-3 Throws Special Jun	3.15m			3.56m (8) *
18 Emily Yatsynovich - Female - Comp#: 707				
#48 Girls High Jump Start 125cm Intermedia	1.45m			
#61 Girls 200 Meter Dash Intermediate	28.70	28.62	(13)	*
Relay	Seed	Prelims	Finals	
1 North Nova Education Centre				
#73 Girls 4x100 Meter Relay Intermediate	52.80			57.14 (13)
2 North Nova Education Centre				
#74 Boys 4x100 Meter Relay Intermediate	50.00			49.77 (8) *
3 North Nova Education Centre				
#75 Girls 4x100 Meter Relay Senior	57.00			1:00.59 (13)

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
North Nova Education Centre				
4	North Nova Education Centre #76 Boys 4x100 Meter Relay Senior	48.30		
5	North Nova Education Centre #85 Girls 4x400 Meter Relay Intermediate	4:34.50		4:28.51 (3) *
6	North Nova Education Centre #87 Girls 4x400 Meter Relay Senior	4:56.00		
7	North Nova Education Centre #88 Boys 4x400 Meter Relay Senior	4:00.10		
North Nova Education Centre		Total Individual Entries: 28 - Total Relays: 7		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
North Queens				
1	Thomas Waterman - Male - Comp#: 708			
	#58 Boys Javelin Throw 600g Junior	29.35m		26.81m (13)
North Queens Total Individual Entries: 1 - Total Relays: 0				

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Northeast Kings Ed. Centre			
1 Kate Burris - Female - Comp#: 709			
#89 Girls Long Jump Intermediate	4.90m		4.78m (4)
2 Mackenzie Coade - Female - Comp#: 710			
#17 Girls 100 Meter Dash Junior	13.45		
3 Rhys Dixon - Male - Comp#: 711			
#16 Boys 400 Meter Dash Senior	53.37		
#70 Boys 800 Meter Run Senior	2:06.94		
4 Ryan Ells - Male - Comp#: 712			
#102 Boys High Jump Start 140cm Intermedi	1.65m		1.65m (10)
5 Brodie Fraser - Male - Comp#: 713			
#50 Boys Shot Put 6kg Senior	10.64m		11.37m (6) *
6 Liam Keats - Male - Comp#: 714			
#93 Boys Discus Throw 1.5kg Intermediate	29.88m		31.97m (6) *
7 Cole Potter - Male - Comp#: 715			
#40 Boys Javelin Throw 800g Senior	36.80m		39.91m (7) *
8 Logan Potter - Male - Comp#: 716			
#53 Boys Long Jump Senior	5.63m	Scratched	Scratched
#103 Boys Triple Jump Senior	12.28m		12.21m (8)
9 Ethan Roulston - Male - Comp#: 717			
#62 Boys 200 Meter Dash Intermediate	24.22		
10 Logan Scott - Male - Comp#: 718			
#50 Boys Shot Put 6kg Senior	10.25m		
#99 Boys Discus Throw 1.75kg Senior	32.24m		32.24m (8)
11 Mitchel Vaughan - Male - Comp#: 719			
#70 Boys 800 Meter Run Senior	2:06.72		2:13.27 (11)
12 William Watts - Male - Comp#: 720			
#28 Boys 1500 Meter Run Senior	4:26.78		4:15.66 (3) *
#70 Boys 800 Meter Run Senior	2:05.97		2:05.23 (4) *
13 Cody Weihers - Male - Comp#: 721			
#32 Boys Shot Put 4kg-3 Throws Special Ser	8.71m		9.85m (2) *
Relay	Seed	Prelims	Finals
1 Northeast Kings Ed. Centre			
#71 Girls 4x100 Meter Relay Junior	56.15		57.90 (10)
2 Northeast Kings Ed. Centre			
#73 Girls 4x100 Meter Relay Intermediate	54.64		53.66 (4) *
3 Northeast Kings Ed. Centre			
#74 Boys 4x100 Meter Relay Intermediate	48.27		
4 Northeast Kings Ed. Centre			
#75 Girls 4x100 Meter Relay Senior	54.34		54.14 (5) *
5 Northeast Kings Ed. Centre			
#76 Boys 4x100 Meter Relay Senior	46.91		
6 Northeast Kings Ed. Centre			
#83 Girls 4x400 Meter Relay Junior	4:41.52		4:39.57 (6) *
7 Northeast Kings Ed. Centre			
#84 Boys 4x400 Meter Relay Junior	4:24.37		4:21.42 (9) *
8 Northeast Kings Ed. Centre			
#85 Girls 4x400 Meter Relay Intermediate	4:54.20		
9 Northeast Kings Ed. Centre			
#87 Girls 4x400 Meter Relay Senior	4:28.27		4:35.33 (8)
10 Northeast Kings Ed. Centre			
#88 Boys 4x400 Meter Relay Senior	3:46.86		3:44.37 (7) *
Northeast Kings Ed. Centre Total Individual Entries: 17 - Total Relays: 10			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Northumberland Regional High			
1 Cale Bonvie - Male - Comp#: 722			
#102 Boys High Jump Start 140cm Intermedi	1.60m		1.65m (8) *
2 Duncan Cameron - Male - Comp#: 723			
#16 Boys 400 Meter Dash Senior	53.70	55.07 (11)	
#64 Boys 200 Meter Dash Senior	24.30		
3 Eilidh Cameron - Female - Comp#: 724			
#25 Girls 1500 Meter Run Intermediate	5:21.00		
#79 Girls 3000 Meter Run Intermediate	11:43.00		11:23.38 (3) *
4 Brett Claveau-Corbin - Male - Comp#: 725			
#53 Boys Long Jump Senior	6.27m		5.40m (12)
#90 Boys High Jump Start 140cm Senior	1.90m		1.85m (3)
5 Luc Claveau-Corbin - Male - Comp#: 726			
#53 Boys Long Jump Senior	5.43m		
#103 Boys Triple Jump Senior	12.44m		12.35m (7)
6 Tijn De Wolff - Male - Comp#: 727			
#70 Boys 800 Meter Run Senior	2:19.20		
7 Raine Decoste - Male - Comp#: 728			
#102 Boys High Jump Start 140cm Intermedi	1.75m		1.73m (2)
8 Jordyn Ferguson - Female - Comp#: 729			
#57 Girls Discus Throw 1kg Intermediate	24.03m		25.79m (5) *
#100 Girls Javelin Throw 500g Intermediate	30.96m		32.23m (2) *
9 Cole MacDougall - Male - Comp#: 730			
#26 Boys 1500 Meter Run Intermediate	4:47.00		
#80 Boys 3000 Meter Run Intermediate	10:27.00		10:17.29 (7) *
10 Kristen Ross - Female - Comp#: 731			
#25 Girls 1500 Meter Run Intermediate	5:02.00		4:51.82 (3) *
#67 Girls 800 Meter Run Intermediate	2:22.20		2:21.50 (3) *
11 Gabby Smith - Female - Comp#: 732			
#94 Girls Javelin Throw 600g Senior	32.77m		30.96m (4)
12 Daniel Stewart - Male - Comp#: 733			
#16 Boys 400 Meter Dash Senior	55.30	55.99 (13)	
13 Charlotte Stroud - Female - Comp#: 734			
#19 Girls 100 Meter Dash Intermediate	13.90		
14 Parker Swain - Male - Comp#: 735			
#50 Boys Shot Put 6kg Senior	11.82m	Scratched	Scratched
#99 Boys Discus Throw 1.75kg Senior	34.80m	Scratched	Scratched
15 John Luke Taylor - Male - Comp#: 736			
#22 Boys 100 Meter Dash Senior	11.50	11.50 (4)	11.55 (3) *
#64 Boys 200 Meter Dash Senior	23.30	23.32 (8)	23.26 (6) *
16 Rachel Walton - Female - Comp#: 737			
#15 Girls 400 Meter Dash Senior	1:05.80	1:04.77 (11)	*
#27 Girls 1500 Meter Run Senior	5:35.00		5:40.06 (11)
#69 Girls 800 Meter Run Senior	2:33.50		2:33.32 (10) *
Relay	Seed	Prelims	Finals
1 Northumberland Regional High			
#75 Girls 4x100 Meter Relay Senior	57.00		57.62 (11)
2 Northumberland Regional High			
#76 Boys 4x100 Meter Relay Senior	46.50		46.77 (7)
3 Northumberland Regional High			
#87 Girls 4x400 Meter Relay Senior	4:49.30		4:43.87 (12) *
4 Northumberland Regional High			
#88 Boys 4x400 Meter Relay Senior	3:40.30		3:37.06 (2) *
Northumberland Regional High Total Individual Entries: 27 - Total Relays: 4			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Oceanview Education Centre			
1 Ava George - Female - Comp#: 738			
#48 Girls High Jump Start 125cm Intermedia	1.30m		DNS
Oceanview Education Centre	Total Individual Entries: 1 - Total Relays: 0		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Oxford Regional Education Cntr			
1 Mitchell Baker - Male - Comp#: 739			
#52 Boys Javelin Throw 700g Intermediate	37.78m		
2 Maddison Bushen - Female - Comp#: 740			
#1 Girls 80 Meter Hurdles 30" Junior	14.70	15.29 (8)	15.21 (6)
3 Rilyn Cann - Female - Comp#: 741			
#3 Girls 80 Meter Hurdles 33" Senior	14.00		
4 Kristin Dupuis - Female - Comp#: 742			
#92 Girls Shot Put 3kg Junior	8.34m		8.05m (9)
5 Emily Mazur - Female - Comp#: 743			
#7 Girls 100 Meter Dash Special Junior	19.10		19.27 (9)
#29 Girls Long Jump 3 Jumps Special Junior	2.20m		2.10m (8)
#41 Girls Shot Put 3kg-3 Throws Special Jun	5.66m		5.98m (3) *
6 Mason Patriquin - Male - Comp#: 744			
#56 Boys Shot Put 5kg Intermediate	10.23m		
7 Maryn Smith - Female - Comp#: 745			
#1 Girls 80 Meter Hurdles 30" Junior	15.50		
8 Zoe Smith - Female - Comp#: 746			
#37 Girls Triple Jump Intermediate	9.60m		
9 Brianna Warwick - Female - Comp#: 747			
#3 Girls 80 Meter Hurdles 33" Senior	13.20	13.68 (2)	13.26 (2)
#49 Girls Triple Jump Senior	10.31m		10.16m (6)
#101 Girls Long Jump Senior	4.67m		4.75m (7) *
Oxford Regional Education Cntr	Total Individual Entries: 13 - Total Relays: 0		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
Oxford School				
1 Rhian Hinchey - Female - Comp#: 748				
#29 Girls Long Jump 3 Jumps Special Junior	1.79m	Scratched	Scratched	
2 Simon Lacriox - Male - Comp#: 749				
#30 Boys Long Jump 3 Jumps Special Junior	3.35m			3.09m (4)
3 Marissa Macisaac Fillion - Female - Comp#: 750				
#7 Girls 100 Meter Dash Special Junior	15.82			20.82 (10)
#29 Girls Long Jump 3 Jumps Special Junior	1.84m			1.85m (10) *
#41 Girls Shot Put 3kg-3 Throws Special Jun	4.40m			4.84m (9) *
4 Jenna Matheson - Female - Comp#: 751				
#1 Girls 80 Meter Hurdles 30" Junior	14.34	14.55 (4)		14.61 (4)
Oxford School Total Individual Entries: 6 - Total Relays: 0				

2019 NSSAF Track and Field Championships

Meet Summary - All Events

Park View Education Centre

1 Emma Banfield - Female - Comp#: 752

#39 Girls Discus Throw 1kg Senior	26.78m			28.35m	(4)	*
#94 Girls Javelin Throw 600g Senior	26.86m					
#98 Girls Shot Put 4kg Senior	9.79m			10.05m	(3)	*

2 Riley Bush - Male - Comp#: 753

#20 Boys 100 Meter Dash Intermediate	11.53	11.93	(8)	12.00	(8)	
#62 Boys 200 Meter Dash Intermediate	23.58	24.42	(2)	24.22	(4)	

3 Janica Chevarie - Female - Comp#: 754

#101 Girls Long Jump Senior	4.62m			4.52m	(8)	
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4 Jillian Connors - Female - Comp#: 755

#9 Girls 100 Meter Dash Special Senior	16.93			16.83	(1)	*
#31 Girls Shot Put 3kg-3 Throws Special Sen	4.42m					
#43 Girls Long Jump 3 Jumps Special Senior	2.66m			3.15m	(1)	*

5 Callum Corkum - Male - Comp#: 756

#5 Boys 100 Meter Hurdles 36" Intermediate	16.57	16.78	(6)	16.81	(7)	
#68 Boys 800 Meter Run Intermediate	2:17.44			2:17.25	(12)	*
#97 Boys Triple Jump Intermediate	11.18m			10.62m	(9)	

6 Chiara Fauze Ragani - Female - Comp#: 757

#27 Girls 1500 Meter Run Senior	5:33.06			5:24.24	(8)	*
#69 Girls 800 Meter Run Senior	2:35.81			2:32.61	(9)	*
#81 Girls 3000 Meter Run Senior	12:04.53			11:50.82	(8)	*

7 Peter Fisk - Male - Comp#: 758

#20 Boys 100 Meter Dash Intermediate	11.43	11.81	(4)	11.93	(7)	
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8 Cailin Fortin - Female - Comp#: 759

#3 Girls 80 Meter Hurdles 33" Senior	13.01	14.10	(4)	14.14	(5)	
#94 Girls Javelin Throw 600g Senior	32.01m			30.33m	(5)	

9 Catherine Joudrey - Female - Comp#: 760

#104 Girls Shot Put 4kg Intermediate	7.85m					
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10 Ewan Keays - Male - Comp#: 761

#99 Boys Discus Throw 1.75kg Senior	31.73m					
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11 Ira Khedkat - Female - Comp#: 762

#49 Girls Triple Jump Senior	9.29m			9.15m	(13)	
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12 Finn Kimball - Male - Comp#: 763

#26 Boys 1500 Meter Run Intermediate	4:52.94			4:40.99	(8)	*
#68 Boys 800 Meter Run Intermediate	2:15.84			2:10.62	(6)	*

13 Jane Kimball - Female - Comp#: 764

#2 Girls 80 Meter Hurdles 33" Intermediate	14.18	14.33	(8)	14.60	(7)	
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14 Nick Landry - Male - Comp#: 765

#6 Boys 100 Meter Hurdles 39" Senior	13.45	14.08	(1)	13.98	(1)	
#16 Boys 400 Meter Dash Senior	51.85	52.03	(2)	51.88	(3)	
#64 Boys 200 Meter Dash Senior	22.42	23.17	(5)	23.21	(4)	

15 Emma Nauss - Female - Comp#: 766

#49 Girls Triple Jump Senior	9.25m					
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16 Tsubaki Onishi - Female - Comp#: 767

#81 Girls 3000 Meter Run Senior	12:14.15			12:19.95	(10)	
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17 Rebecca Pippy - Female - Comp#: 768

#39 Girls Discus Throw 1kg Senior	21.08m					
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18 Claire Rawding - Female - Comp#: 769

#15 Girls 400 Meter Dash Senior	1:04.02	1:03.14	(4)	1:04.34	(7)	*
#69 Girls 800 Meter Run Senior	2:33.94			2:32.09	(7)	*

19 Matt Taylor - Male - Comp#: 770

#93 Boys Discus Throw 1.5kg Intermediate	27.67m					
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2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Park View Education Centre			
20 Nolan Wentzell - Male - Comp#: 771			
#6 Boys 100 Meter Hurdles 39" Senior	14.64	14.60 (2)	14.97 (3) *
#64 Boys 200 Meter Dash Senior	23.38	24.53 (13)	
21 Colby Wile - Male - Comp#: 772			
#22 Boys 100 Meter Dash Senior	11.10	11.51 (5)	11.78 (6)
#64 Boys 200 Meter Dash Senior	23.04	23.87 (9)	
22 Kaitlyn Woodworth - Female - Comp#: 773			
#3 Girls 80 Meter Hurdles 33" Senior	13.82	14.32 (7)	14.44 (6)
#15 Girls 400 Meter Dash Senior	1:05.05	1:03.76 (8)	1:04.92 (8) *
#49 Girls Triple Jump Senior	10.36m		10.91m (2) *
#69 Girls 800 Meter Run Senior	2:32.38		2:32.54 (8)
Relay	Seed	Prelims	Finals
1 Park View Education Centre			
#73 Girls 4x100 Meter Relay Intermediate	56.10		
2 Park View Education Centre			
#74 Boys 4x100 Meter Relay Intermediate	46.71		47.30 (2)
3 Park View Education Centre			
#75 Girls 4x100 Meter Relay Senior	52.66		52.83 (3)
4 Park View Education Centre			
#85 Girls 4x400 Meter Relay Intermediate	4:52.30		4:50.72 (11) *
5 Park View Education Centre			
#86 Boys 4x400 Meter Relay Intermediate	3:50.05		3:45.67 (3) *
6 Park View Education Centre			
#87 Girls 4x400 Meter Relay Senior	4:25.71		4:23.94 (2) *
7 Park View Education Centre			
#88 Boys 4x400 Meter Relay Senior	3:34.90		3:37.18 (3)
Park View Education Centre Total Individual Entries: 41 - Total Relays: 7			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Park West School			
1 Shawn Swaniker - Male - Comp#: 774			
#20 Boys 100 Meter Dash Intermediate	12.32		
2 Emily Vogt - Female - Comp#: 775			
#36 Girls High Jump Start 115cm Junior	1.25m		1.40m (3) *
Park West School	Total Individual Entries: 2 - Total Relays: 0		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Pictou Academy			
1 Myla Briand - Female - Comp#: 776			
#2 Girls 80 Meter Hurdles 33" Intermediate	14.10	14.68 (9)	
2 Erica Cherry - Female - Comp#: 777			
#98 Girls Shot Put 4kg Senior	7.87m		
3 Luke MacDonald - Male - Comp#: 778			
#26 Boys 1500 Meter Run Intermediate	4:44.00		4:26.49 (5) *
#80 Boys 3000 Meter Run Intermediate	9:59.00		9:39.14 (3) *
4 Emma MacPhail-Mackeil - Female - Comp#: 779			
#100 Girls Javelin Throw 500g Intermediate	28.42m		27.98m (7)
#104 Girls Shot Put 4kg Intermediate	7.89m		
5 Jenna Reid - Female - Comp#: 780			
#39 Girls Discus Throw 1kg Senior	30.53m		29.33m (3)
#94 Girls Javelin Throw 600g Senior	39.01m		40.01m (1) *
#98 Girls Shot Put 4kg Senior	9.69m		10.06m (2) *
Pictou Academy Total Individual Entries: 9 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Pine Ridge Middle School			
1 Dana Avery - Female - Comp#: 781			
#23 Girls 1500 Meter Run Junior	5:46.03		5:30.88 (13) *
#77 Girls 3000 Meter Run Junior	11:53.75		11:46.20 (7) *
2 Cheyenne Deviller - Female - Comp#: 782			
#51 Girls Discus Throw 0.75kg Junior	19.75m		
3 Chloe Fera - Female - Comp#: 783			
#11 Girls 400 Meter Dash Junior	1:06.90	1:04.80 (7)	1:05.89 (7) *
#59 Girls 200 Meter Dash Junior	28.62	29.02 (12)	
4 Ila Gurney - Female - Comp#: 784			
#65 Girls 800 Meter Run Junior	2:43.91		2:42.23 (11) *
5 Logan Johnston - Male - Comp#: 785			
#66 Boys 800 Meter Run Junior	2:31.44		2:31.27 (10) *
6 Jordan Jones - Male - Comp#: 786			
#96 Boys High Jump Start 125cm Junior	1.50m		1.45m (8)
7 Abigail Lundy - Female - Comp#: 787			
#92 Girls Shot Put 3kg Junior	8.57m		7.66m (11)
8 Alex Osborne - Male - Comp#: 788			
#38 Boys Shot Put 4kg Junior	8.52m		
#105 Boys Discus Throw 1kg Junior	30.61m		23.91m (14)
9 Jaymie Trace - Female - Comp#: 789			
#1 Girls 80 Meter Hurdles 30" Junior	14.22	14.38 (2)	14.12 (3) *
#17 Girls 100 Meter Dash Junior	13.34	13.90 (10)	
10 Ryan Vokey - Male - Comp#: 790			
#96 Boys High Jump Start 125cm Junior	1.48m		1.30m (16)
Relay	Seed	Prelims	Finals
1 Pine Ridge Middle School			
#71 Girls 4x100 Meter Relay Junior	55.73		56.61 (8)
2 Pine Ridge Middle School			
#83 Girls 4x400 Meter Relay Junior	4:50.05		
Pine Ridge Middle School Total Individual Entries: 14 - Total Relays: 2			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Prince Andrew			
1 Mikayla Boucher - Female - Comp#: 791			
#27 Girls 1500 Meter Run Senior	5:03.75		4:51.17 (3) *
#69 Girls 800 Meter Run Senior	2:23.84		2:22.71 (3) *
#81 Girls 3000 Meter Run Senior	10:49.82		10:43.20 (4) *
2 Brody Boudreau - Male - Comp#: 792			
#28 Boys 1500 Meter Run Senior	4:24.95		4:11.20 (1) *
#70 Boys 800 Meter Run Senior	2:03.07		2:02.54 (2) *
#82 Boys 3000 Meter Run Senior	9:34.86		9:09.03 (2) *
3 Shyann Brewer - Female - Comp#: 793			
#9 Girls 100 Meter Dash Special Senior	14.23		17.70 (2)
#31 Girls Shot Put 3kg-3 Throws Special Sen	4.91m		5.89m (4) *
#43 Girls Long Jump 3 Jumps Special Senior	2.49m		2.29m (3)
4 Maddison Brown - Female - Comp#: 794			
#57 Girls Discus Throw 1kg Intermediate	19.75m		19.46m (10)
5 Paige Colpitts - Female - Comp#: 795			
#94 Girls Javelin Throw 600g Senior	22.33m		21.01m (13)
6 Miguel Cull - Male - Comp#: 796			
#32 Boys Shot Put 4kg-3 Throws Special Ser	7.38m		7.79m (10) *
#44 Boys Long Jump 3 Jumps Special Senior	2.65m		
7 Hailey Douglas - Female - Comp#: 797			
#57 Girls Discus Throw 1kg Intermediate	17.62m		18.46m (12) *
8 Zach Hicks - Male - Comp#: 798			
#102 Boys High Jump Start 140cm Intermedi	1.68m		1.65m (11)
9 Kaitlyn MacDonald - Female - Comp#: 799			
#21 Girls 100 Meter Dash Senior	13.97	13.40 (8)	13.62 (8) *
10 Cole Parsons - Male - Comp#: 800			
#93 Boys Discus Throw 1.5kg Intermediate	26.83m		DNS
11 Christina Porter - Female - Comp#: 801			
#3 Girls 80 Meter Hurdles 33" Senior	16.00	16.50 (11)	
#63 Girls 200 Meter Dash Senior	28.29		
12 Madison Price - Female - Comp#: 802			
#31 Girls Shot Put 3kg-3 Throws Special Sen	6.70m		6.58m (2)
13 Josh Ross - Male - Comp#: 803			
#32 Boys Shot Put 4kg-3 Throws Special Ser	9.39m		9.58m (3) *
14 Thomas Watson - Male - Comp#: 804			
#32 Boys Shot Put 4kg-3 Throws Special Ser	9.09m		8.92m (4)
15 Nick Young - Male - Comp#: 805			
#103 Boys Triple Jump Senior	11.21m		11.51m (13) *
Relay	Seed	Prelims	Finals
1 Prince Andrew			
#75 Girls 4x100 Meter Relay Senior	55.01		54.65 (6) *
2 Prince Andrew			
#87 Girls 4x400 Meter Relay Senior	4:47.32		4:43.60 (11) *
Prince Andrew Total Individual Entries: 23 - Total Relays: 2			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Pugwash District High School			
1 Sam Aerts - Male - Comp#: 806			
#53 Boys Long Jump Senior	5.54m		5.59m (9) *
#70 Boys 800 Meter Run Senior	2:15.10		2:21.45 (15)
#82 Boys 3000 Meter Run Senior	10:47.00		10:16.08 (12) *
#103 Boys Triple Jump Senior	11.40m		
2 Maggie Dewar - Female - Comp#: 807			
#54 Girls High Jump Start 125cm Senior	1.40m		1.40m (6)
3 Maria Duynisveld - Female - Comp#: 808			
#49 Girls Triple Jump Senior	10.73m		11.24m (1) *
#54 Girls High Jump Start 125cm Senior	1.40m		1.40m (6)
#63 Girls 200 Meter Dash Senior	28.10	27.85 (8)	28.61 (8) *
#101 Girls Long Jump Senior	5.03m		5.13m (2) *
4 Gracie Field - Female - Comp#: 809			
#107 Girls 200 Meter Run Para	52.60		50.48 (1) *
#109 Girls 800 Meter Run Para	4:36.80		4:45.72 (1)
#111 Girls Shot Put 3kg-3 Throws Para	2.08m		2.70m (1) *
5 Brendan Godfrey - Male - Comp#: 810			
#18 Boys 100 Meter Dash Junior	13.00	13.10 (12)	
6 Cole Nix - Male - Comp#: 811			
#96 Boys High Jump Start 125cm Junior	1.45m		
7 Ian Tilt - Male - Comp#: 812			
#14 Boys 400 Meter Dash Intermediate	55.90	55.85 (5)	55.78 (5) *
#20 Boys 100 Meter Dash Intermediate	12.30		
#62 Boys 200 Meter Dash Intermediate	25.00	24.91 (9)	*
Relay	Seed	Prelims	Finals
1 Pugwash District High School			
#74 Boys 4x100 Meter Relay Intermediate	49.70		50.02 (9)
2 Pugwash District High School			
#86 Boys 4x400 Meter Relay Intermediate	4:03.00		DNS
Pugwash District High School Total Individual Entries: 17 - Total Relays: 2			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Rankin School of the Narrows			
1 Kalen Bonaparte - Male - Comp#: 813			
#40 Boys Javelin Throw 800g Senior	38.21m		38.75m (9) *
2 Logan Gillis - Male - Comp#: 814			
#50 Boys Shot Put 6kg Senior	9.96m		8.41m (14)
3 Larissa Lemoine - Female - Comp#: 815			
#2 Girls 80 Meter Hurdles 33" Intermediate	16.88	17.33 (13)	
#89 Girls Long Jump Intermediate	4.21m		3.91m (14)
4 Morgan Macinnis - Female - Comp#: 816			
#57 Girls Discus Throw 1kg Intermediate	20.97m		17.41m (15)
#104 Girls Shot Put 4kg Intermediate	7.70m		7.61m (13)
5 Jessica MacLean - Female - Comp#: 817			
#100 Girls Javelin Throw 500g Intermediate	28.88m		31.38m (4) *
#104 Girls Shot Put 4kg Intermediate	8.29m		8.01m (12)
6 Innis Macmullin - Male - Comp#: 818			
#6 Boys 100 Meter Hurdles 39" Senior	18.25	18.18 (12)	*
#64 Boys 200 Meter Dash Senior	24.44	24.60 (14)	
7 Cody Macneil - Male - Comp#: 819			
#50 Boys Shot Put 6kg Senior	11.76m		10.21m (10)
#99 Boys Discus Throw 1.75kg Senior	27.76m		23.06m (12)
8 Max Moeller - Male - Comp#: 820			
#6 Boys 100 Meter Hurdles 39" Senior	19.74	19.33 (14)	*
9 Sam Sawlor - Male - Comp#: 821			
#28 Boys 1500 Meter Run Senior	5:02.57		
#82 Boys 3000 Meter Run Senior	11:12.51		11:13.01 (14)
Rankin School of the Narrows	Total Individual Entries: 15 - Total Relays: 0		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Redcliffe Middle School			
1 Eli James - Male - Comp#: 822			
#38 Boys Shot Put 4kg Junior	9.36m		
#58 Boys Javelin Throw 600g Junior	35.19m		35.08m (2)
#105 Boys Discus Throw 1kg Junior	26.65m		31.26m (6) *
Redcliffe Middle School	Total Individual Entries: 3 - Total Relays: 0		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Richmond Academy			
1 Diego Marshall - Male - Comp#: 823			
#35 Boys Long Jump Intermediate	5.62m		5.42m (7)
#102 Boys High Jump Start 140cm Intermedi	1.85m		1.80m (1)
2 Daniel Mombourquette - Male - Comp#: 824			
#26 Boys 1500 Meter Run Intermediate	5:05.34		4:47.23 (11) *
#80 Boys 3000 Meter Run Intermediate	11:04.84		10:44.44 (10) *
3 Roan Sampson - Male - Comp#: 825			
#102 Boys High Jump Start 140cm Intermedi	1.55m		DNS
Richmond Academy Total Individual Entries: 5 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Ridgecliff Middle School			
1 Abedal Aljaraba - Male - Comp#: 826			
#38 Boys Shot Put 4kg Junior	10.36m		9.31m (12)
2 Hayden MacDonald - Male - Comp#: 827			
#12 Boys 400 Meter Dash Junior	1:02.11		
Relay	Seed	Prelims	Finals
1 Ridgecliff Middle School			
#84 Boys 4x400 Meter Relay Junior	4:32.79		
Ridgecliff Middle School Total Individual Entries: 2 - Total Relays: 1			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Riverside Education Centre			
1 Teaghan Bourgeois - Male - Comp#: 828			
#12 Boys 400 Meter Dash Junior	1:04.50	1:00.29 (4)	1:00.11 (4) *
#60 Boys 200 Meter Dash Junior	27.20	26.16 (8)	26.03 (7) *
2 Rachel Burns - Female - Comp#: 829			
#1 Girls 80 Meter Hurdles 30" Junior	15.00	15.68 (11)	
#11 Girls 400 Meter Dash Junior	1:08.00	1:04.80 (7)	1:06.07 (8) *
3 Graeson Cassis - Male - Comp#: 830			
#91 Boys Triple Jump Junior	10.10m		9.76m (11)
#96 Boys High Jump Start 125cm Junior	1.48m		1.60m (3) *
4 Josh Chisholm - Male - Comp#: 831			
#12 Boys 400 Meter Dash Junior	1:05.30	59.71 (5)	1:01.00 (6) *
5 Dahlia Dawe - Female - Comp#: 832			
#51 Girls Discus Throw 0.75kg Junior	23.17m		26.08m (4) *
#92 Girls Shot Put 3kg Junior	8.07m		7.25m (13)
6 Xander Marr - Male - Comp#: 833			
#4 Boys 100 Meter Hurdles 33" Junior	16.60	17.35 (4)	17.71 (4)
7 Zack Rogers - Male - Comp#: 834			
#78 Boys 3000 Meter Run Junior	11:01.00		10:47.38 (8) *
8 Jacob Sanford - Male - Comp#: 835			
#12 Boys 400 Meter Dash Junior	1:06.00	DNS	
#24 Boys 1500 Meter Run Junior	5:07.00	Scratched	Scratched
#66 Boys 800 Meter Run Junior	2:23.20	Scratched	Scratched
#78 Boys 3000 Meter Run Junior	10:51.00	Scratched	Scratched
Relay	Seed	Prelims	Finals
1 Riverside Education Centre			
#71 Girls 4x100 Meter Relay Junior	56.30		56.15 (7) *
2 Riverside Education Centre			
#72 Boys 4x100 Meter Relay Junior	53.40		
3 Riverside Education Centre			
#83 Girls 4x400 Meter Relay Junior	4:44.10		4:37.28 (4) *
4 Riverside Education Centre			
#84 Boys 4x400 Meter Relay Junior	4:19.40		4:11.15 (3) *
Riverside Education Centre Total Individual Entries: 15 - Total Relays: 4			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Riverview High			
1 Faustina Amoako - Female - Comp#: 836			
#98 Girls Shot Put 4kg Senior	7.95m		DNS
2 Ryan Drohan - Male - Comp#: 837			
#16 Boys 400 Meter Dash Senior	57.49	DNS	
#64 Boys 200 Meter Dash Senior	25.10		
3 Brigit Dwyer - Female - Comp#: 838			
#48 Girls High Jump Start 125cm Intermedia	1.36m		1.30m (13)
#104 Girls Shot Put 4kg Intermediate	7.74m		8.16m (10) *
4 Mariah Herve - Female - Comp#: 839			
#19 Girls 100 Meter Dash Intermediate	14.19		
#37 Girls Triple Jump Intermediate	8.88m		DNS
#89 Girls Long Jump Intermediate	4.23m	Scratched	Scratched
5 Fiona MacLellan - Female - Comp#: 840			
#27 Girls 1500 Meter Run Senior	6:28.20		DNS
6 Hailey MacLeod - Female - Comp#: 841			
#15 Girls 400 Meter Dash Senior	1:08.29		
#54 Girls High Jump Start 125cm Senior	1.35m		DNS
#98 Girls Shot Put 4kg Senior	8.72m		DNS
7 Lisa Mayerhofer - Female - Comp#: 842			
#81 Girls 3000 Meter Run Senior	15:26.01		DNS
8 Julia Mombourquette - Female - Comp#: 843			
#19 Girls 100 Meter Dash Intermediate	14.14	DNS	
9 Curtis Novak - Male - Comp#: 844			
#52 Boys Javelin Throw 700g Intermediate	35.22m		33.77m (11)
#93 Boys Discus Throw 1.5kg Intermediate	27.64m		25.55m (11)
10 Bret Pitre - Male - Comp#: 845			
#90 Boys High Jump Start 140cm Senior	1.65m		DNS
Relay	Seed	Prelims	Finals
1 Riverview High			
#73 Girls 4x100 Meter Relay Intermediate	57.69		DNS
2 Riverview High			
#74 Boys 4x100 Meter Relay Intermediate	53.10		DNS
3 Riverview High			
#75 Girls 4x100 Meter Relay Senior	1:01.41		DNS
4 Riverview High			
#76 Boys 4x100 Meter Relay Senior	49.41		DNS
5 Riverview High			
#86 Boys 4x400 Meter Relay Intermediate	4:42.37		DNS
6 Riverview High			
#88 Boys 4x400 Meter Relay Senior	4:02.20		DNS
Riverview High Total Individual Entries: 17 - Total Relays: 6			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Rocky Lake Junior High			
1 Jordan Camp - Female - Comp#: 846			
#77 Girls 3000 Meter Run Junior	12:15.83		
2 Sophie Doucette - Female - Comp#: 847			
#25 Girls 1500 Meter Run Intermediate	5:22.60		5:09.35 (4) *
#67 Girls 800 Meter Run Intermediate	2:31.52		2:28.06 (6) *
#79 Girls 3000 Meter Run Intermediate	12:11.85		11:44.42 (5) *
3 Owen Flemming - Male - Comp#: 848			
#26 Boys 1500 Meter Run Intermediate	4:45.73		4:25.09 (4) *
#80 Boys 3000 Meter Run Intermediate	9:57.70		9:54.84 (5) *
4 Luke Foster - Male - Comp#: 849			
#12 Boys 400 Meter Dash Junior	1:00.08	59.10 (2)	58.45 (1) *
#60 Boys 200 Meter Dash Junior	25.93	25.84 (5)	25.66 (5) *
5 Brett Graves - Male - Comp#: 850			
#18 Boys 100 Meter Dash Junior	13.59	12.78 (4)	12.75 (5) *
6 Ella Green - Female - Comp#: 851			
#51 Girls Discus Throw 0.75kg Junior	21.90m		21.65m (10)
7 Maren Hall - Female - Comp#: 852			
#19 Girls 100 Meter Dash Intermediate	13.69	12.78 (2)	12.92 (2) *
8 Mathew Lawton - Male - Comp#: 853			
#24 Boys 1500 Meter Run Junior	4:59.70		4:45.46 (3) *
#66 Boys 800 Meter Run Junior	2:22.11		2:21.42 (4) *
#78 Boys 3000 Meter Run Junior	10:39.35		10:33.73 (5) *
9 Hewson MacDonald - Male - Comp#: 854			
#4 Boys 100 Meter Hurdles 33" Junior	19.01	18.85 (8)	18.81 (8) *
#91 Boys Triple Jump Junior	10.29m		10.29m (7)
10 Niamh Martin-Manuel - Female - Comp#: 855			
#11 Girls 400 Meter Dash Junior	1:05.85	1:03.23 (4)	1:01.53 (3) *
#17 Girls 100 Meter Dash Junior	14.28	13.87 (9)	*
#59 Girls 200 Meter Dash Junior	27.39	27.93 (5)	27.40 (4)
11 Rylan Murphy - Male - Comp#: 856			
#38 Boys Shot Put 4kg Junior	12.22m		12.48m (1) *
#105 Boys Discus Throw 1kg Junior	30.70m		33.66m (2) *
12 Alex Quinton - Male - Comp#: 857			
#24 Boys 1500 Meter Run Junior	4:53.11		4:43.08 (2) *
#66 Boys 800 Meter Run Junior	2:19.90		2:19.45 (3) *
#78 Boys 3000 Meter Run Junior	10:03.48		9:59.55 (1) *
13 Cassie Roche - Female - Comp#: 858			
#2 Girls 80 Meter Hurdles 33" Intermediate	15.25	15.29 (11)	
14 Aiden Roosong - Male - Comp#: 859			
#60 Boys 200 Meter Dash Junior	26.97	27.28 (13)	
15 Ayden Stonier - Female - Comp#: 860			
#41 Girls Shot Put 3kg-3 Throws Special Jun	5.03m		5.13m (8) *
16 Adrian Tousner - Male - Comp#: 861			
#30 Boys Long Jump 3 Jumps Special Junior	3.03m		DNS
17 Kiana Ward - Female - Comp#: 862			
#104 Girls Shot Put 4kg Intermediate	7.76m		7.03m (16)
18 Katelyn Wilton - Female - Comp#: 863			
#11 Girls 400 Meter Dash Junior	1:07.83	1:03.17 (3)	1:02.66 (4) *
Relay	Seed	Prelims	Finals
1 Rocky Lake Junior High			
#71 Girls 4x100 Meter Relay Junior	54.39		53.23 (1) *
2 Rocky Lake Junior High			
#72 Boys 4x100 Meter Relay Junior	51.30		52.13 (4)

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Rocky Lake Junior High			
3 Rocky Lake Junior High #73 Girls 4x100 Meter Relay Intermediate	52.80		52.24 (2) *
4 Rocky Lake Junior High #83 Girls 4x400 Meter Relay Junior	4:30.67		4:22.03 (2) *
5 Rocky Lake Junior High #84 Boys 4x400 Meter Relay Junior	4:12.47		4:17.33 (6)
Rocky Lake Junior High Total Individual Entries: 30 - Total Relays: 5			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Sackville Heights Junior High			
1 Seth Channing - Male - Comp#: 864			
#38 Boys Shot Put 4kg Junior	11.24m		10.67m (3)
#105 Boys Discus Throw 1kg Junior	35.44m		33.43m (3)
2 Amber Salter - Female - Comp#: 865			
#55 Girls Triple Jump Junior	8.65m	Scratched	Scratched
Sackville Heights Junior High	Total Individual Entries: 3 - Total Relays: 0		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Sackville High			
1 Shane Doyle - Male - Comp#: 866			
#40 Boys Javelin Throw 800g Senior	36.91m		ND
2 Hailey Giffin - Female - Comp#: 867			
#57 Girls Discus Throw 1kg Intermediate	23.21m		20.74m (9)
#104 Girls Shot Put 4kg Intermediate	8.94m		9.23m (6) *
3 Chris Hurley - Male - Comp#: 868			
#10 Boys 100 Meter Dash Special Senior	11.69		14.13 (4)
#44 Boys Long Jump 3 Jumps Special Senior	3.11m		3.50m (8) *
4 Ian Lane - Male - Comp#: 869			
#42 Boys Shot Put 4kg-3 Throws Special Jun	5.17m		
5 Garrett Malloy - Male - Comp#: 870			
#22 Boys 100 Meter Dash Senior	12.00	11.63 (6)	11.69 (5) *
#53 Boys Long Jump Senior	5.70m		6.30m (3) *
#64 Boys 200 Meter Dash Senior	23.66		
6 Connor McHugh - Male - Comp#: 871			
#103 Boys Triple Jump Senior	11.41m		11.58m (12) *
7 Magail Perkins - Male - Comp#: 872			
#32 Boys Shot Put 4kg-3 Throws Special Ser	7.26m	Scratched	Scratched
8 Daniel Surrette - Male - Comp#: 873			
#6 Boys 100 Meter Hurdles 39" Senior	16.97	15.93 (9)	*
Relay	Seed	Prelims	Finals
1 Sackville High			
#76 Boys 4x100 Meter Relay Senior	46.52		Scratched
Sackville High Total Individual Entries: 12 - Total Relays: 1			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Sacred Heart School			
1 Sarah Macaskill - Female - Comp#: 874			
#25 Girls 1500 Meter Run Intermediate	5:21.75		5:20.82 (9) *
#67 Girls 800 Meter Run Intermediate	2:32.68		2:31.02 (7) *
#79 Girls 3000 Meter Run Intermediate	12:03.06		11:55.86 (7) *
2 Tallulah Macneil - Female - Comp#: 875			
#25 Girls 1500 Meter Run Intermediate	5:23.20		5:13.84 (6) *
#79 Girls 3000 Meter Run Intermediate	11:58.26		11:50.53 (6) *
3 Sasha Oreskovich - Female - Comp#: 876			
#104 Girls Shot Put 4kg Intermediate	7.60m		
4 Charlie Simms - Male - Comp#: 877			
#14 Boys 400 Meter Dash Intermediate	58.80		
#68 Boys 800 Meter Run Intermediate	2:15.02		
5 Maggie Smith - Female - Comp#: 878			
#27 Girls 1500 Meter Run Senior	4:50.42		4:21.94 (1) *
NSSAF: 4:21.94			
#69 Girls 800 Meter Run Senior	2:16.95		2:11.58 (1) *
NSSAF: 2:11.58			
#81 Girls 3000 Meter Run Senior	10:46.03		9:26.12 (1) *
NSSAF: 9:26.12			
Relay	Seed	Prelims	Finals
1 Sacred Heart School			
#85 Girls 4x400 Meter Relay Intermediate	4:32.91		4:33.89 (5)
2 Sacred Heart School			
#87 Girls 4x400 Meter Relay Senior	5:04.94		
Sacred Heart School Total Individual Entries: 11 - Total Relays: 2			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Shelburne Regional			
1 Jamie Fehr - Male - Comp#: 879			
#52 Boys Javelin Throw 700g Intermediate	40.09m		33.54m (12)
#93 Boys Discus Throw 1.5kg Intermediate	32.99m		36.36m (2) *
#102 Boys High Jump Start 140cm Intermedi	1.58m		1.65m (5) *
2 Ian Fitzgerald - Male - Comp#: 880			
#90 Boys High Jump Start 140cm Senior	1.70m		
3 Taylor Goodick - Male - Comp#: 881			
#40 Boys Javelin Throw 800g Senior	41.79m		47.18m (4) *
#99 Boys Discus Throw 1.75kg Senior	33.36m		33.72m (7) *
4 Riley Hemeon - Male - Comp#: 882			
#47 Boys Long Jump Junior	4.99m		4.48m (11)
#58 Boys Javelin Throw 600g Junior	28.44m		28.38m (10)
#105 Boys Discus Throw 1kg Junior	26.06m		
5 Kailey Wolkins - Female - Comp#: 883			
#11 Girls 400 Meter Dash Junior	1:09.08		
#65 Girls 800 Meter Run Junior	2:47.50		
Shelburne Regional Total Individual Entries: 11 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

		Seed	Prelims	Finals
Sir John A. MacDonald				
1 John Fisher - Male - Comp#: 884				
#52 Boys Javelin Throw 700g Intermediate	31.68m			23.42m (13)
#56 Boys Shot Put 5kg Intermediate	11.54m			11.30m (7)
2 Cameron MacDonald - Male - Comp#: 885				
#26 Boys 1500 Meter Run Intermediate	4:55.25			4:41.47 (9) *
#68 Boys 800 Meter Run Intermediate	2:14.21			2:13.04 (9) *
3 Emily Macfadyen - Female - Comp#: 886				
#98 Girls Shot Put 4kg Senior	7.74m			
4 Robyn Meredith - Female - Comp#: 887				
#49 Girls Triple Jump Senior	8.68m			8.21m (16)
#54 Girls High Jump Start 125cm Senior	1.45m			1.48m (3) *
5 Jeff Smith - Male - Comp#: 888				
#20 Boys 100 Meter Dash Intermediate	12.81	12.05 (9)		*
#62 Boys 200 Meter Dash Intermediate	24.67	24.73 (8)		24.55 (5) *
Relay	Seed	Prelims	Finals	
1 Sir John A. MacDonald				
#74 Boys 4x100 Meter Relay Intermediate	48.91			48.97 (7)
2 Sir John A. MacDonald				
#85 Girls 4x400 Meter Relay Intermediate	4:39.13			4:34.05 (7) *
Sir John A. MacDonald Total Individual Entries: 9 - Total Relays: 2				

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Sir Robert Borden Junior High			
1 Makenah Brown - Female - Comp#: 889			
#7 Girls 100 Meter Dash Special Junior	18.77		
#29 Girls Long Jump 3 Jumps Special Junior	1.70m		
#41 Girls Shot Put 3kg-3 Throws Special Jun	3.94m		
2 Malachi Harris - Male - Comp#: 890			
#8 Boys 100 Meter Dash Special Junior	12.92		15.25 (4)
#30 Boys Long Jump 3 Jumps Special Junior	3.22m		3.13m (3)
3 Nathaniel Slawter - Male - Comp#: 891			
#18 Boys 100 Meter Dash Junior	13.41	12.63 (7)	12.56 (4) *
#47 Boys Long Jump Junior	5.27m		5.21m (1)
#60 Boys 200 Meter Dash Junior	25.37	25.66 (3)	25.34 (3) *
4 Dennis Turner - Male - Comp#: 892			
#42 Boys Shot Put 4kg-3 Throws Special Jun	6.12m		6.97m (4) *
Sir Robert Borden Junior High Total Individual Entries: 9 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
South Colchester Academy			
1 Eloi Benjanin - Male - Comp#: 893			
#26 Boys 1500 Meter Run Intermediate	4:32.00		4:29.03 (6) *
2 Cameron Byrne - Male - Comp#: 894			
#10 Boys 100 Meter Dash Special Senior	13.25		13.81 (3)
#32 Boys Shot Put 4kg-3 Throws Special Ser	7.63m		8.31m (6) *
#44 Boys Long Jump 3 Jumps Special Senior	4.54m		4.00m (4)
3 Cody Geldart - Male - Comp#: 895			
#18 Boys 100 Meter Dash Junior	12.90	12.90 (9)	*
4 Isaac Kennedy - Male - Comp#: 896			
#68 Boys 800 Meter Run Intermediate	2:13.20		2:12.63 (8) *
5 Sarah Kennedy - Female - Comp#: 897			
#3 Girls 80 Meter Hurdles 33" Senior	13.70		
#39 Girls Discus Throw 1kg Senior	25.25m		
6 Ainsley McCoul - Female - Comp#: 898			
#54 Girls High Jump Start 125cm Senior	1.35m	Scratched	Scratched
7 Declan Urquhart - Male - Comp#: 899			
#8 Boys 100 Meter Dash Special Junior	16.40		16.24 (7) *
#30 Boys Long Jump 3 Jumps Special Junior	3.17m		2.88m (6)
#42 Boys Shot Put 4kg-3 Throws Special Jun	5.32m		6.13m (6) *
8 Sarah Wells - Female - Comp#: 900			
#9 Girls 100 Meter Dash Special Senior	35.20		33.60 (9) *
#31 Girls Shot Put 3kg-3 Throws Special Sen	2.77m		2.59m (10)
#43 Girls Long Jump 3 Jumps Special Senior	0.44m		0.38m (9)
9 Montana Wright - Female - Comp#: 901			
#7 Girls 100 Meter Dash Special Junior	17.40		18.01 (6)
#29 Girls Long Jump 3 Jumps Special Junior	2.37m		2.37m (7)
#41 Girls Shot Put 3kg-3 Throws Special Jun	5.74m		5.54m (6)
Relay	Seed	Prelims	Finals
1 South Colchester Academy			
#73 Girls 4x100 Meter Relay Intermediate	54.70		57.31 (14)
2 South Colchester Academy			
#74 Boys 4x100 Meter Relay Intermediate	50.70		
3 South Colchester Academy			
#75 Girls 4x100 Meter Relay Senior	56.70		Scratched
4 South Colchester Academy			
#86 Boys 4x400 Meter Relay Intermediate	3:59.40		3:53.56 (7) *
South Colchester Academy Total Individual Entries: 18 - Total Relays: 4			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

		Seed	Prelims	Finals
South Queens Middle School				
1	Shae D'Arcy - Female - Comp#: 902			
	#55 Girls Triple Jump Junior	8.60m		8.99m (8) *
2	Lauren Thistle - Female - Comp#: 903			
	#92 Girls Shot Put 3kg Junior	9.15m		9.49m (1) *
	Relay	Seed	Prelims	Finals
1	South Queens Middle School			
	#84 Boys 4x400 Meter Relay Junior	4:32.71		
South Queens Middle School Total Individual Entries: 2 - Total Relays: 1				

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Springhill Jr./Sr. High			
1 Michael Collicott - Male - Comp#: 904			
#5 Boys 100 Meter Hurdles 36" Intermediate	18.60	18.26 (9)	*
Springhill Jr./Sr. High Total Individual Entries: 1 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
St. Agnes Junior High				
1	Zhihao Di - Male - Comp#: 905			
	#47 Boys Long Jump Junior	4.76m		DNS
2	Marley Langthorne - Female - Comp#: 906			
	#11 Girls 400 Meter Dash Junior	1:13.29		
Relay		Seed	Prelims	Finals
1	St. Agnes Junior High			
	#83 Girls 4x400 Meter Relay Junior	4:55.65		4:54.12 (11) *
St. Agnes Junior High Total Individual Entries: 2 - Total Relays: 1				

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
St. Andrew Junior School			
1 Mya Artibello - Female - Comp#: 907			
#11 Girls 400 Meter Dash Junior	1:01.20	1:01.17 (1)	1:00.95 (2) *
#59 Girls 200 Meter Dash Junior	28.10	28.00 (6)	27.68 (6) *
#65 Girls 800 Meter Run Junior	2:25.15		2:24.06 (3) *
2 Mariah Austen - Female - Comp#: 908			
#79 Girls 3000 Meter Run Intermediate	12:30.00		
3 Alexandra Benevides - Female - Comp#: 909			
#77 Girls 3000 Meter Run Junior	12:24.00		
4 Jessa Cameron - Female - Comp#: 910			
#11 Girls 400 Meter Dash Junior	1:06.00	1:03.91 (5)	1:03.48 (5) *
#59 Girls 200 Meter Dash Junior	28.60		
5 Bryn Canning - Female - Comp#: 911			
#23 Girls 1500 Meter Run Junior	5:15.00		5:07.98 (4) *
#65 Girls 800 Meter Run Junior	2:25.30		2:28.89 (6)
6 Aran Lloy - Male - Comp#: 912			
#18 Boys 100 Meter Dash Junior	13.00		
7 Conlan MacKenzie - Male - Comp#: 913			
#24 Boys 1500 Meter Run Junior	5:19.00		5:06.64 (12) *
#66 Boys 800 Meter Run Junior	2:37.50		2:35.99 (13) *
#78 Boys 3000 Meter Run Junior	11:03.00		11:02.16 (10) *
8 Lily MacLean - Female - Comp#: 914			
#23 Girls 1500 Meter Run Junior	5:27.00		5:19.40 (9) *
#77 Girls 3000 Meter Run Junior	12:08.00		12:03.00 (11) *
9 Bree Macpherson - Female - Comp#: 915			
#92 Girls Shot Put 3kg Junior	7.93m		
10 Brody Macpherson - Male - Comp#: 916			
#24 Boys 1500 Meter Run Junior	5:11.00		4:56.73 (8) *
#66 Boys 800 Meter Run Junior	2:27.80		2:26.04 (8) *
11 Shomari Matthews - Male - Comp#: 917			
#18 Boys 100 Meter Dash Junior	12.50	12.31 (2)	12.22 (2) *
12 Anna Robinson - Female - Comp#: 918			
#23 Girls 1500 Meter Run Junior	5:03.00		4:50.51 (3) *
#65 Girls 800 Meter Run Junior	2:25.20		2:28.56 (5)
#77 Girls 3000 Meter Run Junior	10:54.00		11:03.07 (3)
13 Rhyah Stewart - Female - Comp#: 919			
#23 Girls 1500 Meter Run Junior	5:32.00		5:21.86 (11) *
#77 Girls 3000 Meter Run Junior	12:14.00		11:39.61 (6) *
Relay	Seed	Prelims	Finals
1 St. Andrew Junior School			
#71 Girls 4x100 Meter Relay Junior	54.70		55.11 (4)
2 St. Andrew Junior School			
#72 Boys 4x100 Meter Relay Junior	51.50		51.97 (2)
3 St. Andrew Junior School			
#83 Girls 4x400 Meter Relay Junior	4:24.50		4:18.44 (1) *
4 St. Andrew Junior School			
#84 Boys 4x400 Meter Relay Junior	4:21.60		4:20.17 (8) *
St. Andrew Junior School Total Individual Entries: 24 - Total Relays: 4			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
St. Mary's Academy/Education			
1 Chloe Hebb - Female - Comp#: 920			
#101 Girls Long Jump Senior	4.37m		
St. Mary's Academy/Education Total Individual Entries: 1 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

		Seed	Prelims	Finals
Strait Area Ed & Rec Centre				
1 Hannah Blair - Female - Comp#: 921				
#94 Girls Javelin Throw 600g Senior	23.71m			24.60m (11) *
2 Lacey Cahill - Female - Comp#: 922				
#57 Girls Discus Throw 1kg Intermediate	21.65m			18.09m (13)
#104 Girls Shot Put 4kg Intermediate	8.60m			7.44m (14)
3 Grant Cameron - Male - Comp#: 923				
#14 Boys 400 Meter Dash Intermediate	1:00.49	1:01.13	(14)	
#68 Boys 800 Meter Run Intermediate	2:28.33			DQ
4 Natalie Cameron - Female - Comp#: 924				
#101 Girls Long Jump Senior	4.11m			4.16m (12) *
5 Brea Campbell - Female - Comp#: 925				
#101 Girls Long Jump Senior	4.09m			
6 Ethan Donaldson - Male - Comp#: 926				
#52 Boys Javelin Throw 700g Intermediate	35.18m			
7 Danika Fraser - Female - Comp#: 927				
#100 Girls Javelin Throw 500g Intermediate	23.62m			20.92m (12)
8 Andre Gerrior - Male - Comp#: 928				
#53 Boys Long Jump Senior	5.53m			4.82m (16)
#103 Boys Triple Jump Senior	11.13m			10.76m (15)
9 Clare Glover - Female - Comp#: 929				
#19 Girls 100 Meter Dash Intermediate	13.86	14.11	(15)	
#37 Girls Triple Jump Intermediate	9.30m			8.57m (15)
#61 Girls 200 Meter Dash Intermediate	28.46	29.27	(15)	
#89 Girls Long Jump Intermediate	4.28m			3.97m (11)
10 Cora Kehoe - Female - Comp#: 930				
#67 Girls 800 Meter Run Intermediate	2:59.07			DNS
11 Braden MacDonald - Male - Comp#: 931				
#90 Boys High Jump Start 140cm Senior	1.55m			
12 Callum MacDonald - Male - Comp#: 932				
#102 Boys High Jump Start 140cm Intermedi	1.50m			
13 Regyn MacDonald - Female - Comp#: 933				
#2 Girls 80 Meter Hurdles 33" Intermediate	17.95	17.54	(16)	*
14 Emmett Maciver - Male - Comp#: 934				
#5 Boys 100 Meter Hurdles 36" Intermediate	20.17	19.89	(12)	*
#20 Boys 100 Meter Dash Intermediate	12.58	12.78	(16)	
#62 Boys 200 Meter Dash Intermediate	26.11	25.91	(15)	*
15 Leo MacLean - Male - Comp#: 935				
#26 Boys 1500 Meter Run Intermediate	5:31.75			
16 Brady Macneil - Male - Comp#: 936				
#52 Boys Javelin Throw 700g Intermediate	35.46m			34.86m (8)
17 Evan Macneil - Male - Comp#: 937				
#102 Boys High Jump Start 140cm Intermedi	1.50m			1.55m (13) *
18 Eric Morin - Male - Comp#: 938				
#26 Boys 1500 Meter Run Intermediate	5:30.70			5:02.48 (14) *
#68 Boys 800 Meter Run Intermediate	2:32.14			2:27.70 (14) *
19 Joy Morin - Female - Comp#: 939				
#15 Girls 400 Meter Dash Senior	1:08.99	1:06.59	(13)	*
#21 Girls 100 Meter Dash Senior	14.08	14.15	(13)	
#63 Girls 200 Meter Dash Senior	29.14	28.74	(13)	*
20 Matthew Raike - Male - Comp#: 940				
#6 Boys 100 Meter Hurdles 39" Senior	20.70			
21 Ethan Richards - Male - Comp#: 941				
#56 Boys Shot Put 5kg Intermediate	9.86m			9.89m (13) *

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Strait Area Ed & Rec Centre			
22 Alec Richardson - Male - Comp#: 942			
#90 Boys High Jump Start 140cm Senior	1.65m		1.65m (11)
23 Adam Rose - Male - Comp#: 943			
#56 Boys Shot Put 5kg Intermediate	12.00m		12.20m (1) *
#93 Boys Discus Throw 1.5kg Intermediate	28.25m		22.68m (13)
24 Sierra White - Female - Comp#: 944			
#13 Girls 400 Meter Dash Intermediate	1:11.11	1:08.14 (14)	*
#37 Girls Triple Jump Intermediate	8.62m		
#89 Girls Long Jump Intermediate	4.20m		3.94m (13)
25 Jeremy Williams - Male - Comp#: 945			
#70 Boys 800 Meter Run Senior	2:29.52		
26 Trent Williams - Male - Comp#: 946			
#20 Boys 100 Meter Dash Intermediate	12.44	12.69 (15)	
#35 Boys Long Jump Intermediate	5.35m		5.08m (12)
Relay	Seed	Prelims	Finals
1 Strait Area Ed & Rec Centre			
#73 Girls 4x100 Meter Relay Intermediate	56.53		56.62 (12)
2 Strait Area Ed & Rec Centre			
#74 Boys 4x100 Meter Relay Intermediate	50.99		51.19 (13)
3 Strait Area Ed & Rec Centre			
#75 Girls 4x100 Meter Relay Senior	58.14		59.09 (12)
4 Strait Area Ed & Rec Centre			
#76 Boys 4x100 Meter Relay Senior	49.15		DQ
5 Strait Area Ed & Rec Centre			
#85 Girls 4x400 Meter Relay Intermediate	5:00.02		4:50.73 (12) *
6 Strait Area Ed & Rec Centre			
#86 Boys 4x400 Meter Relay Intermediate	4:07.94		4:19.34 (11)
7 Strait Area Ed & Rec Centre			
#87 Girls 4x400 Meter Relay Senior	5:16.43		5:16.96 (13)
8 Strait Area Ed & Rec Centre			
#88 Boys 4x400 Meter Relay Senior	4:20.98		4:28.77 (13)
Strait Area Ed & Rec Centre Total Individual Entries: 41 - Total Relays: 8			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Summit Academy Active Learning			
1 Connor Wilkin - Male - Comp#: 947			
#105 Boys Discus Throw 1kg Junior	30.47m		24.65m (13)
Summit Academy Active Learning	Total Individual Entries: 1 - Total Relays: 0		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Sydney Academy			
1 Cassidy Laporte - Female - Comp#: 948			
#21 Girls 100 Meter Dash Senior	14.36	14.59 (15)	
#63 Girls 200 Meter Dash Senior	30.67	30.18 (15)	*
#98 Girls Shot Put 4kg Senior	8.07m		7.99m (12)
2 Emily Maceachern - Female - Comp#: 949			
#3 Girls 80 Meter Hurdles 33" Senior	16.96	16.50 (10)	*
#15 Girls 400 Meter Dash Senior	1:28.43	1:18.71 (16)	*
3 Aiden Macmaster - Male - Comp#: 950			
#90 Boys High Jump Start 140cm Senior	1.55m		
#99 Boys Discus Throw 1.75kg Senior	25.98m		21.56m (13)
4 Brandon Martin - Male - Comp#: 951			
#28 Boys 1500 Meter Run Senior	4:48.69		4:55.56 (16)
#70 Boys 800 Meter Run Senior	2:18.32		DNS
#82 Boys 3000 Meter Run Senior	10:51.77		DNS
5 Eric Wall - Male - Comp#: 952			
#90 Boys High Jump Start 140cm Senior	1.79m		1.70m (10)
Relay	Seed	Prelims	Finals
1 Sydney Academy			
#73 Girls 4x100 Meter Relay Intermediate	1:02.41		
Sydney Academy Total Individual Entries: 11 - Total Relays: 1			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
Sydney Mines Junior High				
1 Cohen Ross - Male - Comp#: 953				
#58 Boys Javelin Throw 600g Junior		24.02m	Scratched	Scratched
Relay		Seed	Prelims	Finals
1 Sydney Mines Junior High				
#72 Boys 4x100 Meter Relay Junior		1:04.41		
Sydney Mines Junior High Total Individual Entries: 1 - Total Relays: 1				

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Tamarac Educational Centre			
1 Ella Bartlett - Female - Comp#: 954			
#77 Girls 3000 Meter Run Junior	13:50.15		14:15.04 (16)
2 Alexis Chisholm-Beaton - Female - Comp#: 955			
#11 Girls 400 Meter Dash Junior	1:09.31	DNS	
#65 Girls 800 Meter Run Junior	2:49.39		DNS
#77 Girls 3000 Meter Run Junior	13:55.10		
3 Juneau Gealogo - Male - Comp#: 956			
#4 Boys 100 Meter Hurdles 33" Junior	20.13	23.74 (14)	
#96 Boys High Jump Start 125cm Junior	1.35m		
4 Josh Hatcher - Male - Comp#: 957			
#60 Boys 200 Meter Dash Junior	29.57	29.26 (15)	*
#91 Boys Triple Jump Junior	9.10m		9.32m (13) *
5 Ryan Hayes - Male - Comp#: 958			
#12 Boys 400 Meter Dash Junior	1:04.67	1:02.48 (13)	*
#18 Boys 100 Meter Dash Junior	13.44		
#58 Boys Javelin Throw 600g Junior	34.58m		35.40m (1) *
#60 Boys 200 Meter Dash Junior	28.23	28.42 (14)	
#96 Boys High Jump Start 125cm Junior	1.50m		1.40m (14)
6 Brogan Kersten - Male - Comp#: 959			
#47 Boys Long Jump Junior	4.20m		4.28m (13) *
#91 Boys Triple Jump Junior	9.83m		9.73m (12)
7 Olivia Langley - Female - Comp#: 960			
#23 Girls 1500 Meter Run Junior	5:56.85		
#77 Girls 3000 Meter Run Junior	13:14.37		13:35.57 (15)
8 Ava Mac Donald - Female - Comp#: 961			
#11 Girls 400 Meter Dash Junior	1:08.81	1:09.32 (13)	
#17 Girls 100 Meter Dash Junior	14.16	14.38 (15)	
#55 Girls Triple Jump Junior	8.02m		
9 Tyler MacDonald - Male - Comp#: 962			
#47 Boys Long Jump Junior	4.18m		
#91 Boys Triple Jump Junior	8.50m		
10 Sophia Maciver - Female - Comp#: 963			
#1 Girls 80 Meter Hurdles 30" Junior	15.97	15.91 (15)	*
#17 Girls 100 Meter Dash Junior	14.63	14.23 (14)	*
11 Ben Madden - Male - Comp#: 964			
#24 Boys 1500 Meter Run Junior	5:11.78		5:04.17 (10) *
#66 Boys 800 Meter Run Junior	2:28.85		2:31.91 (11)
#78 Boys 3000 Meter Run Junior	11:26.93		11:46.01 (13)
#105 Boys Discus Throw 1kg Junior	23.06m		21.76m (15)
12 Annie Maltby - Female - Comp#: 965			
#51 Girls Discus Throw 0.75kg Junior	20.43m		21.91m (9) *
#92 Girls Shot Put 3kg Junior	8.49m		8.61m (6) *
#106 Girls Javelin Throw 400g Junior	32.77m		30.40m (2)
13 Matthew Patchett - Male - Comp#: 966			
#18 Boys 100 Meter Dash Junior	13.35	DNS	
#38 Boys Shot Put 4kg Junior	9.13m		8.40m (15)
14 Theis Uhlig - Male - Comp#: 967			
#18 Boys 100 Meter Dash Junior	13.31	DNS	
#4 Boys 100 Meter Hurdles 33" Junior	18.63		
#12 Boys 400 Meter Dash Junior	1:05.85	DNS	
Relay	Seed	Prelims	Finals
1 Tamarac Educational Centre			
#71 Girls 4x100 Meter Relay Junior	57.86		58.08 (11)

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

		Seed	Prelims	Finals
Tamarac Educational Centre				
2	Tamarac Educational Centre #72 Boys 4x100 Meter Relay Junior	53.89		54.15 (9)
3	Tamarac Educational Centre #83 Girls 4x400 Meter Relay Junior	4:51.83		5:00.07 (13)
4	Tamarac Educational Centre #84 Boys 4x400 Meter Relay Junior	4:33.73		4:40.27 (13)
Tamarac Educational Centre		Total Individual Entries: 36 - Total Relays: 4		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Truro Junior High			
1 Jenna Adams - Female - Comp#: 968			
#37 Girls Triple Jump Intermediate	10.12m		10.30m (1) *
#89 Girls Long Jump Intermediate	4.52m		4.62m (8) *
2 Eli Dykeman - Male - Comp#: 969			
#14 Boys 400 Meter Dash Intermediate	58.00		
3 Willa Evans - Female - Comp#: 970			
#17 Girls 100 Meter Dash Junior	13.50	13.61 (6)	13.71 (7)
#59 Girls 200 Meter Dash Junior	28.20	28.48 (9)	
4 Wyatt Gray - Male - Comp#: 971			
#47 Boys Long Jump Junior	4.35m		
5 Erik Hayden - Male - Comp#: 972			
#97 Boys Triple Jump Intermediate	11.36m		11.72m (3) *
#102 Boys High Jump Start 140cm Intermedi	1.65m		1.55m (12)
6 Marques Hayden - Male - Comp#: 973			
#4 Boys 100 Meter Hurdles 33" Junior	18.40	18.91 (10)	
7 Quinn Hayden - Male - Comp#: 974			
#4 Boys 100 Meter Hurdles 33" Junior	17.30	17.46 (5)	18.53 (7)
8 Logan Johnstone - Male - Comp#: 975			
#80 Boys 3000 Meter Run Intermediate	10:28.00		10:28.93 (9)
9 Kim Katter - Female - Comp#: 976			
#48 Girls High Jump Start 125cm Intermedia	1.53m		1.53m (1)
10 Paige McPhee - Female - Comp#: 977			
#1 Girls 80 Meter Hurdles 30" Junior	14.80	15.76 (13)	
#55 Girls Triple Jump Junior	9.04m		8.94m (9)
11 Jack McQuaid - Male - Comp#: 978			
#47 Boys Long Jump Junior	4.47m		4.24m (14)
#91 Boys Triple Jump Junior	9.80m		
12 Emma Ross - Female - Comp#: 979			
#100 Girls Javelin Throw 500g Intermediate	26.01m		
13 Jon Seeton - Male - Comp#: 980			
#12 Boys 400 Meter Dash Junior	1:00.60	1:00.50 (9)	*
#60 Boys 200 Meter Dash Junior	27.20	27.00 (12)	*
14 Jaclyn Sherry - Female - Comp#: 981			
#2 Girls 80 Meter Hurdles 33" Intermediate	13.70	14.15 (7)	14.16 (6)
15 Ella Sobey - Female - Comp#: 982			
#1 Girls 80 Meter Hurdles 30" Junior	13.60	14.22 (3)	14.11 (2)
16 Austin Warren - Male - Comp#: 983			
#38 Boys Shot Put 4kg Junior	10.15m		11.45m (2) *
#105 Boys Discus Throw 1kg Junior	27.77m		32.33m (5) *
17 Maria Worden - Female - Comp#: 984			
#106 Girls Javelin Throw 400g Junior	29.58m		29.75m (4) *
Relay	Seed	Prelims	Finals
1 Truro Junior High			
#71 Girls 4x100 Meter Relay Junior	53.30		58.21 (12)
2 Truro Junior High			
#72 Boys 4x100 Meter Relay Junior	52.00		DQ
3 Truro Junior High			
#83 Girls 4x400 Meter Relay Junior	4:50.10		
4 Truro Junior High			
#84 Boys 4x400 Meter Relay Junior	4:11.50		4:09.74 (2) *
5 Truro Junior High			
#85 Girls 4x400 Meter Relay Intermediate	4:42.50		

Truro Junior High Total Individual Entries: 24 - Total Relays: 5

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Wagmatcookewey			
1 Dante Isadore - Male - Comp#: 985			
#22 Boys 100 Meter Dash Senior	11.81	11.94 (14)	
#50 Boys Shot Put 6kg Senior	10.97m		9.71m (13)
#53 Boys Long Jump Senior	6.55m		6.29m (4)
#64 Boys 200 Meter Dash Senior	23.63	24.25 (11)	
#103 Boys Triple Jump Senior	12.90m		12.93m (4) *
2 Gavin Michael - Male - Comp#: 986			
#56 Boys Shot Put 5kg Intermediate	10.93m		DNS
Wagmatcookewey Total Individual Entries: 6 - Total Relays: 0			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
West Hants Middle School			
1 Evan Baxter - Male - Comp#: 987			
#58 Boys Javelin Throw 600g Junior	28.56m		28.18m (11)
#66 Boys 800 Meter Run Junior	2:34.18		
2 Lily Newton - Female - Comp#: 988			
#55 Girls Triple Jump Junior	8.39m		
3 Ava Shearer - Female - Comp#: 989			
#36 Girls High Jump Start 115cm Junior	1.32m		1.30m (12)
4 Courtney Taylor - Female - Comp#: 990			
#23 Girls 1500 Meter Run Junior	5:53.59		
5 Carter Toole - Male - Comp#: 991			
#38 Boys Shot Put 4kg Junior	9.36m		9.02m (13)
#91 Boys Triple Jump Junior	10.44m		11.09m (1) *
#96 Boys High Jump Start 125cm Junior	1.40m		1.45m (10) *
Relay	Seed	Prelims	Finals
1 West Hants Middle School			
#71 Girls 4x100 Meter Relay Junior	56.44		
2 West Hants Middle School			
#84 Boys 4x400 Meter Relay Junior	4:26.99		4:26.42 (11) *
West Hants Middle School Total Individual Entries: 8 - Total Relays: 2			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
West Kings District			
1 Zachary Allbright - Male - Comp#: 992			
#26 Boys 1500 Meter Run Intermediate	5:02.62		4:55.46 (13) *
#80 Boys 3000 Meter Run Intermediate	10:46.59		10:48.45 (12)
2 Eden Bishop - Female - Comp#: 993			
#15 Girls 400 Meter Dash Senior	1:03.05	1:02.91 (5)	1:02.79 (4) *
#54 Girls High Jump Start 125cm Senior	1.40m		1.25m (14)
#63 Girls 200 Meter Dash Senior	27.72		
3 Sam Cadrain - Male - Comp#: 994			
#26 Boys 1500 Meter Run Intermediate	4:27.81		4:20.18 (2) *
#80 Boys 3000 Meter Run Intermediate	9:41.53		9:47.82 (4)
4 Ben Campbell - Male - Comp#: 995			
#52 Boys Javelin Throw 700g Intermediate	36.35m		
5 Veronica Clemente - Female - Comp#: 996			
#54 Girls High Jump Start 125cm Senior	1.30m		1.30m (13)
6 Tyler Eisnor - Male - Comp#: 997			
#8 Boys 100 Meter Dash Special Junior	14.58	Scratched	Scratched
#30 Boys Long Jump 3 Jumps Special Junior	3.30m		DNS
#42 Boys Shot Put 4kg-3 Throws Special Jun	7.97m		DNS
7 Sierra Flemming - Female - Comp#: 998			
#9 Girls 100 Meter Dash Special Senior	18.81		18.85 (3)
#43 Girls Long Jump 3 Jumps Special Senior	1.35m		
8 Cole MacDonald - Male - Comp#: 999			
#10 Boys 100 Meter Dash Special Senior	15.15		15.23 (10)
#44 Boys Long Jump 3 Jumps Special Senior	3.53m		
9 Hannah McGean - Female - Comp#: 1000			
#37 Girls Triple Jump Intermediate	9.72m		9.85m (5) *
10 Ashley Sheppard - Female - Comp#: 1001			
#39 Girls Discus Throw 1kg Senior	21.29m		24.46m (7) *
11 Molly Thorpe - Female - Comp#: 1002			
#31 Girls Shot Put 3kg-3 Throws Special Sen	6.05m		5.98m (3)
Relay	Seed	Prelims	Finals
1 West Kings District			
#75 Girls 4x100 Meter Relay Senior	54.37		55.06 (8)
West Kings District Total Individual Entries: 19 - Total Relays: 1			

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Whitney Pier Memorial Junior			
1 Ella Bottomley - Female - Comp#: 1003			
#23 Girls 1500 Meter Run Junior	4:54.25		4:49.62 (2) *
#65 Girls 800 Meter Run Junior	2:28.29		2:24.27 (4) *
#77 Girls 3000 Meter Run Junior	10:56.40		10:41.33 (2) *
2 Nolan Neville - Male - Comp#: 1004			
#78 Boys 3000 Meter Run Junior	11:59.03		12:02.99 (14)
Whitney Pier Memorial Junior	Total Individual Entries: 4 - Total Relays: 0		

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Whycocomagh Education Centre			
1 Ronan Austin - Male - Comp#: 1005			
#24 Boys 1500 Meter Run Junior	5:26.22		5:20.99 (15) *
2 Thomas Beddow - Male - Comp#: 1006			
#4 Boys 100 Meter Hurdles 33" Junior	21.34	21.18 (13)	*
3 Haylee Dawn Ellis - Female - Comp#: 1007			
#17 Girls 100 Meter Dash Junior	14.06	14.21 (13)	
#55 Girls Triple Jump Junior	9.19m		9.27m (6) *
#59 Girls 200 Meter Dash Junior	30.58	30.42 (15)	*
#95 Girls Long Jump Junior	4.22m		4.22m (10)
#106 Girls Javelin Throw 400g Junior	24.58m		19.92m (13)
4 Tara MacDonald - Female - Comp#: 1008			
#92 Girls Shot Put 3kg Junior	7.43m		
5 Roddie Macinnis - Male - Comp#: 1009			
#38 Boys Shot Put 4kg Junior	8.58m		8.10m (16)
#105 Boys Discus Throw 1kg Junior	27.64m		25.04m (12)
6 Olan Van Zutphen - Male - Comp#: 1010			
#4 Boys 100 Meter Hurdles 33" Junior	20.68		
Relay	Seed	Prelims	Finals
1 Whycocomagh Education Centre			
#71 Girls 4x100 Meter Relay Junior	1:02.60		
2 Whycocomagh Education Centre			
#72 Boys 4x100 Meter Relay Junior	1:00.70		1:05.60 (13)
3 Whycocomagh Education Centre			
#83 Girls 4x400 Meter Relay Junior	5:09.12		5:07.08 (14) *
4 Whycocomagh Education Centre			
#84 Boys 4x400 Meter Relay Junior	5:17.33		5:29.39 (14)
Whycocomagh Education Centre	Total Individual Entries: 11 - Total Relays: 4		

2019 NSSAF Track and Field Championships**Meet Summary - All Events**

	Seed	Prelims	Finals
Wolfville School			
1 Aiden Schofield - Male - Comp#: 1011			
#4 Boys 100 Meter Hurdles 33" Junior	19.55	20.06 (12)	
2 Eliza Stokesburry-Price - Female - Comp#: 1012			
#77 Girls 3000 Meter Run Junior	12:24.28		
3 Rachel Veale - Female - Comp#: 1013			
#95 Girls Long Jump Junior	4.58m		4.49m (5)
4 Lily Walsh - Female - Comp#: 1014			
#106 Girls Javelin Throw 400g Junior	25.01m		25.65m (8) *
Wolfville School Total Individual Entries: 4 - Total Relays: 0			

2019 NSSAF Track and Field Championships

Meet Summary - All Events

	Seed	Prelims	Finals
Yarmouth Consolidated Memorial			
1 Saige Breton - Female - Comp#: 1015			
#21 Girls 100 Meter Dash Senior	13.16		
#63 Girls 200 Meter Dash Senior	26.60	27.20 (4)	27.31 (6)
2 Ethan Cunningham - Male - Comp#: 1016			
#82 Boys 3000 Meter Run Senior	10:03.88		9:57.25 (8) *
3 Lea Grandjean - Female - Comp#: 1017			
#54 Girls High Jump Start 125cm Senior	1.30m		
4 Nolan Hatt - Male - Comp#: 1018			
#5 Boys 100 Meter Hurdles 36" Intermediate	16.93		
#35 Boys Long Jump Intermediate	5.17m		5.21m (10) *
5 Ellie Hiltz - Female - Comp#: 1019			
#25 Girls 1500 Meter Run Intermediate	5:58.88		
#67 Girls 800 Meter Run Intermediate	2:39.54		2:49.16 (11)
#79 Girls 3000 Meter Run Intermediate	12:56.53		12:42.79 (10) *
6 Ben LeBlanc - Male - Comp#: 1020			
#5 Boys 100 Meter Hurdles 36" Intermediate	16.12	16.28 (3)	16.34 (5)
7 Cole Oakley - Male - Comp#: 1021			
#14 Boys 400 Meter Dash Intermediate	58.18		
8 Zoe Schwan - Female - Comp#: 1022			
#57 Girls Discus Throw 1kg Intermediate	21.85m		
9 Jason Surette - Male - Comp#: 1023			
#102 Boys High Jump Start 140cm Intermedi	1.55m		
Relay	Seed	Prelims	Finals
1 Yarmouth Consolidated Memorial			
#75 Girls 4x100 Meter Relay Senior	55.74		
2 Yarmouth Consolidated Memorial			
#86 Boys 4x400 Meter Relay Intermediate	4:04.40		
3 Yarmouth Consolidated Memorial			
#87 Girls 4x400 Meter Relay Senior	4:43.65		
4 Yarmouth Consolidated Memorial			
#88 Boys 4x400 Meter Relay Senior	3:50.89		
Yarmouth Consolidated Memorial Total Individual Entries: 13 - Total Relays: 4			