

2019 NSSAF Track and Field Championships

Results

Girls 100 Meter Dash Junior

NSSAF: 12.64 2006

Nikkia Jones

Ties: 12.50 1995

Christine Fleury (hand)

Name	School	Prelims
Preliminaries		
1 451 Mya Archibald	George P. Vanier	13.15Q1.8
2 671 Hannah Cole	Musquodoboit Rur	13.35Q2.0
3 361 Mairo Ikede	Dartmouth South	13.27Q1.8
4 619 Georgia Bussey	Madeline Symonds	13.53Q2.0
5 126 Keira MacCallum	Bible Hill	13.43Q1.8
6 970 Willa Evans	Truro Jr.	13.61Q2.0
7 399 Lucy Fulmore	Ecole Acadien	13.54q 1.8
8 220 Samantha Schnare	Chester Area Mid	13.87q 1.8
9 855 Niamh Martin-Manuel	Rocky Lake Jr	13.87 2.0
10 789 Jaymie Trace	Pine Ridge Mid.	13.90 2.0
11 139 Shamiso Magora	Bluenose Academy	13.94 1.8
12 159 Elliana Porter	Bridgewater Jr	13.95 2.0
13 1007 Haylee Dawn Ellis	Whycocomagh	14.21 2.0
14 963 Sophia Maciver	Tamarac	14.23 1.8
15 961 Ava Mac Donald	Tamarac	14.38 1.8
16 178 Ava Ross	CB Highlands Aca	14.75 2.0

Girls 100 Meter Dash Junior

NSSAF: 12.64 2006

Nikkia Jones

Ties: 12.50 1995

Christine Fleury (hand)

Name	School	Finals
Finals		
1 451 Mya Archibald	George P. Vanier	12.96 0.8
2 361 Mairo Ikede	Dartmouth South	13.23 0.8
3 671 Hannah Cole	Musquodoboit Rur	13.45 0.8
4 619 Georgia Bussey	Madeline Symonds	13.49 0.8
5 126 Keira MacCallum	Bible Hill	13.51 0.8
6 399 Lucy Fulmore	Ecole Acadien	13.64 0.8
7 970 Willa Evans	Truro Jr.	13.71 0.8
8 220 Samantha Schnare	Chester Area Mid	13.97 0.8

Girls 200 Meter Dash Junior

NSSAF: 26.49 2014

Taylor Mattinson

Ties: 26.50 1976

Kris Crowell (hand)

Name	School	Prelims
Preliminaries		
1 361 Mairo Ikede	Dartmouth South	27.02Q1.8
2 678 Cara MacDonald	New Glasgow Ac	27.32Q0.9
3 619 Georgia Bussey	Madeline Symonds	27.63Q1.8
4 399 Lucy Fulmore	Ecole Acadien	27.74Q0.9
5 855 Niamh Martin-Manuel	Rocky Lake Jr	27.93Q0.9
6 907 Mya Artibello	St. Andrew	28.00Q1.8
7 220 Samantha Schnare	Chester Area Mid	28.06q 0.9

8 159 Elliana Porter	Bridgewater Jr	28.40q 0.9
9 970 Willa Evans	Truro Jr.	28.48 0.9
10 477 Grace Audain	Halifax Grammar	28.60 1.8
11 139 Shamiso Magora	Bluenose Academy	28.72 1.8
12 783 Chloe Fera	Pine Ridge Mid.	29.02 1.8
13 170 Breton Crowdis	CB Highlands Aca	29.39 1.8
14 409 Claire LeBlanc	Ecole Nda	30.02 0.9
15 1007 Haylee Dawn Ellis	Whycocomagh	30.42 0.9

Girls 200 Meter Dash Junior

NSSAF: 26.49 2014

Taylor Mattinson

Ties: 26.50 1976

Kris Crowell (hand)

Name	School	Finals
Finals		
1 678 Cara MacDonald	New Glasgow Ac	26.77 0.6
2 361 Mairo Ikede	Dartmouth South	26.78 0.6
3 619 Georgia Bussey	Madeline Symonds	27.28 0.6
4 855 Niamh Martin-Manuel	Rocky Lake Jr	27.40 0.6
5 399 Lucy Fulmore	Ecole Acadien	27.66 0.6
6 907 Mya Artibello	St. Andrew	27.68 0.6
7 220 Samantha Schnare	Chester Area Mid	28.11 0.6
8 159 Elliana Porter	Bridgewater Jr	28.19 0.6

Girls 400 Meter Dash Junior

NSSAF: 58.99 2019-05-31 Cara MacDonald

Name	School	Prelims
Preliminaries		
1 907 Mya Artibello	St. Andrew	1:01.17Q
2 678 Cara MacDonald	New Glasgow Ac	1:02.81Q
3 863 Katelyn Wilton	Rocky Lake Jr	1:03.17Q
4 855 Niamh Martin-Manuel	Rocky Lake Jr	1:03.23Q
5 910 Jessa Cameron	St. Andrew	1:03.91Q
6 686 Hayden Lilly	Newbridge Ac	1:04.34Q
7 829 Rachel Burns	Riverside Ed.	1:04.80q
7 783 Chloe Fera	Pine Ridge Mid.	1:04.80q
9 142 Emma Tanner	Bluenose Academy	1:04.91
10 519 Marli Doucette	Hebbville	1:05.54
11 159 Elliana Porter	Bridgewater Jr	1:05.69
12 535 Hali Hill	Herring Cove Jr.	1:08.57
13 961 Ava Mac Donald	Tamarac	1:09.32
14 106 Sarah MacDonald	Bayview Educ	1:09.72

Girls 400 Meter Dash Junior

NSSAF: 58.99 2019-05-31 Cara MacDonald

Name	School	Finals
Finals		
1 678 Cara MacDonald	New Glasgow Ac	58.99
2 907 Mya Artibello	St. Andrew	1:00.95
3 855 Niamh Martin-Manuel	Rocky Lake Jr	1:01.53
4 863 Katelyn Wilton	Rocky Lake Jr	1:02.66



2019 NSSAF Track and Field Championships

Results

Finals ... (Girls 400 Meter Dash Junior)

Name	School	Finals
5 910 Jessa Cameron	St. Andrew	1:03.48
6 686 Hayden Lilly	Newbridge Ac	1:05.64
7 783 Chloe Fera	Pine Ridge Mid.	1:05.89
8 829 Rachel Burns	Riverside Ed.	1:06.07

Girls 800 Meter Run Junior

NSSAF: 2:19.90 1977 Mary Jean Barrett (hand)

Name	School	Finals
Finals		
1 678 Cara MacDonald	New Glasgow Ac	2:20.30
2 589 Abby Lewis	Leslie Thomas	2:23.54
3 907 Mya Artibello	St. Andrew	2:24.06
4 1003 Ella Bottomley	Whitney Pier Jr	2:24.27
5 918 Anna Robinson	St. Andrew	2:28.56
6 911 Bryn Canning	St. Andrew	2:28.89
7 528 Maya Steele	Hebbville	2:34.95
8 158 Zoe Mosher	Bridgewater Jr	2:35.07
9 91 Ruby Harris	Bayview	2:38.08
10 468 Katherine Sneddon-Simon	Gorsebrook Jr.	2:39.24
11 784 Ila Gurney	Pine Ridge Mid.	2:42.23
12 106 Sarah MacDonald	Bayview Educ	2:43.79
13 112 Brooke MacLellan	Bayview Educ	2:43.94

Girls 1500 Meter Run Junior

NSSAF: 4:46.13 2019-05-31 Abby Lewis

Name	School	Finals
Finals		
1 589 Abby Lewis	Leslie Thomas	4:46.13
2 1003 Ella Bottomley	Whitney Pier Jr	4:49.62
3 918 Anna Robinson	St. Andrew	4:50.51
4 911 Bryn Canning	St. Andrew	5:07.98
5 158 Zoe Mosher	Bridgewater Jr	5:09.14
6 165 Iris Gamble	Brookside	5:10.64
7 467 Ryli Nolan	Gorsebrook Jr.	5:18.17
8 528 Maya Steele	Hebbville	5:19.22
9 914 Lily MacLean	St. Andrew	5:19.40
10 91 Ruby Harris	Bayview	5:19.74
11 919 Rhyah Stewart	St. Andrew	5:21.86
12 407 Anne-Sophie Lerudulier	Sommet	5:29.67
13 781 Dana Avery	Pine Ridge Mid.	5:30.88
14 106 Sarah MacDonald	Bayview Educ	5:46.29
15 112 Brooke MacLellan	Bayview Educ	5:53.02
16 409 Claire LeBlanc	Ecole Nda	6:06.32

Girls 3000 Meter Run Junior

NSSAF: 10:18.76 2011 Rachel Crawley

Name	School	Finals
Finals		
1 589 Abby Lewis	Leslie Thomas	10:19.19

2	1003 Ella Bottomley	Whitney Pier Jr	10:41.33
3	918 Anna Robinson	St. Andrew	11:03.07
4	158 Zoe Mosher	Bridgewater Jr	11:14.96
5	165 Iris Gamble	Brookside	11:20.10
6	919 Rhyah Stewart	St. Andrew	11:39.61
7	781 Dana Avery	Pine Ridge Mid.	11:46.20
8	389 Mireya Bartoch	Eastern Passage	11:48.93
9	91 Ruby Harris	Bayview	11:51.72
10	454 Halley James	George P. Vanier	11:55.17
11	914 Lily MacLean	St. Andrew	12:03.00
12	674 Ginny McDormand	New Germany	12:19.17
13	121 Emma Cook	Bible Hill	12:41.96
14	110 Emma MacLean	Bayview Educ	13:24.30
15	960 Olivia Langley	Tamarac	13:35.57
16	954 Ella Bartlett	Tamarac	14:15.04

Girls 80 Meter Hurdles 30" Junior

NSSAF: 12.12 2016-06-03 Sierra Sweeney

Name	School	Prelims
Preliminaries		
1 92 Katherine Kelley	Bayview	14.09Q-0.7
2 789 Jaymie Trace	Pine Ridge Mid.	14.38Q-1.6
3 982 Ella Sobey	Truro Jr.	14.22Q-0.7
4 751 Jenna Matheson	Oxford School	14.55Q-1.6
5 178 Ava Ross	CB Highlands Aca	14.63Q-1.6
6 32 Lily Langille	Astral Drive	15.40Q-0.7
7 461 Taylor Wilson	George P. Vanier	15.22q -1.6
8 740 Maddison Bushen	Oxford Regional	15.29q -1.6
9 95 Gabbie Myers	Bayview	15.59 -0.7
10 139 Shamiso Magora	Bluenose Academy	15.59 -1.6
11 829 Rachel Burns	Riverside Ed.	15.68 -1.6
12 409 Claire LeBlanc	Ecole Nda	15.76 -0.7
13 977 Paige McPhee	Truro Jr.	15.76 -0.7
14 474 Emma Kocsis-Derfalvi	Halifax Central	15.87 -0.7
15 963 Sophia Maciver	Tamarac	15.91 -0.7
16 170 Breton Crowdis	CB Highlands Aca	16.91 -1.6

Girls 80 Meter Hurdles 30" Junior

NSSAF: 12.12 2016-06-03 Sierra Sweeney

Name	School	Finals
Finals		
1 92 Katherine Kelley	Bayview	14.00 -1.6
2 982 Ella Sobey	Truro Jr.	14.11 -1.6
3 789 Jaymie Trace	Pine Ridge Mid.	14.12 -1.6
4 751 Jenna Matheson	Oxford School	14.61 -1.6
5 178 Ava Ross	CB Highlands Aca	14.72 -1.6
6 740 Maddison Bushen	Oxford Regional	15.21 -1.6
7 32 Lily Langille	Astral Drive	15.47 -1.6
8 461 Taylor Wilson	George P. Vanier	16.40 -1.6



2019 NSSAF Track and Field Championships

Results

Girls 4x100 Meter Relay Junior

NSSAF: 52.50 2014 Riverside Education Center

Team	Relay	Finals
Finals		
1 Rocky Lake Jr		53.23
2 Bible Hill		53.59
3 George P. Vanier		53.95
4 St. Andrew		55.11
5 Bluenose Academy		55.30
6 Hebbville Academy		55.31
7 Riverside Ed.		56.15
8 Pine Ridge Mid.		56.61
9 Halifax Central		56.61
10 Northeast Kings		57.90
11 Tamarac		58.08
12 Truro Junior High		58.21
13 CB Highlands Aca		1:01.70
--- Astral Drive		DQ

Girls 4x400 Meter Relay Junior

NSSAF: 4:17.83 2017-06-03 St. Andrew Junior School

Team	Relay	Finals
Finals		
1 St. Andrew		4:18.44
2 Rocky Lake Jr		4:22.03
3 Halifax Grammar		4:36.52
4 Riverside Ed.		4:37.28
5 Hebbville Academy		4:39.53
6 Northeast Kings		4:39.57
7 New Glasgow Academy		4:40.57
8 Bible Hill		4:42.36
9 Bridgewater Jr. High		4:46.22
10 Chester Area Mid		4:48.69
11 St. Agnes Junior High		4:54.12
12 Ecole du Sommet		4:57.91
13 Tamarac		5:00.07
14 Whycocomagh		5:07.08

Girls High Jump Start 115cm Junior

NSSAF: 1.63m 2004 Laura Maessen

Name	School	Finals
Finals		
1 451 Mya Archibald	George P. Vanier	1.55m
2 194 Jennessa Wolfe	Central Col	1.52m
3 775 Emily Vogt	Park West	1.40m
4 452 Fiona Day	George P. Vanier	J1.40m
5 634 Allie MacLeod	Malcolm Munroe	1.35m
6 130 Maureen O'Connor	Bible Hill	J1.35m
7 639 Jaiden Ryan	Malcolm Munroe	J1.35m
8 188 Mia Murphy	Central Col	1.30m

8	99 Katrina Twanow	Bayview	1.30m
8	403 Pernilla Mfoumou	Carrefour	1.30m
11	126 Keira MacCallum	Bible Hill	J1.30m
12	989 Ava Shearer	West Hants Mid.	J1.30m
13	529 Stella Thompson	Hebbville	1.25m
14	494 Grace Robinson-Crawley	Hfx Independant	J1.25m
15	413 Marissa Smith	Rose de Vents	1.20m

Girls Long Jump Junior

NSSAF: 4.99m 2019-06-01 Mya Archibald

Name	School	Finals
Finals		
1 451 Mya Archibald	George P. Vanier	4.99m -0.2
2 390 Hailey Angus	EB Chandler	4.68m +0.0
3 126 Keira MacCallum	Bible Hill	4.62m -1.2
4 194 Jennessa Wolfe	Central Col	4.53m -1.2
5 1013 Rachel Veale	Wolfville School	4.49m -1.3
6 162 Claire Covert	Brookside	4.42m +0.0
7 187 Danica McGee	Central Col	4.38m -0.7
8 142 Emma Tanner	Bluenose Academy	4.24m -2.3
9 519 Marli Doucette	Hebbville	4.23m -0.3
10 1007 Haylee Dawn Ellis	Whycocomagh	4.22m -1.2
11 517 Erica Demone	Hebbville	J4.22m +0.0
12 492 Lila Gechtman	Hfx Independant	3.90m +0.0
13 471 Hilary Wells	Graham Creighton	3.86m +0.0
14 178 Ava Ross	CB Highlands Aca	3.76m +0.0

Girls Triple Jump Junior

NSSAF: 11.00m 2016-06-03 Sierra Sweeney

Name	School	Finals
Finals		
1 390 Hailey Angus	EB Chandler	10.62m 0.3
2 126 Keira MacCallum	Bible Hill	10.21m -0.8
3 194 Jennessa Wolfe	Central Col	9.60m +0.0
4 461 Taylor Wilson	George P. Vanier	9.36m -0.1
5 162 Claire Covert	Brookside	9.32m +0.0
6 1007 Haylee Dawn Ellis	Whycocomagh	9.27m 0.4
7 453 Camryn Giddens	George P. Vanier	9.22m -0.3
8 902 Shae D'Arcy	Sounth Queens	8.99m 0.3
9 977 Paige McPhee	Truro Jr.	8.94m +0.0
10 142 Emma Tanner	Bluenose Academy	8.92m -0.2
11 178 Ava Ross	CB Highlands Aca	8.65m -0.5
12 101 Bridget Veinotte	Bayview	8.50m 0.5
13 469 Maggie Gilgan	Graham Creighton	8.38m 1.3
14 657 Hailey Higgins	Middleton Reg.	8.09m 1.2

Girls Shot Put 3kg Junior

NSSAF: 11.58m 2010 Taylor Stutley

Name	School	Finals
Finals		
1 903 Lauren Thistle	Sounth Queens	9.49m



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Results

Finals ... (Girls Shot Put 3kg Junior)

Name	School	Finals
2 136 Lauren Crouse	Bluenose Academy	9.44m
3 122 Samantha Francis	Bible Hill	9.13m
4 515 Vanessa Penny	Hantsport	8.94m
5 120 Julisa Bailey	Bible Hill	8.91m
6 965 Annie Maltby	Tamarac	8.61m
7 30 Tomi Adoye	Astral Drive	8.51m
8 424 Alexandra Dzierzanowski	Fairview Jr.	8.42m
9 742 Kristin Dupuis	Oxford Regional	8.05m
10 466 Clara Jackson	Gorsebrook Jr.	7.98m
11 787 Abigail Lundy	Pine Ridge Mid.	7.66m
12 634 Allie MacLeod	Malcolm Munroe	7.37m
13 832 Dahlia Dawe	Riverside Ed.	7.25m
14 172 Kaye Hart	CB Highlands Aca	7.08m
--- 168 Georgia Spruin	Caledonia	ND
--- 107 Mae Maceachern	Bayview Educ	ND

Girls Discus Throw 0.75kg Junior

NSSAF: 30.10m 2019-05-31 Sara Scott

Name	School	Finals
Finals		
1 115 Sara Scott	Bayview Educ	30.10m
2 397 Maddison Weir	EB Chandler	27.99m
3 120 Julisa Bailey	Bible Hill	26.55m
4 832 Dahlia Dawe	Riverside Ed.	26.08m
5 685 Julia Koigshofer	Newbridge Ac	26.06m
6 427 Brooke Henderson	Fairview Jr.	25.66m
7 172 Kaye Hart	CB Highlands Aca	25.60m
8 122 Samantha Francis	Bible Hill	23.37m
9 965 Annie Maltby	Tamarac	21.91m
10 851 Ella Green	Rocky Lake Jr	21.65m
11 664 Kaylee Ross	Middleton Reg.	19.88m
12 522 Makenna Hann	Hebville	19.77m
13 442 Shona Galloway	Five Bridges Jun	19.32m
14 25 Ally Longmire	Annapolis West	18.74m
15 181 Kaycee Timmons	CB Highlands Aca	18.61m
16 88 Kennedy Crowe	Bayview	17.12m

Girls Javelin Throw 400g Junior

NSSAF: 37.38m 1999 Katherine Marksson

Name	School	Finals
Finals		
1 685 Julia Koigshofer	Newbridge Ac	36.40m
2 965 Annie Maltby	Tamarac	30.40m
3 662 Molly Peppard	Middleton Reg.	30.23m
4 984 Maria Worden	Truro Jr.	29.75m
5 101 Bridget Veinotte	Bayview	28.84m
6 659 Gabrielle LeBlanc	Middleton Reg.	27.16m
7 184 Danielle Donkin	Central Col	26.82m
8 1014 Lily Walsh	Wolfville School	25.65m

9 190 Madison Patriquin	Central Col	24.03m
10 178 Ava Ross	CB Highlands Aca	21.86m
11 186 Ceilidh Mackay	Central Col	21.09m
12 427 Brooke Henderson	Fairview Jr.	20.65m
13 1007 Haylee Dawn Ellis	Whycocomagh	19.92m
14 428 Lauren Jackson	Fairview Jr.	18.95m
15 360 Esosa Eweka	Dartmouth South	17.95m

Girls 100 Meter Dash Intermediate

NSSAF: 12.33 2007

Marissa Wolter

Ties: 12.20 1997

Christine Fluery (hand)

Name		School	Prelims
Preliminaries			
1	347 Lauren Clarke	Dartmouth High	12.70Q1.9
2	852 Maren Hall	Rocky Lake Jr	12.78Q1.3
3	450 Jenna Turner	Forest Heights	13.03Q1.3
4	547 Salena MacDonald	Horton High	13.27Q1.9
5	215 Ali Poisson	Charles P. Allen	13.10Q1.3
6	277 Olivia Krzywonos	Cobequid	13.65Q1.9
7	578 Tyra Alleyne	King's-Edgehill	13.35q 1.3
8	33 Rylin Matheson	Astral Drive	13.64q 1.3
9	690 Ashley Arbuckle	North Nova Ed.	13.66 1.3
10	693 Sarah Brown	North Nova Ed.	13.70 1.9
11	150 Jenica Saunders	Bridgetown	13.73 1.9
12	689 Cassie Hogan	North Colchester	13.80 1.3
13	327 Amber MacDonald	Dalbrae Academy	13.83 1.3
14	330 Marissa MacLellan	Dalbrae Academy	13.98 1.9
15	929 Clare Glover	S.A.E.R.C.	14.11 1.9

Girls 100 Meter Dash Intermediate

NSSAF: 12.33 2007

Marissa Wolter

Ties: 12.20 1997

Christine Fluery (hand)

Name	School	Finals
Finals		
1 347 Lauren Clarke	Dartmouth High	12.60 0.8
2 852 Maren Hall	Rocky Lake Jr	12.92 0.8
3 215 Ali Poisson	Charles P. Allen	13.12 0.8
4 450 Jenna Turner	Forest Heights	13.14 0.8
5 547 Salena MacDonald	Horton High	13.28 0.8
6 33 Rylin Matheson	Astral Drive	13.30 0.8
7 578 Tyra Alleyne	King's-Edgehill	13.35 0.8
8 277 Olivia Krzywonos	Cobequid	13.76 0.8

Girls 200 Meter Dash Intermediate

NSSAF: 25.66 2001

Leanne Huck

Ties: 25.50 1973

Celia Branch (hand)

Name	School	Prelims
Preliminaries		
1 215 Ali Poisson	Charles P. Allen	26.59Q0.7



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Preliminaries ... (Girls 200 Meter Dash Intermediate)

Name	School	Prelims
2 347 Lauren Clarke	Dartmouth High	26.68Q1.3
3 36 Lynn Sheppard	Astral Drive	26.81Q0.7
4 554 Emma Scott	Horton High	27.58Q1.3
5 555 Sarah Stockdale	Horton High	27.31Q0.7
6 537 Danielle Cumby	Horton High	27.90Q1.3
7 124 Jasenda Horseman	Bible Hill	27.33q 0.7
8 606 Lauren Fergusson	Lockview High	27.58q 0.7
9 144 Emma Gale	Breton Ed Centre	27.82 0.7
10 327 Amber MacDonald	Dalbrae Academy	28.01 1.3
11 148 Lillian Lawrence	Bridgetown	28.38 1.3
12 700 Taylor Long	North Nova Ed.	28.51 0.7
13 707 Emily Yatsynovich	North Nova Ed.	28.62 1.3
14 400 Olivia Gourley	Ecole Acadien	28.81 0.7
15 929 Clare Glover	S.A.E.R.C.	29.27 1.3
16 330 Marissa MacLellan	Dalbrae Academy	29.47 1.3

Girls 200 Meter Dash Intermediate

NSSAF: 25.66 2001

Leanne Huck

Ties: 25.50 1973

Celia Branch (hand)

Name	School	Finals
Finals		
1 347 Lauren Clarke	Dartmouth High	26.04 1.5
2 36 Lynn Sheppard	Astral Drive	26.36 1.5
3 215 Ali Poisson	Charles P. Allen	26.87 1.5
4 606 Lauren Fergusson	Lockview High	27.06 1.5
5 555 Sarah Stockdale	Horton High	27.22 1.5
6 537 Danielle Cumby	Horton High	27.36 1.5
7 124 Jasenda Horseman	Bible Hill	27.42 1.5
8 554 Emma Scott	Horton High	27.55 1.5

Girls 400 Meter Dash Intermediate

NSSAF: 57.24 2003

Jenna Martin

Name	School	Prelims
Preliminaries		
1 555 Sarah Stockdale	Horton High	1:01.71Q
2 327 Amber MacDonald	Dalbrae Academy	1:02.09Q
3 547 Salena MacDonald	Horton High	1:01.72Q
4 366 Malia Artibello	Dr. J.H. Gillis	1:02.43Q
5 217 Gracie Somers	Charles P. Allen	1:01.99Q
6 33 Rylin Matheson	Astral Drive	1:02.89Q
7 620 Maddy Cook	Madeline Symonds	1:02.92q
8 700 Taylor Long	North Nova Ed.	1:03.00q
9 277 Olivia Krzywonos	Cobequid	1:03.32
10 606 Lauren Fergusson	Lockview High	1:04.00
11 448 Stella Nette	Forest Heights	1:04.33
12 368 Emma Cameron	Dr. J.H. Gillis	1:05.30
13 58 Sydney Lowe	Avon View	1:06.08
14 944 Sierra White	S.A.E.R.C.	1:08.14

15 312 Alexandra Beaton	Dalbrae Academy	1:08.85
16 68 Hanna Krieger	Baddeck Acad	1:09.95

Girls 400 Meter Dash Intermediate

NSSAF: 57.24 2003

Jenna Martin

Name	School	Finals
Finals		
1 366 Malia Artibello	Dr. J.H. Gillis	1:00.76
2 217 Gracie Somers	Charles P. Allen	1:01.30
3 327 Amber MacDonald	Dalbrae Academy	1:02.10
4 555 Sarah Stockdale	Horton High	1:03.05
5 620 Maddy Cook	Madeline Symonds	1:04.27
6 547 Salena MacDonald	Horton High	1:04.32
7 33 Rylin Matheson	Astral Drive	1:04.50
8 700 Taylor Long	North Nova Ed.	1:04.58

Girls 800 Meter Run Intermediate

NSSAF: 2:12.60 1977

Louise Palmer (hand)

Name	School	Finals
Finals		
1 370 Siona Chisholm	Dr. J.H. Gillis	2:19.66
2 366 Malia Artibello	Dr. J.H. Gillis	2:19.72
3 731 Kristen Ross	Northumberland	2:21.50
4 217 Gracie Somers	Charles P. Allen	2:23.52
5 234 Fiona McClure	Citadel High	2:27.50
6 847 Sophie Doucette	Rocky Lake Jr	2:28.06
7 874 Sarah Macaskill	Sacred Heart	2:31.02
8 584 Aria MacDonald	King's-Edgehill	2:35.52
9 449 Isis Rafuse	Forest Heights	2:46.54
10 157 Mercedes McDonald	Bridgewater Jr	2:48.93
11 1019 Ellie Hiltz	Yarmouth Con.	2:49.16
12 330 Marissa MacLellan	Dalbrae Academy	2:58.82
13 647 Amelia Macdougall	Memorial High	2:59.66
14 463 Manon Soulié	Glace Bay	3:00.77

Girls 1500 Meter Run Intermediate

NSSAF: 4:34.19 2019-05-31 Siona Chisholm

Name	School	Finals
Finals		
1 370 Siona Chisholm	Dr. J.H. Gillis	4:34.19
2 369 Mairin Canning	Dr. J.H. Gillis	4:50.26
3 731 Kristen Ross	Northumberland	4:51.82
4 847 Sophie Doucette	Rocky Lake Jr	5:09.35
5 368 Emma Cameron	Dr. J.H. Gillis	5:13.66
6 875 Tallulah Macneil	Sacred Heart	5:13.84
7 584 Aria MacDonald	King's-Edgehill	5:17.39
8 234 Fiona McClure	Citadel High	5:18.06
9 874 Sarah Macaskill	Sacred Heart	5:20.82
10 412 Daphnée Ouellet	Rose de Vents	5:24.18
11 536 Scotia Broome	Horton High	5:35.38
12 449 Isis Rafuse	Forest Heights	5:43.44



2019 NSSAF Track and Field Championships

Results

Finals ... (Girls 1500 Meter Run Intermediate)

Name	School	Finals
13 312 Alexandra Beaton	Dalbrae Academy	5:46.28
14 463 Manon Soulié	Glance Bay	6:11.47
15 324 Charlize Hart	Dalbrae Academy	6:17.05
16 647 Amelia Macdougall	Memorial High	6:36.06

Girls 3000 Meter Run Intermediate

NSSAF: 10:00.54 2017-06-03 Maggie Smith

Name	School	Finals
Finals		
1 370 Siona Chisholm	Dr. J.H. Gillis	10:28.37
2 369 Mairin Canning	Dr. J.H. Gillis	11:07.17
3 724 Eilidh Cameron	Northumberland	11:23.38
4 584 Aria MacDonald	King's-Edgehill	11:38.79
5 847 Sophie Doucette	Rocky Lake Jr	11:44.42
6 875 Tallulah Macneil	Sacred Heart	11:50.53
7 874 Sarah Macaskill	Sacred Heart	11:55.86
8 412 Daphnée Ouellet	Rose de Vents	12:05.86
9 367 Hannah Austen	Dr. J.H. Gillis	12:13.43
10 1019 Ellie Hiltz	Yarmouth Con.	12:42.79
11 624 Ella Whynt	Madeline Symonds	12:49.02
12 140 Sophie Ottens	Bluenose Academy	13:04.13
13 324 Charlize Hart	Dalbrae Academy	13:33.85

Girls 80 Meter Hurdles 33" Intermediate

NSSAF: 12.45 2016-06-03 Zoe Carvery

Name	School	Prelims
Preliminaries		
1 608 Abbi Gaudry	Lockview High	12.83Q0.3
2 450 Jenna Turner	Forest Heights	13.03Q0.9
3 257 Cassie Beselt	Cobequid	13.61Q0.3
4 578 Tyra Alleyne	King's-Edgehill	13.83Q0.9
5 537 Danielle Cumby	Horton High	13.78Q0.3
6 443 Maya Roser	Five Bridges Jun	14.41Q0.9
7 981 Jaclyn Sherry	Truro Jr.	14.15q 0.3
8 764 Jane Kimball	Park View	14.33q 0.3
9 776 Myla Briand	Pictou Academy	14.68 0.9
10 16 Taylor Strickland	Amherst Regional	14.69 0.9
11 858 Cassie Roche	Rocky Lake Jr	15.29 0.3
12 570 Ameila Jardine	J.L. Ilsley	15.41 0.9
13 815 Larissa Lemoine	Rankin School	17.33 0.3
14 328 Cheryl MacDonald	Dalbrae Academy	17.39 0.3
15 316 Mya Bernard	Dalbrae Academy	17.46 0.9
16 933 Regyn MacDonald	S.A.E.R.C.	17.54 0.9

Girls 80 Meter Hurdles 33" Intermediate

NSSAF: 12.45 2016-06-03 Zoe Carvery

Name	School	Finals
Finals		
1 608 Abbi Gaudry	Lockview High	12.80 -0.8
2 450 Jenna Turner	Forest Heights	13.47 -0.8
3 578 Tyra Alleyne	King's-Edgehill	13.60 -0.8
4 257 Cassie Beselt	Cobequid	13.67 -0.8
5 537 Danielle Cumby	Horton High	14.04 -0.8
6 981 Jaclyn Sherry	Truro Jr.	14.16 -0.8
7 764 Jane Kimball	Park View	14.60 -0.8
8 443 Maya Roser	Five Bridges Jun	14.86 -0.8

Girls 4x100 Meter Relay Intermediate

NSSAF: 51.34 2019-06-01 Lockview High

Team	Relay	Finals
Finals		
1 Lockview High		51.34
2 Rocky Lake Jr		52.24
3 Horton High School		52.47
4 Northeast Kings		53.66
5 Cobequid		53.67
6 Charles P. Allen		53.86
7 Dr. John Hugh Gillis		54.31
8 Fairview Junior High		54.60
9 Forest Heights		54.82
10 Dalbrae Academy		55.31
11 Hebbville Academy		56.60
12 S.A.E.R.C.		56.62
13 North Nova Ed.		57.14
14 South Colchester		57.31

Girls 4x400 Meter Relay Intermediate

NSSAF: 4:07.64 2007 Halifax Grammar

Team	Relay	Finals
Finals		
1 Dr. John Hugh Gillis		4:14.62
2 Lockview High		4:17.44
3 North Nova Ed.		4:28.51
4 Horton High School		4:28.91
5 Sacred Heart School		4:33.89
6 Amherst Regional High		4:33.99
7 Sir John A. MacDonald		4:34.05
8 Charles P. Allen		4:37.99
9 Hebbville Academy		4:39.01
10 Dalbrae Academy		4:40.52
11 Park View		4:50.72
12 S.A.E.R.C.		4:50.73
--- Cobequid		DQ



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Results

Girls High Jump Start 125cm Intermediate

NSSAF: 1.72m 1986 Tracey Loke
Ties: 1.75m 1986 Natalie Munroe

Name	School	Finals
Finals		
1 976 Kim Katter	Truro Jr.	1.53m
2 12 Emma Mattinson	Amherst Regional	1.50m
3 548 Reese Mills	Horton High	1.48m
4 608 Abbi Gaudry	Lockview High	J1.48m
5 137 Evelyn Ferguson	Bluenose Academy	1.45m
6 703 Mattea Miller-Evans	North Nova Ed.	1.40m
7 257 Cassie Beselt	Cobequid	J1.40m
8 570 Ameila Jardine	J.L. Ilsley	J1.40m
9 658 Hannah Kendall	Middleton Reg.	1.35m
10 35 Livia Nauss	Astral Drive	J1.35m
11 603 Caity Apa	Lockview High	J1.35m
12 537 Danielle Cumby	Horton High	J1.35m
13 838 Brigit Dwyer	Riverview	1.30m

Girls Long Jump Intermediate

NSSAF: 5.32m 1973 Cecilia Branch

Name	School	Finals
Finals		
1 608 Abbi Gaudry	Lockview High	5.06m -1.0
2 124 Jasenda Horseman	Bible Hill	4.99m -1.8
3 537 Danielle Cumby	Horton High	4.78m -1.4
4 709 Kate Burris	Northeast Kings	J4.78m -1.2
5 48 Tamia Thomas	Auburn Drive	4.72m -1.3
6 137 Evelyn Ferguson	Bluenose Academy	J4.72m -1.0
7 282 Lauren MacDonald	Cobequid	4.63m -1.0
8 968 Jenna Adams	Truro Jr.	4.62m -0.7
9 138 Olivia Keays	Bluenose Academy	4.31m -0.9
10 16 Taylor Strickland	Amherst Regional	4.09m -1.1
11 929 Clare Glover	S.A.E.R.C.	3.97m -1.6
12 338 Jayden Shaw	Dalbrae Academy	3.96m -0.2
13 944 Sierra White	S.A.E.R.C.	3.94m -0.8
14 815 Larissa Lemoine	Rankin School	3.91m -1.0
15 213 Sophie McKegney	Charles P. Allen	3.85m -1.5

Girls Triple Jump Intermediate

NSSAF: 11.19m 2016-06-03 Gabrielle Fraser

Name	School	Finals
Finals		
1 968 Jenna Adams	Truro Jr.	10.30m -0.3
2 137 Evelyn Ferguson	Bluenose Academy	10.24m 0.1
3 282 Lauren MacDonald	Cobequid	10.09m 0.3
4 124 Jasenda Horseman	Bible Hill	9.88m -0.5
5 1000 Hannah McGean	West Kings	9.85m -0.3
6 48 Tamia Thomas	Auburn Drive	9.67m -1.9
7 257 Cassie Beselt	Cobequid	9.61m -0.4

8 551 Emma Rushton	Horton High	9.60m -1.5
9 206 Alyssa Cross	Charles P. Allen	9.53m 0.2
10 484 Livia Dunn	Halifax Grammar	9.47m -0.6
11 138 Olivia Keays	Bluenose Academy	9.39m -1.4
12 443 Maya Roser	Five Bridges Jun	9.34m -0.2
13 338 Jayden Shaw	Dalbrae Academy	9.16m -1.6
14 328 Cheryl MacDonald	Dalbrae Academy	9.03m -0.6
15 929 Clare Glover	S.A.E.R.C.	8.57m -1.0

Girls Shot Put 4kg Intermediate

NSSAF: 12.98m 2009 Chelsea Whalen

Name	School	Finals
Finals		
1 695 Keighan Decoff	North Nova Ed.	11.82m
2 123 Chloe Hart	Bible Hill	10.10m
3 196 Emmalee Harvey	Central Kings	9.71m
4 420 Courtney Joudrey	Par-en-Bas	9.43m
5 549 Milena Ramirez	Horton High	9.38m
6 867 Hailey Giffin	Sackville High	9.23m
7 430 Chantell Lindo	Fairview Jr.	9.20m
8 262 Jessie Davidson	Cobequid	8.89m
9 585 Allie Martin	King's-Edgehill	8.84m
10 838 Brigit Dwyer	Riverview	8.16m
11 8 Chloe Hunter	Amherst Regional	8.13m
12 817 Jessica MacLean	Rankin School	8.01m
13 816 Morgan Macinnis	Rankin School	7.61m
14 922 Lacey Cahill	S.A.E.R.C.	7.44m
15 213 Sophie McKegney	Charles P. Allen	7.35m
16 862 Kiana Ward	Rocky Lake Jr	7.03m

Girls Discus Throw 1kg Intermediate

NSSAF: 39.15m 2012 Sarah Colborne

Name	School	Finals
Finals		
1 695 Keighan Decoff	North Nova Ed.	34.93m
2 549 Milena Ramirez	Horton High	28.15m
3 262 Jessie Davidson	Cobequid	27.32m
4 196 Emmalee Harvey	Central Kings	26.05m
5 729 Jordyn Ferguson	Northumberland	25.79m
6 689 Cassie Hogan	North Colchester	25.32m
7 55 Anna Eagles	Avon View	22.43m
8 51 Savannah Atwell	Avon View	22.00m
9 867 Hailey Giffin	Sackville High	20.74m
10 794 Maddison Brown	Prince Andrew	19.46m
11 571 Aicel Morales	J.L. Ilsley	19.38m
12 797 Hailey Douglas	Prince Andrew	18.46m
13 922 Lacey Cahill	S.A.E.R.C.	18.09m
14 324 Charlize Hart	Dalbrae Academy	17.68m
15 816 Morgan Macinnis	Rankin School	17.41m
16 408 Learose Aucoin	Ecole Nda	16.08m



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Results

Girls Javelin Throw 500g Intermediate

NSSAF: 41.73m 2016-06-04 Madelyn Quinn

Name	School	Finals
Finals		
1 623 Hailey Tanner	Madeline Symonds	34.19m
2 729 Jordyn Ferguson	Northumberland	32.23m
3 608 Abbi Gaudry	Lockview High	31.47m
4 817 Jessica MacLean	Rankin School	31.38m
5 689 Cassie Hogan	North Colchester	29.21m
6 141 Adie Scott	Bluenose Academy	28.65m
7 779 Emma MacPhail-Mackeil	Pictou Academy	27.98m
8 526 Taylor Johnson	Hebbsville	27.47m
9 338 Jayden Shaw	Dalbrae Academy	26.90m
10 276 Arpan Kour Lotey	Cobequid	26.65m
11 363 Holly Hasselbring	Digby Regional	23.37m
12 927 Danika Fraser	S.A.E.R.C.	20.92m
13 213 Sophie McKegney	Charles P. Allen	19.56m
14 549 Milena Ramirez	Horton High	19.29m

Girls 100 Meter Dash Senior

NSSAF: 11.91 2006 Jenna Martin

Ties: 11.70 1975 Celia Branch (hand)

Name	School	Prelims
Preliminaries		
1 546 Daniella Kidstson	Horton High	12.87Q1.3
2 579 Aaliyah Arab-Smith	King's-Edgehill	12.89Q1.4
3 611 Claire Langille	Lockview High	13.04Q1.3
4 447 Adrien Nette	Forest Heights	13.18Q1.4
5 287 Oula Maguire	Cobequid	13.17Q1.3
6 246 Leah Adams	Cobequid	13.22Q1.4
7 668 Jaylin Pothier	Millwood High	13.35q 1.3
8 799 Kaitlyn MacDonald	Prince Andrew	13.40q 1.4
9 202 Santanna Rafuse	Central Kings	13.43 1.3
10 211 Abby MacDonald	Charles P. Allen	13.55 1.4
11 248 Mira Alexander	Cobequid	13.69 1.3
12 696 Victoria Dunn	North Nova Ed.	13.80 1.4
13 939 Joy Morin	S.A.E.R.C.	14.15 1.4
14 175 Abigail Morrison	CB Highlands Aca	14.27 1.4
15 948 Cassidy Laporte	Sydney Acad	14.59 1.3
16 345 Sarah Wilson	Dalbrae Academy	14.61 1.3

Girls 100 Meter Dash Senior

NSSAF: 11.91 2006 Jenna Martin

Ties: 11.70 1975 Celia Branch (hand)

Name	School	Finals
Finals		
1 579 Aaliyah Arab-Smith	King's-Edgehill	12.82 0.2
2 611 Claire Langille	Lockview High	13.02 0.2
3 546 Daniella Kidstson	Horton High	13.03 0.2

4 287 Oula Maguire	Cobequid	13.17 0.2
5 447 Adrien Nette	Forest Heights	13.31 0.2
6 246 Leah Adams	Cobequid	13.32 0.2
7 668 Jaylin Pothier	Millwood High	13.44 0.2
8 799 Kaitlyn MacDonald	Prince Andrew	13.62 0.2

Girls 200 Meter Dash Senior

NSSAF: 24.84 2012 Jenn Meech

Name	School	Prelims
Preliminaries		
1 579 Aaliyah Arab-Smith	King's-Edgehill	26.30Q1.6
2 546 Daniella Kidstson	Horton High	26.81Q1.3
3 611 Claire Langille	Lockview High	26.47Q1.6
4 1015 Saige Breton	Yarmouth Con.	27.20Q1.3
5 287 Oula Maguire	Cobequid	27.11Q1.6
6 499 Samantha Henneberry	Halifax West	27.28Q1.3
7 447 Adrien Nette	Forest Heights	27.57q 1.6
8 808 Maria Duynisveld	Pugwash District	27.85q 1.3
9 212 Alison MacNeil	Charles P. Allen	28.12 1.3
10 17 Chloe Stubbert	Amherst Regional	28.28 1.3
11 668 Jaylin Pothier	Millwood High	28.29 1.6
12 269 Maddie Greatorex	Cobequid	28.64 1.6
13 939 Joy Morin	S.A.E.R.C.	28.74 1.3
14 175 Abigail Morrison	CB Highlands Aca	29.62 1.3
15 948 Cassidy Laporte	Sydney Acad	30.18 1.6
16 171 Lydia Fraser	CB Highlands Aca	30.45 1.6

Girls 200 Meter Dash Senior

NSSAF: 24.84 2012 Jenn Meech

Name	School	Finals
Finals		
1 579 Aaliyah Arab-Smith	King's-Edgehill	26.16 -0.7
2 611 Claire Langille	Lockview High	26.31 -0.7
3 546 Daniella Kidstson	Horton High	26.44 -0.7
4 287 Oula Maguire	Cobequid	27.07 -0.7
5 499 Samantha Henneberry	Halifax West	27.09 -0.7
6 1015 Saige Breton	Yarmouth Con.	27.31 -0.7
7 447 Adrien Nette	Forest Heights	28.01 -0.7
8 808 Maria Duynisveld	Pugwash District	28.61 -0.7

Girls 400 Meter Dash Senior

NSSAF: 54.13 2006 Jenna Martin

Name	School	Prelims
Preliminaries		
1 480 Katie Blunden	Halifax Grammar	1:00.52Q
2 611 Claire Langille	Lockview High	1:01.97Q
3 248 Mira Alexander	Cobequid	1:02.86Q
4 769 Claire Rawding	Park View	1:03.14Q
5 993 Eden Bishop	West Kings	1:02.91Q



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Preliminaries ... (Girls 400 Meter Dash Senior)

Name	School	Prelims
6 287 Oula Maguire	Cobequid	1:03.21Q
7 211 Abby MacDonald	Charles P. Allen	1:03.36q
8 773 Kaitlyn Woodworth	Park View	1:03.76q
9 232 Olivia Iszak	Citadel High	1:04.00
10 269 Maddie Greatorex	Cobequid	1:04.05
11 737 Rachel Walton	Northumberland	1:04.77
12 552 Lauren Rushton	Horton High	1:06.18
13 939 Joy Morin	S.A.E.R.C.	1:06.59
14 318 Eilidh Campbell	Dalbrae Academy	1:09.44
15 339 Bryanna Smith	Dalbrae Academy	1:11.06
16 949 Emily Maceachern	Sydney Acad	1:18.71

Girls 400 Meter Dash Senior

NSSAF: 54.13 2006 Jenna Martin

Name	School	Finals
Finals		
1 480 Katie Blunden	Halifax Grammar	58.88
2 611 Claire Langille	Lockview High	59.18
3 248 Mira Alexander	Cobequid	1:00.96
4 993 Eden Bishop	West Kings	1:02.79
5 211 Abby MacDonald	Charles P. Allen	1:02.93
6 287 Oula Maguire	Cobequid	1:03.27
7 769 Claire Rawding	Park View	1:04.34
8 773 Kaitlyn Woodworth	Park View	1:04.92

Girls 800 Meter Run Senior

NSSAF: 2:11.58 2019-06-01 Maggie Smith

Name	School	Finals
Finals		
1 878 Maggie Smith	Sacred Heart	2:11.58
2 480 Katie Blunden	Halifax Grammar	2:21.31
3 791 Mikayla Boucher	Prince Andrew	2:22.71
4 374 Lauren Lowther	Dr. J.H. Gillis	2:22.72
5 39 Tanna Burke	Auburn Drive	2:29.60
6 248 Mira Alexander	Cobequid	2:32.06
7 769 Claire Rawding	Park View	2:32.09
8 773 Kaitlyn Woodworth	Park View	2:32.54
9 757 Chiara Fauze Ragani	Park View	2:32.61
10 737 Rachel Walton	Northumberland	2:33.32
11 371 Maura Flynn	Dr. J.H. Gillis	2:46.51
12 543 Hannah Fuller	Horton High	2:48.50
13 318 Eilidh Campbell	Dalbrae Academy	2:50.32
14 313 Kali Beaton	Dalbrae Academy	2:56.54

Girls 1500 Meter Run Senior

NSSAF: 4:21.94 2019-05-31 Maggie Smith

Name	School	Finals
Finals		
1 878 Maggie Smith	Sacred Heart	4:21.94

2 374 Lauren Lowther	Dr. J.H. Gillis	4:50.93
3 791 Mikayla Boucher	Prince Andrew	4:51.17
4 39 Tanna Burke	Auburn Drive	4:54.49
5 705 Allie Sandluck	North Nova Ed.	4:54.62
6 52 Eileen Benoit	Avon View	5:02.43
7 239 Martha Young	Citadel High	5:20.20
8 757 Chiara Fauze Ragani	Park View	5:24.24
9 378 Sara Vanderlinden	Dr. J.H. Gillis	5:35.15
10 591 Chloe Burgess	Liverpool Region	5:39.94
11 737 Rachel Walton	Northumberland	5:40.06
12 543 Hannah Fuller	Horton High	5:42.08
13 318 Eilidh Campbell	Dalbrae Academy	5:45.88
14 313 Kali Beaton	Dalbrae Academy	5:49.29

Girls 3000 Meter Run Senior

NSSAF: 9:26.12 2019-06-01 Maggie Smith

Name	School	Finals
Finals		
1 878 Maggie Smith	Sacred Heart	9:26.12
2 705 Allie Sandluck	North Nova Ed.	10:33.86
3 39 Tanna Burke	Auburn Drive	10:37.74
4 791 Mikayla Boucher	Prince Andrew	10:43.20
5 374 Lauren Lowther	Dr. J.H. Gillis	10:58.16
6 52 Eileen Benoit	Avon View	11:11.82
7 239 Martha Young	Citadel High	11:33.79
8 757 Chiara Fauze Ragani	Park View	11:50.82
9 588 Antonia Ziegler	King's-Edgehill	12:14.17
10 767 Tsubaki Onishi	Park View	12:19.95
11 318 Eilidh Campbell	Dalbrae Academy	12:41.85
12 313 Kali Beaton	Dalbrae Academy	12:44.36
13 371 Maura Flynn	Dr. J.H. Gillis	13:21.79
14 290 Zoe Morgan	Cobequid	13:25.04

Girls 80 Meter Hurdles 33" Senior

NSSAF: 12.26 2017-06-02 Olivia Hill

Name	School	Prelims
Preliminaries		
1 246 Leah Adams	Cobequid	13.11Q-0.8
2 747 Brianna Warwick	Oxford Regional	13.68Q-0.2
3 15 Olivia Scott	Amherst Regional	13.50Q-0.8
4 759 Cailin Fortin	Park View	14.10Q-0.2
5 47 Sierra Sweeney	Auburn Drive	13.54Q-0.8
6 227 Julia Faloon	Citadel High	15.10Q-0.2
7 773 Kaitlyn Woodworth	Park View	14.32q -0.8
8 179 Sarah Ross	CB Highlands Aca	15.32q -0.8
9 587 Vilma Moilanen	King's-Edgehill	15.72 -0.8
10 949 Emily Maceachern	Sydney Acad	16.50 -0.2
11 801 Christina Porter	Prince Andrew	16.50 -0.8
12 61 Taylor O'Leary	Avon View	16.53 -0.2
13 668 Jaylin Pothier	Millwood High	18.05 -0.2



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Girls 80 Meter Hurdles 33" Senior

NSSAF: 12.26 2017-06-02 Olivia Hill

	Name	School	Finals
Finals			
1	246 Leah Adams	Cobequid	13.06 -1.4
2	747 Brianna Warwick	Oxford Regional	13.26 -1.4
3	15 Olivia Scott	Amherst Regional	13.30 -1.4
4	47 Sierra Sweeney	Auburn Drive	13.64 -1.4
5	759 Cailin Fortin	Park View	14.14 -1.4
6	773 Kaitlyn Woodworth	Park View	14.44 -1.4
7	179 Sarah Ross	CB Highlands Aca	14.84 -1.4
8	227 Julia Faloon	Citadel High	15.51 -1.4

Girls 4x100 Meter Relay Senior

NSSAF: 50.32 2004 Cec

	Team	Relay	Finals
Finals			
1	Cobequid		51.39
2	Horton High School		52.65
3	Park View		52.83
4	Charles P. Allen		53.66
5	Northeast Kings		54.14
6	Prince Andrew		54.65
7	Citadel High		54.91
8	West Kings District		55.06
9	Amherst Regional High		55.39
10	CB Highlands Aca		56.48
11	Northumberland		57.62
12	S.A.E.R.C.		59.09
13	North Nova Ed.		1:00.59

Girls 4x400 Meter Relay Senior

NSSAF: 4:01.53 2009 Park View

	Team	Relay	Finals
Finals			
1	Cobequid		4:18.86
2	Park View		4:23.94
3	Amherst Regional High		4:25.78
4	Charles P. Allen		4:27.81
5	Horton High School		4:32.26
6	Halifax Grammar		4:32.68
7	Dr. John Hugh Gillis		4:33.98
8	Northeast Kings		4:35.33
9	Avon View High School		4:35.67
10	Citadel High		4:36.09
11	Prince Andrew		4:43.60
12	Northumberland		4:43.87
13	S.A.E.R.C.		5:16.96

Girls High Jump Start 125cm Senior

NSSAF: 1.72m 1983 Linda Ayer

	Name	School	Finals
Finals			
1	499 Samantha Henneberry	Halifax West	1.57m
2	668 Jaylin Pothier	Millwood High	1.51m
3	887 Robyn Meredith	Sir John A.	1.48m
4	299 Emma Shive	Cobequid	J1.48m
5	235 Emily Munroe	Citadel High	1.45m
6	807 Maggie Dewar	Pugwash District	1.40m
6	808 Maria Duynisveld	Pugwash District	1.40m
8	691 Sidney Arbuckle	North Nova Ed.	1.35m
8	81 Grace Perry	Barrington M	1.35m
10	559 Katie Anne MacDonald	Inverness	J1.35m
11	179 Sarah Ross	CB Highlands Aca	J1.35m
12	486 Katrina Johnston	Halifax Grammar	J1.35m
13	996 Veronica Clemente	West Kings	1.30m
14	993 Eden Bishop	West Kings	1.25m
---	667 Breagh MacPhail	Millwood High	NH

Girls Long Jump Senior

NSSAF: 5.49m 2017-06-03 Denver Fraser

	Name	School	Finals
Finals			
1	308 Martha Yirideo	Cobequid	5.44m -0.1
2	808 Maria Duynisveld	Pugwash District	5.13m -0.2
3	499 Samantha Henneberry	Halifax West	5.02m -0.7
4	47 Sierra Sweeney	Auburn Drive	4.82m -0.1
5	61 Taylor O'Leary	Avon View	4.81m -0.6
6	505 Katelyn Power	Halifax West	4.80m -1.1
7	747 Brianna Warwick	Oxford Regional	4.75m -0.8
8	754 Janica Chevarie	Park View	4.52m +0.0
9	652 Rebecca Burbidge	Middleton Reg.	4.49m -1.2
10	668 Jaylin Pothier	Millwood High	4.34m -0.2
11	253 Madison Ball	Cobequid	4.32m -1.4
12	924 Natalie Cameron	S.A.E.R.C.	4.16m -1.7
13	179 Sarah Ross	CB Highlands Aca	4.05m -1.5
14	171 Lydia Fraser	CB Highlands Aca	4.04m -1.2
15	345 Sarah Wilson	Dalbrae Academy	3.95m -0.8

Girls Triple Jump Senior

NSSAF: 11.71m 2018-06-01 Gabrielle Fraser

	Name	School	Finals
Finals			
1	808 Maria Duynisveld	Pugwash District	11.24m 0.8
2	773 Kaitlyn Woodworth	Park View	10.91m 1.1
3	308 Martha Yirideo	Cobequid	10.65m 0.2
4	499 Samantha Henneberry	Halifax West	10.52m 0.6
5	47 Sierra Sweeney	Auburn Drive	10.35m 0.6
6	747 Brianna Warwick	Oxford Regional	10.16m 0.9



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Finals ... (Girls Triple Jump Senior)

Name	School	Finals
7 17 Chloe Stubbert	Amherst Regional	9.99m 0.7
8 61 Taylor O'Leary	Avon View	9.96m 0.1
9 652 Rebecca Burbidge	Middleton Reg.	9.72m 1.1
10 175 Abigail Morrison	CB Highlands Aca	9.71m 0.1
11 668 Jaylin Pothier	Millwood High	9.69m 0.9
12 179 Sarah Ross	CB Highlands Aca	9.25m 0.3
13 762 Ira Khedkat	Park View	9.15m 1.8
14 345 Sarah Wilson	Dalbrae Academy	8.98m 0.5
15 605 Olivia Crowe	Lockview High	8.88m 0.2
16 887 Robyn Meredith	Sir John A.	8.21m 0.4
--- 173 Olivia Hart	CB Highlands Aca	ND NWI

Girls Shot Put 4kg Senior

NSSAF: 13.26m 2010

Chelsea Whalen

Name	School	Finals
Finals		
1 283 Chelsea MacIsaac	Cobequid	11.14m
2 780 Jenna Reid	Pictou Academy	10.06m
3 752 Emma Banfield	Park View	10.05m
4 263 Sydney Davidson	Cobequid	9.98m
5 26 Emily Olsen	Annapolis West	9.79m
6 43 Rahel Luders	Auburn Drive	9.44m
7 293 Eniola Oshikoya	Cobequid	9.39m
8 365 Willow Walker	Digby Regional	9.06m
9 604 Brooke Clarke	Lockview High	8.44m
10 27 Emma Tolson	Annapolis West	8.05m
11 210 Isabelle Ladouceur	Charles P. Allen	8.04m
12 948 Cassidy Laporte	Sydney Acad	7.99m
13 688 Grace Smith	Newbridge Ac	6.63m

Girls Discus Throw 1kg Senior

NSSAF: 41.92m 2012

Kayla Gallagher

Name	School	Finals
Finals		
1 283 Chelsea MacIsaac	Cobequid	41.22m
2 263 Sydney Davidson	Cobequid	29.76m
3 780 Jenna Reid	Pictou Academy	29.33m
4 752 Emma Banfield	Park View	28.35m
5 293 Eniola Oshikoya	Cobequid	28.12m
6 365 Willow Walker	Digby Regional	25.07m
7 1001 Ashley Sheppard	West Kings	24.46m
8 43 Rahel Luders	Auburn Drive	23.73m
9 545 Sofia Kent	Horton High	23.39m
10 175 Abigail Morrison	CB Highlands Aca	22.60m
11 345 Sarah Wilson	Dalbrae Academy	20.30m
12 573 Madi Slaunwhite	J.L. Ilsley	19.68m
13 310 Lauren Steinburg	Cole Harbour	17.66m
14 575 Melissa Walters	J.L. Ilsley	16.18m

Girls Javelin Throw 600g Senior

NSSAF: 44.20m 2010

Chelsea Whalen

Name	School	Finals
Finals		
1 780 Jenna Reid	Pictou Academy	40.01m
2 248 Mira Alexander	Cobequid	35.52m
3 345 Sarah Wilson	Dalbrae Academy	32.84m
4 732 Gabby Smith	Northumberland	30.96m
5 759 Cailin Fortin	Park View	30.33m
6 26 Emily Olsen	Annapolis West	29.18m
7 153 Hannah Stoddart	Bridgetown	28.98m
8 23 Elsa Hafting	Annapolis West	28.22m
9 304 Haley Teed	Cobequid	25.66m
10 212 Alison MacNeil	Charles P. Allen	25.26m
11 921 Hannah Blair	S.A.E.R.C.	24.60m
12 218 Sarah Tucker	Charles P. Allen	22.03m
13 795 Paige Colpitts	Prince Andrew	21.01m
14 179 Sarah Ross	CB Highlands Aca	20.14m
15 70 Leanne MacDonald	Baddeck Acad	19.91m
--- 506 Annie Savoie	Halifax West	ND

Girls 100 Meter Dash Special Junior

Name	School	Finals
Finals		
1 556 Aaliyah Vaughan	Horton High	16.29 NWI
2 592 Mika Conrad	Liverpool Region	16.96 NWI
3 311 Drew Warkentin	Cunard Jr.	17.03 NWI
4 598 Emma Wentzell	Liverpool Region	17.24 NWI
5 132 Tatyanna Turner-Gerroy	Bible Hill	17.85 NWI
6 901 Montana Wright	South Colchester	18.01 NWI
7 550 Mackenzie Routledge	Horton High	18.19 NWI
8 621 Brooke Emms	Madeline Symonds	18.21 NWI
9 743 Emily Mazur	Oxford Regional	19.27 NWI
10 750 Marissa Macisaac Filion	Oxford School	20.82 NWI
11 244 Ashley Spicer	Clayton Park Jr.	21.46 NWI
12 394 Maddi Greeno	EB Chandler	24.62 NWI

Girls Long Jump 3 Jumps Special Junior

Name	School	Finals
Finals		
1 132 Tatyanna Turner-Gerroy	Bible Hill	3.00m NWI
2 556 Aaliyah Vaughan	Horton High	2.99m NWI
3 152 Chloe Stoddart	Bridgetown	2.84m NWI
4 598 Emma Wentzell	Liverpool Region	2.80m NWI
5 592 Mika Conrad	Liverpool Region	2.59m NWI
6 621 Brooke Emms	Madeline Symonds	2.56m NWI
7 901 Montana Wright	South Colchester	2.37m NWI
8 743 Emily Mazur	Oxford Regional	2.10m NWI
9 311 Drew Warkentin	Cunard Jr.	1.99m NWI
10 750 Marissa Macisaac Filion	Oxford School	1.85m NWI



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Finals ... (Girls Long Jump 3 Jumps Special Junior)

Name	School	Finals
11 394 Maddi Greeno	EB Chandler	1.53m NWI

Girls Shot Put 3kg-3 Throws Special Junior

Name	School	Finals
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Finals

1	152 Chloe Stoddart	Bridgetown	6.93m
2	556 Aaliyah Vaughan	Horton High	6.65m
3	743 Emily Mazur	Oxford Regional	5.98m
4	394 Maddi Greeno	EB Chandler	5.78m
5	621 Brooke Emms	Madeline Symonds	5.55m
6	901 Montana Wright	South Colchester	5.54m
7	592 Mika Conrad	Liverpool Region	5.50m
8	860 Ayden Stonier	Rocky Lake Jr	5.13m
9	750 Marissa Macisaac Fillion	Oxford School	4.84m
10	132 Tatyanna Turner-Gerrior	Bible Hill	4.70m
11	244 Ashley Spicer	Clayton Park Jr.	4.66m
12	598 Emma Wentzell	Liverpool Region	4.28m

Girls 100 Meter Dash Special Senior

Name	School	Finals
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Finals

1	755 Jillian Connors	Park View	16.83 NWI
2	793 Shyann Brewer	Prince Andrew	17.70 NWI
3	998 Sierra Flemming	West Kings	18.85 NWI
4	80 Natalia Nickerson	Barrington M	19.96 NWI
5	278 Mackenzie Langille	Cobequid	20.30 NWI
6	557 Brittany Walsh	Horton High	20.95 NWI
7	42 Lauren Hearn	Auburn Drive	22.11 NWI
8	273 Brittany Kaulbach	Cobequid	23.71 NWI
9	900 Sarah Wells	South Colchester	33.60 NWI
10	274 Jessica Keevill	Cobequid	34.54 NWI

Girls Long Jump 3 Jumps Special Senior

Name	School	Finals
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Finals

1	755 Jillian Connors	Park View	3.15m NWI
2	80 Natalia Nickerson	Barrington M	2.42m NWI
3	793 Shyann Brewer	Prince Andrew	2.29m NWI
4	278 Mackenzie Langille	Cobequid	1.92m NWI
5	557 Brittany Walsh	Horton High	1.73m NWI
6	273 Brittany Kaulbach	Cobequid	1.42m NWI
7	651 Isis Brooks	Middleton Reg.	1.33m NWI
8	1024 Erin Murphy	Cobequid	0.68m NWI
9	900 Sarah Wells	South Colchester	0.38m NWI

Girls Shot Put 3kg-3 Throws Special Senior

Name	School	Finals
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Finals

1	278 Mackenzie Langille	Cobequid	6.83m
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2	802 Madison Price	Prince Andrew	6.58m
3	1002 Molly Thorpe	West Kings	5.98m
4	793 Shyann Brewer	Prince Andrew	5.89m
5	557 Brittany Walsh	Horton High	5.86m
6	651 Isis Brooks	Middleton Reg.	5.80m
7	80 Natalia Nickerson	Barrington M	5.20m
8	274 Jessica Keevill	Cobequid	4.13m
9	273 Brittany Kaulbach	Cobequid	4.05m
10	900 Sarah Wells	South Colchester	2.59m

Girls 200 Meter Run Para

Name	School	Finals
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Finals

1	809 Gracie Field	Pugwash District	50.48 NWI
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Girls 800 Meter Run Para

Name	School	Finals
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Finals

1	809 Gracie Field	Pugwash District	4:45.72
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Girls Shot Put 3kg-3 Throws Para

Name	School	Finals
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Finals

1	809 Gracie Field	Pugwash District	2.70m
---	309 Rachel Yorke	Cobequid	ND

Boys 100 Meter Dash Junior

NSSAF:	11.59	2016	Braden Gray
Ties:	11.50	1995	Nick Smith (hand)

Name	School	Prelims
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Preliminaries

1	577 Brody Davison	Kings County Aca	12.27Q1.5
2	917 Shomari Matthews	St. Andrew	12.31Q1.7
3	20 Matthew Bailey	Annapolis West	12.43Q1.7
4	850 Brett Graves	Rocky Lake Jr	12.78Q1.5
5	438 Zac Chipper	Five Bridges Jun	12.55Q1.7
6	677 Torin Kinney	New Glasgow Ac	12.87Q1.5
7	891 Nathaniel Slawter	Sir RobertBorden	12.63q 1.7
8	198 Damien Llewellyn	Central Kings	12.89q 1.5
9	895 Cody Geldart	South Colchester	12.90 1.7
10	155 Ignacio Chung	Bridgewater Jr	12.95 1.7
11	387 Lucas Marshall	East Richmond	13.06 1.7
12	810 Brendan Godfrey	Pugwash District	13.10 1.5
13	382 Anthony Phillips	Dr. T.L.S.	13.27 1.5



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Boys 100 Meter Dash Junior

NSSAF: 11.59 2016 Braden Gray
Ties: 11.50 1995 Nick Smith (hand)

Name	School	Finals
Finals		
1 577 Brody Davison	Kings County Aca	12.19 1.2
2 917 Shomari Matthews	St. Andrew	12.22 1.2
3 438 Zac Chipper	Five Bridges Jun	12.51 1.2
4 891 Nathaniel Slawter	Sir RobertBorden	12.56 1.2
5 850 Brett Graves	Rocky Lake Jr	12.75 1.2
6 677 Torin Kinney	New Glasgow Ac	13.04 1.2
7 198 Damien Llewellyn	Central Kings	13.15 1.2
7 20 Matthew Bailey	Annapolis West	13.15 1.2

Boys 200 Meter Dash Junior

NSSAF: 24.26 2005 Cameron Veinot
Ties: 24.10 1984 Derek Dempster (hand)

Name	School	Prelims
Preliminaries		
1 577 Brody Davison	Kings County Aca	25.04Q1.6
2 20 Matthew Bailey	Annapolis West	25.31Q1.1
3 891 Nathaniel Slawter	Sir RobertBorden	25.66Q1.6
4 155 Ignacio Chung	Bridgewater Jr	25.91Q1.1
5 849 Luke Foster	Rocky Lake Jr	25.84Q1.6
6 656 Carson Hayes	Middleton Reg.	26.27Q1.1
7 438 Zac Chipper	Five Bridges Jun	25.91q 1.6
8 828 Teaghan Bourgeois	Riverside Ed.	26.16q 1.6
9 677 Torin Kinney	New Glasgow Ac	26.46 1.6
10 387 Lucas Marshall	East Richmond	26.48 1.1
11 676 Caden Campbell	New Glasgow Ac	26.57 1.6
12 980 Jon Seeton	Truro Jr.	27.00 1.1
13 859 Aiden Roosong	Rocky Lake Jr	27.28 1.1
14 958 Ryan Hayes	Tamarac	28.42 1.1
15 957 Josh Hatcher	Tamarac	29.26 1.1
16 116 Colin Vanzutphen	Bayview Educ	30.24 1.6

Boys 200 Meter Dash Junior

NSSAF: 24.26 2005 Cameron Veinot
Ties: 24.10 1984 Derek Dempster (hand)

Name	School	Finals
Finals		
1 577 Brody Davison	Kings County Aca	24.84 1.9
2 20 Matthew Bailey	Annapolis West	24.88 1.9
3 891 Nathaniel Slawter	Sir RobertBorden	25.34 1.9
4 438 Zac Chipper	Five Bridges Jun	25.49 1.9
5 849 Luke Foster	Rocky Lake Jr	25.66 1.9
6 155 Ignacio Chung	Bridgewater Jr	25.77 1.9
7 828 Teaghan Bourgeois	Riverside Ed.	26.03 1.9
8 656 Carson Hayes	Middleton Reg.	26.11 1.9

Boys 400 Meter Dash Junior

NSSAF: 53.72 2013 Barrett Dachyshyn

Name	School	Prelims
Preliminaries		
1 20 Matthew Bailey	Annapolis West	57.15Q
2 849 Luke Foster	Rocky Lake Jr	59.10Q
3 87 Jack Barry	Bayview	58.84Q
4 828 Teaghan Bourgeois	Riverside Ed.	1:00.29Q
5 831 Josh Chisholm	Riverside Ed.	59.71Q
6 456 Nathan Leger	George P. Vanier	1:00.45Q
7 476 Noah Adler	Halifax Grammar	59.97q
8 656 Carson Hayes	Middleton Reg.	1:00.46q
9 980 Jon Seeton	Truro Jr.	1:00.50
10 457 Kelvin Mackinnon	George P. Vanier	1:00.75
11 513 Nate Johnson	Hantsport	1:01.73
12 633 Ethan MacLean	Malcolm Munroe	1:02.15
13 958 Ryan Hayes	Tamarac	1:02.48

Boys 400 Meter Dash Junior

NSSAF: 53.72 2013 Barrett Dachyshyn

Name	School	Finals
Finals		
1 849 Luke Foster	Rocky Lake Jr	58.45
2 656 Carson Hayes	Middleton Reg.	58.75
3 20 Matthew Bailey	Annapolis West	58.90
4 828 Teaghan Bourgeois	Riverside Ed.	1:00.11
5 456 Nathan Leger	George P. Vanier	1:00.17
6 831 Josh Chisholm	Riverside Ed.	1:01.00
7 87 Jack Barry	Bayview	1:02.28
8 476 Noah Adler	Halifax Grammar	1:02.43

Boys 800 Meter Run Junior

NSSAF: 2:04.93 2016-06-04 Camden Springer

Name	School	Finals
Finals		
1 29 Yale O'Connor	Armbrac	2:18.94
2 383 Krew Goodwin	Drumlin Heights	2:19.08
3 857 Alex Quinton	Rocky Lake Jr	2:19.45
4 853 Mathew Lawton	Rocky Lake Jr	2:21.42
5 441 Simon Foote	Five Bridges Jun	2:21.58
6 87 Jack Barry	Bayview	2:24.98
7 679 Conrad Robertson	New Glasgow Ac	2:25.62
8 916 Brody Macpherson	St. Andrew	2:26.04
9 388 Mack Martell	East Richmond	2:30.05
10 785 Logan Johnston	Pine Ridge Mid.	2:31.27
11 964 Ben Madden	Tamarac	2:31.91
12 102 Cohen Westlake	Bayview	2:33.88
13 913 Conlan MacKenzie	St. Andrew	2:35.99



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Boys 1500 Meter Run Junior

NSSAF: 4:19.71 2009

Mike Tate

Name	School	Finals
Finals		
1 514 Brett King	Hantsport	4:40.57
2 857 Alex Quinton	Rocky Lake Jr	4:43.08
3 853 Mathew Lawton	Rocky Lake Jr	4:45.46
4 29 Yale O'Connor	Armbrae	4:45.70
5 383 Krew Goodwin	Drumlin Heights	4:50.72
6 161 Douglas Baard	Brookside	4:51.51
7 679 Conrad Robertson	New Glasgow Ac	4:53.01
8 916 Brody Macpherson	St. Andrew	4:56.73
9 193 Baley Wolfe	Central Col	5:02.96
10 964 Ben Madden	Tamarac	5:04.17
11 388 Mack Martell	East Richmond	5:04.81
12 913 Conlan MacKenzie	St. Andrew	5:06.64
13 87 Jack Barry	Bayview	5:09.39
14 102 Cohen Westlake	Bayview	5:12.19
15 1005 Ronan Austin	Whycocomagh	5:20.99

Boys 3000 Meter Run Junior

NSSAF: 9:15.14 2011

Tobias Wolter

Name	School	Finals
Finals		
1 857 Alex Quinton	Rocky Lake Jr	9:59.55
2 514 Brett King	Hantsport	10:12.42
3 29 Yale O'Connor	Armbrae	10:25.11
4 164 Griffen Gamble	Brookside	10:28.22
5 853 Mathew Lawton	Rocky Lake Jr	10:33.73
6 679 Conrad Robertson	New Glasgow Ac	10:36.48
7 193 Baley Wolfe	Central Col	10:45.04
8 834 Zack Rogers	Riverside Ed.	10:47.38
9 388 Mack Martell	East Richmond	10:47.85
10 913 Conlan MacKenzie	St. Andrew	11:02.16
11 102 Cohen Westlake	Bayview	11:13.93
12 383 Krew Goodwin	Drumlin Heights	11:31.33
13 964 Ben Madden	Tamarac	11:46.01
14 1004 Nolan Neville	Whitney Pier Jr	12:02.99
15 200 Kieran O'Neill	Central Kings	12:05.59

Boys 100 Meter Hurdles 33" Junior

NSSAF: 14.48 2016-06-03 Nolan Wentzell

Name	School	Prelims
Preliminaries		
1 476 Noah Adler	Halifax Grammar	16.56Q-2.5
2 243 Leshawn Morris	Clayton Park Jr.	16.96Q-1.1
3 523 Gabe Heim	Hebbsville	17.15Q-2.5
4 833 Xander Marr	Riverside Ed.	17.35Q-1.1
5 974 Quinn Hayden	Truro Jr.	17.46Q-2.5

6	156 Luke Colwell	Bridgewater Jr	18.67Q-1.1
7	431 Andrew Lordon	Fairview Jr.	18.38q -2.5
8	854 Hewson MacDonald	Rocky Lake Jr	18.85q -1.1
9	127 Cale McClellan	Bible Hill	18.90 -2.5
10	973 Marques Hayden	Truro Jr.	18.91 -1.1
11	219 Camden Coolen	Chester Area Mid	19.01 -2.5
12	1011 Aiden Schofield	Wolfville School	20.06 -1.1
13	1006 Thomas Beddow	Whycocomagh	21.18 -1.1
14	956 Juneau Gealogo	Tamarac	23.74 -2.5

Boys 100 Meter Hurdles 33" Junior

NSSAF: 14.48 2016-06-03 Nolan Wentzell

Name	School	Finals
Finals		
1 476 Noah Adler	Halifax Grammar	16.35 -1.0
2 243 Leshawn Morris	Clayton Park Jr.	16.97 -1.0
3 523 Gabe Heim	Hebbsville	17.02 -1.0
4 833 Xander Marr	Riverside Ed.	17.71 -1.0
5 431 Andrew Lordon	Fairview Jr.	18.16 -1.0
6 156 Luke Colwell	Bridgewater Jr	18.48 -1.0
7 974 Quinn Hayden	Truro Jr.	18.53 -1.0
8 854 Hewson MacDonald	Rocky Lake Jr	18.81 -1.0

Boys 4x100 Meter Relay Junior

NSSAF: 48.40 1990 Astral Drive (hand)

Team	Relay	Finals
Finals		
1	New Glasgow Academy	51.78
2	St. Andrew	51.97
3	Central Col	52.04
4	Rocky Lake Jr	52.13
5	Madeline Symonds	52.93
6	Fairview Junior High	53.42
7	Barrington Municipal	53.43
8	Hebbsville Academy	54.08
9	Tamarac	54.15
10	Ellenvale Junior High	54.50
11	Bayview	54.80
12	Central Kings	56.69
13	Whycocomagh	1:05.60
---	Malcolm Munroe	DQ
---	Truro Junior High	DQ

Boys 4x400 Meter Relay Junior

NSSAF: 3:48.10 2013 Halifax Central Junior

Team	Relay	Finals
Finals		
1	George P. Vanier	4:04.08
2	Truro Junior High	4:09.74
3	Riverside Ed.	4:11.15
4	New Glasgow Academy	4:11.19



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Finals ... (Boys 4x400 Meter Relay Junior)

Team	Relay	Finals
5	Halifax Grammar	4:16.18
6	Rocky Lake Jr	4:17.33
7	Fairview Junior High	4:18.15
8	St. Andrew	4:20.17
9	Northeast Kings	4:21.42
10	Hebville Academy	4:26.17
11	West Hants Mid.	4:26.42
12	Annapolis West	4:29.56
13	Tamarac	4:40.27
14	Whycocomagh	5:29.39

Boys High Jump Start 125cm Junior

NSSAF: 1.77m 2004 Brandon Mallally

Name	School	Finals
Finals		
1	387 Lucas Marshall	East Richmond 1.62m
2	185 Dustin Fleck	Central Col 1.60m
3	830 Graeson Cassis	Riverside Ed. J1.60m
4	677 Torin Kinney	New Glasgow Ac 1.58m
5	457 Kelvin Mackinnon	George P. Vanier 1.53m
6	131 Levi Spence	Bible Hill 1.50m
7	432 Ethan Lund	Fairview Jr. J1.50m
8	382 Anthony Phillips	Dr. T.L.S. 1.45m
8	786 Jordan Jones	Pine Ridge Mid. 1.45m
10	991 Carter Toole	West Hants Mid. J1.45m
11	243 Leshawn Morris	Clayton Park Jr. 1.40m
12	513 Nate Johnson	Hantsport J1.40m
13	493 Joshua Phonchareon	Hfx Independant J1.40m
14	958 Ryan Hayes	Tamarac J1.40m
15	633 Ethan MacLean	Malcolm Munroe 1.35m
16	790 Ryan Vokey	Pine Ridge Mid. 1.30m

Boys Long Jump Junior

NSSAF: 5.79m 2012 David MacDonald

Name	School	Finals
Finals		
1	891 Nathaniel Slawter	Sir RobertBorden 5.21m -0.7
2	683 Adam Crocker	Newbridge Ac 5.06m +0.0
3	155 Ignacio Chung	Bridgewater Jr J5.06m -0.9
4	680 Ayden Allan	New Ross Con. 5.03m -0.2
5	85 Silas Willis	Barrington M 4.98m -0.6
6	677 Torin Kinney	New Glasgow Ac 4.97m -1.8
7	476 Noah Adler	Halifax Grammar 4.68m -0.4
8	382 Anthony Phillips	Dr. T.L.S. 4.63m -0.7
9	183 Isaac Crowe	Central Col 4.57m NWI
10	193 Baley Wolfe	Central Col 4.54m -0.1
11	882 Riley Hemeon	Shelburne Reg 4.48m -1.3
12	116 Colin Vanzutphen	Bayview Educ 4.35m -0.9
13	959 Brogan Kersten	Tamarac 4.28m -1.1

14	978 Jack McQuaid	Truro Jr.	4.24m -0.9
15	626 Parker Gale	Malcolm Munroe	4.18m -0.4

Boys Triple Jump Junior

NSSAF: 12.03m 2012 Kaelan Schmidt

Name	School	Finals
Finals		
1	991 Carter Toole	West Hants Mid. 11.09m 1.7
2	680 Ayden Allan	New Ross Con. 10.62m 1.1
3	193 Baley Wolfe	Central Col 10.43m 1.2
4	395 Tyler Milner	EB Chandler J10.43m 0.8
5	241 Emmanuel Bangura	Clayton Park Jr. 10.40m 0.9
6	513 Nate Johnson	Hantsport 10.39m 2.6
7	854 Hewson MacDonald	Rocky Lake Jr 10.29m 0.6
8	85 Silas Willis	Barrington M 10.25m 0.7
8	183 Isaac Crowe	Central Col 10.25m 0.4
10	437 Carter Slauenwhite	Fairview Jr. 9.86m 0.9
11	830 Graeson Cassis	Riverside Ed. 9.76m 0.7
12	959 Brogan Kersten	Tamarac 9.73m 0.4
13	957 Josh Hatcher	Tamarac 9.32m 1.6
14	493 Joshua Phonchareon	Hfx Independant 9.23m 0.3
---	116 Colin Vanzutphen	Bayview Educ ND NWI

Boys Shot Put 4kg Junior

NSSAF: 14.37m 2016-06-03 Logan Taylor

Name	School	Finals
Finals		
1	856 Rylan Murphy	Rocky Lake Jr 12.48m
2	983 Austin Warren	Truro Jr. 11.45m
3	864 Seth Channing	SackvilleHeights 10.67m
4	626 Parker Gale	Malcolm Munroe 10.57m
5	524 Cameron Hirtle	Hebville 9.93m
6	391 Anikin Bouwens	EB Chandler 9.89m
7	672 Connor Deal	Musquodoboit Rur 9.65m
8	147 Hunter Bennett	Bridgetown 9.47m
9	635 Owen Miniham	Malcolm Munroe 9.38m
10	566 Andrew Stanton	Islands 9.35m
11	439 Connor Creelman	Five Bridges Jun 9.34m
12	826 Abedal Aljaraba	Ridgecliff 9.31m
13	991 Carter Toole	West Hants Mid. 9.02m
14	395 Tyler Milner	EB Chandler 8.76m
15	966 Matthew Patchett	Tamarac 8.40m
16	1009 Roddie Macinnis	Whycocomagh 8.10m

Boys Discus Throw 1kg Junior

NSSAF: 43.75m 2016-06-04 Parker Swain

Name	School	Finals
Finals		
1	635 Owen Miniham	Malcolm Munroe 34.41m
2	856 Rylan Murphy	Rocky Lake Jr 33.66m
3	864 Seth Channing	SackvilleHeights 33.43m



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Finals ... (Boys Discus Throw 1kg Junior)

Name	School	Finals
4 391 Anikin Bouwens	EB Chandler	32.42m
5 983 Austin Warren	Truro Jr.	32.33m
6 822 Eli James	Redcliffe Middle	31.26m
7 660 Lucas Melanson	Middleton Reg.	29.02m
8 128 Gabrielle Natividad	Bible Hill	28.02m
9 524 Cameron Hirtle	Hebbville	26.58m
10 680 Ayden Allan	New Ross Con.	25.33m
11 243 Leshawn Morris	Clayton Park Jr.	25.16m
12 1009 Roddie Macinnis	Whycocomagh	25.04m
13 947 Connor Wilkin	Summit Academy	24.65m
14 788 Alex Osborne	Pine Ridge Mid.	23.91m
15 964 Ben Madden	Tamarac	21.76m

Boys Javelin Throw 600g Junior

NSSAF: 45.48m 2015 Michael Adams

Name	School	Finals
Finals		
1 958 Ryan Hayes	Tamarac	35.40m
2 822 Eli James	Redcliffe Middle	35.08m
3 135 Chase Crouse	Bluenose Academy	33.40m
4 459 Thomas Smith	George P. Vanier	33.39m
5 436 Gavin Savoie	Fairview Jr.	32.36m
6 191 Eric Scott	Central Col	32.19m
7 687 Ephram McNutt	Newbridge Ac	30.75m
8 635 Owen Minihan	Malcolm Munroe	29.59m
9 133 Mason Zwicker	Bible Hill	29.03m
10 882 Riley Hemeon	Shelburne Reg	28.38m
11 987 Evan Baxter	West Hants Mid.	28.18m
12 391 Anikin Bouwens	EB Chandler	27.75m
13 708 Thomas Waterman	North Queens	26.81m
14 682 Mitchel Brown	Newbridge Ac	24.65m
15 65 Jake Cox	Baddeck Acad	20.10m

Boys 100 Meter Dash Intermediate

NSSAF: 10.50 1998 Patrick Benjamin (hand)

Name	School	Prelims
Preliminaries		
1 56 Zach James	Avon View	11.70Q0.8
2 564 Alex Gough	Island View	11.79Q1.1
3 602 Riley Adamson-Simms	Lockview High	11.76Q0.8
4 758 Peter Fisk	Park View	11.81Q1.1
5 214 Brendan McQuaid	Charles P. Allen	11.83Q1.1
6 303 Jaden Storry-Trefry	Cobequid	11.88Q0.8
7 268 Zach Gray	Cobequid	11.88q 1.1
8 753 Riley Bush	Park View	11.93q 0.8
9 888 Jeff Smith	Sir John A.	12.05 1.1
10 362 Nick Goodwin	Digby Regional	12.08 1.1
11 295 Deandre Paris	Cobequid	12.09 1.1

12	5 Bryson Chapman	Amherst Regional	12.29	0.8
13	344 Luke Van Zutphen	Dalbrae Academy	12.36	0.8
14	177 Joel Petak	CB Highlands Aca	12.52	1.1
15	946 Trent Williams	S.A.E.R.C.	12.69	0.8
16	934 Emmett Maciver	S.A.E.R.C.	12.78	0.8

Boys 100 Meter Dash Intermediate

NSSAF: 10.50 1998 Patrick Benjamin (hand)

Name	School	Finals
Finals		
1 56 Zach James	Avon View	11.55 1.1
2 303 Jaden Storry-Trefry	Cobequid	11.81 1.1
3 214 Brendan McQuaid	Charles P. Allen	11.87 1.1
4 602 Riley Adamson-Simms	Lockview High	11.87 1.1
5 268 Zach Gray	Cobequid	11.88 1.1
6 564 Alex Gough	Island View	11.89 1.1
7 758 Peter Fisk	Park View	11.93 1.1
8 753 Riley Bush	Park View	12.00 1.1

Boys 200 Meter Dash Intermediate

NSSAF: 22.30 1998 Patrick Benjamin (hand)

Name	School	Prelims
Preliminaries		
1 303 Jaden Storry-Trefry	Cobequid	23.93Q0.8
2 753 Riley Bush	Park View	24.42Q0.1
3 207 Aidan Foster	Charles P. Allen	24.27Q0.8
4 214 Brendan McQuaid	Charles P. Allen	24.73Q0.1
5 362 Nick Goodwin	Digby Regional	24.54Q0.8
6 544 Parker Fuller	Horton High	24.89Q0.1
7 296 Breton Phillips	Cobequid	24.69q 0.8
8 888 Jeff Smith	Sir John A.	24.73q 0.8
9 812 Ian Tilt	Pugwash District	24.91 0.1
10 295 Deandre Paris	Cobequid	24.95 0.1
11 410 Daniel LeBlanc	Ecole Nda	25.09 0.1
12 617 Matt Whitehead	Lockview High	25.34 0.1
13 344 Luke Van Zutphen	Dalbrae Academy	25.56 0.8
14 516 Payton Bolivar	Hebbville	25.63 0.8
15 934 Emmett Maciver	S.A.E.R.C.	25.91 0.8
16 76 Clemens Wiltshko	Baddeck Acad	26.01 0.1

Boys 200 Meter Dash Intermediate

NSSAF: 22.30 1998 Patrick Benjamin (hand)

Name	School	Finals
Finals		
1 303 Jaden Storry-Trefry	Cobequid	23.96 -0.3
2 207 Aidan Foster	Charles P. Allen	24.12 -0.3
3 214 Brendan McQuaid	Charles P. Allen	24.21 -0.3
4 753 Riley Bush	Park View	24.22 -0.3
5 888 Jeff Smith	Sir John A.	24.55 -0.3
6 544 Parker Fuller	Horton High	24.77 -0.3



2019 NSSAF Track and Field Championships

Results

Finals ... (Boys 200 Meter Dash Intermediate)

Name	School	Finals
7 296 Breton Phillips	Cobequid	24.79 -0.3
8 362 Nick Goodwin	Digby Regional	24.89 -0.3

Boys 400 Meter Dash Intermediate

NSSAF: 50.87 2005

Jonathan Campbell

Name	School	Prelims
Preliminaries		
1 544 Parker Fuller	Horton High	54.36Q
2 56 Zach James	Avon View	54.91Q
3 207 Aidan Foster	Charles P. Allen	54.83Q
4 410 Daniel LeBlanc	Ecole Nda	55.83Q
5 812 Ian Tilt	Pugwash District	55.85Q
6 11 Julian MacDonald	Amherst Regional	55.90Q
7 609 Luke Green	Lockview High	55.99q
8 445 Lawson Cook	Forest Heights	56.13q
9 231 Paul Ipe	Citadel High	56.23
10 250 Oliver Arnfast	Cobequid	56.90
11 14 Myles Robichaud	Amherst Regional	57.12
12 491 Luke Wilson	Halifax Grammar	57.59
13 151 Brandon Stoddart	Bridgetown	59.47
14 923 Grant Cameron	S.A.E.R.C.	1:01.13

Boys 400 Meter Dash Intermediate

NSSAF: 50.87 2005

Jonathan Campbell

Name	School	Finals
Finals		
1 56 Zach James	Avon View	51.69
2 544 Parker Fuller	Horton High	54.36
3 207 Aidan Foster	Charles P. Allen	54.60
4 11 Julian MacDonald	Amherst Regional	54.91
5 812 Ian Tilt	Pugwash District	55.78
6 445 Lawson Cook	Forest Heights	56.78
7 410 Daniel LeBlanc	Ecole Nda	57.36
8 609 Luke Green	Lockview High	58.00

Boys 800 Meter Run Intermediate

NSSAF: 1:58.21 2015

Hudson Grimshaw-Surette

Name	School	Finals
Finals		
1 56 Zach James	Avon View	2:00.99
2 490 David Waller	Halifax Grammar	2:02.15
3 4 Colton Caballero	Amherst Regional	2:07.10
4 544 Parker Fuller	Horton High	2:08.16
5 504 Adrian Nunn	Halifax West	2:08.61
6 763 Finn Kimball	Park View	2:10.62
7 11 Julian MacDonald	Amherst Regional	2:10.75
8 896 Isaac Kennedy	South Colchester	2:12.63
9 885 Cameron MacDonald	Sir John A.	2:13.04

10 254 Sebastian Barrington	Cobequid	2:13.51
11 209 Nik Koch	Charles P. Allen	2:14.72
12 756 Callum Corkum	Park View	2:17.25
13 561 Logan Poirier	Inverness	2:25.55
14 938 Eric Morin	S.A.E.R.C.	2:27.70
--- 923 Grant Cameron	S.A.E.R.C.	DQ

Boys 1500 Meter Run Intermediate

NSSAF: 3:59.92 2015

Hudson Grimshaw-Surette

Name	School	Finals
Finals		
1 490 David Waller	Halifax Grammar	4:16.25
2 994 Sam Cadrain	West Kings	4:20.18
3 4 Colton Caballero	Amherst Regional	4:21.26
4 848 Owen Flemming	Rocky Lake Jr	4:25.09
5 778 Luke MacDonald	Pictou Academy	4:26.49
6 893 Eloi Benjanin	South Colchester	4:29.03
7 508 Ben Good	Hants East	4:33.38
8 763 Finn Kimball	Park View	4:40.99
9 885 Cameron MacDonald	Sir John A.	4:41.47
10 533 Eastwood Ezra	Herring Cove Jr.	4:47.06
11 824 Daniel Mombourquette	Richmond Academy	4:47.23
12 650 Dan Bower	Middleton Reg.	4:53.75
13 992 Zachary Allbright	West Kings	4:55.46
14 938 Eric Morin	S.A.E.R.C.	5:02.48
15 117 James Watts	Bayview Educ	5:07.80
16 410 Daniel LeBlanc	Ecole Nda	5:26.37

Boys 3000 Meter Run Intermediate

NSSAF: 8:50.61 2015

Andrew Peverill

Name	School	Finals
Finals		
1 490 David Waller	Halifax Grammar	9:27.72
2 508 Ben Good	Hants East	9:28.12
3 778 Luke MacDonald	Pictou Academy	9:39.14
4 994 Sam Cadrain	West Kings	9:47.82
5 848 Owen Flemming	Rocky Lake Jr	9:54.84
6 205 Davis Cooper	Charles P. Allen	9:59.27
7 730 Cole MacDougall	Northumberland	10:17.29
8 533 Eastwood Ezra	Herring Cove Jr.	10:19.25
9 975 Logan Johnstone	Truro Jr.	10:28.93
10 824 Daniel Mombourquette	Richmond Academy	10:44.44
11 650 Dan Bower	Middleton Reg.	10:45.86
12 992 Zachary Allbright	West Kings	10:48.45
13 203 Shayden Smith	Central Kings	11:05.40
14 117 James Watts	Bayview Educ	11:05.62
15 180 William Ross	CB Highlands Aca	11:12.71



2019 NSSAF Track and Field Championships

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Boys 100 Meter Hurdles 36" Intermediate

NSSAF: 13.89 2018-06-01 Nick Landry

Ties: 14.10 1995 Dominic Bricault (hand)

Name	School	Prelims
Preliminaries		
1 250 Oliver Arnfast	Cobequid	15.34Q-2.0
2 530 Chandler Zinck-Marier	Hebbville	15.59Q-1.6
3 1020 Ben LeBlanc	Yarmouth Con.	16.28Q-1.6
4 297 Nikolas Sante	Cobequid	16.75Q-2.0
5 521 Ryan Gee	Hebbville	16.28Q-1.6
6 756 Callum Corkum	Park View	16.78Q-2.0
7 613 Braden Marshall	Lockview High	17.36q -1.6
8 63 Josh Bennett	Baddeck Acad	17.46q -2.0
9 904 Michael Collicott	Springhill Jr/Sr	18.26 -2.0
10 475 Ahmed Abounahia	Halifax Grammar	18.39 -2.0
11 576 Keeghan Williams	J.L. Ilsley	19.56 -2.0
12 934 Emmett Maciver	S.A.E.R.C.	19.89 -1.6
13 14 Myles Robichaud	Amherst Regional	20.78 -1.6
14 648 Andrew Marsh	Memorial High	22.40 -1.6

Boys 100 Meter Hurdles 36" Intermediate

NSSAF: 13.89 2018-06-01 Nick Landry

Ties: 14.10 1995 Dominic Bricault (hand)

Name	School	Finals
Finals		
1 250 Oliver Arnfast	Cobequid	15.18 -0.8
2 530 Chandler Zinck-Marier	Hebbville	15.34 -0.8
3 521 Ryan Gee	Hebbville	16.28 -0.8
4 297 Nikolas Sante	Cobequid	16.32 -0.8
5 1020 Ben LeBlanc	Yarmouth Con.	16.34 -0.8
6 613 Braden Marshall	Lockview High	16.79 -0.8
7 756 Callum Corkum	Park View	16.81 -0.8
8 63 Josh Bennett	Baddeck Acad	16.81 -0.8

Boys 4x100 Meter Relay Intermediate

NSSAF: 45.50 1976 Sackville High (hand)

Team	Relay	Finals
Finals		
1 Cobequid		45.99
2 Park View		47.30
3 Lockview High		47.67
4 Horton High School		47.78
5 Avon View High School	B	47.96
6 Hebbville Academy		48.73
7 Sir John A. MacDonald		48.97
8 North Nova Ed.		49.77
9 Pugwash District		50.02
10 Clayton Park Jr.		50.08
11 Hants East Rural High		50.16

12	Island View	50.20
13	S.A.E.R.C.	51.19
14	Baddeck Academy	52.08

Boys 4x400 Meter Relay Intermediate

NSSAF: 3:35.40 1984 Prince Andrew (hand)

Team	Relay	Finals
Finals		
1 Charles P. Allen		3:43.05
2 Amherst Regional High		3:44.38
3 Park View		3:45.67
4 Cobequid		3:46.45
5 Horton High School		3:47.84
6 Hebbville Academy		3:52.30
7 South Colchester		3:53.56
8 Avon View High School		3:54.29
9 Lockview High		3:56.43
10 Citadel High		4:05.76
11 S.A.E.R.C.		4:19.34
---	Halifax Grammar	DQ

Boys High Jump Start 140cm Intermediate

NSSAF: 1.95m 1988 Charles MacKay

Name	School	Finals
Finals		
1 823 Diego Marshall	Richmond Academy	1.80m
2 728 Raine Decoste	Northumberland	1.73m
3 63 Josh Bennett	Baddeck Acad	J1.73m
4 34 Hayden McGowan	Astral Drive	1.70m
5 879 Jamie Fehr	Shelburne Reg	1.65m
6 692 Alec Bates	North Nova Ed.	J1.65m
6 503 Alex Needler	Halifax West	J1.65m
8 530 Chandler Zinck-Marier	Hebbville	J1.65m
8 722 Cale Bonvie	Northumberland	J1.65m
10 712 Ryan Ells	Northeast Kings	J1.65m
11 798 Zach Hicks	Prince Andrew	J1.65m
12 972 Erik Hayden	Truro Jr.	1.55m
13 937 Evan Macneil	S.A.E.R.C.	J1.55m
14 233 Bryan Macfarland	Citadel High	J1.55m

Boys Long Jump Intermediate

NSSAF: 6.44m 1997 David Paxton

Name	School	Finals
Finals		
1 256 Noah Berniquer	Cobequid	6.11m 1.2
2 540 Luke Easton	Horton High	5.86m 1.3
3 356 Eli Nowlan	Dartmouth High	5.81m 0.3
4 302 Jacob Stewart	Cobequid	5.56m 0.7
5 270 Tanner Greatorrex	Cobequid	5.46m 0.2
6 618 Cameron Brown	Madeline Symonds	5.44m 0.3
7 823 Diego Marshall	Richmond Academy	5.42m 0.8



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Results

Finals ... (Boys Long Jump Intermediate)

Name	School	Finals
8 699 Lagan Horton	North Nova Ed.	5.29m 0.4
8 177 Joel Petak	CB Highlands Aca	5.29m 1.0
10 1018 Nolan Hatt	Yarmouth Con.	5.21m 0.8
11 613 Braden Marshall	Lockview High	5.10m 0.8
12 946 Trent Williams	S.A.E.R.C.	5.08m 0.7
13 417 Yanick Cottreau	Par-en-Bas	5.04m 1.2
14 344 Luke Van Zutphen	Dalbrae Academy	5.03m 0.2
15 530 Chandler Zinck-Marier	Hebbville	5.00m 1.0

Boys Triple Jump Intermediate

NSSAF: 13.82m 1986 Mike Arodugba

Name	School	Finals
Finals		
1 256 Noah Berniquer	Cobequid	12.14m 1.2
2 618 Cameron Brown	Madeline Symonds	11.97m 1.1
3 972 Erik Hayden	Truro Jr.	11.72m 2.7
4 356 Eli Nowlan	Dartmouth High	11.66m 1.3
5 540 Luke Easton	Horton High	11.30m 1.9
6 96 Lucas Nauss	Bayview	11.23m 1.0
7 10 Luke Legere	Amherst Regional	11.12m 3.1
8 331 Stephen MacLellan	Dalbrae Academy	10.87m 1.3
9 553 Owen Sanford	Horton High	10.62m 1.4
9 292 Biola Oshikoya	Cobequid	10.62m 0.6
9 756 Callum Corkum	Park View	10.62m 2.4
12 76 Clemens Wiltshko	Baddeck Acad	10.28m 1.9
13 63 Josh Bennett	Baddeck Acad	9.69m 0.8
14 71 Hunter Macmillan	Baddeck Acad	8.65m 0.9

Boys Shot Put 5kg Intermediate

NSSAF: 14.88m 2016-06-03 Cameron Whynot

Name	School	Finals
Finals		
1 943 Adam Rose	S.A.E.R.C.	12.20m
2 335 Jayden Muise	Dalbrae Academy	12.10m
3 540 Luke Easton	Horton High	11.95m
4 284 Adam Mackinnon	Cobequid	11.85m
5 54 Aidan Burgoyne	Avon View	11.77m
6 90 Wesley Eisnor	Bayview	11.36m
7 884 John Fisher	Sir John A.	11.30m
8 264 Isaac Fraser	Cobequid	11.25m
9 45 Jack Riley	Auburn Drive	10.82m
10 478 Olin Bailly	Halifax Grammar	10.38m
11 419 Rylan D'Entremont	Par-en-Bas	10.30m
12 3 Thomas Bristol	Amherst Regional	10.20m
13 941 Ethan Richards	S.A.E.R.C.	9.89m
14 376 Fergus Porter	Dr. J.H. Gillis	9.62m

Boys Discus Throw 1.5kg Intermediate

NSSAF: 42.37m 2018-06-02 Duncan McLaughlin

Name	School	Finals
Finals		
1 258 Joe Blaauwendraatt	Cobequid	37.98m
2 879 Jamie Fehr	Shelburne Reg	36.36m
3 419 Rylan D'Entremont	Par-en-Bas	35.87m
4 3 Thomas Bristol	Amherst Regional	34.64m
5 335 Jayden Muise	Dalbrae Academy	32.25m
6 714 Liam Keats	Northeast Kings	31.97m
7 422 Max Sparks	Ellenvale Jr.	31.12m
8 527 Owen Parsons	Hebbville	27.42m
9 337 Ben Scott	Dalbrae Academy	26.66m
10 300 Arshvir Singh	Cobequid	25.84m
11 844 Curtis Novak	Riverview	25.55m
12 264 Isaac Fraser	Cobequid	25.19m
13 943 Adam Rose	S.A.E.R.C.	22.68m
14 434 Josh Martin	Fairview Jr.	22.26m
15 478 Olin Bailly	Halifax Grammar	21.82m

Boys Javelin Throw 700g Intermediate

NSSAF: 54.19m 2019-05-31 Noah Berniquer

Name	School	Finals
Finals		
1 256 Noah Berniquer	Cobequid	54.19m
2 398 Daniel Pettipas	Ecole Pomquet	48.76m
3 307 Colby Wolfe	Cobequid	45.25m
4 663 Michael Pinard	Middleton Reg.	43.54m
5 270 Tanner Greatorrex	Cobequid	42.95m
6 540 Luke Easton	Horton High	41.60m
7 335 Jayden Muise	Dalbrae Academy	37.61m
8 936 Brady Macneil	S.A.E.R.C.	34.86m
9 487 Grant Keefe	Halifax Grammar	34.68m
10 245 Sam Zhouri	Clayton Park Jr.	33.85m
11 844 Curtis Novak	Riverview	33.77m
12 879 Jamie Fehr	Shelburne Reg	33.54m
13 884 John Fisher	Sir John A.	23.42m

Boys 100 Meter Dash Senior

NSSAF: 10.69 2009 Kyu-Won Cho
Ties: 10.50 1971 Roger Crawley (hand)

Name	School	Prelims
Preliminaries		
1 404 Nicolas Beaulieu	Sommet	11.03Q0.8
2 50 Jaiden Williams	Auburn Drive	11.34Q0.5
3 57 Dan Lord	Avon View	11.36Q0.8
4 736 John Luke Taylor	Northumberland	11.50Q0.5
5 772 Colby Wile	Park View	11.51Q0.5
6 870 Garrett Malloy	Sackville High	11.63Q0.8



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Preliminaries ... (Boys 100 Meter Dash Senior)

Name	School	Prelims
7 223 Matthew Aftanas	Citadel High	11.57q 0.5
8 675 Jaden Wentzell	New Germany	11.68q 0.8
9 281 Joey MacDonald	Cobequid	11.73 0.8
10 286 Tyler Macneil	Cobequid	11.73 0.5
11 267 Braden Gray	Cobequid	11.76 0.8
12 595 Zack Larocque	Liverpool Region	11.85 0.8
13 176 Broderick Murphy	CB Highlands Aca	11.90 0.5
14 985 Dante Isadore	Wagmatcookewey	11.94 0.8
15 323 Keegan Freimanis	Dalbrae Academy	12.11 0.5

Boys 100 Meter Dash Senior

NSSAF: 10.69 2009

Kyu-Won Cho

Ties: 10.50 1971

Roger Crawley (hand)

Name	School	Finals
Finals		
1 404 Nicolas Beaulieu	Sommet	11.02 -0.6
2 50 Jaiden Williams	Auburn Drive	11.48 -0.6
3 736 John Luke Taylor	Northumberland	11.55 -0.6
4 675 Jaden Wentzell	New Germany	11.64 -0.6
5 870 Garrett Malloy	Sackville High	11.69 -0.6
6 772 Colby Wile	Park View	11.78 -0.6
7 223 Matthew Aftanas	Citadel High	11.83 -0.6
8 57 Dan Lord	Avon View	12.36 -0.6

Boys 200 Meter Dash Senior

NSSAF: 21.58 2015

Matthew Coolen

Name	School	Prelims
Preliminaries		
1 404 Nicolas Beaulieu	Sommet	22.70Q1.0
2 50 Jaiden Williams	Auburn Drive	23.14Q-0.3
3 358 Camden Springer	Dartmouth High	23.15Q-0.3
4 267 Braden Gray	Cobequid	23.60Q1.0
5 765 Nick Landry	Park View	23.17Q-0.3
6 350 Ben Harrington	Dartmouth High	23.76Q1.0
7 472 Tyrese Borden	Guysborough Acad	23.20q -0.3
8 736 John Luke Taylor	Northumberland	23.32q -0.3
9 772 Colby Wile	Park View	23.87 1.0
10 62 Robert Williamson	Avon View	23.91 -0.3
11 985 Dante Isadore	Wagmatcookewey	24.25 1.0
12 305 Gabriel Tremblay	Cobequid	24.29 1.0
13 771 Nolan Wentzell	Park View	24.53 1.0
14 818 Innis Macmullin	Rankin School	24.60 -0.3
15 323 Keegan Freimanis	Dalbrae Academy	25.01 1.0
16 176 Broderick Murphy	CB Highlands Aca	25.92 -0.3

Boys 200 Meter Dash Senior

NSSAF: 21.58 2015

Matthew Coolen

Name	School	Finals
Finals		
1 404 Nicolas Beaulieu	Sommet	22.35 0.4
2 50 Jaiden Williams	Auburn Drive	22.71 0.4
3 358 Camden Springer	Dartmouth High	22.71 0.4
4 765 Nick Landry	Park View	23.21 0.4
5 472 Tyrese Borden	Guysborough Acad	23.21 0.4
6 736 John Luke Taylor	Northumberland	23.26 0.4
7 350 Ben Harrington	Dartmouth High	23.42 0.4
8 267 Braden Gray	Cobequid	23.48 0.4

Boys 400 Meter Dash Senior

NSSAF: 48.49 2015

Mike Van Der Poel

Name	School	Prelims
Preliminaries		
1 580 Luis Espinosa	King's-Edgehill	51.53Q
2 765 Nick Landry	Park View	52.03Q
3 57 Dan Lord	Avon View	51.70Q
4 594 Brady Hanley	Liverpool Region	52.31Q
5 462 Braeden Hiscock	Glance Bay	52.91Q
6 358 Camden Springer	Dartmouth High	54.04Q
7 305 Gabriel Tremblay	Cobequid	54.07q
8 615 Ethan Price	Lockview High	54.54q
9 348 Evan Fingerhut	Dartmouth High	54.62
10 216 Drew Somers	Charles P. Allen	54.88
11 723 Duncan Cameron	Northumberland	55.07
12 298 Owen Sellers	Cobequid	55.44
13 733 Daniel Stewart	Northumberland	55.99
14 314 Nolan Beaton	Dalbrae Academy	56.75
15 69 Liam Krieger	Baddeck Acad	58.25

Boys 400 Meter Dash Senior

NSSAF: 48.49 2015

Mike Van Der Poel

Name	School	Finals
Finals		
1 580 Luis Espinosa	King's-Edgehill	51.33
2 358 Camden Springer	Dartmouth High	51.62
3 765 Nick Landry	Park View	51.88
4 594 Brady Hanley	Liverpool Region	51.89
5 305 Gabriel Tremblay	Cobequid	54.15
6 615 Ethan Price	Lockview High	55.28
--- 57 Dan Lord	Avon View	DNF



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Boys 800 Meter Run Senior

NSSAF: 1:54.47 2005 Jake Gallagher

Name	School	Finals
Finals		
1 580 Luis Espinosa	King's-Edgehill	1:58.36
2 792 Brody Boudreau	Prince Andrew	2:02.54
3 594 Brady Hanley	Liverpool Region	2:04.00
4 720 William Watts	Northeast Kings	2:05.23
5 28 Jack Langille	Armbrae	2:07.01
6 314 Nolan Beaton	Dalbrae Academy	2:07.79
7 348 Evan Fingerhut	Dartmouth High	2:08.04
8 221 Jacob Abbott	Citadel High	2:11.27
9 373 Craig Landry	Dr. J.H. Gillis	2:11.64
10 372 Alex Lambourne	Dr. J.H. Gillis	2:12.38
11 719 Mitchel Vaughan	Northeast Kings	2:13.27
12 75 Dell Welton	Baddeck Acad	2:17.92
13 512 Dillon Oakley	Hants East	2:18.18
14 64 Michael Cameron	Baddeck Acad	2:21.25
15 806 Sam Aerts	Pugwash District	2:21.45

Boys 1500 Meter Run Senior

NSSAF: 3:54.91 2013 Mike Tate

Name	School	Finals
Finals		
1 792 Brody Boudreau	Prince Andrew	4:11.20
2 53 Jacob Benoit	Avon View	4:13.34
3 720 William Watts	Northeast Kings	4:15.66
4 28 Jack Langille	Armbrae	4:17.73
5 538 Andrew De Putter	Horton High	4:20.48
6 701 Ethan MacDonald	North Nova Ed.	4:23.91
7 580 Luis Espinosa	King's-Edgehill	4:26.01
8 314 Nolan Beaton	Dalbrae Academy	4:26.05
9 510 Andrew Juliusson	Hants East	4:32.44
10 354 Tyler Myers	Dartmouth High	4:33.00
11 373 Craig Landry	Dr. J.H. Gillis	4:34.72
12 507 Caleb Galbraith	Hants East	4:37.08
13 74 Targun Saul	Baddeck Acad	4:37.83
14 496 James Cameron-Hamilton	Halifax West	4:44.67
15 75 Dell Welton	Baddeck Acad	4:52.55
16 951 Brandon Martin	Sydney Acad	4:55.56

Boys 3000 Meter Run Senior

NSSAF: 8:40.76 2017-06-03 Andrew Peverill

Name	School	Finals
Finals		
1 53 Jacob Benoit	Avon View	9:04.69
2 792 Brody Boudreau	Prince Andrew	9:09.03
3 538 Andrew De Putter	Horton High	9:16.91
4 28 Jack Langille	Armbrae	9:42.47
5 701 Ethan MacDonald	North Nova Ed.	9:48.85

6 314 Nolan Beaton	Dalbrae Academy	9:51.68
7 580 Luis Espinosa	King's-Edgehill	9:56.20
8 1016 Ethan Cunningham	Yarmouth Con.	9:57.25
9 507 Caleb Galbraith	Hants East	10:05.21
10 510 Andrew Juliusson	Hants East	10:06.48
11 354 Tyler Myers	Dartmouth High	10:15.75
12 806 Sam Aerts	Pugwash District	10:16.08
13 74 Targun Saul	Baddeck Acad	10:21.86
14 821 Sam Sawlor	Rankin School	11:13.01

Boys 100 Meter Hurdles 39" Senior

NSSAF: 13.28 2015 Matthew Coolen

Name	School	Prelims
Preliminaries		
1 765 Nick Landry	Park View	14.08Q-1.5
2 771 Nolan Wentzell	Park View	14.60Q-1.7
3 286 Tyler Macneil	Cobequid	14.63Q-1.7
4 223 Matthew Aftanas	Citadel High	15.11Q-1.5
5 574 Sacha Stover	J.L. Ilsley	15.45Q-1.7
6 59 Zach Lowe	Avon View	15.92Q-1.5
7 21 Griffin Batt	Annapolis West	15.74q -1.7
8 495 Ryler Bleau	Halifax West	15.81q -1.7
9 873 Daniel Surette	Sackville High	15.93 -1.5
10 7 Zack Gould	Amherst Regional	16.11 -1.7
11 285 Jarrin MacLean	Cobequid	16.39 -1.5
12 818 Innis Macmullin	Rankin School	18.18 -1.7
13 694 Dawson Chisholm	North Nova Ed.	18.39 -1.5
14 820 Max Moeller	Rankin School	19.33 -1.5
15 176 Broderick Murphy	CB Highlands Aca	20.97 -1.5
16 340 Griffin Spears	Dalbrae Academy	21.72 -1.7

Boys 100 Meter Hurdles 39" Senior

NSSAF: 13.28 2015 Matthew Coolen

Name	School	Finals
Finals		
1 765 Nick Landry	Park View	13.98 -1.4
2 286 Tyler Macneil	Cobequid	14.53 -1.4
3 771 Nolan Wentzell	Park View	14.97 -1.4
4 223 Matthew Aftanas	Citadel High	15.01 -1.4
5 574 Sacha Stover	J.L. Ilsley	15.26 -1.4
6 59 Zach Lowe	Avon View	15.99 -1.4
7 21 Griffin Batt	Annapolis West	16.08 -1.4
8 495 Ryler Bleau	Halifax West	16.23 -1.4

Boys 4x100 Meter Relay Senior

NSSAF: 43.26 2014 Cec

Team	Relay	Finals
Finals		
1 Auburn Drive		44.98
2 Citadel High		45.34



2019 NSSAF Track and Field Championships

Results

Finals ... (Boys 4x100 Meter Relay Senior)

Team	Relay	Finals
3	Cobequid	45.37
4	Amherst Regional High	46.19
5	Barrington Municipal	46.38
6	Dartmouth High	46.42
7	Northumberland	46.77
8	Forest Heights	47.04
9	Guysborough Academy	47.43
10	Lockview High	47.50
11	Baddeck Academy	49.22
---	S.A.E.R.C.	DQ
---	Liverpool Regional	DQ

Boys 4x400 Meter Relay Senior

NSSAF: 3:26.09 2014 Cec

Team	Relay	Finals
Finals		
1	King's-Edgehill	3:33.20
2	Northumberland	3:37.06
3	Park View	3:37.18
4	Dartmouth High	3:38.96
5	Avon View High School	3:41.08
6	Cobequid	3:41.70
7	Northeast Kings	3:44.37
8	Citadel High	3:47.17
9	Amherst Regional High	3:47.41
10	Dr. John Hugh Gillis	3:57.26
11	J.L. Ilsley	4:00.52
12	Baddeck Academy	4:03.32
13	S.A.E.R.C.	4:28.77

Boys High Jump Start 140cm Senior

NSSAF: 2.06m 1981 Tim Wrigley

Name	School	Finals
Finals		
1	281 Joey MacDonald	Cobequid 2.00m
2	272 Matthew Jones	Cobequid 1.90m
3	725 Brett Claveau-Corbin	Northumberland 1.85m
4	261 Ethan Dahr	Cobequid J1.85m
5	666 Nick Knowlton	Millwood High 1.80m
6	21 Griffin Batt	Annapolis West J1.80m
7	581 Brisnel Etou Bosseba	King's-Edgehill J1.80m
8	446 Reese Johnston	Forest Heights 1.70m
9	583 Jacobs Hunt	King's-Edgehill J1.70m
10	952 Eric Wall	Sydney Acad J1.70m
11	942 Alec Richardson	S.A.E.R.C. 1.65m
12	228 Isaac Ferguson	Citadel High 1.60m
13	485 Jackson Hunter	Halifax Grammar 1.50m

Boys Long Jump Senior

NSSAF: 7.15m 1956 Dave Lucas

Name	School	Finals
Finals		
1	404 Nicolas Beaulieu	Sommet 6.49m -0.6
2	675 Jaden Wentzell	New Germany 6.37m 1.0
3	870 Garrett Malloy	Sackville High 6.30m -0.2
4	985 Dante Isadore	Wagmatcookewey 6.29m -0.5
5	294 Tobi Oshikoya	Cobequid 6.22m -0.1
6	62 Robert Williamson	Avon View 6.15m -0.4
7	673 Alex Joudrey	New Germany 6.13m -0.6
8	77 Sailor Atwood	Barrington M 5.96m 1.0
9	806 Sam Aerts	Pugwash District 5.59m +0.0
10	306 Thomas Vickers	Cobequid 5.57m 0.6
11	355 Seth Night	Dartmouth High 5.47m 0.2
12	725 Brett Claveau-Corbin	Northumberland 5.40m -0.1
13	176 Broderick Murphy	CB Highlands Aca 5.39m 0.4
14	485 Jackson Hunter	Halifax Grammar 5.38m 0.6
15	66 Thomas Jarabek	Baddeck Acad 5.14m -0.1
16	928 Andre Gerrior	S.A.E.R.C. 4.82m -0.1

Boys Triple Jump Senior

NSSAF: 14.25m 1964 Howie Jackson

Name	School	Finals
Finals		
1	294 Tobi Oshikoya	Cobequid 13.20m 0.3
2	62 Robert Williamson	Avon View 13.16m 1.0
3	404 Nicolas Beaulieu	Sommet 13.05m 1.5
4	985 Dante Isadore	Wagmatcookewey 12.93m -1.4
5	323 Keegan Freimanis	Dalbrae Academy 12.86m -0.1
6	655 Elyias French	Middleton Reg. 12.39m -0.2
7	726 Luc Claveau-Corbin	Northumberland 12.35m +0.0
8	716 Logan Potter	Northeast Kings 12.21m 2.3
9	495 Ryler Bleau	Halifax West 11.88m 1.5
10	18 Caleb Vanvulpen	Amherst Regional 11.69m -0.1
11	675 Jaden Wentzell	New Germany 11.65m 0.8
12	871 Connor McHugh	Sackville High 11.58m 1.5
13	805 Nick Young	Prince Andrew 11.51m -0.1
14	285 Jarrin MacLean	Cobequid 11.22m 1.4
15	928 Andre Gerrior	S.A.E.R.C. 10.76m 1.3
16	67 David Kong	Baddeck Acad 9.88m 0.6

Boys Shot Put 6kg Senior

NSSAF: 16.17m 2012 Peter Millman

Name	School	Finals
Finals		
1	247 Michael Adams	Cobequid 13.05m
2	289 Adam McEachren	Cobequid 12.89m
3	488 Ethan Marshall-Harris	Halifax Grammar 11.96m
4	275 Hayden Kolke	Cobequid 11.83m



2019 NSSAF Track and Field Championships

Results

Finals ... (Boys Shot Put 6kg Senior)

	Name	School	Finals
5	306 Thomas Vickers	Cobequid	11.64m
6	713 Brodie Fraser	Northeast Kings	11.37m
7	60 Arca Mirkelam	Avon View	10.88m
8	83 Colby Stoddard	Barrington M	10.67m
9	22 Sam Cooper	Annapolis West	10.22m
10	819 Cody Macneil	Rankin School	10.21m
11	607 Blake Fraser	Lockview High	10.06m
12	176 Broderick Murphy	CB Highlands Aca	9.98m
13	985 Dante Isadore	Wagmatcookewey	9.71m
14	814 Logan Gillis	Rankin School	8.41m

Boys Discus Throw 1.75kg Senior

NSSAF: 49.76m 2012

Peter Millman

	Name	School	Finals
Finals			
1	249 Alex Amero	Cobequid	44.97m
2	586 Duncan McLaughlin	King's-Edgehill	41.59m
3	247 Michael Adams	Cobequid	39.94m
4	306 Thomas Vickers	Cobequid	37.08m
5	488 Ethan Marshall-Harris	Halifax Grammar	35.44m
6	288 Riley Masters	Cobequid	34.54m
7	881 Taylor Goodick	Shelburne Reg	33.72m
8	718 Logan Scott	Northeast Kings	32.24m
9	607 Blake Fraser	Lockview High	28.76m
10	670 Jake Wilson	Millwood High	27.14m
11	675 Jaden Wentzell	New Germany	26.80m
12	819 Cody Macneil	Rankin School	23.06m
13	950 Aiden Macmaster	Sydney Acad	21.56m
14	66 Thomas Jarabek	Baddeck Acad	20.82m

Boys Javelin Throw 800g Senior

NSSAF: 61.64m 2005

Adam Wolkins

	Name	School	Finals
Finals			
1	247 Michael Adams	Cobequid	55.01m
2	249 Alex Amero	Cobequid	51.58m
3	230 Mark Howatt	Citadel High	51.06m
4	881 Taylor Goodick	Shelburne Reg	47.18m
5	401 Daniel Sampson	Ecole Acadien	46.93m
6	261 Ethan Dahr	Cobequid	46.06m
7	715 Cole Potter	Northeast Kings	39.91m
8	64 Michael Cameron	Baddeck Acad	39.78m
9	813 Kalen Bonaparte	Rankin School	38.75m
10	154 Julian Sylliboy	Bridgetown	37.61m
11	24 Finn Hafting	Annapolis West	35.62m
12	351 Graeme Jarrett	Dartmouth High	33.58m
13	323 Keegan Freimanis	Dalbrae Academy	29.37m
---	866 Shane Doyle	Sackville High	ND

Boys 100 Meter Dash Special Junior

	Name	School	Finals
Finals			
1	167 Desean Smith-Howe	Caledonia	14.21 NWI
2	242 Finn MacDonald	Clayton Park Jr.	14.65 NWI
3	100 Philip Twanow	Bayview	15.04 NWI
4	890 Malachi Harris	Sir RobertBorden	15.25 NWI
5	392 Devon Brown	EB Chandler	15.79 NWI
6	473 Sam Dellaire	Halifax Central	15.98 NWI
7	899 Declan Urquhart	South Colchester	16.24 NWI
8	94 Morgan Mosher	Bayview	17.01 NWI
9	97 Kaiden Retieffe	Bayview	17.06 NWI
10	197 Ashton Lamont	Central Kings	17.37 NWI
11	706 James Tulloch	North Nova Ed.	17.77 NWI
12	697 Kristian Hayes	North Nova Ed.	43.95 NWI

Boys Long Jump 3 Jumps Special Junior

	Name	School	Finals
Finals			
1	167 Desean Smith-Howe	Caledonia	3.73m NWI
2	100 Philip Twanow	Bayview	3.61m NWI
3	890 Malachi Harris	Sir RobertBorden	3.13m NWI
4	749 Simon Lacriox	Oxford School	3.09m NWI
5	197 Ashton Lamont	Central Kings	2.91m NWI
6	899 Declan Urquhart	South Colchester	2.88m NWI
7	392 Devon Brown	EB Chandler	2.79m NWI
8	89 Justin Dalton	Bayview	2.52m NWI
9	706 James Tulloch	North Nova Ed.	2.25m NWI
10	697 Kristian Hayes	North Nova Ed.	0.71m NWI

Boys Shot Put 4kg-3 Throws Special Junior

	Name	School	Finals
Finals			
1	167 Desean Smith-Howe	Caledonia	10.23m
2	597 Ethan Ringer	Liverpool Region	9.53m
3	100 Philip Twanow	Bayview	7.10m
4	892 Dennis Turner	Sir RobertBorden	6.97m
5	98 Liam Spindler	Bayview	6.90m
6	899 Declan Urquhart	South Colchester	6.13m
7	392 Devon Brown	EB Chandler	5.90m
8	706 James Tulloch	North Nova Ed.	3.56m
9	697 Kristian Hayes	North Nova Ed.	2.33m

Boys 100 Meter Dash Special Senior

	Name	School	Finals
Finals			
1	509 Jared Hersey	Hants East	13.23 NWI
2	266 Mason Googoo	Cobequid	13.59 NWI
3	894 Cameron Byrne	South Colchester	13.81 NWI
4	868 Chris Hurley	Sackville High	14.13 NWI



2019 NSSAF Track and Field Championships

Results

Finals ... (Boys 100 Meter Dash Special Senior)

Name	School	Finals
5 444 Landon Allen	Forest Heights	14.22 NWI
6 38 Max Billard	Auburn Drive	14.29 NWI
7 599 Bradley Whynot	Liverpool Region	14.45 NWI
8 661 Patrick Pearce	Middleton Reg.	14.61 NWI
9 236 Mark Nickerson	Citadel High	14.79 NWI
10 999 Cole MacDonald	West Kings	15.23 NWI
11 411 Benoit Poirier	Ecole Nda	15.44 NWI
12 353 Rene Menard	Dartmouth High	15.46 NWI
13 646 Josh Lablanc	Memorial High	17.11 NWI

Boys Long Jump 3 Jumps Special Senior

Name	School	Finals
Finals		
1 266 Mason Googoo	Cobequid	4.28m NWI
2 509 Jared Hersey	Hants East	4.27m NWI
3 599 Bradley Whynot	Liverpool Region	4.16m NWI
4 894 Cameron Byrne	South Colchester	4.00m NWI
5 444 Landon Allen	Forest Heights	4.00m NWI
6 44 Jacob McGuire	Auburn Drive	3.94m NWI
7 416 Ethan Cotteau	Par-en-Bas	3.53m NWI
8 868 Chris Hurley	Sackville High	3.50m NWI
9 260 Nicholas Clough	Cobequid	3.21m NWI
10 411 Benoit Poirier	Ecole Nda	3.14m NWI
11 353 Rene Menard	Dartmouth High	2.97m NWI
12 646 Josh Lablanc	Memorial High	1.52m NWI

Boys Shot Put 4kg-3 Throws Special Senior

Name	School	Finals
Finals		
1 444 Landon Allen	Forest Heights	10.62m
2 721 Cody Weiher	Northeast Kings	9.85m
3 803 Josh Ross	Prince Andrew	9.58m
4 804 Thomas Watson	Prince Andrew	8.92m
5 509 Jared Hersey	Hants East	8.75m
6 894 Cameron Byrne	South Colchester	8.31m
7 542 Matt Fougere	Horton High	8.15m
8 79 David Maxwell	Barrington M	8.09m
9 260 Nicholas Clough	Cobequid	8.05m
10 796 Miguel Cull	Prince Andrew	7.79m
11 265 Joel Gavel	Cobequid	7.23m
12 38 Max Billard	Auburn Drive	6.57m
13 646 Josh Lablanc	Memorial High	6.43m
14 411 Benoit Poirier	Ecole Nda	6.00m

Boys 200 Meter Run Para

Name	School	Finals
Finals		
1 9 Quentin Knock	Amherst Regional	30.92 1.1
2 19 Konstanin Wendel	Amherst Regional	31.64 1.1

3	1 Jesse Cleveland	Advocate	1:48.07 1.1
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Boys 800 Meter Run Para

Name	School	Finals
Finals		
1 9 Quentin Knock	Amherst Regional	2:50.64
2 19 Konstanin Wendel	Amherst Regional	2:57.30

Boys Shot Put 4kg-3 Throws Para

Name	School	Finals
Finals		
1 19 Konstanin Wendel	Amherst Regional	7.63m
2 9 Quentin Knock	Amherst Regional	6.87m
3 1 Jesse Cleveland	Advocate	2.25m

Women - Junior - Team Rankings - 15 Events Scored

1) St. Andrew Junior School	104
2) Bible Hill Junior High	82
3) George P. Vanier Junior High	73
4) Rocky Lake Junior High	55
5) New Glasgow Academy	44
6) Central Colchester Junior High	38.3333
7) Leslie Thomas Junior High	34
8) EB Chandler Junior High	32
9) Riverside Education Centre	31
10) Whitney Pier Memorial Junior	28
10) Hebbville Academy	28
12) Brookside Junior High School	26
12) Pine Ridge Middle School	26
14) Newbridge Academy	25
15) Bluenose Academy	24
16) Bridgewater Jr. High	23
16) Truro Junior High	23
18) Bayview Community School	20.3333
19) Dartmouth South Academy	20
20) Madeline Symonds Middle School	17
21) South Queens Middle School	16
21) Tamarac Educational Centre	16
23) Middleton Regional	15
24) Ecole Acadien de Truro	13
25) Halifax Grammar School	12
25) Bayview Educational Center	12
25) Malcolm Munroe Memorial Junior	12
25) Cape Breton Highlands Academy	12
29) Wolfville School	11
30) Astral Drive	10
30) Fairview Junior High	10
32) Musquodoboit Rural	9
32) Northeast Kings Ed. Centre	9
32) Chester Area Middle School	9
32) Park West School	9
36) Hantsport	8



2019 NSSAF Track and Field Championships**Results**

36) Oxford School	8
38) Oxford Regional Education Cntr	6
38) Whycomomagh Education Centre	6
40) Gorsebrook Junior High	5
41) Eastern Passage Ed. Ctr.	4
42) Ecole du Carrefour	1.33333

Women - Intermediate - Team Rankings - 15 Events Scored

1) Dr. John Hugh Gillis	109
2) Horton High School	107

3) Lockview High	79
4) Cobequid Education Center	59
5) Charles P. Allen	52
6) North Nova Education Centre	46
7) Rocky Lake Junior High	45
8) Northumberland Regional High	44
9) Truro Junior High	34
10) Bible Hill Junior High	33
11) Sacred Heart School	32
12) King's-Edgehill School	31
13) Bluenose Academy	29
14) Dartmouth High	24
15) Astral Drive	21
16) Northeast Kings Ed. Centre	19
16) Amherst Regional High	19
16) Madeline Symonds Middle School	19
19) Forest Heights	18
20) Central Kings Rural High	17
21) North Colchester High	13
21) Auburn Drive	13
23) Fairview Junior High	12
24) Citadel High	11
25) Dalbrae Academy	9
25) Avon View High School	9
27) Sir John A. MacDonald	8
27) Ecole Secondaire de Par-en-Bas	8
27) Rankin School of the Narrows	8
30) West Kings District	7
31) Sackville High	6
32) Pictou Academy	5
32) Park View Education Centre	5
34) Hebbville Academy	4
34) Five Bridges Junior High	4
34) Ecole Rose de Vents	4
34) J.L. Ilsley	4

Women - Senior - Team Rankings - 15 Events Scored

1) Cobequid Education Center	180
2) Park View Education Centre	103
3) Auburn Drive	57
4) Horton High School	42
4) Halifax West	42
6) Prince Andrew	39
7) Pugwash District High School	37
8) Sacred Heart School	36
9) Dr. John Hugh Gillis	33
10) Pictou Academy	31
10) Halifax Grammar School	31
12) Lockview High	30
13) Citadel High	29
13) Charles P. Allen	29
15) Amherst Regional High	26
16) King's-Edgehill School	24



2019 NSSAF Track and Field Championships**Results**

17) Avon View High School	23
18) Oxford Regional Education Cntr	21
19) West Kings District	20
20) North Nova Education Centre	19
21) Annapolis West Educ Centre	17
21) Northeast Kings Ed. Centre	17
23) Millwood High	15
24) Forest Heights	12
25) Digby Regional High School	10
26) Dalbrae Academy	9
26) Sir John A. MacDonald	9
28) Northumberland Regional High	8
29) Yarmouth Consolidated Memorial	6
30) Bridgetown Regional	5
30) Cape Breton Highlands Academy	5
32) Barrington Municipal	2

Men - Junior - Team Rankings - 15 Events Scored

1) Rocky Lake Junior High	132
2) New Glasgow Academy	63
3) Riverside Education Centre	52
4) Central Colchester Junior High	44
5) St. Andrew Junior School	39
6) George P. Vanier Junior High	38
7) Truro Junior High	36
7) Fairview Junior High	36
9) Halifax Grammar School	31
10) Armbrac Academy	29
10) Sir Robert Borden Junior High	29
12) Hantsport	28
13) Malcolm Munroe Memorial Junior	24
13) Kings County Academy	24
13) Five Bridges Junior High	24
16) Annapolis West Educ Centre	23.5
17) Hebbville Academy	23
18) EB Chandler Junior High	22
19) Bridgewater Jr. High	21
20) Middleton Regional	19
21) Sackville Heights Junior High	18
21) New Ross Consolidated	18
23) Drumlin Heights Consolidated	17
23) Clayton Park Junior High	17
23) Barrington Municipal	17
26) Redcliffe Middle School	16
27) Newbridge Academy	15
28) Brookside Junior High School	14
29) East Richmond Education Centre	12
29) West Hants Middle School	12
29) Tamarac Educational Centre	12
32) Bayview Community School	11
33) Madeline Symonds Middle School	10
33) Bible Hill Junior High	10
35) Bluenose Academy	9
36) Dr. T.L. Sullivan Junior High	6
37) Musquodoboit Rural	5
38) Central Kings Rural High	4.5
39) Bridgetown Regional	4
40) Pine Ridge Middle School	2

Men - Intermediate - Team Rankings - 15 Events Scored

1) Cobequid Education Center	172
2) Horton High School	77
3) Avon View High School	60
4) Charles P. Allen	59
5) Park View Education Centre	58
5) Amherst Regional High	58
7) Hebbville Academy	43
8) Halifax Grammar School	34
9) Lockview High	30
10) Dalbrae Academy	26



2019 NSSAF Track and Field Championships**Results**

11) Sir John A. MacDonald	20
12) West Kings District	18
12) South Colchester Academy	18
14) Shelburne Regional	17
14) Northumberland Regional High	17
14) Richmond Academy	17
14) Dartmouth High	17
18) Madeline Symonds Middle School	16
18) Strait Area Ed & Rec Centre	16
18) Pictou Academy	16
21) Rocky Lake Junior High	15
21) Hants East Rural High	15
23) North Nova Education Centre	14.5
24) Baddeck Academy	13
25) Halifax West	12.5
26) Bayview Community School	12
27) Ecole Acadien de Pomquet	10
28) Ecole Secondaire de Par-en-Bas	9
28) Truro Junior High	9
30) Middleton Regional	8
30) Astral Drive	8
32) Yarmouth Consolidated Memorial	7
32) Pugwash District High School	7
34) Forest Heights	6
34) Northeast Kings Ed. Centre	6
34) Island View High School	6

37) Ecole NDA	5
37) Ellenvale Junior High	5
39) Digby Regional High School	4
39) Herring Cove Jr.	4
41) Cape Breton Highlands Academy	2

Men - Senior - Team Rankings - 15 Events Scored

1) Cobequid Education Center	191
2) King's-Edgehill School	65
3) Avon View High School	63
4) Park View Education Centre	56
5) Northumberland Regional High	51
6) Dartmouth High	49
7) Citadel High	47
8) Ecole du Sommet	45
9) Northeast Kings Ed. Centre	44
10) Auburn Drive	36
11) Prince Andrew	32
12) New Germany	23
12) Armbrae Academy	23
12) Dalbrae Academy	23
15) Barrington Municipal	18
16) Liverpool Regional	17
17) Wagmatcookewey	16
17) Horton High School	16
17) Halifax Grammar School	16
17) Sackville High	16
21) North Nova Education Centre	13
21) Shelburne Regional	13
23) Forest Heights	11
23) Amherst Regional High	11
23) Annapolis West Educ Centre	11
26) Ecole Acadien de Truro	7
26) Millwood High	7
26) J.L. Ilsley	7
26) Guysborough Academy	7
30) Middleton Regional	6
30) Lockview High	6
32) Halifax West	4
32) Baddeck Academy	4
32) Yarmouth Consolidated Memorial	4

Combined Team Scores - Junior - 30 Events Scored

1) Rocky Lake Junior High	187
2) St. Andrew Junior School	143
3) George P. Vanier Junior High	111
4) New Glasgow Academy	107
5) Bible Hill Junior High	92
6) Riverside Education Centre	83
7) Central Colchester Junior High	82.3333
8) Truro Junior High	59



2019 NSSAF Track and Field Championships**Results**

9) EB Chandler Junior High	54	28) Kings County Academy	24
10) Hebbville Academy	51	30) Annapolis West Educ Centre	23.5
11) Fairview Junior High	46	31) Dartmouth South Academy	20
12) Bridgewater Jr. High	44	32) Sackville Heights Junior High	18
13) Halifax Grammar School	43	32) New Ross Consolidated	18
14) Newbridge Academy	40	34) Clayton Park Junior High	17
14) Brookside Junior High School	40	34) Barrington Municipal	17
16) Hantsport	36	34) Drumlin Heights Consolidated	17
16) Malcolm Munroe Memorial Junior	36	37) Redcliffe Middle School	16
18) Middleton Regional	34	37) South Queens Middle School	16
18) Leslie Thomas Junior High	34	39) Musquodoboit Rural	14
20) Bluenose Academy	33	40) Ecole Acadien de Truro	13
21) Bayview Community School	31.3333	41) East Richmond Education Centre	12
22) Sir Robert Borden Junior High	29	41) Bayview Educational Center	12
22) Armbrae Academy	29	41) West Hants Middle School	12
24) Pine Ridge Middle School	28	41) Cape Breton Highlands Academy	12
24) Tamarac Educational Centre	28	45) Wolfville School	11
24) Whitney Pier Memorial Junior	28	46) Astral Drive	10
27) Madeline Symonds Middle School	27	47) Northeast Kings Ed. Centre	9
28) Five Bridges Junior High	24	47) Chester Area Middle School	9
		47) Park West School	9
		50) Oxford School	8
		51) Whycocomagh Education Centre	6
		51) Oxford Regional Education Cntr	6
		51) Dr. T.L. Sullivan Junior High	6
		54) Gorsebrook Junior High	5
		55) Central Kings Rural High	4.5
		56) Bridgetown Regional	4
		56) Eastern Passage Ed. Ctr.	4
		58) Ecole du Carrefour	1.33333

Combined Team Scores - Intermediate - 30 Events Scored

1) Cobequid Education Center	231
2) Horton High School	184
3) Charles P. Allen	111
4) Dr. John Hugh Gillis	109
4) Lockview High	109
6) Amherst Regional High	77
7) Avon View High School	69
8) Park View Education Centre	63
9) Northumberland Regional High	61
10) North Nova Education Centre	60.5
11) Rocky Lake Junior High	60
12) Hebbville Academy	47
13) Truro Junior High	43
14) Dartmouth High	41
15) Madeline Symonds Middle School	35
15) Dalbrae Academy	35
17) Halifax Grammar School	34
18) Bible Hill Junior High	33
19) Sacred Heart School	32
20) King's-Edgehill School	31



2019 NSSAF Track and Field Championships**Results**

21) Astral Drive	29	47) Sackville High	6
21) Bluenose Academy	29	47) Island View High School	6
23) Sir John A. MacDonald	28	49) Ellenvale Junior High	5
24) Northeast Kings Ed. Centre	25	49) Ecole NDA	5
24) West Kings District	25	51) Herring Cove Jr.	4
26) Forest Heights	24	51) Ecole Rose de Vents	4
27) Pictou Academy	21	51) J.L. Ilsley	4
28) South Colchester Academy	18	51) Five Bridges Junior High	4
29) Richmond Academy	17	51) Digby Regional High School	4
29) Central Kings Rural High	17	56) Cape Breton Highlands Academy	2
29) Ecole Secondaire de Par-en-Bas	17		
29) Shelburne Regional	17		
33) Strait Area Ed & Rec Centre	16		
34) Hants East Rural High	15		
35) Baddeck Academy	13		
35) Auburn Drive	13		
35) North Colchester High	13		
38) Halifax West	12.5		
39) Bayview Community School	12		
39) Fairview Junior High	12		
41) Citadel High	11		
42) Ecole Acadien de Pomquet	10		
43) Middleton Regional	8		
43) Rankin School of the Narrows	8		
45) Pugwash District High School	7		
45) Yarmouth Consolidated Memorial	7		

Combined Team Scores - Senior - 30 Events Scored

1) Cobequid Education Center	371
2) Park View Education Centre	159
3) Auburn Drive	93
4) King's-Edgehill School	89
5) Avon View High School	86
6) Citadel High	76
7) Prince Andrew	71
8) Northeast Kings Ed. Centre	61
9) Northumberland Regional High	59
10) Horton High School	58
11) Dartmouth High	49
12) Halifax Grammar School	47
13) Halifax West	46
14) Ecole du Sommet	45
15) Amherst Regional High	37
15) Pugwash District High School	37
17) Lockview High	36
17) Sacred Heart School	36
19) Dr. John Hugh Gillis	33
20) Dalbrae Academy	32
20) North Nova Education Centre	32
22) Pictou Academy	31
23) Charles P. Allen	29
24) Annapolis West Educ Centre	28
25) New Germany	23
25) Forest Heights	23
25) Armbrae Academy	23
28) Millwood High	22
29) Oxford Regional Education Cntr	21
30) West Kings District	20
30) Barrington Municipal	20
32) Liverpool Regional	17
33) Sackville High	16
33) Wagmatcookewey	16
35) Shelburne Regional	13
36) Digby Regional High School	10
36) Yarmouth Consolidated Memorial	10
38) Sir John A. MacDonald	9
39) J.L. Ilsley	7
39) Guysborough Academy	7



2019 NSSAF Track and Field Championships**Results**

39) Ecole Acadien de Truro	7
42) Middleton Regional	6
43) Bridgetown Regional	5
43) Cape Breton Highlands Academy	5
45) Baddeck Academy	4

