

COQUITLAM CHEETAHS 2019 INVITATIONAL TRACK MEET

Track Events Schedule

All track events will be run from oldest to youngest with the exception of hurdles, which follow Distance, Heights and Spacing. Women will start each age group.

Saturday June 8th, 2019

Time	Event	Comments	Age Group
8:45 am	1500m steeplechase	Finals	U16
	2000m steeplechase	Finals	U18
	3000m steeplechase	Finals	Open, U20
10:00 am	200m Hurdles 300m Hurdles	Timed Finals	2007 to 2006 U16 (Women/Men)
10:45 am	400m Hurdles	Timed Finals	U18, U20, Open
11:15 am	60m	Timed Finals	2008 to 2010
11:45 am	100m	Heats	W/C, Open to 2010
1:45 pm	1500m	Finals	W/C, Open, U20, U18
	1200m	Finals	U16 to 2007
	1000m	Finals	2008 to 2010
3:30 pm	100m	Finals	Open to 2010
4:30 pm	400m	Timed Finals	W/C, Open, U20, U18
	300m	Timed Finals	U16 to 2007
5:15 pm	4x100m Relay	Timed Finals	Co-ed Mixed ages All-Comers

Sunday June 9th, 2019

Time	Event	Comments	Age Group
9:00 am	3000m	Finals	Open, U20, U18
	2000m	Finals	U16, 2006
10:00 am	110m Hurdles	Timed Finals	Open, U20, U18 (Men)
	100m Hurdles	Timed Finals	Open, U20 (Women), U16 (Men), U18 (Women)
	80m Hurdles	Timed Finals	U16 (Women) to 2007 (Women) 2006 to 2007 (Men)
	60m Hurdles	Timed Finals	2008 to 2010 (Women/Men)
11:30 am	Lollipop Race		
12:00 pm	200m	Timed Finals	W/C, Open to 2008
2:00 pm	800m	Timed Finals	W/C, Open to 2007
	600m	Timed Finals	2008 to 2010
3:30 pm	800m RW	Finals	2007 to 2010
	1500m RW	Finals	U16, 2006
	5000m RW/10000 RW	Finals	Open, U20, U18

COQUITLAM CHEETAHS 2019 INVITATIONAL TRACK MEET
Field Events Schedule

Saturday June 8th, 2019

Time	High Jump		Long Jump		Shot Put	Discus	Javelin	Pole Vault
	<i>Pit #1</i>	<i>Pit #2</i>						
8:30 am								
9:00 am			U16 W	U16 M		U16 M		
9:30 am	2008 M				2007 M			
10:00 am					2006 W			All Women
10:30 am	2010 W	U16 W				2009 W	Open, U20, U18 M	
11:00 am			2006 M	2009 M	2008 W			
11:30 am	2010 M					U16 W		
12:00 pm				2007 M	2010 W		U16 M	
12:30 pm	2009 W	U16 M	2006 W			2007 W		
1:00 pm					2010 M			
1:30 pm	2009 M			Open, U20, U18 M		Open, U20, U18 M	2006/2007 M	All Men
2:00 pm		Open, U20, U18 W			Open, U20, U18 W			
2:30 pm			2008 W			2006 W		
3:00 pm				2009 W	U16 W		2008/2009 M	
3:30 pm		Open, U20, U18 M				Open, U20, U18 W		
4:00 pm			Open, U20, U18 W		2007 W			
4:15 pm								
4:30 pm					Wheelchair M/W	2008 W		

Sunday June 9th, 2019

Time	High Jump	Triple Jump	Long Jump	Shot put	Discus	Javelin
8:30 am						
9:00 am	2006 W					
9:30 am		2006 M	2007 W	2009 W		
10:00 am	2008 W					Open, U20, U18 W
10:30 am		2006 W		2008 M		
11:00 am			2010 M			U16 W
11:30 am	2006 M	U16 W				
12:00 pm						2008/2009 W
12:30 pm		U16 M	2010 W	2009 M	2006M	
1:00 pm	2007 W				2008 M	2006/2007 W
1:30 pm		Open, U20, U18 M				
2:00 pm			2008 M	2006 M	2007 M	Wheelchair M/W + Club Throw
2:30 pm	2007 M	Open, U20, U18 W				
3:00 pm				Open, U20, U18, U16 M	2009 M	
3:30 pm					Wheelchair M/W	

