



2019 SATT Open

TENTATIVE SCHEDULE- revised May 23rd

Date: Saturday, June 1 , 2019

Sanction: Athletics Manitoba

Host : **Stride Ahead Tough Track**

Venue: University of Manitoba Stadium

Entries: **1)** All participants must be a member of Athletics Manitoba, or Provincial Association recognized by Athletics Canada

2) Entry Fees

\$10 .00 per individual event

\$15.00 for relays

Same Day Registration Individual Events \$15.00 Relays \$20.00

3) Please make cheques payable to:

Stride Ahead Tough Track
108 Shillingstone Road
Winnipeg Manitoba R3Y 1H7

4) Entry Deadline: Tuesday May 28 2019 by 11:59pm

Please ensure that your entries are in on time. It will allow us to get the schedule out as soon as possible.

5) Entries must be done online using TrackieReg.com. The link to the online registration will be posted on the Athletics Manitoba website : <http://athleticsmanitoba.com>

6) NO telephone or fax entries will be accepted

7) Seeded sections – Please submit **accurate seed performances**

9) Any questions please contact:

Until May 28th Andy Tough (204) 963-2502 Email: toughtrack11@shaw.ca

After May 28th Chris Harbeck (204) 290-0777 Email: chris.harbeck@gmail.com



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AGE CLASSES FOR 2019:	U12:	BORN IN 2008 or Later
	U14:	BORN IN 2006 & 2007
	U16:	BORN IN 2004 & 2005
	U18:	BORN IN 2002 & 2003
	U20:	BORN IN 2000 & 2001
	SENIOR:	BORN IN 1999 & OLDER
	MASTERS:	BORN 1983 AND EARLIER

*******All Relay Team members must be from the Same Club or School*******

*****NOTE: The Preliminary Schedule is a rough estimate of event times. It will change to a FINAL SCHEDULE based on the number of athletes that are entered per event.**

The Final Schedule will be produced as soon as possible once all entries are received

All jumps and throw athletes are required to report to their event one half hour before the start of their events for warm up.



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TRACK

9:00 am	5000m Final (U18 & Older Women)
9:25 am	5000m Final (U18 & Older Men)
9:50 am	300m Final (U14 & U16 Women)
10:05 am	300m Final (U14 & U16 Men)
10:20 am	400m Final (U18 & Older Women)
10:35 am	400m Final (U18 & Older Men)
10:50 am	80m Final (U12 & U14 Women)
11:05 am	80m Final (U12 & U14 Men)
11:20 am	100m Final (U16 & Older Women)
11:35 am	100m Final (U16 & Older Men)
11:50 am	600m (U12 Men & Women)
12:05 pm	800m (U14 & Older Men & Women)
12:25 pm	Lunch Break
12:55 pm	300m Hurdles Final (U16 Women)
1:00 pm	300m Hurdles Final (U16 Men)
1:10 pm	400m Hurdles Final (U18 Women)
1:20 pm	400m Hurdles Final (U18 Men)
1:30 pm	400m Hurdles Final (U20 & Older Women)
1:40 pm	400m Hurdles Final (U20 & Older Men)
1:50 pm	150m (U12 & U14 Men & Women)
2:10 pm	200m (U16 & Older Men & Women)
2:40pm	1200m Final (U14 & U16 Women)
2:50pm	1200m Final (U14 & U16 Men)
3:05 pm	1500m Final (U18 & Older Women)
3:20 pm	1500m Final (U18 & Older Men)
3:35 pm	4 x 100m Final (Women)
3:45 pm	4 x 100m Final (Men)



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FIELD

- 9:00 am Shot Put (U12 & U14 Women & Men)
- 9:30 am Pole Vault (Men)
- 9:30 am Standing Long Jump (U12 & U14 Men & Women)
- 10:00 am Shot Put (U16 & Older Women)
- 10:15 am Women's Long Jump (All Women)
- 11:30 am Triple Jump (U16 & Older Men)
- 11:00 am Pole Vault (Women)
- 11:15 am Shot Put (U16 & Older Men)

Lunch Break

- 12:45 pm Hammer (U16 & Older Women)
- 1:15 pm Triple Jump (U16 & Older Women)
- 1:30 pm High jump (All Men)
- 2:00 pm Hammer (U16 & Older Men)
- 2:30 pm Long Jump (All Men)
- 2:45 pm High Jump (All Women)