



## SPRUCE CAPITAL INVITATIONAL MEET PRINCE GEORGE, BC June 8 & 9, 2019



**SANCTIONED BY:** British Columbia Athletics  
**LOCATION:** Masich Place Stadium, Prince George, BC  
**FACILITY** 400 Metre Polyurethane curbed and guttered 8 lane track -- dual run-ups for long and triple jump and pole vault.

**ELIGIBILITY:**

- 2019 **BC Athletics members** or equivalent from another Province/Territory, or National Athletics Federation.
- Note: BC Athletics **“Training” members** who belong to a BC Athletics club must purchase a School Day of Event membership if they are not members of a BC Athletics School/School District member and can NOT compete under their club name.
- 2019 **School Club Members** – Elementary, middle or high school students whose schools hold a BC Athletics School Club Membership are eligible to compete.
- “Day of Event” School Club Members – **Elementary, middle or high school students only** whose schools do **not** hold a BC Athletics School Club Membership must purchase “Day of Event” School Club Membership insurance for \$3.00
- 2019 **University athletes** who are members of their schools’ team that is registered with BC Athletics.

**ENTRIES AND INQUIRIES:** Brian Martinson - MEET DIRECTOR  
Phone (250) - 563-5696  
E-Mail: princegeorgetrackandfield@gmail.com or bamartinson@shaw.ca

Elena Thomas – MEET MANAGER  
E-Mail: Elena@schonewille.ca

**ONLINE REGISTRATIONS:** www.trackiereg.com Check the PG track website for the link.

**ENTRY DEADLINE:** **Sunday, June 2nd, 2019. Entries received after this will be considered late.**

**ENTRY FEES:** \$15.00/event  
**Late entries will be charged \$25.00/event.**

**REGISTRATION:** Packages will be available for pick up at the Stadium after 8:00 am Saturday.

**AWARDS:** Medals for 1st, 2nd, and 3rd place (**Ribbons only if fewer than 3 in an event**)  
Ribbons 4th to 8th place  
Relays - Ribbons 1st to 4th

**MEDICAL:** Qualified FIRST AID ATTENDANT on site

**COACHES MEETING:** To be held 30 minutes before the start of each day

**TIMING:** **Fully Automatic Finish Lynx Photo Timing**

**RACE SEEDING:** Athletes will be randomly selected for heats and IAAF seeding rules will apply to finals. All Hurdle events and 400M and longer will be timed finals

**FIELD EVENTS:** 9 to 13 year olds – Each athlete is permitted 3 (three) attempts  
14 and older – Each athlete is permitted 3 (three) attempts  
– The top 8 qualifiers will have 3 additional attempts

