



# 2019 FOOTE FIELD OPEN

June 28 – 30, 2019

Foote Field : 11601 68Ave NW, Edmonton AB



## U10, U12, U14 + U20, Senior Provincial Championships

### U10 + U12 + U14 Provincial Championships

- Top 8 athletes from South Qualifier + Top 8 athletes from North Qualifier from previous weekend

North U10-U12-U14 Trials page:

<https://athleticsalberta.com/event/u10-u12-and-u14-provincial-qualifier-north/>

South U10-U12-U14 Trials page:

<https://athleticsalberta.com/event/u10-u12-and-u14-provincial-qualifier-south/>

U12, U14 Open Hurdle events (non provincial championship events) must register by the Friday deadline – see below for further detail

### U16 + U18 Open Competition

All U16, U18 athletes welcome

### U20 + Senior Provincial Championships

Open to out of province and out of country athletes who meet the age requirements

U16, U18 and Masters Provincial Championships take place July 19-21 at the Sherwood Park Track Classic. <https://www.sherwoodparktrackclassic.ca/>

### Timelines:

Friday June 21	5:00PM	U16, U18, U20, Senior, Para, Masters Entries Close
Tuesday June 25	5:00PM	U10, U12, U14 Provincial Champs Registration deadline
Tuesday June 25	7:00PM	Final Schedule released
Thursday June 27	5:00 – 7:00PM	Facility open for pre comp
Friday June 28	3:00PM	Facility open for competition

Entries & Documents: <https://www.trackie.com/online-registration/>

Results: [www.ellistiming.ca](http://www.ellistiming.ca)

### Contact Us:

Meeting Manager:	Wes Moerman	<a href="mailto:wes.moerman@ualberta.ca">wes.moerman@ualberta.ca</a>	780.937.8963
Competition Director:	Rob Fisher	<a href="mailto:robfisher004@gmail.com">robfisher004@gmail.com</a>	780.975.2847
Timing/Results:	Vernon Schmidt	<a href="mailto:vernon@ellistiming.ca">vernon@ellistiming.ca</a>	

**Order of events:**

Given the championship nature of the event, all Timed Finals will run SLOW -> FAST for all age categories

**Entries:**

U16, U18, U20, Sr, Para, Masters + U12, U14 Hurdles

Registration Link:

[www.TrackieReg.com/FFO\\_2019](http://www.TrackieReg.com/FFO_2019)

**Deadline = Friday June 21, 2019 5:00PM MST**

U10 / U12 / U14

[www.TrackieReg.com/FFO\\_2019\\_U10-U14](http://www.TrackieReg.com/FFO_2019_U10-U14)

Qualifiers must still pay to confirm registration

**Deadline = Monday June 24, 2019 5:00PM MST**

**All entries must be made online via credit card.** A processing fee is charged and is dependent upon number of entries made. Full details available on trackiereg.ca

U10, U12, U14 simply need to pay for which day they intend to compete so confirmations can be made.

**Fees:**

Masters:

\$30/event

U20, SR

AA Championship                      1<sup>st</sup> Event = \$30.00;    2<sup>nd</sup> Event = \$20.00;    3<sup>rd</sup> Event = \$15.00

U16, U18

1<sup>st</sup> Event = \$25.00;    2<sup>nd</sup> Event = \$20.00;    3<sup>rd</sup> Event = \$15.00

U10, U12, U14

AA Championship                      \$30/day

**Scratches:**

Scratches before June 21 at 5:00PM can be made online. Scratches after closure of entries will not be refunded.

**Performance Seeds:**

All seeds must be verifiable in the Athletics Canada rankings for championship events and the Host Organizing Committee (HOC) reserves the right to adjust seeds, including issuing no seed, for athletes without verifiable performances.

Seed performances must have been obtained from **May 1, 2018 – June 21, 2019**. Any performance achieved June 22/23 by U16 age groups and up that would like to be used, as a seed performance should be emailed to the meet director by Monday June 24<sup>th</sup> at noon.

For further information see Athletics Alberta seed performance policy: <https://athleticsalberta.com/wp-content/uploads/2015/11/AA-seed-performance-policy-Updated-Feb-2015.pdf>

Out of country participants should send seeds and proof of performance to meet director prior to closure of entries on Friday June 21<sup>st</sup>.

## Age Categories and Memberships

U10 – Born in 2010 or later

U12 – Born in 2008 or 2009

U14 – Born in 2006 or 2007

U16 – Born in 2004 or 2005

U18 – Born in 2002 or 2003

U20 – Born in 2000 or 2001

Sr - Born in 1999 or earlier

Masters – age 35+

## Eligibility:

Out of province athletes must be registered with their respective Provincial Athletics Association and a membership ID is required to enter. There may be a restriction on the number of non-Alberta athletes in a provincial final. Out of province athletes will not be eligible for Provincial medals.

Day of the Meet membership is not available. For more membership information please refer to <https://athleticsalberta.com/aa-membership/> or contact Athletics Alberta directly.

\* U14 athletes are welcome to enter U16 events if they did not qualify for the U14 provincial championships.

\*\* Hurdle events for U12 and U14 are open to any U12 and U14 athletes as those events do not fall within the Provincial Championship qualification process. Those registrations are due Friday June 21, 2019.

## Awards

Gold, Silver, and Bronze Provincial medals will be issued for top 3 finishers in the U20 and Senior categories.

For U10, U12, U14 categories, the combined score over both days of competition using the youth scoring tables will determine final placing. Overall Gold, Silver and Bronze Provincial medals will be issued for these winners at the end of each day.

## Marshalling Procedure:

Track:

- 1) Check in at the marshalling table **45 minutes** before scheduled start time. At this time heats and sections may be reduced or combined based upon checked in athletes;
- 2) Check back to marshalling table to receive hip number **30 minutes** before scheduled start time;
- 3) Report to the start line marshal **10 minutes** before scheduled start time at their events start line.

Field:

- 1) Check in at the event site at least **20 minutes** before scheduled event start time.

## Equipment:

- Starting blocks will be provided and must be utilized for all events of 400m or less (with the exception that starting blocks will not be used by U10, U12 or U14);
- Throwing implements will be provided. The referee must certify personal implements before they will be permitted for use during the competition. This may be done at the event site up until 45min before the scheduled start time of their event;
- Pole-vaulters must provide personal poles. Minimum starting height of 2.30m will be in place.

## Short Forms:

Jumps	Throws	Track
LJ = Long Jump	DT = Discus Throw	WC = Wheelchair
TJ = Triple Jump	SP = Shot Put	SC = Steeple Chase
HJ = High Jump	HT = Hammer Throw	m = Meter(s)
PV = Pole Vault	JT or Jav = Javelin Throw	H = Hurdle(s)

**Schedule Summary:**

<b>U20 / Senior Schedule Summary</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
Track	200m (h/f); 800m; Steeple Chase.	Sprint Hurdles; Intermediate Hurdles; 5km / Race Walk,	100m (h/f); 400m; 1500m.
Field	Long Jump; Women Pole Vault; Men High Jump; Discus.	Triple Jump; Men Pole Vault; Women High Jump; Hammer.	Shot Put; Javelin.

<b>U16/U18 Schedule Summary</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
Track	Steeple Chase U16 – no water barrier	100m (h/f); 800m; Sprint & Int Hurdles; 3km / Race Walk.	200m; 300/400m; 1200/1500m.
Field		Triple Jump; High Jump; Pole Vault.	Long Jump
	Discus	Hammer, Shot Put	Javelin

<b>U10 / U12 / U14 Provincial Champs Schedule Summary</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
U10	No events	60m -> Long Jump ->600m	80m -> Ball Throw -> 400m
U12		100m -> Long Jump - >800m	200m -> Shot Put -> 600m
U14		100m -> Discus -> Long Jump -> 1000m	200m -> High Jump -> Shot Put -> 800m
* Schedule is a rolling schedule with each event starting ~35' after previous event. Each day all participants are asked to meet at 9:00AM by the 100m start line for introductions. * U14 Women do SP before HJ. U14 Men do HJ before SP on day 2			

<b>Masters and Para Schedule Summary</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
Masters	200m, 800m	Sprint Hurdles; 5km, Race Walk	100m, 1500m, Long Jump
Seated / Wheelchair		400m Seated SP, Club Throw	1500m Seated DT, Jav

Ambulatory athletes are encouraged to enter their respective age categories via the open registration. Seated/Wheelchair athletes need to register in the Seated/Wheelchair categories.

2019 Foote Field Open TRACK	U10 (form. Tyke)	U12 (form. PeeWee)	U14 (form. Bantam)	U16 (form. Midget)	U18 (form. Youth)	U20 (form. Junior)	Senior	Masters	Para - wheelchair
<b>Sprints</b>									
60m	✓ Q only								
80m	✓ Q only								
100m		✓ Q only	✓ Q only	✓	✓	✓	✓	✓	
200m		✓ Q only	✓ Q only	✓	✓	✓	✓	✓	
300m/ 400m				✓ 300m	✓ 400m	✓ 400m	✓ 400m		✓ 400m
<b>Hurdles</b>									
Women Sprint		✓ 60m 24" / 7.0m b/w	✓ 80m 30" / 7.5m b/w	✓ 80m 30" / 8.0m b/w	✓ 100m 30" 8.5m b/w	✓ 100m 33" 8.5m b/w	✓ 100m 33" 8.5m b/w	✓ ACS	
Men Sprint		✓ 60m 24" 7.0m b/w	✓ 80m 30" 7.5m b/w	✓100m 33" 8.5m b/w	✓110m 36" 9.14m b/w	✓110m 39" 9.14m b/w	✓ 110m 42" 9.14m b/w	✓ ACS	
Intermediate Hurdles			✓ 200m 35m b/w	✓ 200m 35m b/w	✓ 400m 35m b/w	✓ 400m 35m b/w	✓ 400m 35m b/w		
<b>Mid D / Long D</b>									
400m	✓ Q only	300 / 400m in sprints category for U12 and up							
600m	✓ Q only	✓ Q only							
800m		✓ Q only	✓ Q only	✓	✓	✓	✓	✓	
1000m			✓ Q only						
1200m /1500m				✓ 1200m	✓ 1500m	✓ 1500m	✓ 1500m	✓ 1500m	✓ 1500m
Steeple Chase				✓ 1500 no water	✓ 2000m	✓ 3000m	✓ 3000m		
Race Walk					✓ 3Km	✓ 3Km	✓ 3Km	✓ 3Km	
3000/5000m					✓ 3km	✓ 5km	✓ 5km	✓ 5km	

<b>2019 Foote Field Open FIELD &amp; Relays</b>	<b>U10 (form. Tyke)</b>	<b>U12 (form. PeeWee)</b>	<b>U14 (form. Bantam)</b>	<b>U16 (form. Midget)</b>	<b>U18 (form. Youth)</b>	<b>U20 (form. Junior)</b>	<b>Senior</b>	<b>Masters</b>	<b>Para - wheelchair</b>
<b>Jumps</b>									
Long Jump	✓ Q only	✓ Q only	✓ Q only	✓	✓	✓	✓	✓	
Triple Jump				✓	✓	✓	✓		
Pole Vault				✓	✓	✓	✓		
High Jump			✓ Q only	✓	✓	✓	✓		
<b>Throws</b>									
Discus			✓ Q only 750g	✓ 1Kg	✓ W 1kg ✓ M 1.5Kg	✓ W 1kg ✓ M1.75Kg	✓ W 1kg M 2.0Kg		✓
Hammer / Club				✓ W 3KG ✓ M 4KG	✓ W 3KG ✓ M 5KG	✓ W 4kg ✓ M 6Kg	✓ W 4kg ✓ M 7.26Kg		✓
Shot Put		✓ Q only 2kg	✓ Q only 3Kg	✓ w 3kg ✓ M 4Kg	✓ w 3kg ✓ M 5Kg	✓ w 4kg ✓ M 6Kg	✓ w 4kg ✓ M 7.26Kg		✓
Javelin / Ball Throw	✓ Q only			✓ W 500g ✓ M 600g	✓ W 500g ✓ M 700g	✓ W 600g ✓ M 800g	✓ W 600g ✓ M 800g		✓
<b>Relays</b>									
4x100m				✓	✓	✓	✓	✓	
4x400m				✓	✓	✓	✓	✓	

**FOOTE FIELD OPEN 2019: TRACK SCHEDULE - TENTATIVE**

<b>FRI 28th</b>	<b>Event</b>	<b>Gender</b>	<b>Age Category</b>	<b>Specifics</b>	<b># of Heats</b>	<b>Technical notes</b>
5:00PM	200m	Women	U20	Heats		
	200m	Women	Senior	Heats		
	200m	Men	U20	Heats		
	200m	Men	Senior	Heats		
	200m		Masters	Timed Final		
5:45PM	800m	Women	U20	Timed Final		
	800m	Women	Senior	Timed Final		
	800m	Men	U20	Timed Final		
	800m	Men	Senior	Timed Final		
	800m		Masters	Timed Final		
6:20PM	3000m SC	Women	U20/Sr	Timed Final		30" Barrier
	3000m SC	Men	U20/Sr	Timed Final		36" Barrier
7:00PM	200m	Women	U20	Final		
	200m	Women	Senior	Final		
	200m	Men	U20	Final		
	200m	Men	Senior	Final		
7:30PM	1500m SC	Women	U16	Timed Final		30" Barrier
	1500m SC	Men	U16	Timed Final		30" Barrier
	2000m SC	Women	U18	Timed Final		33" Barrier
	2000m SC	Men	U18	Timed Final		33" Barrier
<b>SAT 29th AM</b>	<b>Event</b>	<b>Gender</b>	<b>Age Category</b>	<b>Specifics</b>	<b># of Heats</b>	<b>Technical notes</b>
10:00AM	60m	Women	U10	Timed Final		
10:06AM	60m	Men	U10	Timed Final		
10:15AM	100m	Women	U12	Timed Final		
	100m	Women	U12	Timed Final		
	100m	Men	U12	Timed Final		
	100m	Men	U12	Timed Final		
	100m	Women	U14	Timed Final		
	100m	Women	U14	Timed Final		
	100m	Men	U14	Timed Final		
	100m	Men	U14	Timed Final		
<b>BREAK</b>						
11:15AM	100mH	Women	U20	Heats		33" Hurdles/Black 13 / 8.5m
	100mH	Women	Senior	Heats		33" Hurdles/Black 13/ 8.5m
11:45AM	100m	Women	U16/U18	Heats		
	100m	Men	U16/U18	Heats		
12:15PM	600m	Women	U10	Timed Final		
	600m	Men	U10	Timed Final		
	800m	Women	U12	Timed Final		
	800m	Men	U12	Timed Final		
12:45PM	100m	Women	U16/U18	Final		
	100m	Men	U16/U18	Final		
1:00PM	100mH	Women	U20	Final		33" Hurdles/Black 13 / 8.5m
	100mH	Women	Senior	Final		33" Hurdles/Black 13 / 8.5m

SAT 29th PM	Event	Gender	Age Category	Specifics	# of Heats	Technical notes
1:35PM	110mH	Men	U20	Heats		39" Hurdles/Blue 13.72/9.14m
	110mH	Men	Senior	Heats		42" Hurdles/Blue 13.72/9.14m
1:50PM	800m	Women	U16/U18	Timed Final		
	800m	Men	U16/U18	Timed Final		
2:10PM	1000m	Women	U14	Timed Final		
	1000m	Men	U14	Timed Final		
2:30PM	110mH	Men	U18	Timed Final		36" Hurdles/Blue 13.72/9.14m
	110mH	Men	U20	Final		39" Hurdles/Blue 13.72/9.14m
	110mH	Men	Senior	Final		42" Hurdles/Blue 13.72/9.14m
	100mH	Men	U16	Timed Final		33" Hurdles/Black 13.00 / 8.50m
	100mH	Women	U18	Timed Final		30" Hurdles/Black 13.00/8.50m
	80mH	Women	U16	Timed Final		30" Hurdles/White 12.00/8.00m
3:00PM	80mH	Women	U14	Timed Final		30" Hurdles Blue 12.00 / 7.50m
	60mH	Men	U14	Timed Final		30" Hurdles Blue 12.00 / 7.50m
	60mH	Women	U12	Timed Final		24" Scissor Hurdles 12 / 7m b/w
	60mH	Men	U12	Timed Final		24" Scissor Hurdles 12 / 7m/b/w
	80mH		Masters	Timed Final		ACS
3:30PM	200mH	Women	U14	Timed Final		30" Hurdles/Green
	200mH	Men	U14	Timed Final		30" Hurdles/Green
	200mH	Women	U16	Timed Final		30" Hurdles/Green
	200mH	Men	U16	Timed Final		30" Hurdles/Green
4:10PM	400mH	Women	U18	Timed Final		30" Hurdles/Green
	400mH	Women	U20	Timed Final		30" Hurdles/Green
	400mH	Women	Senior	Timed Final		30" Hurdles/Green
	400mH	Men	U18	Timed Final		33" Hurdles/Green
	400mH	Men	U20	Timed Final		36" Hurdles/Green
5:00PM	400mH	Men	Senior	Final		36" Hurdles/Green
6:15PM	400m WC	Women		Timed Final		
	400m WC	Men		Timed Final		
	4x100m	Women		Timed Final		
	4x100M	Men		Timed Final		
6:45PM	4x400m	Women		Timed Final		
	4x400m	Men		Timed Final		
7:15PM	3KM Race Walk	W & M	U18+			
	3000m	W & M	U18			
7:45PM	5000m	Women	U20/Sr/Masters	Timed Final		
	5000m	Men	U20/Sr/Masters	Timed Final		



Sunday June 30th						
Time	Event	Gender	Age Category	Specifics	# of Heats	Technical notes
10:00AM	200m	Women	U14	Timed Final		
	200m	Men	U14	Timed Final		
	200m	Women	U12	Timed Final		
	200m	Men	U12	Timed Final		
	80m	Women	U10	Timed Final		
	80m	Men	U10	Timed Final		
	1200m	Women	U16	Timed Final		
	1200m	Men	U16	Timed Final		
	1500m	Women	U18	Timed Final		
	1500m	Men	U18	Timed Final		
	1500m		Masters	Timed Final		
11:00AM	1500m WC	Women		Timed Final		
	1500m WC	Men		Timed Final		
	1500m	Women	U20	Timed Final		
	1500m	Men	U20	Timed Final		
	1500m	Women	Senior	Timed Final		
	1500m	Men	Senior	Timed Final		
12:00PM	100m	Women	U20	Heats		
	100m	Men	U20	Heats		
	100m	Women	Senior	Heats		
	100m	Men	Senior	Heats		
	100m		Masters	Timed Final		
	200m	Women	U16/U18	Timed Final		
	200m	Men	U16/U18	Timed Final		
<b>SUN PM</b>	<b>Event</b>	<b>Gender</b>	<b>Age Category</b>	<b>Specifics</b>	<b># of Heats</b>	<b>Technical notes</b>
1:15PM	100m	Women	U20	Final		
	100m	Men	U20	Final		
	100m	Women	Senior	Final		
	100m	Men	Senior	Final		
TBA	400m	Women	U10	Timed Final		
	400m	Men	U10	Timed Final		
	600m	Women	U12	Timed Final		
	600m	Men	U12	Timed Final		
	800m	Women	U14	Timed Final		
	800m	Men	U14	Timed Final		
1:45PM	300m	Women	U16			
	300m	Men	U16			
	400m	Women	U18			
	400m	Men	U18			
	400m	Women	U20			
	400m	Men	U20			
	400m	Women	Senior			
	400m	Men	Senior			

**FOOTE FIELD OPEN 2019: FIELD SCHEDULE - TENTATIVE**

<b>FRI 28th</b>	<b>U10</b>	<b>U12</b>	<b>U14</b>	<b>U16</b>	<b>U18</b>	<b>U20</b>	<b>Senior</b>
5:00PM						W LJ	W LJ
5:00PM				W DT	W DT	W DT	W DT
5:30PM						W PV	W PV
6:30PM						M HJ	M HJ
7:00PM						M LJ	M LJ
7:00PM				M DT	M DT	M DT	M DT
<b>SAT 29th</b>	<b>U10</b>	<b>U12</b>	<b>U14</b>	<b>U16</b>	<b>U18</b>	<b>U20</b>	<b>Senior</b>
	LJ:35' post 60m	LJ: 20' post U10 LJ	DT: 35' post 100m				
			LJ: 35' post DT				
11:00AM						M PV	M PV
						W HJ	W HJ
1:00PM				Seated SP	Seated SP	Seated SP	Seated SP
				W HT	W HT	W HT	W HT
				M SP	M SP		
2:30PM				M HT	M HT	W HT	W HT
				M TJ	M TJ	M TJ	M TJ
				W SP	W SP		
				PV	PV		
				W HJ	W HJ		
4:00PM				Club Throw	Club Throw	Club Throw	Club Throw
				W TJ	W TJ	W TJ	W TJ
				M HJ	M HJ		
<b>SUN 30th</b>	<b>U10</b>	<b>U12</b>	<b>U14</b>	<b>U16</b>	<b>U18</b>	<b>U20</b>	<b>Senior</b>
	Ball Throw :35' post 80m	SP: 35' post 200m	HJ / SP: 35' post 200m				
10:00AM				W Jav	W Jav		
				Seated DT	Seated DT	Seated DT	Seated DT
11:30AM				M Jav 35' post W	M Jav 35' post W	W SP	W SP
1:00PM				W LJ	W LJ	W Jav	W Jav
						M SP	M SP
							Masters LJ
2:30PM				M LJ	M LJ	M Jav 35' post W	M Jav 35' post W
2:30PM				Seated Jav	Seated Jav	Seated Jav	Seated Jav