



2019 Kamloops Throwers Sunset Series #3

Hosted by the Kamloops Track and Field Club
Sanctioned by BC Athletics

Saturday, August 17, 2019

Location:

Hillside Stadium, 910 McGill Rd., Kamloops, BC (See page 3 for driving directions).

Facility:

Polyurethane surface for Javelin, and concrete circles for Shot Put, Hammer and Discus. Change rooms available. Concession available at TCC.

Meet Director:

Wayne Elke: Phone: (250) 554-4240

Email: wcelke@shaw.ca

Meet Manager:

Dylan Armstrong: Phone: (250) 299-1666

Email: armstrong1dylan@gmail.com

Eligible Athletes:

- 2019 BC Athletics Annual Athlete members or equivalent from another Prov/Terr, or National Athletics Federation.

Entry Fees:

- \$30.00 an event submitted online at TrackieReg.

Registration & Entries:

When filling in their registration, Master's athletes age is determined as of the first day of the meet – August 17, 2019. For all other athletes, the age is calculated as of the end of 2019.

Entries Chairperson: Wayne Elke

mail: wcelke@shaw.ca

All entries must be submitted to Wayne by the following methods:

- **TrackieREG** – Register online and payment may be made using a credit card – NOTE: Kamloops Throwers Sunset Series #3 (<http://www.trackiereg.com/2019ThrowersSunsetSeries3>)

****ENTRY DEADLINE**:** 11:59 pm, Tuesday, Aug. 13, 2019. All entries must be received by this date.

COMPETITION RULES AND OTHER INFORMATION

COMPETITION CATEGORIES - 2019:

U16 (04/05), U18 (02/03), U20 (00/01), Senior (85-99), Master (1984 and earlier - 35yrs of age+).

AWARDS:

Where will be no medals or ribbons awarded for this meet.

MARSHALLING:

Check-in for all field events is at the event site. All athletes must check-in a minimum of 30 minutes prior to the scheduled start time.

COMPETITOR'S NUMBERS:

Competition numbers are not necessary for this but if available, must be worn on the front or back for field events (at the discretion of the official).

IMPLEMENTS:

All implements will be supplied by the meet organizers. Athletes may use their own implements which must meet IAAF standards. They must be weighed-in and measured at least 30 minutes prior to the competition. The weigh-in station will be located in the Throws shed near the throws area.

SPIKE LENGTH:

The maximum spike length allowed is 9mm for Javelin.

ORDER OF EVENTS:

Order will be Shot Put, Javelin, and Hammer. Events will start at 6:00pm with a rolling start for the next events.

COMPETITIVE ATTIRE:

All athletes are encouraged to wear their club uniform.

PROTESTS

After discussion with the event referee, any further protest must be submitted in writing to the Chief of Officials and the Jury of Appeal within 30 minutes of the posting of the results of the event concerned. A \$25.00 protest fee is to accompany all protests. If the protest is upheld then the protest fee will be returned.

JURY OF APPEAL:

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All Jury of Appeal decisions are final.

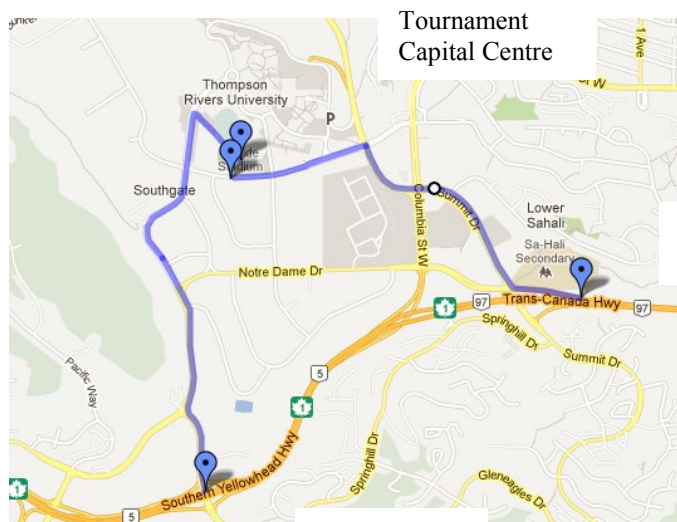
MEDICAL:

St. John's Ambulance on site.

Driving Direction to the Tournament Capital Centre:

Arriving from the west (Highway #5): Exit to the right at exit 367 and turn left onto Hillside Way (this will take you across the highway). When you reach the end of Hillside Way turn right onto Hillside Drive and follow this road to the Tournament Capital Centre. (**NOTE:** left turns are not permitted on McGill to the TCC parking. Please continue through the light at Hillside Drive and follow University Drive. Then make your way through the parking area for Hillside Stadium.)

Arriving from the east (Highway #1): Exit to the right at exit 370 and turn right onto Summit Drive. Follow Summit Dr. and turn left after the Real Canadian Superstore onto McGill Rd. Follow McGill until you reach the Tournament Capital Centre.



Exit 370 from the east.

Exit 367 from the west.