

2019 JESSE BENT INVITATIONAL
Hosted by the Coquitlam Cheetahs Sanctioned by BC Athletics

- LOCATION:** PERCY PERRY STADIUM
1290 PIPELINE ROAD
COQUITLAM, B.C.
- WHEN:** June 8th and 9th, 2019
- FACILITY:** Percy Perry Track is an IAAF compliant competition track surfaced with Mondo SX (the same surface as at the Beijing Olympics).
Maximum spike length - 5mm for the track, 7mm for long/triple jump, 9mm for javelin and pole vault.
- AGES:** Born 2010 through 2006, U16, U18, U20 and Open categories. Exceptions made for hurdle heights/distance and throwing weights
- ENTRY FEE:** \$8.00 per athlete per individual event for JDs (2010-2006)
\$12.00 per athlete per individual event for U16, U18, U20 and Open.
\$16.00 LATE ENTRY FEE – Day of Meet
School Day of Event - Elementary, Middle and High School students (all ages)
\$3.00/event
**Paid in addition to event registration fees when registering at each race/meet*
- Athletes can only compete for their schools
 - Liability insurance coverage
- OPEN AGED ATHLETES MUST BE FULL REGISTERED
COMPETITIVE MEMBERS OF BC ATHLETICS/ATHLETICS
CANADA (YOB 1999 AND OLDER)**
- DEADLINE:** **WEDNESDAY JUNE 5th, 2019**
- ENTRIES:** All entries by <http://www.trackie.com/online-registration/>. Late entries will be accepted on the day of meet. **RELAYS WILL BE TAKEN DAY OF MEET, ONE HOUR PRIOR TO RACE. RELAYS ARE FREE OF CHARGE.**
- AWARDS:** Medals for 1st, 2nd and 3rd. Double ribbons for 4th to 8th place. Awards can be picked up 30 minutes after the results are posted.
Jesse Bent Memorial Trophy will be awarded for the Youth Men's 200m race.
Densile Mensah Long Jump Trophy will be awarded to the men's Junior section winner.

This document including events and schedule can be downloaded at www.coquitlamcheetahs.org
Follow the links to 2019 Coquitlam Cheetahs Track Meet Information.

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MEET DIRECTOR: Paul Self ptmdself@gmail.com

MEDICAL

MedTech Emergency Medical Services (on-site). Eagle Ridge Hospital (5 minutes away)

REGISTRATION PACKAGE

Will be available for pick up after 7:30 am at the Meet Office (shed in the southeast corner of stadium).

EVENT TIMES

All times are approximate. Events will not be moved more than ten (10) minutes ahead of schedule.

EQUIPMENT

The Coquitlam Cheetahs will provide throwing implements for those not bringing personal implements.

MEET RESULTS

Compiled Meet Results will be sent to B.C. Athletics to be placed on their website at www.bcathletics.org.

MARSHALLING

All track athletes will marshal at the south end of the track by age groups.
All field events will marshal at their event location.

COMPETITOR'S NUMBERS

Each athlete will be issued a competitor's number, to be worn on the FRONT. Competitor numbers will be included in the registration package.

RELAY TEAMS

There will be no awards for relay races. There will be no entry fees for relay races. The entry deadline for relay teams will be one hour before the start of the race.

JURY OF APPEAL

A Jury of Appeal consisting of three (3)-qualified persons will be available to deal with any protest arising during the meet. The decision of the Jury will be final.

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RULE BOOK

IAAF rules with BC Athletics Junior Development variations.

COMPETITION ATTIRE

Club uniforms are preferred.

SIMULTANEOUS EVENTS

Track events will not be delayed. In the event of a conflict between field and track, every attempt will be made to allow the athlete to compete. The athlete must notify the Officials at marshaling time of this conflict.

TRACK EVENTS

ORDER OF TRACK EVENTS

Races will be run in this order: Open to U16, 2006 - 2010 with the exception of hurdles, which will follow Distance, Heights and Spacing. Women will start each age group.

SEEDING

Athletes will be seeded for timed finals according to performance recorded on entry forms.

STARTING BLOCKS

For 100M, 200M, 300M, 400M and all hurdles starting blocks are required will be provided for all athletes 14 years and older. No blocks will be allowed for athletes born in years 2006 to 2010.

GROUPINGS

Some age groups may be combined to race together in longer distances, but will be scored separately.

QUALIFYING FOR FINALS

Unless heats are indicated on the schedule, all track events will be timed finals. If eight (8) or fewer athletes are entered in a heat event, then the race will be run as a final at the time of the scheduled heat. If 100m heats are required, the winner of each heat and the next fastest times to make up eight competitors will determine the finalists. If still tied, the athlete from the heat with the fastest winning time will qualify.

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FIELD EVENTS

ATTEMPTS

For horizontal jumps, athletes 13 years and under will receive three (3) attempts. U16, U18 and older will receive three (3) attempts with the top 8 competitors receiving an additional three (3) attempts.

HIGH JUMP - STARTING HEIGHTS

Age Category	Women	Men
9 years	80 cm	85 cm
10 years	90 cm	95 cm
11 years	100 cm	105 cm
12 years	105 cm	110 cm
13 years	115 cm	120 cm
U16	125 cm	135 cm
Open	140 cm	155 cm

THROWS

Athletes 13 years and under will receive three (3) throws. U16, U18 and older will receive three throws with the top 8 competitors receiving an additional three (3) throws.

IMPLEMENT WEIGHT

As per IAAF, Athletic Canada and BC Athletic rules, the Coquitlam Cheetahs Track and Field Club will supply some implements. Personal implements must be weighed in each day and left with the Officials until one half-hour before competition begins. Any personal implement weighed in becomes the property of the event and can be used by any athlete taking part in that event.