



Nova Scotia School Athletic Federation
Provincial Championship Track and Field Records
(current June 14, 2018)

Junior Girls
Synthetic Track

Event	Athlete	Time/Distance	School	Year
80m Hurdles (30")	Sierra Sweeney	12.11*	Gaetzbrook Junior High	2016
100m	Christine Fleury	12.5H (12.74*)	West Kings	1995
	Nikkia Jones	12.64*	Gorsebrook Junior High	2006
200m	Taylor Mattinson	26.49*	Oxford Regional Education Center	2014
400m	Cara MacDonald	1:00.06*	New Glasgow Academy	2018
800m	Mary Jean Barrett	2:19.9H (2:20.04*)	Sackville Heights Junior High	1977
1500m	Rachel Crawley	4:49.85*	St. Agnes Junior High	2011
3000m	Rachel Crawley	10:18.76*	St. Agnes Junior High	2011
4 x 100m		52.50*	Riverside Education Center	2014
4 x 400m		4:17.83*	St. Andrew Junior School	2017
Shot Put (2.72 kg)	Chelsea Whalen	14.51 m	South Queens	2007
Shot Put (3kg)	Taylor Stutely	11.58 m	A.J. Smeltzer Junior High	2010
Discus (1kg)	Taylor Stutely	31.25m	A.J. Smeltzer Junior High	2010
Discus (0.75kg)	Sydney Davidson	28.49m	Redcliffe Middle School	2015
Javelin (400g)	Katherine Marksson	37.38m	Astral Drive Junior High	1999
Javelin (600g)	Allison Chandler	31.70 m	Chester Area Middle School	2012
High Jump	Laura Maessen	1.63m	Bicentennial Junior High	2004
Long Jump	Michele Adams	4.98 m	Chester	1985
Triple Jump	Sierra Sweeney	11.00m	Gaetzbrook Junior High	2016

*electronic timing

Hand time correction factor of +0.24s for 100m and 200m and +0.14s for 400m and above is applied

Non-Synthetic Track

Event	Athlete	Time (hand)	School	Year
80m Hurdles (30")	Ashley Wicks	13.0	Truro Junior High	2000
100m	Gillian Rafuse	13.0	Hebbsville Academy	1999
200m	Gillian Rafuse	27.3	Hebbsville Academy	1999
400m	Gillian Rafuse	1:01.5	Hebbsville Academy	1999
800m	Erin MacLean	2:27.2	Dwight Ross Junior High	1999
1500m	Erin MacLean	5:02.2	Dwight Ross Junior High	1999
3000m	Erin MacLean	10:53.6	Dwight Ross Junior High	1999
4 x 100m		54.5	Halifax Grammar School	1999
4 x 400m		4:30.1	Hebbsville Academy	1999



Nova Scotia School Athletic Federation
Provincial Championship Track and Field Records
(current June 14, 2018)

Junior Boys
Synthetic Track

Event	Athlete	Time/Distance	School	Year
100m Hurdles (33")	Nolan Wentzell	14.48*	Hebbsville	2016
100m	Nick Smith Braden Gray	11.5H (11.74*) 11.59*	Caledonia Junior High Bible Hill Junior High	1995 2016
200m	Derek Dempster Cameron Veinot	24.1H (24.34*) 24.26*	A.J. Smeltzer Junior High North Queens	1984 2005
400m	Barrett Dachyshyn	53.72*	Halifax Central Junior High	2013
800m	Camden Springer	2:04.93*	Bicentennial Junior High	2016
1500m	Mike Tate	4:19.71*	St. Andrew Junior School	2009
3000m	Tobias Wolter	9:15.14*	Hebbsville	2011
4 x 100m		48.4H (48.54*)	Astral Drive Junior High	1990
4 x 400m		3:48.10*	Halifax Central Junior High	2013
Shot Put (4kg)	Logan Taylor	14.37m	Bluenose Academy	2016
Discus (1kg)	Parker Swain	43.75m	Dr. W.A. MacLeod	2016
Javelin (600g)	Michael Adams	45.48m	Truro Junior High	2015
High Jump	Brandon Mallally	1.77m	Bible Hill Junior High	2004
Long Jump	David MacDonald	5.79m	Fountain Academy	2012
Triple Jump	Kaelan Schmidt	12.03m	East Pictou Middle School	2012

*electronic timing

Hand time correction factor of +0.24s for 100m and 200m and +0.14s for 400m and above is applied

Non-Synthetic Track

Event	Athlete	Time (hand)	School	Year
100m Hurdles (33")	Donal Corkum	15.9	Halifax Grammar School	1999
100m	Ryan Elmore	12.1	Middleton Regional	1997
200m	Cal Lewis	24.5	New Glasgow	1999
400m	Nathan Wheeler	55.5	Gorsebrook Junior High	1999
800m	Jeff Englehutt	2:15.4	Halifax Grammar School	1999
1500m	Gerard Bray	4:40.02	Oxford St. School	2000
3000m	Jeff Englehutt	10:08.8	Halifax Grammar School	1999
4 x 100m		49.7	New Glasgow	1999
4 x 400m		4:02.2	A. J. Smeltzer Junior High	1999



Nova Scotia School Athletic Federation
Provincial Championship Track and Field Records
(current June 14, 2018)

Intermediate Girls
Synthetic Track

Event	Athlete	Time/Distance	School	Year
80m Hurdles (33")	Zoe Carvery	12.45*	Millwood High School	2016
100m Hurdles (33")	Rachelle Langford	14.7	Yarmouth	1983
100m	Trina Nickerson	12.2H (12.44*)	Barrington	1991
	Christine Fleury	12.2H (12.44*)	West Kings	1997
	Marissa Walter	12.33*	Central Kings	2007
200m	Cecilia Branch	25.5H (25.74*)	St. Patrick's High School	1973
	Leanne Huck	25.66*	Halifax Grammar School	2001
400m	Jenna Martin	57.24*	Bridgewater	2003
800m	Louise Palmer	2:12.6H (2:12.74*)	Gorsebrook Junior High	1977
1500m	Maggie Smith	4:38.84*	Sacred Heart School of Halifax	2017
3000m	Maggie Smith	10:00.54*	Sacred Heart School of Halifax	2017
4 x 100m		51.52*	Cobequid Education Center	2010
4 x 400m		4:07.64*	Halifax Grammar School	2007
Shot Put (4kg)	Chelsea Whalen	12.98m	Liverpool Regional	2009
Discus (1kg)	Sarah Colborne	39.15m	Cobequid Education Center	2012
Javelin (600g)	Kate Forbes	39.00m	Central Colchester	1997
Javelin (500g)	Madelyn Quinn	41.73m	Cobequid Education Center	2016
High Jump	Tracey Loke	1.72m	Halifax West High School	1986
	Natalie Munroe	1.72m	Queen Elizabeth High School	1986
Long Jump	Cecilia Branch	5.32m	St. Patrick's High School	1973
Triple Jump	Gabrielle Fraser	11.19m	Advocate District School	2016
Pole Vault	Laura Maessen	2.60m	Bicentennial Junior High	2005

*electronic timing

Hand time correction factor of +0.24s for 100m and 200m and +0.14s for 400m and above is applied

Non-Synthetic Track

Event	Athlete	Time (hand)	School	Year
80m Hurdles (33")	Ada Poranek	13.9	St. Patrick's High School	1997
	Sali Brow	13.9	Ellenvale	1999
100m	Christine Fleury	12.2	West Kings	1997
200m	Christine Fleury	26.2	West Kings	1997
400m	Leslie Ripley	1:02.9	Amherst Regional High School	1997
800m	Laura O'Connell	2:27.9	C. P. Allen High School	1999
1500m	April Kennedy	4:57.84	Cornwallis District	2000
3000m	April Kennedy	11:28.8	Cornwallis District	1999
4 x 100m		54.3	Amherst Regional High School	1999
4 x 400m		4:27.69	Amherst Regional High School	2000



Nova Scotia School Athletic Federation
Provincial Championship Track and Field Records
(current June 14, 2018)

Intermediate Boys
Synthetic Track

Event	Athlete	Time/Distance	School	Year
100m Hurdles (36")	Nick Landry	13.89*	Park View Education Centre	2018
110m Hurdles (36")	Ray Bourque	15.7H (15.94*)	Halifax West High School	1983
100m	Patrick Benjamin	10.5H (10.74*)	Cole Harbour High School	1998
200m	Patrick Benjamin	22.3H (22.54*)	Cole Harbour High School	1998
00m	Jonathan Campbell	50.87*	Sydney Academy	2005
800m	Hudson Grimshaw-Surrette	1:58.21*	Yarmouth Consolidated	2015
1500m	Hudson Grimshaw-Surrette	3:59.92*	Yarmouth Consolidated	2015
3000m	Andrew Peverill	8:50.61*	Sackville High School	2015
4 x 100m		45.5H (45.64*)	Sackville High School	1976
4 x 400m		3:35.4H (3:35.54*)	Prince Andrew High School	1984
Shot Put (4kg)	Chris Meisner	17.56m	Lunenburg High School	1999
Shot Put (5kg)	Cameron Whynot	14.88m	Park View Education Centre	2016
Discus (1.616kg)	Geoffrey Myatt	42.68m	Sydney Academy	2007
Discus (1.5kg)	Duncan McLaughlin	42.37m	King's-Edgehill School	2018
Javelin (800g)	Jared Baird	53.46m	Cobequid Education Center	2005
Javelin (700g)	Micheal Adams	51.86m	Cobequid Education Center	2017
High Jump	Charles MacKay	1.95m	Inverness Consolidated	1988
Long Jump	David Paxton	6.44m	South Colchester	1997
Triple Jump	Mike Orodugba	13.82m	King's-Edgehill School	1986
Pole Vault	Brendan O'Neill	3.65m	Sackville High School	1993

*electronic timing

Hand time correction factor of +0.24s for 100m and 200m and +0.14s for 400m and above is applied

Non-Synthetic Track

Event	Athlete	Time (hand)	School	Year
100m Hurdles (36")	Ryan Veniot	14.9	Queen Elizabeth High School	1997
100m	Nick Smith	11.4	Prince Andrew High School	1997
200m	Erlando Symmonds	23.91	Cole Harbour High School	2000
400m	Andrew Sibley	52.4	Brookfield Junior High	1997
800m	Jeff Manley	2:05.3	Riverview High School	1999
1500m	Jeff Englehutt	4:20.64	Halifax Grammar School	2000
3000m	Ryan Rafuse	9:49.2	Horton High School	1999
4 x 100m		47.6	Central Kings Rural High School	1997
4 x 400m		3:48.5	Middleton Regional High	1997



Nova Scotia School Athletic Federation
Provincial Championship Track and Field Records
(current June 14, 2018)

Senior Girls
Synthetic Track

Event	Athlete	Time/Distance	School	Year
80m Hurdles (33")	Olivia Hill	12.26*	Lockview High School	2017
100m Hurdles (33")	Cecilia Branch	13.7H (13.94*)	St. Patrick's High School	1975
100m	Cecilia Branch	11.7H (11.94*)	St. Patrick's High School	1975
	Nicole Gillis	11.7H (11.94*)	Sackville High School	1987
	Jenna Martin	11.91*	Bridgetown Regional	2006
200m	Jenn Meech	24.84*	Cobequid Education Center	2012
400m	Jenna Martin	54.13*	Bridgetown Regional	2006
800m	Mary Jean Barrett	2:13.3H (2:13.44*)	Sackville High School	1980
1500m	Maggie Smith	4:28.32*	Sacred Heart School of Halifax	2018
3000m	Maggie Smith	9:49.38*	Sacred Heart School of Halifax	2018
4 x 100m		50.32*	Cobequid Education Center	2004
4 x 400m		4:01.53*	Park View Education Centre	2009
Shot Put (4kg)	Chelsea Whalen	13.26m	Liverpool Regional	2010
Discus (1kg)	Kayla Gallagher	41.92m	Cobequid Education Center	2012
Javelin (600g)	Chelsea Whalen	44.20m	Liverpool Regional	2010
High Jump	Linda Ayer	1.72m	Halifax West High School	1983
Long Jump	Denver Fraser	5.49m	Advocate School	2017
Triple Jump	Gabrielle Fraser	11.71m	Advocate School	2018
Pole Vault	Aly McPhee	3.15m	Sir John A. MacDonald High School	2006

*electronic timing

Hand time correction factor of +0.24s for 100m and 200m and +0.14s for 400m and above is applied

Non-Synthetic Track

Event	Athlete	Time (hand)	School	Year
80m Hurdles (33")	Diane Hatcher	13.0	Forest Heights	1999
100m	Joanna Donnelly	12.7	Central Kings Rural	1997
200m	Leslie Ripley	27.0	Amherst Regional High School	1999
400m	Leslie Ripley	1:02.4	Amherst Regional High School	1999
800m	Heidi Cooke	2:25.8	Cobequid Education Center	1997
1500m	Kristin Lewis	5:03.7	St. Patrick's High School	1997
3000m	Kristin Lewis	10:56.4	St. Patrick's High School	1997
4 x 100m		53.4	Amherst Regional High School	1999
4 x 400m		4:20.8	Middleton Regional	1997



Nova Scotia School Athletic Federation
Provincial Championship Track and Field Records
(current June 14, 2018)

Senior Boys
Synthetic Track

Event	Athlete	Time/Distance	School	Year
110m Hurdles (39")	Scott Kirkpatrick	14.6H (14.84*)	Halifax West High School	1982
100m Hurdles (39")	Matthew Coolen	13.28*	Halifax West High School	2015
100m	Roger Crawley	10.5H (10.74*)	Graham Creighton	1971
	Kyu-Won Cho	10.69*	Citadel High School	2009
200m	Matthew Coolen	21.58*	Halifax West High School	2015
400m	Mike Van Der Poel	48.49*	Cobequid Education Center	2015
800m	Jake Gallagher	1:54.47*	C.P Allen High School	2005
1500m	Mike Tate	3:54.91*	Dr. J.H. Gillis	2013
3000m	Andrew Peverill	8:40.76*	Sackville High School	2017
5000m	John Carson	14:56.6H (14:56.74*)	Prince Andrew High School	1982
4 x 100m		43.26*	Cobequid Education Center	2014
4 x 400m		3:26.09*	Cobequid Education Center	2014
Shot Put (5.44 kg)	Chris Meisner	16.48m	Lunenburg Jr/Sr	2001
Shot Put (6kg)	Peter Millman	16.17m	Cobequid Education Center	2012
Discus (1.616kg)	Chris Meisner	49.22m	Lunenburg Jr/Sr	2000
Discus (1.75kg)	Peter Millman	49.76m	Cobequid Education Center	2012
Javelin (800g)	Adam Wolkins	61.64m	Shelburne	2005
High Jump	Tim Wrigley	2.06m	Middleton	1981
Long Jump	Dave Lucas	7.15m	Annapolis	1956
Triple Jump	Howie Jackson	14.25m	Bridgetown Regional	1964
Pole Vault	Dominic Bricault	3.85m	Ecole du Carrefour	1996

*electronic timing

Hand time correction factor of +0.24s for 100m and 200m and +0.14s for 400m and above is applied

Non-Synthetic Track

Event	Athlete	Time (hand)	School	Year
100m Hurdles (39")	Keith Suryer	14.6	C.P. Allen High School	1997
100m	Patrick Benjamin	11.0	Cole Harbour High School	1997
200m	David Paxton	22.9	South Colchester	1999
400m	Joel Dalrymple	52.2	C.P. Allen High School	1997
800m	Andrew Dunbrack	2:03.6	C.P. Allen High School	1997
1500m	Eric Gillis	4:17.2	Dr. J.H. Gillis	1999
5000m	Danny Rizcallah	16:08.8	Halifax West High School	1999
4 x 100m		45.6	South Colchester	1999
4 x 400m		3:38.2	Forest Heights	1997