



2019
May Sprint Festival
BC Athletics Sanctioned Event*
South Surrey Track
14600 20th Avenue, Surrey



2019 May Sprint Festival – May 25th, 2019

Ocean Athletics will once again be hosting the BC High School Combined Events Championships May 24th, 25th. The track is available for a 4 hour stretch on Saturday due to the order of the Decathlon, Octathlon and Heptathlon events SOOOO, in order to keep our timer occupied we are welcoming all 2005 and older athletes to compete in 100m and 200m events.

There will be two chances to run the 100m and one chance to run the 200m. Seed times & categories will be used to set up the first sections of the 100m. Performance times in the first section will be used to seed the second set of 100m. The 200m meter event will follow the second set of 100m races. It is not required to run all 3 events

The idea is to have a good amount of recovery time between events. Exact schedule will be determined by entry numbers.

Categories:

Junior High School – grades 8-10 – must enter under school name and wear school jersey

Senior High School – grades 11-12 – must enter under school name and wear school jersey

** in accordance with BC School Sports regulations, Junior/Senior High School athletes will not be mixed into heats with club athletes. Athletes must decide which category they will compete in. School category athletes may use their school BC Athletics number to enter.

2000-2005 (U16, U18, U20)

Open 1999 and earlier (ie 20yrs and older)

Masters 1985 and earlier (ie 35yrs and older)

Schedule: events will run: Male Open, Female Open, Male Masters, Female Masters, Male 2000-2005, Female 2000-2005

First event will be at 10:30 with races concluding by 12:45 to accommodate the 1pm start of the Junior High School Women's 800m event.

Registration

Registration is through Trackiereg. www.Trackiereg.com/2019MaySprintFestival Cost of event is flat fee of \$10.00 for all three races. There is no late fee but heats will not be reorganized to accommodate late entries.

- **Due to the lateness of organizing this event, performances do qualify for AC Ranking but not for Team BC Selections**