



MISSISSAUGA OLYMPIANS TRACK & FIELD CLUB PRESENTS

Olympians Summer Challenge and International Youth Track and Field Championships Qualifier

Date: Sunday, June 16, 2019

Time: 9:30 a.m.

Meet Director: Carla Warwick 905-997-2713 carla@mississaugaolympians.com

Place: Courtney Park Athletic Fields. (St. Marcellinus Secondary School), 730 Courtneypark Dr. W., Mississauga

Facilities: All-weather Impermeable Rubber IAAF 400 Meter Standard 8 Lane Track, suitable for pin spikes (6-mm max). Washrooms on site, snacks & drinks will be sold on site.

Peewee: Athletes born in 2013 and 2014 100m, Long Jump (3 jumps only),

Mite: Athletes born 2011 and 2012 100m, 200m, 400m, 800m, Long Jump, Shot Put

Tyke: Athletes born in 2009 and 2010 60m Hurdles, 100m, 200m, 400m, 800m, 1200m, Long Jump, Shot Put, 4x100m

Atom: Athletes born in 2007 and 2008 60m Hurdles, 100m, 200m, 400m, 800m, 1500m, Long Jump, Javelin, Shot Put, 4x100m

Senior: Athletes born in 2005 and 2006 60m Hurdles, 100m, 200m, 400m, 800 m, 1500 m, Long Jump, Javelin, Shot Put, 4x100m

International Youth Track and Field Championships (IYC). The competition which will be held July 12-14, 2019, in the Washington D.C. area, promises to be hyper competitive as teams from around the United States, Barbados, Canada, Costa Rica, Jamaica, Malaysia and the United Kingdom have already expressed interest in attending. More information on this meet can be found on <https://intyouthtrackchampionships.com/>

Notes:

1. Athletes may enter in three individual events, of which no more than two may be track events (relay not included)
2. Track events will run girls first, then boys for each age category, starting at the youngest age categories and working our way up through to senior
3. Waiver forms must be filled-out and submitted by each athlete or a blanket waiver by coach with power of attorney (list all athletes). Athletes without signed waiver forms will not be allowed to compete.
4. Events with less than five athletes may be combined with another age group.
5. Starting blocks for Atom and MTA Sr. only.
6. Age classification as of December 31st, 2019

Olympians Summer Challenge

General Rules:	Track events take precedence over field schedules. If the timing of a field and track event conflict, the athlete must check in at both events, notify both officials of the conflict and be ready to run when the race is started. The athlete will be able to return to the field event.
FIELD EVENTS High Jump Long Jump Throws	Each competitor receives 3 trials at each height A tie will be broken by the second best jump. Less than 10 competitors each competitor gets 3 jumps top 8 gets 2 more More than 10 each competitor gets 2 jumps top 8 gets 2 more Seniors Jump from the line. Less than 10 competitors each competitor gets 3 throws top 8 gets 2 more More than 10 each competitor gets 2 throws top 8 gets 2 more
TRACK EVENTS Sprints/ Hurdles 50-100m	One Heat: Straight Final Two Heats or more: 1st in each heat plus next fastest times advance to final.

Awards: Medals will be awarded for the first three places in all events with ribbons for 4th-6th.

Entry Fees: The entry deadline will be on Wednesday, June 12th, 2019 at 11h59pm

Entry fees are as follows:

\$10.00 per athlete for each event.

\$20.00 per relay team

The late deadline will be at noon on Friday, June 14th, 2019. The late fees are:

\$20.00 per athlete for each event

\$40.00 per relay team

All fees payable by cash, money orders or club cheques.

Make cheques payable to: Mississauga Olympians Track & Field Club

Note: There is a \$5.00 insurance coverage surcharge per athlete for non-MTA registered athletes. (Provides all-day coverage at Track Meet venue.)

Payment is to be made at the Registration Desk on the Meet day, and can be done with cash or cheque. Meet Packages will be issued upon payment. The Registration Desk will be opened at 8:015 a.m.

ENTRIES WILL NOT BE ACCEPTED ON RACE DAY

Entries are to be completed and submitted through the use of www.trackie.com OR the use of an Excel Spreadsheet. Download the Excel Spreadsheet at minortrack.org and, on completing your entries, please submit your saved Excel Spreadsheet (with entries) to suzanneleroux@rogers.com

Directions

From Hamilton

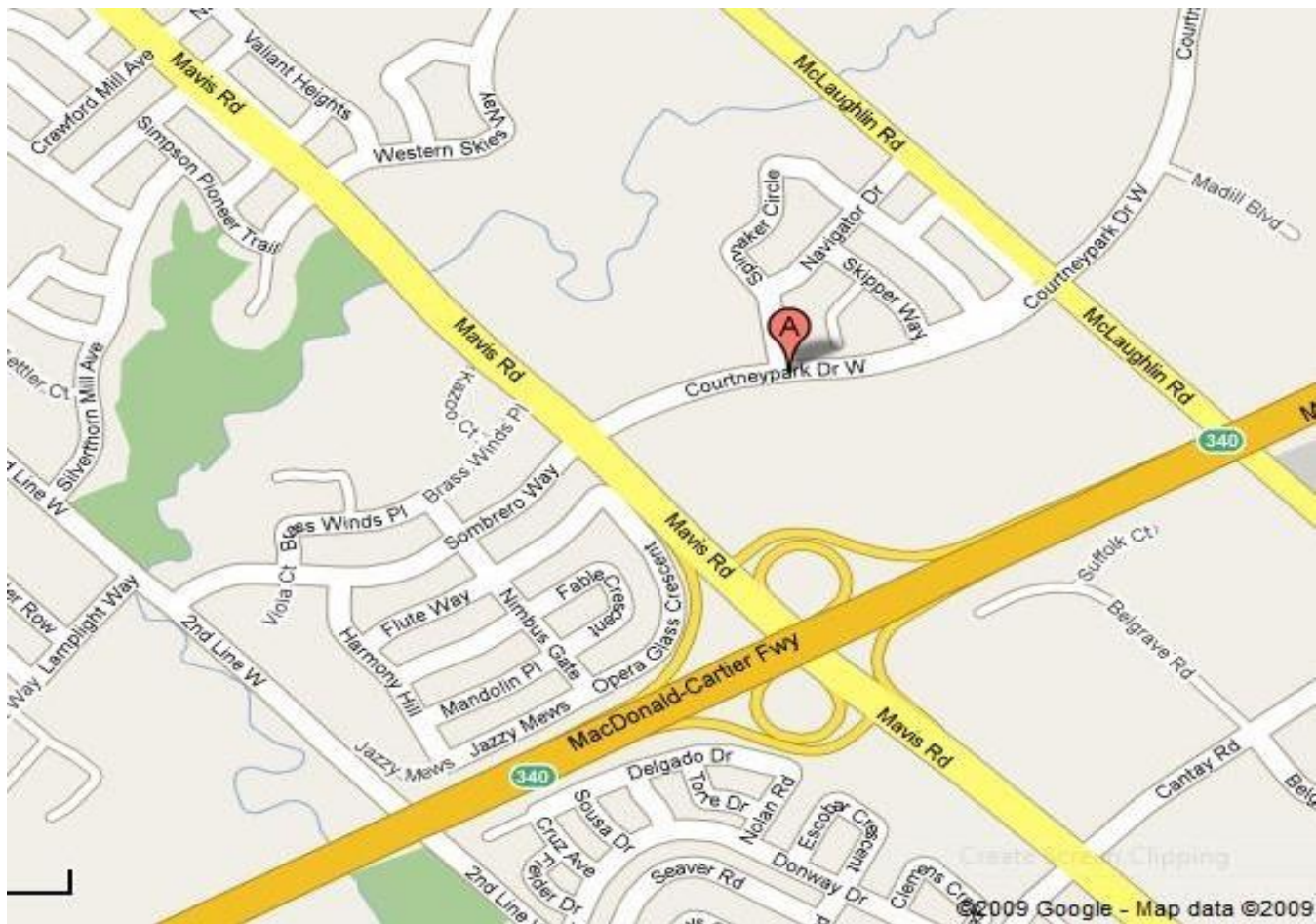
Take the QEW East to Toronto. Take HWY-403 E ramp toward TORONTO. Merge onto PROVINCIAL ROUTE 403 E. Take the MAVIS RD./CENTRE VIEW DR. exit. Take the MAVIS ROAD ramp. Turn LEFT onto MAVIS RD. Turn RIGHT onto COURTNEYPARK DR W.

From London

Take HWY-401 East to Toronto. Take the MAVIS ROAD exit, EXIT 340. Turn LEFT onto MAVIS RD. Turn RIGHT onto COURTNEYPARK DR W.

From Ajax

Take HWY-401 west, toward London. Take the MAVIS ROAD exit, EXIT 340. Turn RIGHT onto MAVIS RD. Turn RIGHT onto COURTNEYPARK DR W.



OLYMPIANS SUMMER CHALLENGE

June 16 2019

Track		Field	LJ	SP	Javelin
9:30	60mh Time Final	9:30	Peewee Girls Peewee Boys	Tyke Girls Tyke Boys	Atom Boys Atom Girls
	1200/ 1500m Time Final		Atom Boys Atom Girls		
	100m Heats			Mite Girls Mite Boys	MTA Sr. Boy MTA Sr. Girl
	400m Time Finals		MTA Sr. Boys MTA Sr. Girls		
Lunch					
1:30pm	200m Time Final	1:30pm	Mite Girls Mite Boys	Sr. Boys and Girls	
	800m Time Final				
	100m Final		Tyke Girls Tyke Boys	Atom Boys and Girls	
	4x100m				

This is a tentative schedule and may be advanced up to 30mins or delayed as required, depending on the number of athletes participating

MISSISSAUGA OLYMPIANS TRACK & FIELD CLUB

**THIS WAIVER FORM MUST BE SUBMITTED BY EACH ATHLETE ENTERED or
BLANKET WAIVER BY COACH WITH POWER OF ATTORNEY - (list all athletes)**

SANCTIONED & REQUIRED BY:

ONTARIO TRACK & FIELD ASSOCIATION, MINOR TRACK ASSOCIATION (of Ontario)

In consideration of the acceptance of my application and permission to participate as an entrant of competitor in the
OLYMPIANS SUMMER CHALLENGE
Scheduled for Sunday June 16th, 2019.

I, for myself, my heirs, executors, administrators, successors, and assigns HEREBY RELEASE, WAIVE AND FOREVER
DISCHARGE:

- The Minor Track Association (of Ontario)
- Mississauga Olympians Track & Field Club and/or any of its Directors
- City of Mississauga
- Dufferin-Peel Catholic District Board of Education
- Region of Peel

And all other association, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, representatives, and assigns OF AND FROM ALL claims, demands, damage costs, expense actions, and causes of action, whether in law or equity, in respect to death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor, or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that the same may be the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREE to the above
WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

Print Name

Date

Signature of Athlete

Print Name

Date

Signature of Parent or Guardian
(If under 18 years)