



**May 8<sup>th</sup>, 2019**

## **Speed River Twilight Meet #1 Information and Tentative Schedule**

### Information Sheet

Location : **Alumni Stadium, University of Guelph**  
26 Powerhouse Lane  
Guelph, ON N1G 2W1

More information available here:  
<http://gryphons.ca/sports/2016/5/19/alumni-stadium-new.aspx>

Please check-in at the registration table under the grandstand upon arrival to collect bibs.

Warmup and confirmation for track events will take place on the infield.

Events will be women then men, races run fast to slow.

Field Event athletes report directly to your event site for warmup and confirmation.

#### **TENTATIVE SCHEDULE** (rolling schedule in order)

<b>7:00 pm</b>	Pole Vault
<b>7:00 pm</b>	Long Jump
<b>7:15 pm</b>	Women's 80mH Women's 100mH
<b>7:30 pm</b>	Men's 100mH Men's 110mH
<b>7:45 pm</b>	100m (women followed by men)
<b>8:00 pm</b>	800m (women followed by men)
<b>8:15 pm</b>	400m (women followed by men)
<b>8:30 pm</b>	1500m (women followed by men)