



30th ANNUAL

DOGWOOD TRACK AND FIELD MEET

May 11 and 12, 2019

Sanctioned by BC Athletics

- DATES** Saturday and Sunday, May 11 and 12, 2019
- LOCATION** Centennial Stadium, University of Victoria, Victoria, BC
Please note that UVIC requires payment for parking on Saturday. Saturday charges are \$3.00 for the day, Sunday is free.
- ELIGIBILITY** Current BC Athletics competitive membership or equivalent from another provincial or state association.
- REGISTRATION** **Registration is through Trackie.com.**
<https://www.trackie.com/online-registration/register/2019-dogwood-track-field-meet/31124/>
Email registrations will not be accepted.
* NEW: Athletes will register under a club or as independent. Registration will not be allowed under a school.
- ENTRY CHAIR** Susanna Francis Phone: 1-778-977-0983
Meet Manager E-Mail: dogwoodmeet@gmail.com
- ENTRY FEES** \$11.00 per event for members of VIAA Clubs
\$15.00 per event for all other athletes
VIAA fees will be included in the individual event fees.
Clubs who submit their registrations through the Hytek events file can pay by cheque or cash (exact amount please). Fees must be paid before athletes can participate in any events.
- VOLUNTEER** **This meet would not be possible without volunteers.** VIAA clubs are responsible for a specific event. Please coordinate volunteer schedules within your clubs.
- ENTRY DEADLINES** All entries must be received no later than **11:00 pm**, the Wednesday prior to the meet – **May 8, 2018.**
No online or emailed entries will be accepted after this time.
- LATE ENTRIES** * NEW: **No** entries will be accepted after **May 8, 2018.**
There will be no "day of" event registration
- CLUB PACKAGES** Registration packages will be available at the bunker, at the far end of the track (next to awards table) at 9:00 AM on Saturday, May 12th.
- MEET RULES** ATHLETICS CANADA and IAAF rules and regulations will apply at this meet. BC Athletics Junior Development rules and regulations for championship meets will be followed wherever applicable.

AWARDS

Medals will be awarded for first, second, and third place finishes **for JD and U16 age categories only**, ribbons for fourth to eighth. U18 and older receive ribbons for first through eighth place finishes.

AGE CATEGORIES

Junior Development athletes will compete in single age categories from 2010 to 2006 [JD 9, JD 10, JD 11, JD 12, JD 13].

JD age groups may be combined for field events but each group will be scored separately for awards.

U16 [2005 & 2004] will compete together and will be awarded medals and ribbons as one age group.

U18 [2003 & 2002], U20 [2001 & 2000], Seniors [1985 to 1999], and Masters [1984 and older] may compete together as an OPEN category but will be scored separately by each age class. Masters will be split into 5-year age groups for awards.

SCHEDULE

Athletes must check in at Athlete control 30 minutes prior to scheduled starting time for all track events.

We will follow all starting times for track events as listed in the published schedule of events. Any changes to the field event schedule will be listed in a revised schedule available at the meet and posted on the Athletics Victoria website.

Please make note when registering your athletes that our field event schedule is extremely tight and we will not hold up any field events for athletes participating in other events. Have your athletes check over the schedule before registering in this meet.

FIELD EVENTS

Field events in the JD age classes 9 to 13 will be limited to three attempts for each athlete.

U16 through to Open Category athletes will be given 3 trials, and the 8 athletes with the top performances will be allowed 3 additional trials.

HAMMER THROW

Hammer throw is offered May **11** only at Lambrick Park Secondary School. Athletes **aged 12 and older** will be able to compete in this event and **must have previous hammer experience**.

Please note that Lambrick Park is located about 10 minutes away from Centennial Stadium so please be on time for your event. **Hammer event duration may be lengthy and athletes who choose to participate in Hammer could miss track or other field events being held in Centennial Stadium.**

Hammer weigh-in at 8:30am Saturday at UVic Stadium (Equipment Bunker at the far end of the track).
Athletes must pick up bib numbers at UVic Stadium before competing in Hammer Throw.

SPIKE LENGTHS

The maximum spike length allowed on this track is 7mm.

TRACK RESTRICTIONS

The infield is out of bounds at all times as the infield is used for competition. Please use the main entrance to the stadium and walk around to the finish line seating from the flagpole end of the track. Please observe all restricted areas.

EQUIPMENT

Equipment will be provided by Athletics Victoria with the exception of pole vault poles. Personal equipment must be checked and weighed in the equipment shed under the electronic scoreboard at least 1 hour before the start of the throwing event. Contact the meet director if you need to locate an official to weigh your equipment.

TRACK EVENTS

All events on the track will start with the Open Age Categories first at the posted times. Competition order will be Open (including Masters, Senior, U20, & U18) followed by U16 to JD 9 years with women first in each age category followed by men.

TIMED FINALS

All events offered are timed finals.

BLOCKS

Starting blocks are supplied for all athletes U16 and older. Use of starting blocks by U16 athletes is required.

RACE NUMBERS

Numbers will be assigned to all athletes and must be worn during all competitions. Track events from 100 to 400 metres will have numbers on the back. Track events 600 metres and longer will have numbers on the front. Field event numbers may be worn on the back or the front.

CONCESSION

A concession operated by the University of Victoria will be open during the meet.

CAMPING

No overnight parking is permitted within the University of Victoria boundaries. Campus Security will patrol the campus and will remove any groups camping on site.

2019 AGE GROUPS

Year of Birth	Athlete Age Category
2010	JD 9
2009	JD 10
2008	JD 11
2007	JD 12
2006	JD 13
2005 and 2004	U16
2003 and 2002	U18 (Youth)
2001 and 2000	U20 (Junior)
1999 to 1985	Open (Senior)
1984 & older	Master

VOLUNTEER OFFICIALS

Vancouver Island Athletic Association clubs are asked to make sure that volunteers are in place at the posted start times for all events so that the schedule does not fall behind. Announcements will be made throughout the meet if additional officials and volunteers are needed to help out at various events.

MEET RESULTS

Copies of the meet results will be posted on the Athletics Victoria Website [www.athleticvic.ca], through a link on the BC Athletics website at bcathletics.org, and will be available on Trackie.ca