



Thames Valley Regional Athletics

2019 TVRA Track and Field Schedule

Day One

Blocks of Events may run up to 30 minutes ahead of schedule.

The track will close at 8:15 am. At this time, no coaches, athletes, or spectators will be allowed in the competition area. All athletes will marshal in the marshalling area and will be directed to their event. Warm-ups may only take place in the designated areas. One coach from each school is permitted at the pole vault area only. All other coaches must remain in the stands. There will be absolutely no coaches or spectators allowed anywhere in the competition area at any time during the competition.

Track Events		Field Events	
8:30 am	Open Boys Steeplechase (2 heats)	8:30 am	Midget Girls Long Jump Midget Boys Shot Put/Para Boys Shot Put Senior Boys Triple Jump Junior Boys Discus Senior Girls High Jump Senior Boys Javelin Midget & Junior Boys Pole Vault
8:50 am	Midget Girls 80m Hurdles Heats Junior Girls 80m Hurdles Heats Senior Girls 100m Hurdles Heats Midget Boys 100m Hurdles Heats Junior Boys 100m Hurdles Heats Senior Boys 110m Hurdles Heats		
9:30 am	Midget Girls 100 m Heats Junior Girls 100 m Heats Senior Girls 100m Heats Midget Boys 100m Heats Junior Boys 100m Heats Senior Boys 100m Heats	10:30 am	Midget Girls Shot Put/Para Girls Shot Put Midget Boys Long Jump Junior Girls Discus Junior Boys Triple Jump Senior Girls Javelin Senior Boys High Jump Midget, Junior & Senior Girls Pole Vault
11:00 am	Open Girls Steeplechase (1 or 2 heats)		
11:30 am	Midget Girls 400m Timed Finals Junior Girls 400m Timed Finals Senior Girls 400m Timed Finals Midget Boys 400m Timed Finals Junior Boys 400m Timed Finals Senior Boys 400m Timed Finals Wheelchair Girls 400m Wheelchair Boys 400m		

12:40 pm Track Lunch Break



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Day One

Track Events		Field Events	
1:00 pm	Senior Boys 110m Hurdle Finals Junior Boys 100m Hurdle Finals Midget Boys 100m Hurdle Finals Senior Girls 100m Hurdle Finals Junior Girls 80m Hurdle Finals Midget Girls 80m Hurdle Finals	12:50 pm	Midget Girls High Jump Midget Boys Javelin Junior Girls Long Jump Junior Boys Shot Put Senior Girls Triple Jump Senior Boys Discus Senior Boys Pole Vault
1:30 pm	100m Semi-finals (where necessary) Same order as heats		
2:00 pm	Midget Boys 1500m Timed Finals Junior Boys 1500m Timed Finals Senior Boys 1500m Timed Finals		
2:50 pm	Midget Girls 100m Finals Junior Girls 100m Finals Senior Girls 100m Finals Midget Boys 100m Finals Junior Boys 100m Finals Senior Boys 100m Finals Girls Visually Impaired, Intellectual Disability & Ambulatory 100m Timed Finals Boys Visually Impaired, Intellectual Disability and Ambulatory 100m Timed Finals		
3:10 pm	Midget Girls 1500m Timed Finals Junior Girls 1500m Timed Finals Senior Girls 1500m Timed Finals		
4:10 pm	Midget Girls 4 x 100m Relay, Timed Finals Junior Girls 4 x 100m Relay, Timed Finals Senior Girls 4 x 100m Relay, Timed Finals Midget Boys 4 x 100m Relay, Timed Finals Junior Boys 4 x 100m Relay, Timed Finals Senior Boys 4 x 100m Relay, Timed Finals		



Thames Valley Regional Athletics

Day Two

Blocks of Events may run up to 30 minutes ahead of schedule.

The track will close at 8:45 am. At this time, no coaches, athletes, or spectators will be allowed in the competition area. All athletes will marshal in the marshalling area and will be directed to their event. Warm-ups may only take place in the designated areas. All coaches must remain in the stands. There will be absolutely no coaches or spectators allowed anywhere in the competition area at any time during the competition.

Track Events		Field Events	
9:00 am	Midget Girls 300m Hurdles, Timed Finals Junior Girls 300m Hurdles, Timed Finals Senior Girls 400m Hurdles, Timed Finals Midget Boys 300m Hurdles, Timed Finals Junior Boys 300m Hurdles, Timed Finals Senior Boys 400m Hurdles, Timed Finals	9:00 am	Midget Girls Javelin Midget Boys High Jump Junior Girls Shot Put Junior Boys Long Jump Senior Girls Discus Junior Girls Triple Jump
10:00 am	Midget Girls 200m Heats Junior Girls 200m Heats Senior Girls 200m Heats Midget Boys 200m Heats Junior Boys 200m Heats Senior Boys 200m Heats	11:00 am	Midget Girls Triple Jump Midget Boys Discus Junior Girls High Jump Junior Boys Javelin Senior Girls Long Jump Senior Boys Shot Put
11:15 am	Midget Boys 800m Timed Finals Junior Boys 800m Timed Finals Senior Boys 800m Timed Finals Visually Impaired, Ambulatory Boys 800m Intellectual Impairment Boys 800m Midget Girls 800m Timed Finals Junior Girls 800m Timed Finals Senior Girls 800m Timed Finals Visually Impaired, Ambulatory Girls 800m Intellectual Impairment Girls 800m		

12:30 pm Track Lunch Break



Thames Valley Regional Athletics

Day Two

Track Events		Field Events	
1:00 pm	Midget Boys 3000m Timed Finals Junior Boys 3000m Timed Finals Senior Boys 3000m Timed Finals	1:00 pm	Midget Girls Discus Midget Boys Triple Jump Junior Girls Javelin Junior Boys High Jump Senior Girls Shot Put Senior Boys Long Jump
1:50 pm	Midget Girls 200m Finals Junior Girls 200m Finals Senior Girls 200m Finals Wheelchair Girls 200m Finals Midget Boys 200m Finals Junior Boys 200m Finals Senior Boys 200m Finals Wheelchair Boys 200m Finals		
2:05 pm	Senior Girls 3000m Timed Finals Junior Girls 3000m Timed Finals Midget Girls 3000m Timed Finals		
3:00 pm	Open Boys 4x 400m Relay Timed Finals Open Girls 4 x 400m Relay Timed Finals		
3:45 pm	Awards Presentation		