

**12 Défis
Challenges**

runjumpthrowwheel
HERSHEY / Athletics Canada



12 CHALLENGES- SHEDIAC 2019

AGES: 5-12

WHAT: The 12 Challenges is an introductory athletics program designed to give youth the opportunity to experience several skills and events associated with the sport of track and field. This program aims to introduce youth aged 5-12 to athletics and get them moving and active in a non-competitive environment. Three different athletic events are taught at each session.

WHEN: WEDNESDAY'S MAY 9TH 16TH, 23RD, 30TH
at 6pm-7:30pm

WHERE: Louis J. Robichaud Track

COST: \$30 plus service fees

Additional \$5 for non-members (recreational members)

Register at: TrackieReg.com/12shediac2019

Program supported by Athletics New Brunswick. For more information, please contact Julia Loparco at julialoparco5@gmail.com

