## NIPISSING INVITATIONAL TRACK AND FIELD MEET

| TRACK A.M. |  |  |
| :---: | :---: | :---: |
| TIME | EVENT | ROUND |
| 9:00 AM \#15 | Women 300M Hurdles Midget | Finals |
| 9:00 AM \#47 | Women 300M Hurdles Junior | Finals |
| 9:00 AM \#79 | Women 400M Hurdles Senior | Finals |
| 9:15 AM \#16 | Men 300M Hurdles Midget | Finals |
| 9:15 AM \#48 | Men 300M Hurdles Junior | Finals |
| 9:15 AM \#80 | Men 400M Hurdles Senior | Finals |
| 9:45 AM \#97 | Women 1500M Steeplechase Open | Finals |
| 10:00 AM \#98 | Men 2000M Steeplechase Open | Finals |
| TIME | EVENT | ROUND |
| 10:25 AM \#2 | Women 100M Midget | Heats |
| 10:25 AM \#34 | Women 100M Junior | Heats |
| 10:25 AM \#66 | Women 100M Senior | Heats |
| 10:55 AM \#1 | Men 100M Midget | Heats |
| 10:55 AM \#33 | Men 100M Junior | Heats |
| 10:55 AM \#65 | Men 100M Senior | Heats |
| TIME | EVENT | ROUND |
| 11:25 AM \#13 | Women 80M Hurdles Midget | Finals |
| 11:25 AM \#45 | Women 80M Hurdles Junior | Finals |
| 11:25 AM \#77 | Women 100M Hurdles Senior | Finals |
| 11:55 AM \#14 | Men 100M Hurdles Midget | Finals |
| 11:55 AM \#46 | Men 110M Hurdles Junior | Finals |
| 11:55 AM \#78 | Men 110M Hurdles Senior | Finals |
| TRACK P.M. |  |  |
| TIME | EVENT | ROUND |
| 12:45 PM \#9 | Women 1500M Midget | Finals |
| 12:45 PM \#41 | Women 1500M Junior | Finals |
| 12:45 PM \#73 | Women 1500M Senior | Finals |
| 1:10 PM \#10 | Men 1500M Midget | Finals |
| 1:10 PM \#42 | Men 1500M Junior | Finals |
| 1:10 PM \#74 | Men 1500M Senior | Finals |
| 1:30 PM \#5 | Women 400M Midget | Finals |
| 1:30 PM \#37 | Women 400M Junior | Finals |
| 1:30 PM \#69 | Women 400M Senior | Finals |
| 2:00 PM \#6 | Men 400M Midget | Finals |
| 2:00 PM \#38 | Men 400M Junior | Finals |
| 2:00 PM \#70 | Men 400M Senior | Finals |


|  | TRACK P.M. |  |
| :--- | :--- | :--- |
| TIME | EVENT | ROUND |
| 2:30 PM \#1 | Women 100M Midget | Finals |
| 2:30 PM \#33 | Women 100M Junior | Finals |
| 2:30 PM \#65 | Women 100M Senior | Finals |
| 2:45 PM \#2 | Men 100M Midget | Finals |
| 2:45 PM \#34 | Men 100M Junior | Finals |
| 2:45 PM \#66 | Men 100M Senior | Finals |
| 3:00 PM \#11 | Women 3000M Midget | Finals |
| 3:00 PM \#43 | Women 3000M Junior | Finals |
| 3:00 PM \#75 | Women 3000M Senior | Finals |
| 3:30 PM \#12 | Men 3000M Midget | Finals |
| 3:30 PM \#44 | Men 3000M Junior | Finals |
| 3:30 PM \#76 | Men 3000M Senior | Finals |
| 4:15 PM \#3 | Women 200M Midget | Finals |
| 4:15 PM \#35 | Women 200M Junior | Finals |
| 4:15 PM \#67 | Women 200M Senior | Finals |
| $4: 45 ~ P M ~ \# 4 ~$ | Men 200M Midget | Finals |
| 4:45 PM \#36 | Men 200M Junior | Finals |
| $4: 45 ~ P M ~ \# 68 ~$ | Men 200M Senior | Finals |
| 5:15 PM \#7 | Women 800M Midget | Finals |
| 5:15 PM \#39 | Women 800M Junior | Finals |
| 5:15 PM \#71 | Women 800M Senior | Finals |
| $5: 35 ~ P M ~ \# 8 ~$ | Men 800M Midget | Finals |
| 5:35 PM \#40 | Men 800M Junior | Finals |
| $5: 35 ~ P M ~ \# 72 ~$ | Men 800M Senior | Finals |

