**\*\*\*\*\*\*\*Coaches Meeting at 9:30 in the Gym\*\*\*\*\*\*\***

|  |
| --- |
| **Day 1 - Tuesday May 14th, 2019** |
| **Track** | **Field** |
| **Time\*** | **Event** | **Time\*** | **Event** |
| **10:00 am** | 80M Hurdles | **10:00 am** | Special Athletes Shot Put |
| **10:45 am** | 100m Hurdles | **10:15 am** | Jr. Girls High JumpInt. Boys Shot PutSr. Girls Javelin |
| **11:10 am** | Special Athletes 100m | **11:00 am** | Int Girls High JumpSr. Boys Shot PutJr. Girls javelin |
| **11:20 am** | 400m Dash | **11:45 am** | Sr. Girls High JumpJr. Boys Shot PutInt. Girls Javelin |
|  |  | **12:15 pm** | Special Athletes Long Jump |
| **1:00 pm** | 100m Dash Prelims | **1:00 pm** | Jr. Boys High JumpInt. Girls Shot PutSr. Boys Javelin |
| **2:45 pm** | 1500m Run | **1:45 pm** | Int. Boys high JumpSr. Girls Shot PutJr. Boys Javelin |
| **4:00 pm** | 100m Dash Finals | **2:30 pm** | Sr. Boys High JumpJr. Girls Shot PutInt. Boys Javelin |

\*All times presented are the estimated start time for the events. Events will be started once the previous event has concluded, so events may start earlier or later than indicated. It is the responsibility of coaches and athletes to make sure that they pay attention to the announcer for calls for their event.

All Scratches must be reported to the event’s staff by a Coach, scratches reported by an athlete will not be accepted. Track scratches should be reported to the Track Marshall.

All track events are scheduled to be run in the following order: Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys

**\*\*\*\*\*\*\*Coaches Meeting at 8:30 in the Gym\*\*\*\*\*\*\***

|  |
| --- |
| **Day 2 - Wednesday May 15th, 2018** |
| **Track** | **Field** |
| **Time\*** | **Event** | **Time\*** | **Event** |
| **9:00 am** | 200m Dash | **10:00 am** | Jr. Girls Triple JumpInt. Boys Long JumpSr. Girls Discus |
| **10:30 am** | 800m Run | **10:45 am** | Int. Girls Triple JumpSr. Boys Long JumpJr. Girls Discus |
| **12:01 pm** | 4x100m Relay | **12:01 pm** | Sr. Girls Triple JumpJr. Boys Long JumpInt. Girls Discus |
| **1:30 pm** | 3000m Run | **12:45 pm** | Jr. Boys Triple JumpInt. Girls Long JumpSr. Boys Discus |
|  |  | **1:30 pm** | Int. Boys Triple JumpSr. Girls Long JumpJr. Boys Discus |
| **3:00 pm** | 4x400m Relay | **2:15 pm** | Sr. Boys Triple JumpJr. Girls Long JumpInt. Boys Discus |

\*All times presented are the estimated start time for the events. Events will be started once the previous event has concluded, so events may start earlier or later than indicated. It is the responsibility of coaches and athletes to make sure that they pay attention to the announcer for calls for their event.

All Scratches must be reported to the event’s staff by a Coach, scratches reported by an athlete will not be accepted. Track scratches should be reported to the Track Marshall.

All track events are scheduled to be run in the following order: Jr. Girls, Jr. Boys, Int. Girls, Int. Boys, Sr. Girls, Sr. Boys