



## NCCP Performance Coach Sprints and Endurance

Fri-Mon April 19-22 - Minoru Park, Richmond

*Performance Coach is a 4 day an event specific course ideal for coaches with U20 athletes or higher, specializing in one event group, training all-year round, and competing higher national level competitions. Coaches can sign up for ONE event group:*

**Sprints with Learning Facilitators, Barb Vida and Brenda van Tighem**

**Endurance with Learning Facilitator Mike van Tighem**

**Pre-requisite:** To take this course, coaches must be Club Coach Certified and coaching an athlete at U20 or higher who competes at the national championship. Exceptions may be applied. Eligibility will be determined by completing an [intake form](#). Coaches will also need to first complete pre-course [online learning](#). These can be completed at any time prior to the course.

### Registration

#### **Registration Fees (+GST):**

Online Modules	\$105.00
Course Regular	\$450.00
Course Late (After April 15)	\$500.00

**Non-BCA Coach Members:** Add \$65 for membership fees\*

\* This course comes with a professional coaching designation from the Coaching Association of Canada and therefore all participants need to be Coach Members with BC Athletics. A \$65.00+GST membership fee will be added to the cost of the course for non-BCA coach members.

### Schedule

#### **Pre-Learning: Online and workbook**

9 modules Pre Course (approximately 7 hours)

#### **In-Person Course:**

Friday	2:00pm – 9:00pm
Saturday	8:30am – 5:30pm
Sunday	8:30am – 4:30pm
Monday	8:30am – 4:00pm

**Please come prepared to be active.**

#### **Steps to Register:**

- 1) Complete your **intake form** here: <http://athletics.ca/machform/view.php?id=99094>
- 2) Receive **approval** of eligibility from BC Athletics and Athletics Canada before registering for the course.
- 3) Register for the **online pre-learning** via the locker here: <https://thelocker.coach.ca/onlinelearning#ATH-PCP-E>
- 4) Register for the **course** (must be approved after intake to register: [www.trackiereg.com/PCrichmond2019](http://www.trackiereg.com/PCrichmond2019))

For more information on coach education [Jennifer.brown@bcathletics.org](mailto:Jennifer.brown@bcathletics.org) or visit <http://www.bcathletics.org/Coaches/Education/>

