2019 North West Zones Championships

Tentative Apr 5, 2019

*** Note: There will be pole vault offered for boys and girls starting at 10:30 am**

Field Events Schedule

**** Hammer Throw for girls will start as soon as the Boys Hammer is finished be at 2:30pm**

Please note that the start times are NOT fixed. Any changes in these start times will be announced over the PA.

Every attempt will be made to give 2 warm-up and 3 attempts for each throwing and horizontal jumps event. In High Jump, if time becomes an issue, the event will stop when 3 remain.

	HJ	TJ Pit 1	TJ Pit 2	LJ Pit 1	LJ Pit 2	SP	DT	HT	JT	PV
09:00 AM										
09:15 AM										
09:30 AM	Gr 8 Girls	Sr/Jr Boys	Gr 8 Boys			Jr Boys	Gr 8/Sr Boys (2)		Jr Girls	
09:45 AM										
10:00 AM										
10:15 AM	Sr Boys		Jr/Sr Girls							
10:30 AM						Gr 8/Sr Boys	Gr 8/Sr Girls (2)		Jr Boys	Boys & Girls
10:45 AM		Gr 8 Girls								
11:00 AM										
11:15 AM	Sr Girls									
11:30 AM						Jr Girls	Jr Boys Circle 2		Gr 8/Sr Girls	
11:45 AM				Sr Boys	Jr Boys					
12:00 PM										
12:15 PM	Jr Girls									
12:30 PM				Jr Girls		Gr 8/Sr Girls	Jr Girls Circle 2		Gr 8/Sr Boys	
12:45 PM										
01:00 PM					Sr Girls					
01:15 PM	Jr Boys									
01:30 PM										
01:45 PM					Gr 8 Girls			Jr & Sr Boys (1)	**NOTE:** the boys HT will start	
02:00 PM									as soon as the boys JT is finished	
02:15 PM	Gr 8 Boys			Gr 8 Boys						
02:30 PM								Jr & Sr Girls (1)	**NOTE:** the girls HT will start	
02:45 PM									as soon as the boys HT is finished	
03:00 PM										
03:15 PM										
03:30 PM										
04:00 PM										