

sted by the Kamloops Track and Field C Sanctioned by BC Athletics

Friday & Saturday, May 3 – 4, 2019

Location:

Hillside Stadium, Thompson Rivers University, 910 McGill Rd., Kamloops, BC (See pg. 3 for driving directions).

Facility:

Track: 8 lanes, 400m oval, polyurethane surface, fully automatic FinishLynx electronic timing. Complete jumps and throws areas. Change rooms available. A concession will be available.

Meet Manager:

Judy Armstrong: Ph: (250) 319-6321

e-mail: judy54armstrong@gmail.com

Meet Director:

Wayne Elke: Ph: (250) 554-4240

e-mail: wcelke@shaw.ca

Eligible Athletes:

- 2019 BC Athletics Annual Athlete members or equivalent from another Prov/Terr, or National Athletics Federation.
- 2019 School Club Members Elementary, middle or high school students whose schools hold a School Club Membership are eligible to compete. The meet registrar must receive and open the BC Athletics School Club membership number prior to registering.
- "Day of Event" School Club Members: This is only eligible to athletes attending <u>elementary</u>, <u>middle or high school who are</u> <u>not members of BC Athletics</u> – Elementary, middle or high school students whose schools **do not** hold a School Club Membership can purchase "Day of Event" School Club Membership insurance for \$3.00

Entry Fees:

- JD athletes (9-13) \$10.00/event for the first 3 events and then \$5/event after that
- U16 and older athletes \$20.00 first event, \$15.00 for additional events
- <u>Late entries after April 27 for individual events</u> will be charged \$30.00/event and may not receive correct seeding. Multi events not having enough entries by their entry deadline will be cancelled.
- \$40.00 Masters Weight Pentathlon up to May 1.
 - Minimum of 10 registrations combined for Masters Weight Pentathlon (Male or Female)

Registration & Entries:

Entries Chairperson: Brian Beck: Ph: (250)579-5346

email: wbrianbeck@gmail.com

All entries must be submitted to Brian by the following method:

Online Form – Online at the TrackieReg website http://www.trackiereg.com/2019-armstrong-classic

****ENTRY DEADLINE**:** 11:59 pm, Saturday, April 27, 2019. All entries must be received by this time to avoid late entry fees and to ensure there is room in laned events. Late Entry Deadline: 4:00 pm, Tuesday Apr. 30, 2019. After this time, entries must be done at the meet registration, room permitting in any event. Masters Weight Pentathlon will accept registrations until May 1.

COMPETITION RULES AND OTHER INFORMATION

REGISTRATION PACKAGES:

<u>An assigned club official must pick up the package and distribute competitor numbers for each club</u>. Payment must be received before package is released. Payment can be made at the meet. Make all cheques payable to "Kamloops Track and Field Club". TrackieReg registrations are paid by credit card at the time of registration. There are no refunds once registered.

COMPETITION CATEGORIES:

9 yr. old (10), 10 yr. old (09), 11 yr. old (08), 12 yr. old (07), 13 yr. old (06), U16 (04/05), U18 (02/03), U20 (00/01), Senior (99-85), Master (83-and up as of 1st day of the meet). Master athletes must include their full birth date in registration.

AWARDS: (for finals events)

Medals will be awarded to $1^{st}-3^{rd}$ place. Ribbons will be awarded to $4^{th} - 8^{th}$ place for individual events only. Ribbons will be awarded to all relay members from $1^{st} - 3^{rd}$ place. Awards must be picked up at meet and will be available approximately 30 minutes after the event ends. No mail-outs.

MARSHALLING:

Check-in for all track events is at the event start line area. Check-in for all field events is at the event site. All athletes must check-in a minimum of 30 minutes prior to the scheduled start time.

COMPETITION NUMBERS:

Competition numbers must be worn on the front for track events, and front or back for field events (at the discretion of the official).

IMPLEMENTS:

All implements will be supplied by the meet organizers. Athletes may use their own implements which must meet IAAF standards. They must be weighed-in and measured at least 45 minutes prior to competition start. The weigh-in station will be located at the throws building on the lower field throwing area.

SPIKE LENGTH:

The maximum spike length allowed is 7mm (9/32") for all events except high jump and javelin. Maximum 9mm (23/64") for high jump and javelin.

ORDER OF EVENTS:

All track events will be run oldest to youngest, females then males (exception hurdles).

ATHLETES WITH CONFLICTING EVENTS:

Track events will go as scheduled. Athletes must notify the officials at all events which are in conflict. Athletes in field events will forego their attempt in a round if the round has been completed before they return. Please listen to announcements for any time changes of events.

TRACK EVENTS

Track events with 8 or fewer competitors will be run as a preliminary at the <u>scheduled heat time</u>, <u>except Masters</u>. Athletes in the preliminary round will advance to a final, even if fewer than 8 athletes in an age group. Heats will be consolidated where possible. Events may be run up to 30 minutes earlier than the scheduled time. **All Masters events will run as timed finals at the finals time**.

QUALIFYING FOR FINALS

Field Events: Athletes 14 yrs. old and older who finish in the top 8 after three rounds will advance to the final and receive another 3 attempts. Athletes 9-13 years of age will all receive three attempts (except high jump) as per BC Athletics JD policy.

Track Events: IAAF Rule 166.2 will be used to determine advancement to fill eight lanes to the final. In the case of a tie for the eighth position in a final event, the highest-placed athlete in the slowest heat of the tied athletes will proceed to the final. Not all events will have heats and finals. See schedule. <u>Coaches/athletes are expected to submit current electronic seed times for track events when registering for events to ensure correct seeding</u>.

Based on IAAF Rule 142.4b

Athletes who scratch from an event final that has advanced from a preliminary round are ineligible to compete in any subsequent events at the meet. (Local Exception – athletes advancing from a preliminary with fewer than 8 athletes may scratch from the final, but may not be eligible for awards.)

COMPETITIVE ATTIRE:

All athletes are encouraged to wear their club uniform.

PROTESTS

"Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the results of that event." Result postings should be time stamped, and that time is considered the beginning of the 30-minute period. The Protest is made orally to the relevant Referee; e.g. the Field Referee for the Field event, or the Track Referee for the Track event. A protest concerning a false start shall be made to the Track Referee, or (if there is one) the Start Referee.

Only an athlete, or his/her representative may make a protest. The athlete must have been affected by the decision or result of the event. The protestor may contact the relevant Referee through the Meet Director or Technical Information Centre (if there is one), if the Referee is not immediately available. No deposit is required for a PROTEST.

The Referee should record his/her decision and the reasons for that decision on the Protest and Appeal Form. This completed form is posted with the time and date of posting indicated. Once posted, any athlete affected has 30 minutes to lodge a protest concerning this decision.

Appeals to the Jury

The original protestor, or anyone else affected by the Referee's decision has the right to make an APPEAL TO THE JURY regarding the Referee's decision, within 30 minutes of the official announcement of that decision. An APPEAL TO THE JURY shall be in writing, and should cite the relevant Rule number. A \$50 deposit shall accompany an APPEAL TO THE JURY. The deposit will be refunded if the Appeal is successful. The deposit will not be refunded if the Appeal is denied.

JURY OF APPEAL:

A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All decisions are final.

MEDICAL:

St. John's Ambulance.

CONCESSION:

There will be a concession available during the meet.

Suggested Accommodations Near Hillside Stadium

closest to Hillside Stadiium

Driving Direction to Hillside Stadium at the Tournament Capital Centre:

<u>Arriving from the west (Highway #5)</u>: Exit to the right at exit 367 and turn left onto Hillside Way (this will take you across the highway). When you reach the end of Hillside Way turn right onto Hillside Drive and follow this road to the Tournament Capital Centre. (**NOTE:** left turns are not permitted on McGill to the TCC parking. Please continue through the light at Hillside Drive and follow University Drive. Then make your way through the parking area for Hillside Stadium.)

<u>Arriving from the east (Highway #1)</u>: Exit to the right at exit 370 and turn right onto Summit Drive. Follow Summit Dr. and turn left after the Real Canadian Superstore onto McGill Rd. Follow McGill until you reach the Tournament Capital Centre.