

**2019**  
**Dino High School Challenge**

**Thursday May 2, 2019 – Red Meet**  
**Wednesday May 8, 2019 – Gold Meet**  
**Friday May 10, 2019 – White Meet**

**GENERAL NOTES:**

**Completion of entries. Two choices:**

1. **Trackie.reg** – Teams can use trackie.reg to register for the meets  
**Online Registration:** <https://www.trackie.com/online-registration/>  
**Changes can be made directly to the Trackie Account until 10:00am day of meet.**
2. **Hytek Team Manager** – teams wishing to use Team Manager can request the Entry file  
**Send Entries:** [uofcathleticsentries@gmail.com](mailto:uofcathleticsentries@gmail.com)

**Entry Deadline:** 7:00pm the Monday before the competition

**Scratch Deadline: (Entry fee for meet is determined by entries at this time)**  
10:00am the day of the meet

**NO Entries will be taken after the 10:00am cutoff or at the meet.**

**Entry Fees:** Cheques payable to “University of Calgary Athletics Club”.  
If you use Trackie registration you pay by Visa/Mastercard/Cheque

**Schedule, Entry Lists and Results** will be posted at: [www.uofcathletics.ca](http://www.uofcathletics.ca)  
Under Dino High School Challenge. Results will also be posted and emailed out the day after the meet.

**VOLUNTEERS:** Each school is asked to provide one VOLUNTEER. Please have that Volunteer  
Check-in to the Clerk’s Table by 4:30pm.

**Bad Weather:** In the event of Bad Weather the meet will be cancelled, a decision will be made by  
10:00am on the day of the meet and posted: [www.uofcathletics.ca](http://www.uofcathletics.ca)

**INFIELD**

For safety reasons, all coaches, spectators and athletes are asked to stay out of the infield unless  
you are competing in an infield event.

**SPORT THERAPY**

There will be U of C Athletic Training Staff available and they will be situated just past the Finish  
Line. Schools are encouraged to provide their own trainers and supplies.

**2019**  
**Dino High School Challenge**

**Thursday May 2, 2019 – Red Meet**  
**Wednesday May 8, 2019 – Gold Meet**  
**Friday May 10, 2019 – White Meet**

**ATHLETE PROCEDURES**

**TRACK EVENTS**

**10 minutes prior to the Event:**

Athletes are asked to assemble at the start line area of their event to confirm heat and lane assignments. Heats may be combined to ensure full sections.

Track Schedule may move ahead as much as **10 minutes** if entries permit.

**FIELD EVENTS**

**15 minutes prior to the Event:**

Athletes check in at competition site. Athletes are expected to be warmed up and ready to start at the scheduled time for their event.

Long/Triple jump – east side of stadium outside of track  
High Jump – North End of infield  
Pole vault – East side of stadium  
Shot put – Northeast corner of stadium outside of track  
Discus – Northeast corner of Infield  
Javelin – South end of Infield

**Special Field event rules**

Due to large fields and limited time we will be using the following special rules:

**Pole Vault/High Jump** – Will use the “5 Alive” rule

**Horizontal Jumps and Throws** - (Long Jump/Triple Jump/Shot/Discus/Javelin).

Flights of a maximum of 15 competitors will be posted

Flights will take approximately 30 minutes each

Each Competitor will have a maximum of 3 attempts.

For Throws events the Best Throw will be measured at the end of the flight.