

# TRAIL KIDS



Registration is limited to 120 kids

Register online:

<https://www.TrackieReg.com/TrailKids2019>

Contact:

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**Rothesay, New Brunswick, May 5th - June 9th, 2019**

We are offering a **5 week trail running program for kids!** Trail Kids is open to children **ages 4-12.**

The sessions will be held on **Sunday evenings from 6:00-7:00pm** starting May 5th at **Rothesay Netherwood School (RNS)** in Rothesay, New Brunswick. The program dates are as follows:

May 05, 2019

May 12, 2019

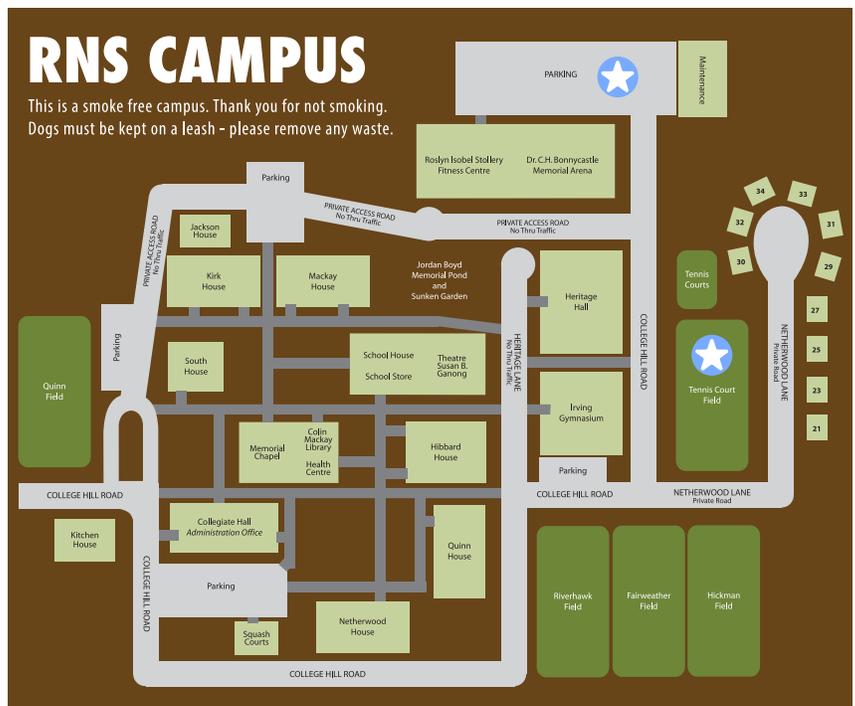
May 26, 2019

June 02, 2019

June 09, 2019

\*Note there will be **no session on May 19** as it is Victoria Day weekend.

Each evening will begin with fun warm-up drills and activities led by Fundy Soccer volunteers on the "Tennis Court Field" (which is actually a soccer field) followed by a group run on the trails. The age groups will be determined based on registrations – however, **children ages 4-6 will require parent involvement during the run.** The evening will end with a short cooldown and Timbits, juice and hot chocolate, compliments of Tim Hortons. All registrants will receive a bag with a few goodies the first evening, including a t-shirt and Salomon buff!



This program is only **\$15**, thanks to the contributions from River & Trail Outdoor Company, Rothesay Netherwood School, Salomon, Tim Hortons, and Fundy Soccer.

\*PLEASE NOTE: **We will meet at the "Tennis Court" soccer field.** Parking is **ONLY** permitted in the **Memorial Arena parking lot** and **NOT** on the road.

