



2019 Western Canada Summer Games Saskatchewan Wrestling Team

Athlete Selection Tournament

Saturday, May 11th, 2019

Archbishop MC O'Neill HS

134 Argyle St. N, Regina, SK

This is the tournament that will be used to select TEAM SASK for the 2019 Western Canada Summer Games competing in Swift Current, SK Aug 13th-18th, 2019

Competitors: **Born in 2003-2006 (Under 16 & at least 12 as of December 31, 2018)**

Men's Weight Classes:

39 –42 kg
46 kg
50 kg
54 kg
58 kg
63 kg
69 kg
76 kg
85 kg
100 kg
100.1-115 kg

Women's Weight Classes:

38-40kg
43kg
47kg
50kg
53kg
57kg
61kg
65kg
69kg
74kg
74.1-80kg

Note: In the lowest and heaviest weight classes, the athlete must weigh the minimum listed, as per WCL rules.

Weigh ins (scratch weight) & skin checks will be held at **11-11:30am**, day of the tournament.

Tournament will start at **1pm** and run to completion.

Entry Fee: **\$10 cash**, payable upon registration.

To register please go to www.trackiereg.com/WCSGteamsasktrials.

Registration will close **11:59pm Thursday May 9th, 2019**.

Athlete Eligibility:

1. The Western Canada Summer Games are open to Canadian citizens and landed immigrants.

2. The Games are open to athletes who are members in good standing of their provincial/territorial (SAWA) and/or national sport organization.

3. An athlete's permanent domicile or actual residence must be located, for at least 180 days prior to the opening of the Games, within the recognized boundaries of the province or territory they are representing. An athlete can have only one domicile.

4. Students attending school on a full-time basis outside their province/territory of permanent residence during the year of the Games shall be permitted to compete for either their province/territory of permanent residence or the province/territory in which the athlete attends school. To be eligible to compete for the province/territory where the athlete attends school, the student must be enrolled on a full-time basis during the academic year preceding the Games.

The complete technical package for the 2019 WCSG can be found online at:

<http://2019wcsq.ca/wp-content/uploads/2019/03/wrestling-2019-wcsq-technical-package.pdf>

Things to consider:

-As our team will be filled with athletes from all over Saskatchewan, there will be a limited number of Team Sask practices scheduled before the games, as such, it is the athletes responsibility to ensure that they stay active and keep training in order to be successful.

-The first place athlete in each weight class will be selected to represent Team Sask in Swift Current, the 2nd place athlete will be considered the alternate, and may be called upon in the event that the 1st place athlete is unable to participate in the Games.

-All athletes representing Saskatchewan Wrestling at the WCSG, MUST be able to compete in the same weight class in which they successfully made the team during the trials. Unfortunately, as we are working with a team of young adults, certain situations, such as growth spurts are beyond anyone's control and in the event of such a situation, if the athlete is unable to make weight, the alternate will be called upon to represent that weight class.

-Athletes will be required to weigh in EACH morning of competition.

Day 1 (Aug16) - Scratch Weight

Day 2 (Aug17) - 1kg Allowance

Day 3 (Aug18) - 2kg allowance

Aug 13th is the travel/arrival day, we will have two days of practice on site Aug 14th & 15th with competition days being Aug 16th, 17th & 18th. When selecting the weight class you wish to compete in, please take this into consideration.

Any questions can be sent to: dawnricard@gmail.com