

## Short Hurdles Running Order - Bob Dailey 2019

Hurdle Type	Distance	Height	Age Group	Track Markings
Regular	110mH	42"	Senior Men (20+)	Blue
		39"	Masters Men (35-49)	Blue
			U20 Men	Blue
		36"	U18 Men	Blue
	100mH	36"	Masters Men (50-59)	Yellow
		33"	Masters Men (60-69)	No Markings - Will not offer this event.
			Masters Women (35-39)	Yellow
			Senior Women (20+)	Yellow
			U20 Women	Yellow
			U16 Boys	Yellow
			U18 Women	Yellow
80mH	30"	Masters Women (40-49)	White	
		U16 Girls	White	
Scissor	80mH	30"	JD 13 Boys	White
			JD 13 Girls	Red
			Masters Men (70-79)	Orange
			Masters Women (50-59)	Orange
		27"	Masters Men (80+)	Orange
			Masters Women (60+)	Orange
			JD 12 Boys	Orange
			JD 12 Girls	Orange
	60mH	24"	JD 11 Boys	Black
			JD 11 Girls	Black
			JD 10 Boys	Black
			JD 10 Girls	Black
21"			JD 9 Boys	Black
			JD 9 Girls	Black

## Long Hurdles Running Order - Bob Dailey 2019

Hurdle Type	Distance	Height	Age Group	Track Markings		
<b>Regular</b>	400mH	36"	Masters Men (35-49)	Green		
			Senior Men	Green		
			U20 Men	Green		
			33"	Masters Men (50-59)	Green	
				U18 Men	Green	
			30"	Masters Women (35-49)	Green	
				Senior Women	Green	
				U20 Women	Green	
				U18 Women	Green	
	300mH	30"	U16 Boys	Green		
			Masters Men (60-69)	Green		
			Masters Women (50-59)	Green		
			U16 Girls	Green		
<b>Scissors</b>	200mH	27"	Masters Men (80+)	Green		
			Masters Women (70+)	Green		
			JD 13 Boys	Green		
				24"	JD 13 Girls	Green
					JD 12 Boys	Green
					JD 12 Girls	Green