



NCCP **runjumpthrowwheel** Instructor Training

Hosted by: The Indigenous Sport, Physical Activity & Recreation Council (ISPARC)

Presented by: BC Athletics

RunJumpThrowWheel (RJTW) is a national program developed by Athletics Canada that uses track & field games and activities to teach the fundamental movement skills of running, jumping, throwing, and wheeling. Regardless of your role – sports coach, recreation leader, teacher, or parent – this interactive course will give you the skills to encourage physical literacy in all the youths in your life and enhance track & field programs!

Learning Facilitator: Master Learning Facilitator and Level 4 Certified Coach Barb Vida

DETAILS

Date: Saturday April 6th, 2019

Time: 9AM – 4PM

Location: BC Athletics
Fortius Sport & Health
3713 Kensington Ave, #2001B
Burnaby, BC

This course involves both classroom and physical activity modules so come prepared to be active!

REGISTRATION

Register through BC Athletics at:
TrackieReg.com/RJTW/Burnaby2019

Registration Fee: \$60 + GST (BC Athletics members)
\$75 + GST (non-BCA members)

Registration Deadline: Wed. April 3, 2019

For questions about this course, or other RunJumpThrowWheel programs, contact:

Sabrina Nettey, Introductory Program Coordinator at BC Athletics

runjumpthrowwheel@bcathletics.org

604.333.3554

www.bcathletics.org/TrackAndField/LTADPrograms/run-jump-throw-wheel/