

SWO Field Series #1

Meet Directors: John Allan swofield@hotmail.com
Sylvia Kontra

Location: TD Waterhouse Stadium
University of Western Ontario
London

Date: Sunday, April 28, 2019

Time: Events begin at 1:00

Events : men and women's shot put, hammer, javelin, discus

Tie Down: shot put, discus, javelin, club throw

Cost:

\$10 per athlete per event

Please note, non Athletic Ontario athletes must pay an additional \$5 insurance fee
(once)

Late entries or entries not submitted via Trackie - \$20 per athlete per event

Entries: **(open to Youth, Junior and Senior age classes)**

Entry deadline is Wednesday, April 24, midnight

Entries are to be submitted via Trackie.

Please download waiver and bring to meet.

Schedule: Rolling Schedule

Throwing events

1:00 Javelin men followed by women

Shot put – women followed by men

Discus women followed by men

Hammer- men followed by women

PLEASE NOTE:

1. THROWING SCHEDULE MAY CHANGE (Pls check website prior to meet)

2. THE ORGANIZERS WILL NOT SUPPLY IMPLEMENTS

3. WE WILL TRY TO HAVE INDIVIDUALS COMPETE WITHIN THEIR AGE CLASS IF NUMBERS WARRANT. HOWEVER, IF FIELDS ARE LARGE, WE WILL RUN AS AN OPEN COMPETITION WHERE ONLY THE TOP 8 GET AN ADDITIONAL 3 ATTEMPTS. ALL ATHLETES WILL USE THEIR AGE DESIGNATED IMPLEMENTS.

4. ORGANIZERS WILL NOT PROVIDE IMPLEMENTS.

Open to Youth, Junior and Senior age classes