2017 Butterdome Start Lines & Notes

50m, 60m, 150m, 200m &300m (including hurdle events) Solid white lines as shown on the track diagram

100m White/black/white lines at end of back straight.

400m & 600m White/blue/white start lines with a two turn cut-in.

800m White/green/white start lines with a one turn cut-in. With the agreement of all parties, this event may start without lanes using a waterfall start line. In addition, for larger fields, the athletes may be separated into two groups with 65% of the field using the regular arced start line and 35% using a second arced start line on the outer portion of the track. 800m run in this fashion would be a one turn cut-in.

1,000m to 3,000m A group start using the waterfall white start lines in the positions indicated on the track diagram.

Note that both waterfall start lines on this track have second, arced start lines marked in the outer lanes.

<u>4 x 200m Relay</u> White/red/white start line, with a three turn cut-in. First exchange is in lanes, the 2nd and 3rd exchanges are not done in lanes. 3rd and 4th runners place themselves in the order of the athletes at the 100m corner and that order must then not be changed. Athletes may however move inside to vacant lanes as long as the order is not changed. The first, in lanes exchange zone is marked by red hooks. The second and third, not in lanes, exchange zone is marked with blue lines.

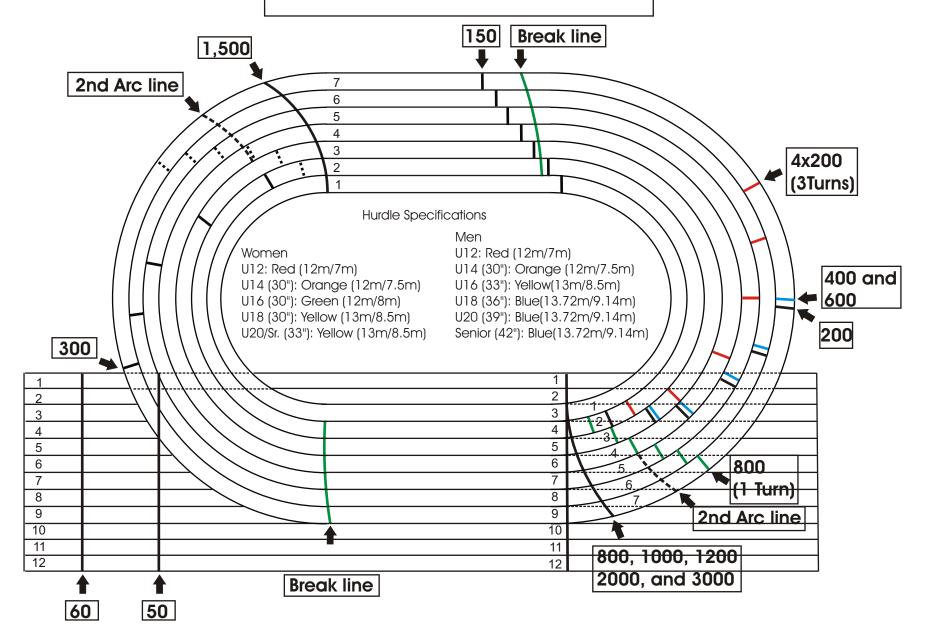
4 x 400m Relay White/blue/white start line with a two turn cut-in.

4 x 800m Relay White/green/white with a one turn cut-in.

<u>4 x 100m Relay</u> Use white/blue/white start line with a two turn cut-in. First exchange is in lanes at the end of the back straight, 2^{nd} & 3^{rd} exchanges, not in lanes. In lanes and not in lanes exchange zones on the back straight are marked with yellow hooks and/or lines.

Break/cut- in lines at the Butterdome, at the beginning of the back and finish straight, are green.

Butterdome Start Lines and Break Line Diagram





Track and Field Championships and



Canadian Masters Indoor Track and Field Championships

Field Schedule (as of March 6 2115h)

Friday, March 8, 2019

Note: The Friday schedule is **tentative** and subject to scratches/changes received by Thursday evening.

This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Reminder: Daylight Saving Time starts on March 10. All times on the Saturday schedules are Mountain Standard Time.

		ight Caving Time starts on March 181 7th time		
Event	Warm-			
Start	Up			
Time	Start			Expected Total Time
MST	Time	Field Events	Entries	H:MM
		Long/Triple Jump (Centre Pit)		
18:00	17:05	Masters Men (<70) Long Jump	18	2:15
19:25		End of Day's Competition		

	Pole Vault					
18:00	17:15	Masters Women	0	0:45		
19:30	19:00	Masters Men	4	1:10		
20:15		End of Day's Competition				

Event	Warm-				
Start	Up				
Time	Start			Expected Total Time	
MST	Time	Field Events	Entries	H:MM	
	Long Jump (Wall Pit)				
18:00	17:30	Masters Men (70+) Long Jump	10	1:15	
19:20	18:50	Masters Women Triple Jump	10	1:15	
20:10		End of Day's Competition			

	Weight Throw (Centre Circle)						
18:00	17:40	Masters Men (<60)	6	0:54			
19:10	18:35	Masters Men (60+)	11	1:39			
20:45	20:15	Masters Women	10	1:30			
21:50		End of Day's Competition					

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Track and Field Championships and



Canadian Masters Indoor Track and Field Championships

Track Schedule (as of March 6 2115h)

Saturday, March 9, 2019

Note: The Saturday schedule is <u>tentative</u> and subject to scratches/changes received by Friday evening.

This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Reminder: Daylight Saving Time starts on March 10. All times on the Saturday schedules are Mountain Standard Time.

Reminder: Daylight Saving Time starts on March 10. All times on the Saturday schedules are Mountain Standard Time.										
Time MST	Track Events	Entries	Heats	Total Minutes	Athlete Must Be in Call Room Before	Advancement or Note				
08:40	4x800m Relays - Masters	??	1	15:00	08:25					
	60m Triathlon Under-14 Girls	51	6	12:00	08:45					
	60m Triathlon Under-14 Boys	34	4	8:00	08:57					
	60m Under-12 Girls	29	3	6:00	09:05					
09:26	60m Under-12 Boys	27	3	6:00	09:11					
	60m Under-10 Girls	14	2	4:00	09:17					
09:36	60m Under-10 Boys	15	2	4:00	09:21					
09:40	60m Timed Final - Masters Women	28	3	7:30	9:40					
09:47	60m Heats - Masters Men (45-49, 60-64)	19	3	7:30	9:47	Advance to Age Group Final				
09:55	60m Timed Final - Masters Men (Rest)	39	4	10:00	9:55					
10:05	60m Heats - Under-16 Women	59	6	16:00	10:05	Top 3 + 9 going to 3 races (27)				
10:21	60m Heats - Under-16 Men	36	4	10:40	10:21	Top 3 + 6 going to 2 races (18)				
10:31	60m Heats - Under-18 Women	49	5	13:20	10:31	Top 3 + 12 going to 3 races (27)				
10:45	60m Heats - Under-18 Men	44	5	13:20	10:45	Top 3 + 9 going to 3 races (24)				
10:58	60m Heats - Under-20 Women	19	3	8:00	10:58	Top 2 + 2 going to 1 race (8)				
11:06	60m Heats - Under-20 Men	42	5	13:20	11:06	Top 3 + 5 going to 2 races (20)				
11:19	60m Heats - Senior Women	9	2	5:20	11:19	Top 3 + 2 going to 1 race (8)				
	60m Timed Final - Paralympic Women	1								
11:25	60m Heats - Senior Men	13	2	5:20	11:25	Top 3 + 2 going to 1 race (8)				
	60m Timed Final - Paralympic Men	2								
11:30				5:00						
	400m Timed Final - Masters Women	13	2	8:00	11:40					
	400m Timed Final - Masters Men	35	5	20:00	11:48					
	400m Timed Final - Under-10 Girls	14	2	8:00	12:10					
	400m Timed Final - Under-10 Boys	15	2	8:00	12:18					
	600m Timed Final - Under-12 Girls	29	2	8:00	12:26					
	600m Timed Final - Under-12 Boys	27	2	8:00	12:34					
12:42	BREAK	- - - - - - - - - -	4	35:00	42.20					
	600m Triathlon - Under-14 Girls	51	4	16:00	13:20					
	600m Triathlon - Under-14 Boys 600m Timed Final - Under-16 Women Full	34 21	3	12:00 12:00	13:36 13:48					
	600m Timed Final - Under-16 Women Full 600m Timed Final - Under-16 Men	11	2	8:00	14:00					
	1000m Timed Final - Under-18 Women	11	1	6:30	13:53					
		8	1	6:30	13:59					
14:21	1000m Timed Final - Snider-20 Women	8	1	6:30	14:06					
14:27	1000m Timed Final - Under-18 Men	25	2	13:00	14:12					
14:40	1000m Timed Final - Under-20 Men	22	2	13:00	14:25					
10	1000m Timed Final - Senior Men	4	_		20	Run with Under-20.				
14:55	Race Walk 3000m - Masters Women	10	1	27:00	14:40	2				
	since of the management of the manage	. •	<u> </u>							



Track and Field Championships and



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Canadian Masters Indoor Track and Field Championships

Track Schedule (as of March 6 2115h)

Saturday, March 9, 2019

Note: The Saturday schedule is **tentative** and subject to scratches/changes received by Friday evening.

This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Reminder: Daylight Saving Time starts on March 10. All times on the Saturday schedules are Mountain Standard Time.

Time MST	Track Events	Entries	Heats	Total Minutes	Athlete Must Be in Call Room Before	Advancement or Note
15:22	Race Walk 3000m - Men	10	1	24:00	15:07	Not all Masters.
15:46	4x200m Relays - Masters	2	1	6:00	15:46	
15:52				2:00		
15:55	1500m Timed Final - Masters Women	12	1	10:30	15:55	
16:05	1500m Timed Final - Masters Men	25	2	18:30	16:05	
16:25	60m Final - Masters Men (45-49, 60-64)	16	2	5:00	16:25	
16:30	60m Exhibition - Masters Men	20	2	5:00	16:30	Sign up at Marshalling.
16:35	60m Exhibition - Masters Women	10	1	2:30	16:35	Sign up at Marshalling.
16:37	60m Final - Under-16 Women (A/B/C)	27	3	8:00	16:37	
16:45	60m Final - Under-16 Men (A/B)	18	2	5:20	16:45	
16:50	60m Final - Under-18 Women (A/B/C)	27	3	8:00	16:50	
16:58	60m Final - Under-18 Men (A/B/C)	24	3	8:00	16:58	
17:06	60m Final - Under-20 Women	8	1	2:40	17:06	
17:09	60m Final - Under-20 Men (A/B)	20	2	5:20	17:09	
17:14	60m Final - Senior Women	8	1	2:40	17:14	
17:17	60m Final - Senior Men	8	1	2:40	17:17	
17:20				2:00		
17:25	2000m Timed Final - Under-16 Women	11	1	10:00	17:10	
17:35	2000m Timed Final - Under-16 Men Full	13	1	10:00	17:20	
17:45	3000m Timed Final - Under-18 Women	5	1	15:00	17:30	
	3000m Timed Final - Under-20 Women	4				
	3000m Timed Final - Senior Women none	0				
18:00	3000m Timed Final - Under-18 Men Full	14	1	13:00	17:45	
18:13	3000m Timed Final - Under-20 Men	10	1	14:00	17:58	
	3000m Timed Final - Senior Men	1				Run with Under-20.
18:27	End of Day's Competition		115			



Track and Field Championships and





Field Schedule (as of March 6 2115h)

Saturday, March 9, 2019

Note: The Saturday schedule is **tentative** and subject to scratches/changes received by Friday evening.

This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated time.

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Reminder: Daylight Saving Time starts on March 10. All times on the Saturday schedules are Mountain Standard Time.

Reminder: Daylight Saving Time starts on March 10. All times on the Satu							
Event	Warm-						
Start	Up			Expected			
Time	Start			Total Time			
MST	Time	Field Events	Entries	H:MM			
09:45	09:30	U14 Boys Triathlon Long Jump Flight 1	17	1:08			
10:55	10:40	U18 Women Long Jump Flight 1	8	0:48			
11:55	11:30	U18 Women Long Jump Flight 2	12	1:44			
13:15	13:15	Break		0:35			
14:10	13:55	U16/U18/U20/Senior Men Triple Jump	7	0:56			
15:30	14:55	Masters Men (35-69) Triple Jump	11	1:39			
17:10	16:35	U16 Women Long Jump Flight 2	17	2:14			
18:50		End of Day's Competition					

Event Start Time	Warm- Up Start			Expected Total Time
MST	Time	Field Events	Entries	H:MM
		Long/Triple Jump (Wall Pit)		
09:45	09:30	U14 Boys Triathlon Long Jump Flight 2	17	1:08
10:40	10:40	Break		0:35
13:55	13:35	U20 Women Long Jump	11	1:38
15:35	15:15	Masters Men (70+) Triple Jump	7	1:03
16:50	16:20	U16 Women Long Jump Flight 1	16	1:36
18:20	18:00	Senior Women Long Jump	6	1:06
19:10		End of Day's Competition		

Standing Long Jump (Northwest)							
09:55	09:40	U12 Boys Flight 1	14	0:35			
10:35	10:20	U10 Girls	14	0:56			
11:20		End of Day's Competition					

Standing Long Jump							
09:55	09:40	U12 Boys Flight 2	13	0:32			
10:15		End of Day's Competition					

	High Jump (Centre Mat)						
09:30	09:00	U16 Women	14	2:34			
11:35	11:35	Break		0:35			
12:30	12:15	Masters Women	5	0:55			
13:40	13:15	U18 / U20 / Senior Women (7+5+1)	13	2:10			
15:45	15:30	U20 / Senior Men Flight 1 (1+2)	3	0:39			
16:10		End of Day's Competition					

		Pole Vault		
10:30	09:45	Open Women < 3.0 metres	14	3:05
12:55	12:55	Break		0:35
14:05	13:35	Open Women >= 3.0 metres	6	1:30
15:10		End of Day's Competition		



Track and Field Championships and



Canadian Masters Indoor Track and Field Championships

Field Schedule (as of March 6 2115h)

Saturday, March 9, 2019

Note: The Saturday schedule is **tentative** and subject to scratches/changes received by Friday evening.

This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Reminder: Daylight Saving Time starts on March 10. All times on the Saturday schedules are Mountain Standard Time.

Event	Warm-			
Start	Up			
Time	Start			Expected Total Time
MST	Time	Field Events	Entries	H:MM

	Shot Put and Weight Throw (Centre Circle)					
09:30	09:05	U16/U18/U20/Senior Men Weight Throw	13	1:44		
11:20	10:50	U20/Senior Women Shot Put (8+6)	14	1:52		
12:45	12:45	Break		0:35		
13:40	13:25	U16 Women Shot Put Flight 1	8	0:40		
14:35	14:10	U16 Women Shot Put Flight 2	12	1:24		
16:05	15:35	U18 Women Shot Put	14	1:34		
17:10		End of Day's Competition				

Medicine Ball Throw (Southwest						
		Corner)				
09:55	09:45	U10 Boys	15	0:33		
10:20		End of Day's Competition				

Event	Warm-			
Start	Up			
Time	Start			Expected Total Time
MST	Time	Field Events	Entries	H:MM

		Shot Put (West Circle)		
09:25	09:20	U14 Girls Triathlon Flight 1	13	0:45
10:15	10:10	U14 Girls Triathlon Flight 3	13	0:45
11:10	11:00	U12 Girls Flight 1	15	0:52
11:55	11:55	Break		0:35
15:30	14:40	Masters Women	17	2:33
17:15		End of Day's Competition		

	Shot Put (Northwest Circle)						
09:25	09:20	U14 Girls Triathlon Flight 2	13	0:45			
10:15	10:10	U14 Girls Triathlon Flight 4	12	0:42			
11:00	10:55	U12 Girls Flight 2	14	0:49			
11:45		End of Day's Competition					

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Track and Field Championships and

Canadian Masters Indoor Track and Field Championships

Track Schedule (as of March 9 2000h)

Sunday, March 10, 2019

Note: The Sunday schedule is <u>tentative</u> and subject to scratches/changes received by Saturday afternoon.

This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Reminder: Daylight Saving Time starts on March 10. All times on the Sunday schedules are Mountain Daylight Time.

Remin	der: Daylight Saving Time starts on March 10. All times	on the	Sunda	ay sched	dules ar	e Mountain Daylight Time.
Time MDT	Track Events	Entries	Heats	Total Minutes	Athlete Must Be in Call Room Before	Advancement or Note
08:15	3000m Timed Final - Masters Women	9	1	19:00	08:00	
	3000m Timed Final - Masters Men Full	14	1	18:00	08:19	
08:52	50m Triathlon Under-14 Girls	47	5	10:00	08:37	
09:02	50m Triathlon Under-14 Boys	28	3	6:00	08:47	
09:08	50m Under-12 Girls	26	3	6:00	08:53	
09:14	50m Under-12 Boys	26	3	6:00	08:59	
	50m Under-10 Girls	12	2	4:00	09:05	
	50m Under-10 Boys	12	2	4:00	09:09	
09:28				5:00		
09:35	60m Hurdles Timed Final - Masters Women	5	1	5:00	09:20	60+ 0.69 12m, 7m (red).
09:40	60m Hurdles Timed Final - Masters Men (35-59)	6	1	5:00	09:25	Lanes 1-6: 35-49 0.99 13.72m, 9.14m (blue). Lanes 7-8: 50-59 0.91 13m, 8.5m (yellow).
09:45	60m Hurdles Timed Final - Masters Men (60+)	5	1	5:00	09:30	Lanes 1-4: 70-79 0.76 12m, 7m (red). Lanes 5-8: 60-69 0.84 12m, 8m (green).
09:50	60m Hurdles Heats - Under-16 Women	19	3	13:30	09:35	Top 2 + 2 going to 1 race (8) 0.76, 12m, 8m green
10:03	60m Hurdles Heats - Under-18 Women	18	3	13:30	09:48	Top 2 + 2 going to 1 race (8) 0.76, 13m, 8.5m yellow
10:17	60m Hurdles Heats - Under-20 Women	11	2	9:00	10:02	Top 3 + 2 going to 1 race (8) 0.84, 13m, 8.5m yellow
	60m Hurdles Final - Senior Women	1				
10:26	60m Hurdles Heats - Under-16 Men	9	2	9:00	10:11	Top 3 + 2 going to 1 race (8) 0.84, 13m, 8.5m yellow
	60m Hurdles Heats - Under-18 Men	11	2	9:00	10:20	Top 3 + 2 going to 1 race (8) 0.91, 13.72m, 9.14m blue
	60m Hurdles Final - Under-20 Men	6	1	5:00		0.99, 13.72m, 9.14m blue
10:49	60m Hurdles Final - Senior Men	5	1	5:00	10:34	1.07, 13.72m, 9.14m blue
10:55	60m Hurdles Pentathlon - Masters Women	4	1	5:00	10:40	Lanes 1-5: 60+ 0.69 12m, 7m (red). Lanes 6-8: 40-49 0.76 12m, 8m (green).
11:00	60m Hurdles Pentathlon - Masters Men (35-69)	5	1	5:00	10:45	Lanes 1-4: 35-49 0.99 13.72m, 9.14m (blue). Lanes 5-8: 60-69 0.84 12m, 8m (green).
11:05	60m Hurdles Pentathlon - Masters Men (70+)	4	1	5:00	10:50	Lanes 2-7: 70-79 0.76 12m, 7m (red).
11:10				2:00		
11:15	200m Timed Final - Masters Women	24	4	15:00	11:00	
<u> </u>	200m Timed Final - Paralympic Women	1				
11:30	200m Timed Final - Masters Men	48	7	26:15	11:15	
44.50	200m Timed Final - Paralympic Men	1		44.00	44.44	
11:56		17	2	14:00	11:41	
12:10		18	2	14:00	11:55	
12:24	BREAK 600m Timed Final - Under-18 Women	13	2	30:00 8:30	12:40	
	600m Timed Final - Under-18 Women 600m Timed Final - Under-18 Men	19	3	12:45	12:40	
15.03	OOOTT TITTIEG TITTAL - OTTGET-TO WELL	18	J	12.40	12.40	





Track and Field Championships and

Canadian Masters Indoor Track and Field Championships

Track Schedule (as of March 9 2000h)

Sunday, March 10, 2019

Note: The Sunday schedule is <u>tentative</u> and subject to scratches/changes received by Saturday afternoon.

This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated "Check in Before" time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Reminder: Daylight Saving Time starts on March 10. All times on the Sunday schedules are Mountain Daylight Time.

Remino	Reminder: Daylight Saving Time starts on March 10. All times on the Sunday schedules are Mountain Daylight Time.							
Time MDT	Track Events	Entries	Heats	Total Minutes	Athlete Must Be in Call Room Before	Advancement or Note		
12:16	600m Timed Final - Under-20 Women	8	2	0.20	12:01	Longo 2.7		
	600m Timed Final - Under-20 Men	16	2	8:30 12:45		Lanes 2-7 Lanes 2-7		
	600m Timed Final - Onder-20 Men	7	2	8:30		Lanes 2-7		
	600m Timed Final - Senior Women Full	6	1	4:15		Lanes 2-7		
	400m Timed Final - Under-10 Girls	12	1	4:00	13:40	Lanes 2-1		
	400m Timed Final - Under-10 Boys	12	1	4:00	13:44			
	800m Timed Final - Under-12 Girls	26	2	10:00	13:48			
	800m Timed Final - Under-12 Boys	26	2	10:00	13:58			
	800m Triathlon Under-14 Girls	47	4	20:00	14:08			
	800m Triathlon Under-14 Boys	28	2	10:00	14:28			
	800m Timed Final - Masters Women	13	2	10:00	14:38			
	800m Timed Final - Masters Men	28	3	13:30	14:48			
15:16	Race Walk 1500m - Masters Women	10	1	14:00	15:01			
	Race Walk 1500m - Masters Men	10	1	13:00	15:15			
15:43	4x400m Relays - Masters	??	1	12:00	15:28			
16:00	60m Hurdles Final - Under-16 Women	8	1	5:00	15:45	0.76, 12m, 8m green		
16:05	60m Hurdles Final - Under-18 Women	8	1	5:00	15:50	0.76, 13m, 8.5m yellow		
16:10	60m Hurdles Final - Under-20 Women	8	1	5:00	15:55	0.84, 13m, 8.5m yellow		
16:15	60m Hurdles Final - Under-16 Men	8	1	5:00	16:00	0.84, 13m, 8.5m yellow		
16:20	60m Hurdles Final - Under-18 Men	8	1	5:00	16:05	0.91, 13.72m, 9.14m blue		
16:25				2:00				
	800m Pentathlon - Masters Women	4	1	5:00	16:15			
16:35				2:00				
16:40	300m Timed Final - Under-16 Women	52	8	32:00	16:25			
17:12	300m Timed Final - Under-16 Men	26	4	16:00	16:57			
	300m Timed Final - Paralympic Men	1						
	300m Timed Final - Under-18 Women	43	7	28:00	17:13			
	300m Timed Final - Under-18 Men	41	6	24:00	17:41			
	300m Timed Final - Under-20 Women	13	3	12:00		Lanes 2-7		
	300m Timed Final - Under-20 Men	28	5	20:00		Lanes 2-7		
	300m Timed Final - Senior Women	4	1	4:00		Lanes 2-7		
	300m Timed Final - Senior Men Full	6	1	4:00	18:41	Lanes 2-7		
19:00	tooo B call Mark 22			2:00	40 :-			
	1000m Pentathlon - Masters Men	9	1	6:00	18:47			
	1500m Timed Final - Under-18 Women	8	1	8:00	18:55			
19:18	1500m Timed Final - Under-20 Women	10	1	8:00	19:03			
40.00	1500m Timed Final - Senior Women	3		40.00	40.44			
	1500m Timed Final - Under-18 Men	21	2	16:00	19:11			
19:42	1500m Timed Final - Under-20 Men	20	2	16:00	19:27	Pour with the day 00		
10.55	1500m Timed Final - Senior Men	3	466			Run with Under-20.		
19:58	End of Day's Competition		136					

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Track and Field Championships and





Field Schedule (as of March 6 2115h)

Sunday, March 10, 2019

Note: The Sunday schedule is tentative and subject to scratches/changes received by Saturday evening.

This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Reminder: Daylight Saving Time starts on March 10. All times on the Sunday schedules are Mountain Standard Time.

Event				
Start Time	Up Start			Expected Total Time
MDT	Time	Field Events	Entries	H:MM
		Long/Triple Jump (Centre Pit)		
09:30	09:15	U14 Girls Triathlon Long Jump Flight 1	16	1:04
10:45	10:20	U16/U18/U20/Senior Women Triple Jump	13	1:44
12:05	12:05	Break		0:35
13:05	12:45	U18 Men Long Jump Flight 1	10	1:00
14:15	13:50	U18 Men Long Jump Flight 2	12	1:44
15:55	15:35	U20/Senior Men Long Jump	11	1:38
17:40	17:15	U16 Men Long Jump Flight 2	12	1:44
19:00		End of Day's Competition		

		Standing Long Jump (Northwest)		
09:55	09:40	U12 Girls Flight 1	13	0:32
10:25	10:15	U10 Boys	12	0:48
11:05		End of Day's Competition		

	High Jump (Centre Mat)					
09:25	09:00	U16 Men	13	2:23		
11:55	11:25	Pentathlon Masters Women	4	1:02		
12:30	12:30	Break		0:35		
13:55	13:10	Masters Men	15	2:45		
16:30	16:00	Pentathlon Masters Men	9	1:42		
17:45		End of Day's Competition				

Event Start Time	Warm- Up Start			Expected Total Time
MDT	Time	Field Events	Entries	H:MM
		Long/Triple Jump (Wall Pit)		
09:45	09:30	U14 Girls Triathlon Long Jump Flight 2	16	1:04
10:50	10:35	U14 Girls Triathlon Long Jump Flight 3	15	1:00
12:10	11:40	Pentathlon Masters Men	9	0:57
12:40	12:40	Break		0:35
14:00	13:20	Masters Women Long Jump	14	2:06
16:00	15:30	Pentathlon Masters Women	4	0:42
16:30	16:15	U16 Men Long Jump Flight 1	8	0:48
17:05		End of Day's Competition		

Standing Long Jump							
09:55	09:40	U12 Girls Flight 2	13	0:32			
10:15		End of Day's Competition					

High Jump (West Mat)						
15:30	15:05	U18 Men, U20 Men Flight 2	13	2:10		
17:20		End of Day's Competition				

	Pole Vault						
10:30	09:45	Open Men < 3.0 metres	8	2:05			
11:55	11:55	Break		0:35			
13:05	12:35	Open Men >= 3.0 metres	7	1:40			
14:20		End of Day's Competition					



Track and Field Championships and



Canadian Masters Indoor Track and Field Championships

Field Schedule (as of March 6 2115h)

Sunday, March 10, 2019

Note: The Sunday schedule is tentative and subject to scratches/changes received by Saturday evening.

This finalized version of the schedule will be provided to coaches at Registration.

Athletes should be in the Pavilion at least one hour before the indicated time.

Please do NOT use tape on the Universiade Pavilion surface (track nor field).

Reminder: Daylight Saving Time starts on March 10. All times on the Sunday schedules are Mountain Standard Time.

Event	Warm-			
Start	Up			
Time	Start			Expected Total Time
MDT	Time	Field Events	Entries	H:MM

	Shot Put and Weight Throw (Centre Circle)						
09:30	09:00	U16/U18/U20/Senior Women Weight Throw	17	1:55			
11:40	11:00	Masters Men (35-59) Shot Put	13	1:57			
13:00	13:00	Break		0:35			
14:00	13:40	U16 Men Shot Put	10	1:14			
15:15	14:55	U18/U20 Men Shot Put	11	1:19			
16:30	16:15	Senior Men Shot Put	5	0:45			
17:05		End of Day's Competition					

Shot Put (Northwest Circle)						
09:25	09:20	U14 Boys Triathlon Flight 2	14	0:49		
10:15	10:10	U12 Boys Flight 2	13	0:45		
11:00		End of Day's Competition				

Event	Warm-			
Start	Up			
Time	Start			Expected Total Time
MDT	Time	Field Events	Entries	H:MM

	Shot Put (West Circle)						
09:25	09:20	U14 Boys Triathlon Flight 1	14	0:49			
10:15	10:10	U12 Boys Flight 1	13	0:45			
11:40	11:00	Masters Men (60+)	13	1:57			
13:00	13:00	Break		0:35			
14:10	13:40	Pentathlon Masters Women/Men	13	1:09			
14:55	14:50	Paralympic Men	2	0:18			
15:10		End of Day's Competition					

	Medicine Ball Throw (Southwest Corner)						
09:50	09:45	U10 Girls	12	0:27			
10:15		End of Day's Competition					

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