

UNITED TAMIL SPORTS CLUB MTA CHAMPIONSHIPS WARM-UP

A Peewee, Mite, Atom and Senior Track & Field Meet



Sanctioned by Minor Track Association

Hosted by United Tamil Sports Club

Date Saturday, March 9, 2019

Time 9:30 am

Location Toronto Track & Field Centre

231 Ian MacDonald Blvd York University, Toronto

Facility Chevron Surface on 5-lane 200m banked oval and 8-lane sprint straight and on all field

approaches, Concrete throwing circle.

Maximum spike length – 5 mm (9mm for High Jump)

Meet Director Sujatha Sivanthan

unitedtsc@hotmail.com

Entries chairperson Suzanne Leroux

416-733-2962

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Age categories PEEWEE born in 2013-2014

MITE born in 2011-2012
TYKE born in 2009-2010
ATOM born in 2007-2008
SENIOR born in 2005-2006

Entry deadline Wednesday, March 6, 2019, at 11:59 pm

Fees: \$10.00 per individual entry

\$20.00 per relay team

Late deadline Friday, March 8, 2019, at noon

Fees: \$20.00 per individual entry

\$30.00 per relay team

Entries will not be accepted on meet day.

Fees Payment of entry fees may be made by cheque, money order or cash.

Payment by credit or debit cards may also be used but only on Trackie.

If paying by cheque or money order, make it payable to United Tamil Sports Club.

You may pay on the day of the meet but please note that bib numbers will not be released

until payment is completed.

Note: There is a \$5.00 insurance coverage surcharge per athlete for non-MTA registered

athletes. This provides all-day coverage at the meet venue.

Waiver Each participant is required to submit a waiver form or a blanket waiver by the coach with

Power of Attorney (list all athletes). The waiver forms must be submitted at the registration

desk the day of the competition.

Electronic entries by Two options

1. EXCEL spreadsheets

2019-UTSC individual entry form 2019-UTSC relay entry form

Follow the directions at the top of each form.

2. TRACKIE on line https://www.trackie.com/online-registration/event.php?id=19619

No telephone entries. NO REFUNDS.

As entries are processed, a performance list will be made available online on the Minor Track Association website.

Meet rules

- 1 Athletes may enter in three individual events, of which no more than two may be track events (relays not included).
- 2 In all running events, girls will precede boys, from youngest to oldest age division.
- 3 Seeding will be done according to the rules of the MTA.
- 4 Lanes, heats and sections will be assigned according to the rules of the MTA.
- 5 Events with less than five athletes may be combined with another age division.
- 6 Starting blocks for Atoms and Seniors only.
- 7 Age classification as of December 31st, 2019

Specification	S
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for Hurdling	g events – 60m	for Shot Pu	t
Division	Height	Division	Weight
Mite	12" / 30 cm	Mite	1.50 kg
Tyke	18" / 45 cm	Tyke	2.00 kg
Atom	24" / 60 cm	Atom	2.73 kg
Senior	27" / 68 cm	Senior	3.00 kg

Awards

Medals will be presented to the 1st, 2nd and 3rd place finishers in each event.

Ribbons will be presented to 4th to 8th place finishers. Ribbons will also be presented to all participants.

EVENTS

	PG	PB	MG	MB	TG	ТВ	AG	AB	SG	SB
60m	X	X	X	X	X	X	X	X	X	X
200m			X	X	X	X	X	X	X	X
400m			X	X	X	X	X	X	X	X
800m			X	X	X	X	X	X	X	X
1200m					X	X				
1500m							X	X	X	X
60m Hurdles			X	X	X	X	X	X	X	X
High Jump					X	X	X	X	X	X
Long Jump	X	X	X	X	X	X	X	X	X	X
Triple Jump							X	X	X	X
Shot Put			X	X	X	X	X	X	X	X
4x200m Relay			X	X	X	X	X	X	X	X

UNITED TAMIL SPORTS CLUB WARM-UP MEET SCHEDULE

This is a tentative schedule. The final schedule will be prepared after the deadline.

This is a running schedule and may be advanced or delayed as required.

	TRACK	FIELD		
		Long Jump	Shot Put	High Jump
9:30am	1200m / 1500m	Peewee & Mite Girls	Senior Girls	Atom Girls
		Peewee & Mite Boys		
	60m Hurdles		Senior Boys	
		Atom Girls		Atom Boys
		Atom Boys	Atom Girls	
	400m			
		Senior Girls	Atom Boys	Tyke Girls
		Senior Boys	·	
	60m Heats	,		Tyke Boys
	Lunch Break	Lunch Break	Lunch Break	Lunch Break
		Lunch Break Long Jump	Lunch Break Shot Put	
1:00pm				Lunch Break
1:00pm	Lunch Break			Lunch Break
1:00pm	Lunch Break	Long Jump		Lunch Break
1:00pm	Lunch Break 60m Finals	Long Jump		Lunch Break High Jump
1:00pm	Lunch Break 60m Finals	Tyke Girls	Shot Put	Lunch Break High Jump
1:00pm	Lunch Break 60m Finals 800m	Tyke Girls Tyke Boys	Shot Put	Lunch Break High Jump Senior Girls
1:00pm	Lunch Break 60m Finals 800m	Tyke Girls Tyke Boys Triple Jump	Shot Put Tyke Girls	Lunch Break High Jump Senior Girls
1:00pm	60m Finals 800m	Tyke Girls Tyke Boys Triple Jump	Shot Put Tyke Girls	Lunch Break High Jump Senior Girls





SANCTIONED AND REQUIRED BY: MINOR TRACK ASSOCIATION

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

2019 UNITED TAMIL SPORTS CLUB MTA CHAMPIONSHIPS WARM-UP MEET

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Minor Track Association of Ontario City of Toronto Toronto Track & Field Centre United Tamil Sports Club Sujatha Sivanthan

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

Date	Print Name	Signature of Athlete
Data	Deint Mana	Circustons of December 1 and Consider
Date	Print Name	Signature of Parent or Legal Guardian (if under 18 years old)