



SUPER SEMINAR - CLUB COACH SCHEDULE

April 26-28th - WPG MB

DATE	CONTENT	LOCATION	ADDITIONAL NOTES
Friday April 26			
9:00am-10:15am	Module 1 + 2	Introduction to Coaching/Safety and EAP	U of W Classroom
10:20am-11:50am	Module 3	Teaching and Learning	U of W Classroom
12:00pm-1:00pm	LUNCH - Provided		
1:00pm-3:00pm	Module 4	Planning a Practice	U of W Classroom
3:15pm-4:45pm	Module 5	LTAD	U of W Classroom
			Foundations of Coaching in Athletics (Content required for both Sport Coach and Club Coach training).
			Club Coach Course Content
7:30pm-9:30pm	Coaches Reception and round table discussions	TBD	1 PD Point Appetizers + 1 drink per person included

DATE	CONTENT	LOCATION	ADDITIONAL NOTES
Saturday April 27			
9:00am-12:00pm	Module 6	Program Planning and Design	U of W Classroom
12:00pm-1:00pm	LUNCH - Not Provided		
1:15pm-2:30pm	Kin Stretch Multi-Sport Session		U of W Rec Plex -Field
2:45pm-4:45pm	Module 8	Endurance Technical - Part 1	U of W Rec Plex -Field
			Club Coach Course Content
			1 PD POINT
			Club Coach Course Content

DATE	CONTENT	LOCATION	ADDITIONAL NOTES
Sunday April 28			
1:30pm-3:30pm	Module 7	Strength	Sport for Life Centre- Fitness Studio
3:30pm-7:30pm	Module 8	Endurance Technical - Part 2	Sport for Life Centre - Track
			Club Coach Course Content
			Club Coach Course Content