



NCCP Club Coach + Harry Jerome Mentorship!

South Surrey

Fri-Sun May 17-19th

Hosted by Ocean Athletics Track and Field Club, Presented by BC Athletics

Location: *South Surrey Athletics Park, 2199 148 St*

Club coach is an event specific course ideal for the school educator/coach, club coach or parent coaching intermediate level athletes 4-6 months of the year and would like to learn about a specific event group in further detail

CLUB COACH: Coaches can sign up for **ONE** event group: Sprints and Hurdles, Endurance, Jumps, OR Throws (including para)
If you have already taken Club Coach and would like to do another event you can sign up for JUST the technical events
(All day Saturday and Sunday Morning)

HARRY JEROME MENTORSHIP - (OPTIONAL): Shadow and learn from expert coaches at the Harry Jerome Int. Track Classic in a Mentor-led Event Specific Technical and Tactical Analysis! Swangard Stadium June 20th 5:00-9:00pm.

- Free for coaches who take this Club Course.
- \$50.00 for coaches who are club coach trained.
- Register here: www.trackiereg.com/HarryJeromeMentorship

Registration

Schedule

Registration Fees (+GST):

	Full Course:	Just Technical
Early (Before April 05)	\$135.00	-
Regular	\$150.00	\$75.00
Late (After May 10)	\$165.00	\$82.50

*This is course requires a **BCA Coach Membership**. If you do not have one, or need to upgrade your membership please contact your club registrar or Sam.Collier@bcathletics.org if unattached.

Friday 6pm – 9:30pm:

Long Term Athlete Development; Mental Prep; Nutrition

Saturday 8:30am – 4:30pm

Event specific skill technical modules

12:00 – 1:00pm: Lunch

Sunday 8:30am – 4:30 pm

8:30am – 12:00pm: Event Group Skill Analysis, and Strength

1:00 pm – 4:30 pm: General Strength; Seasonal Planning

Register for via trackie.ca here: www.trackiereg.com/CCsouthsurrey

For more information for this course and others, follow the link below or contact Jennifer Brown at Jennifer.brown@bcathletics.org
<http://www.bcathletics.org/Education/Sub/upcoming-courses-pro-d-sessions/250/>

