



2019 Athletics NS Club Championships - March 1-2 - Canada Games Center - Final Schedule

Friday, March 1st

Event	Gender	Age	Time	Athletes	Heats	Event	Gender	Age	Time	Athletes
2000m	F&M	U14, U16	7:00 PM	2+4	1	High Jump	F	All	5:45 PM	5
3000m	M	U18, U20, Open	7:10 PM	8	1	High Jump	M	All	6:45 PM	8
3000m	F	U18, U20, Open	7:25 PM	9	1	Long Jump	M	All	6:00PM	11
5000m	F&M	U20, Senior, Master	7:40 PM	2+4	1	Long Jump	F	All	7:15PM	8

Saturday, March 2nd

Event	Gender	Age	Time	Athletes	Heats	Event	Gender	Age	Time	Athletes
60mH	F	U14 (30"), U16 (30'), U20 (33")	1:00 PM	1+2+2	1	Triple Jump	F&M	All	4:00PM	6+2
60mH	M	U16 (33'), U20 (39"), Open (42")	1:10 PM	1+3+1	1					
60m	F	Tetrathlon (All)	1:20 PM	14	3	Shot Put	F/M	Tetrathlon	1:45PM	31
60m	M	Tetrathlon (All)	1:30 PM	17	3	Long Jump	F/M	Tetrathlon	2:45 PM	31
60m	F	U14, U16, U18, U20, Open, Masters	1:45 PM	26	5					
60m	M	U14, U16, U18, U20, Open	2:05 PM	19	4					
60m	M	Masters	2:20 PM	6	1					
400m	F	U14, U16, U18, U20, Open, Masters	2:25 PM	6	1					
400m	M	U14, U16, U18, U20, Open, Masters	2:30 PM	6	1					
1200m	F&M	U14, U16	2:35 PM	5+1	1					
1500m	F	U18, U20	2:45 PM	5	1					
1500m	M	U18, U20, Open, Masters	2:55 PM	13	2					
150m	F	U14	3:05 PM	4	1					
150m	M	U14	3:10 PM	3	1					
200m	F	U16, U18, U20, Open	3:15 PM	21	4					
200m	M	U16, U18, U20, Open	3:30 PM	17	3					
200m	F&M	Masters	3:45 PM	5	1					
600m	F	Tetrathlon (All)	3:50 PM	14	1					
600m	M	Tetrathlon (All)	4:00 PM	17	2					
800m	F	U14, U16, U18, U20, Open	4:10 PM	15	2					
800m	M	U14, U16, U18, U20, Open	4:20 PM	13	2					
800m	F&M	Masters	4:30 PM	7	1					
300m	F	U16	4:35 PM	5	1					
300m	M	U16	4:40 PM	4	1					