



Wednesday May 29, 2019



All conference participants are invited to attend a meet and greet at the Five and Dime, a favourite gathering spot for vinyl lovers and microbrew fans! Appetizers and light refreshments will be served.
Wednesday May 29th
7pm-9pm

Thursday May 30, 2019



Saint John Yoga Co-op. Where Ortho Friends meet to share their love for yoga! Join us early Thursday morning May 30th 06:30-07:15.
Space is limited to 20 participants.
Namaste

Thursday May 30, 2019 & Friday May 31, 2019



Join us each morning May 30th and 31st at 06:30 for a walk/run along Saint John's lovely Harbour Passage trail!
There are many hidden gems along the cranberry-coloured Harbour Passage trail that leads you along the Saint John Harbour from [Uptown Saint John](#) to the Reversing Rapids. Numerous lookouts, heritage sites, life-sized sculptures and more.

Thursday May 30, 2019



Thursday evening May 30th we will take to the streets and seek out the best beer, local food and friendliest of places Uptown Saint John has to offer! 6pm-9pm.
Cost will be \$75.