

**2019 Kamloops Spring Throws Meet
Events Offered**

MALE						FEMALE				
Mast	Snr	U20	U18	U16		U16	U18	U20	Snr	Mast
X	X	X	X	X	Hammer	X	X	X	X	X
X	X	X	X	X	Discus	X	X	X	X	X
X	X	X	X	X	Javalin	X	X	X	X	X