

**2019 BOEING INDOOR CLASSIC**  
**MANITOBA INDOOR AGE CLASS CHAMPIONSHIPS**  
March 1-2, 2019

- DATE: **Friday and Saturday, March 1, 2, 2019**
- SANCTION: **Athletics Manitoba**
- SPONSOR: **BOEING OF CANADA**
- HOST: **Winnipeg Optimist Athletics**
- VENUE: **James Daly Fieldhouse, Max Bell Centre, University of MB, Winnipeg**
- TIMING: **Fully automatic electronic timing system – Omega Photo-timing Systems**
- AWARDS: **1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> place medals in all events including Elementary Relays**
- MEET HOTEL: **Best Western Plus, Pembina Inn & Suites, 1714 Pembina Hwy -Winnipeg, R3T 2G2**  
Close to the University Ph - 204-269-8888 Fax - 204-269-8889  
Toll Free Reservations: 1-877-269-8811
- ENTRIES:
- A) **Eligibility** – All entrants must be registered members of Athletics Manitoba and/or Athletics Canada.
  - B) **Entry Fees**
    - **\$ 12.00 per event**
    - **\$ 12.00 per each relay team**
    - **Late Fees: \$18.00 per individual event and \$18.00 per each Relay Team**
    - Late entries will only be accepted if there is room and it does not change the schedule at the discretion of the meet director.
  - C) **Cheques payable to: WINNIPEG OPTIMIST ATHLETICS CLUB**
  - D) **Entry deadline Received by February 22, 2019.**  
Please ensure that your entries are in on time, so that we can get the final schedule out as soon as possible.
  - E) Only entries using the Hy-Tek system or the Trackie.ca Registration online system will be accepted. <https://www.trackie.com/online-registration/register/2019-boeing-indoor-classic/29338/>
  - F) F) No telephone or fax entries will be accepted.
  - G) Seeded sections – Please submit **accurate seed performances** in order to allow for the accurate seeding of track events. It is the responsibility of club and school coaches to ensure the accuracy of their entry data.
  - I) Questions may be directed to Larry Switzer at 204-885-5714.
- FINALS: 60m, 60mh, 150m & 200m will proceed from heats to finals if entry numbers warrant. Other track events will be run as seeded timed final sections.

SPECTATORS: There will be a daily \$2.00 admission fee.

Event Change Reminder: Adopting the Athletics Canada Long Term Athlete Development Model, U14 age groups will compete at 150m, 300m, and 1200m instead of 200m, 400m and 1500m, and U16 age groups will compete at 300m and 1200m instead of 400m and 1500m.

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AGE CLASSES FOR 2019 :U12:	BORN in 2008 & later
U14:	BORN in 2006 & 2007
U16:	BORN in 2004 & 2005
U18:	BORN in 2002 & 2003
U20:	BORN in 2000 & 2001
SENIOR:	BORN in 1999 & earlier
MASTERS:	Age 35 and over

SHOT WEIGHTS:	U12 Boys & Girls	2.73 kg (6 lbs)
	U14, U16, U18 Women	3 kg
	U14 Men	3 kg
	U16 Men, U20 & Sr Women	4 kg
	U18 Men	5 kg
	U20 Men	6 kg
	Senior Men	7.26 kg (16 lbs)

WEIGHT THROW:	U18 Women	7.26 kg (16 lbs)
	U18 Men & U20 & Sr Women	9.07 kg (20 lbs)
	U20	11.34 kg (25 lbs)
	Senior Men	15.88 kg (35 lbs)

HURDLES:	<u>Hurdle Height</u>	<u>To 1<sup>st</sup> Hurdle</u>	<u>Between Hurdles</u>
Senior Men	1.067m (42")	13.72m	9.14m
U20 Men	0.991m (39")	13.72m	9.14m
U18 Men	0.914m (36")	13.72m	9.14m
U16 Men	0.840m (33")	13.0m	8.5m
U14 Men	0.762m (30")	12.0m	7.5m
Senior & U20 Women	0.840m (33")	13.0m	8.5m
U18 Women	0.762m (30")	13.0m	8.5m
U16 Women	0.762m (30")	12.0m	8.0m
U14 Women	0.762m (30")	12.0m	7.5m

- Races will only be run at these standard distances.

EVENTS: See accompanying chart on page 3. Athletes may enter an individual event in **only one age class**. Athletes may move up to compete in an older age group event or to complete a Relay Team, but may not run an event or a relay in two different age groups or on two separate teams.

RELAYS: **All teams members must be from the same Club or School.**

Entries will be accepted on a first come first served basis. Some field events may have the number of athletes competing capped, or the number of attempts will be limited to **three**. These decisions will be made by the meet director and/or meet manager based on time considerations.

**Please be advised that the Preliminary Schedule is exactly that, preliminary, and it will change. Final Schedule is based on the number of athletes that are entered per event. We will produce and post the final schedule as soon as possible, once the entries are received.**

**All jump and throw athletes are required to report to their event one half hour before the start of their events for warm up.**

**U14 and U12 athletes will receive three attempts and the top 8 one additional attempt in the Long Jump and Shot Put.**

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Events	U12 Boys/Girls	U14 Boys/Girls	U16 Boys/Girls	U18 Men/Women	U20 Men/Women	Senior Men/Women	Special Olympic Men/Women	Wheel Chair Men/Women
Year of Birth	2008& later	2006/2007	2004/2005	2002/2003	2000/2001	1999 & before		
60m	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
150m	Yes	Yes	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>
200m	<b>NO</b>	<b>NO</b>	Yes	Yes	Yes	Yes	Yes	No
300m	<b>NO</b>	Yes	Yes	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>
400m U18 & Up	<b>NO</b>	<b>NO</b>	<b>NO</b>	Yes	Yes	Yes	Yes	No
600m U12 only	Yes	<b>No</b>	<b>No</b>	<b>No</b>	<b>No</b>	<b>No</b>	<b>No</b>	<b>No</b>
800m	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
1000m	Yes	No	No	No	No	No	No	No
1200m	No	Yes	Yes	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>	<b>NO</b>
1500m	No	<b>NO</b>	<b>NO</b>	Yes	Yes	Yes	Yes	Yes
2000m	No	No	<b>Yes</b>	No	<b>NO</b>	<b>NO</b>	No	No
3000m	No	No	Yes	Yes	Yes	Yes	No	No
60m Hurdle	No	Yes	Yes	Yes	Yes	Yes	No	No
4x100m Relay	No	Yes	Yes	Yes	Yes	Yes	Yes	No
4x200m Relay	No	Yes	Yes	No	No	No	No	No
4x400m Relay	No	No	No	Yes	Yes	Yes	No	No
Shot Put	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
Long Jump	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No
High Jump	No	Yes	Yes	Yes	Yes	Yes	No	No
Triple Jump	No	No	Yes	Yes	Yes	Yes	No	No
Pole Vault	No	No	No	Yes	Yes	Yes	No	No
Weight Toss	No	No	No	Yes	Yes	Yes	No	No

- Other events may be added at the discretion of the meet organizers. Make early requests please.
- Masters Events for Men and Women may be added if there are three or more competitors in an age group.
- **U14 and U12 athletes will receive three attempts and the top 8 one additional attempt in the Long Jump and Shot Put.**

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**Friday March 1, 2019 Field Events Morning**

8:45 AM	Long Jump	U16 Women
8:45 AM	High Jump	U16 Men
11:00 A.M.	Long Jump	U14 Women
2:00 P.M.	Long Jump	U14 Men
4:00 P.M.	Long Jump	U18 Men
4:45 P.M.	Shot Put	U18 Men

**Friday, March 1, 2019 Track**

**Tentative**

8:45 AM	300m Time Final	U14 Women
	300m Time Final	U14 Men
	300m Time Final	U16 Women
	300m Time Final	U16 Men
	4x100m Time Final	U14 Women
	4x100m Time Final	U14 Men
	4x100m Time Final	U16 Women
	4x100m Time Final	U16 Men
	60m Heats	U14 Women
	60m Heats	U14 Men
	60m Heats	U16 Women
	60m Heats	U16 Men
11:55 PM	Lunch	
12:55 PM	60m Hurdle Heats	U14 Women
	60m Hurdle Heats	U16 Women
	60m Hurdle Heats	U14 Men
	60m Hurdle Heats	U16 Men
	1200m Time Finals	U14 Women
	1200m Time Finals	U14 Men
	60m Final	U14 Women
	60m Final	U14 Men
	60m Final	U16 Women
	60m Final	U16 Men
	60m Heats	U18 Women
	60m Heats	U18 Men
	1200m Time Finals	U16 Women
	1200m Time Finals	U16 Men
	1500m Time Final	U18 Women
	1500m Time Final	U18 Men
	60m Hurdle Finals	U14 Women
	60m Hurdle Finals	U16 Women
	60m Hurdle Finals	U14 Men
	60m Hurdle Finals	U16 Men
	60m Hurdle Heats	U18 Women
	60m Hurdle Heats	U20 Women
	60m Hurdle Heats	Open Women
	60m Hurdle Heats	U18 Men
	60m Hurdle Heats	U20 Men
	60m Hurdle Heats	Open Men
	400m Time Final	U18 Women
	400m Time Final	U18 Men
	600m Time Final	U12 Women then Men

**Friday, March 1, 2019 Field Evening Session**

**Tentative**

6:00 P.M.	Long Jump	U12 Women – Three trials
7:00 P.M.	Long Jump	U18 Women
7:00 P.M.	Shot Put	U12 Men – Three trials
7:40 P.M.	Shot Put	U12 Women – Three trials
8:15 P.M.	Long Jump	Spec O Men then U20.+ SR. Men

**Friday, March 1, 2019**

**5:45 PM Tentative Evening Session**

60m Hurdle Final	U20 Men
60m Hurdle Final	Open Men
60m Hurdle Final	Open Men
60m Hurdle Final	U20 Men
60m Hurdle Final	U18 Men
60m Hurdle Final	Open Women
60m Hurdle Final	U20 Women
60m Hurdle Final	U18 Women
60m Final	U18 Women
60m Final	U18 Men
60m Heats	U12 Women
60m Heats	U12 Men
60m Heats	U20 Women
60m Heats	Open Women
60m Heats	U20 Men
60m Heats	Open Men
60m Final	U12 Women
60m Final	U12 Men
60m Final	Special Olympic Women
60m Final	Special Olympic Men
60m Final	U20 Women
60m Final	U20 Men
60m Final	Open Women
60m Final	Open Men
400m Time Final	U20 Women
400m Time Final	U20 Men
400m Time Final	Special Olympic Women
400m Time Final	Open Women
400m Time Final	Special Olympic Men
400m Time Final	Open Men
1500m Time Final	Special Olympic Women
1500m Time Final	U20 Women
1500m Time Final	Open Women
1500m Time Final	Special Olympic Men
1500m Time Final	U20 Men
1500m Time Final	Open Men

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**Saturday, March 2, 2019- Field Events Tentative**

9:00 AM	Long Jump	U16 Men
9:00 AM	Shot Put	U14 Men - Circle 1
9:00 AM	High Jump	U16 Women - Pit 2
9:00 AM	Shot Put	U16 Women Circle 2
10:00 AM	High Jump	U18 Jr Open Women
10:45 AM	Long Jump	U12 Men -3 Trials
10:45 AM	Shot Put	U16 Men - Circle 1
10:45 AM	Shot Put	U14 Women Circle2
11:30 AM	Long Jump	U20/ Open Women
11:30 AM	High Jump	U14 Men - Pit 2
11:45 AM	Weight Throw	U18/U20/Open Women

**Saturday, March 2, 2019 - Field Events Tentative**

1:00 PM	Triple Jump	U16 Women
2:00 PM	High Jump	U14 Women - Pit 1
2:30 PM	Shot Put	Special Olympic Women/Men C2
2:30 PM	Triple Jump	U16/U18 Men
2:45 PM	Pole Vault	Women
3:30 PM	Shot Put	Jr/Open Women C1
3:30 PM	Shot Put	U18 Women
4:00 PM	Pole Vault	Men
4:00 PM	Triple Jump	U20/Open Men ( Or earlier )
5:30 PM	Weight Throw	U18/U20/Open Men
7:00 PM	Shot Put	U20 + Open Men
7:00 PM	Triple Jump	U18/U20/Sr Women
7:00 PM	High Jump	U18/U20/Open Men

**Saturday, March 2, 2019 - Track Events Tentative**

8:45 AM	150m Heats	U14 Women
	150m Heats	U14 Men
	150m Time Final	U12 Women
	150m Time Final	U12 Men
	200m Heats	U16 Women
	200m Heats	U16 Men
	800m Time Finals	U14 Women
	800m Time Finals	U14 Men
	800m Time Finals	U16 Women then Men
	1000m Time Finals	U12 Girls then Men
	150m Finals	U14 Women
	150m Finals	U14 Men
	200m Finals	U16 Women
	200m Finals	U16 Men
	200m Time Finals	Special O Women
	200m Time Finals	Special O Men
	4x200m Time Final	U14 Women
	4x200m Time Final	U14 Men
	4x200m Time Final	U16 Women
	4x200m Time Final	U16 Men

**12:00 Noon Lunch**

12:55 PM	4x100m Time Final	Special Olympic Coed
	200m Heats	U18 Women
	200m Heats	U18 Men
	200m Heats	U20 Women
	200m Heats	U20 Men
	200m Time Final	Special O Women
	200m Time Final	Special Olympic Men
	800m Time Finals	U18 Women
	800m Time Finals	U18 Men
	800m Time Finals	U20/Open Women
	800m Time Finals	U20 Men
	800m Time Finals	Open Men
	800m Sp. Olympic	Women/Men
	2000m Final	U16 Women then Men

**5:00 pm Supper**

6:00 PM	200m Final	U18 Women
	200m Final	U18 Men
	200m Heats	Open Women
	200m Heats	Open Men
	200m Final	U20 Women
	200m Final	U20 Men
	3000m Finals	U18 Women
	3000m Finals	U18 Men
	4x100m Time Final	U18 Women
	4x100m Time Final	U18 Men
	4x100m Time Final	U20/Senior Women
	4x100m Time Final	U20 /Senior Men
	200m Final	Open Women
	200m Final	Open Men
	3000m Finals	U20/Open Women
	3000m Final	U20 Men
	3000m Final	Open Men
	4 x 400m Final	U18 Women
	4 x 400m Final	U18 Men
	4 x 400m Final	U20/Open Women
	4 x 400m Final	U20 /Open Men