

# ***Sixth Annual Universal Track & Field Meet***

***June 29 - 30, 2019***



Hosted by ***Universal Athletics Club***  
Sanctioned by BC Athletics

**Entry Deadline, Midnight June 24, 2019**

**Meet Director:** Jessie Dosanjh, [unisports2000@hotmail.com](mailto:unisports2000@hotmail.com)

**Meet Manager:** Sue Kydd, [suekydd50@gmail.com](mailto:suekydd50@gmail.com)

**Meet Venue:** All events will be held at Bear Creek Park, 13750 88<sup>th</sup> Ave, Surrey

## **Age Divisions:**

- **Rascals** aged 6 to 8. **Activities:** standing LJ, throw, shuttle relay, low barrier run, 60m sprint
- **JD Athletes** aged 9 to 13 will be awarded in single age groups, some events may be combined.
- **U16**, (14/15) **U18**, (16/17) **U20**, (18/19) and **Open**, (20+) will compete in their respective categories for awards but competitive events may be combined. **Masters** and **Para** athletes welcome to compete as Open athletes or appropriate age groups, no designated Masters/Para events/medals.

## **Entry Information:**

- To enter "[Click Here](#)" or use <http://www.trackie.com/online-registration/> then click on "Find Event."
- \$5.00 per Rascal for 5 activities. \$8.00 per Junior Development event. \$10.00 per U16 and up events.
- No refunds or changes once entries closed.
- Athletes must register by event.
- **Events after 12 pm may start earlier than scheduled by 30 minutes.**
- Athletes will be seeded by performances listed within online entry form.
- Relay registrations will be taken online or by noon the day of race. \$15.00 per relay team.
- Non BCA members may only be 9 yr. olds to grade 12 students for a one time \$3.00 day of event fee.

## **Late Entries and Fees:**

- No late e-mail/phone entries will be taken after the entry deadline.
- Late entries must be done at the meet and paid for at time of registration.
- Late fees are \$15.00 for all.
- Late entries will be cutoff 90 min. prior the event being registered for except 9am events which will be 60 min before. Late entries will not be seeded.

## **Package Pick-up:**

- Packages will be available for pick-up after 8:00 a.m. Saturday and Sunday at the track.
- Late fees must be paid before package is released.

## **Awards:**

- Rascals will receive a special gift at the completion of their 5 events.
- Medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>. Ribbons for 4<sup>th</sup> to 8<sup>th</sup>, Podium awards for 9-13 yr. old medalists
- Awards may be picked up 30 minutes after results are posted, (barring protests.)
- Unclaimed awards will not be mailed out.

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## **Results:**

- Posted at meet and available on [Universal Athletics Club](http://www.universalathletics.ca) and [BC Athletics](http://www.bcathletics.org) websites after meet.

## **Meet Rules:**

- IAAF rules with BC Athletics Junior Development variations.

## **Competition Areas/Uniforms:**

- The infield (inside the track) is OUT OF BOUNDS except for the High Jump apron and the Rascal activities.
- Only Athletes and officials are permitted in the competition areas.
- Competition numbers to be worn on the front at all times.

## **Equipment:**

- All equipment will be supplied by Universal Athletics.
- Athletes wishing to use their personal throwing equipment must have implements weighed in 45 minutes prior to the event. Weigh ins will be done in the equipment containers on the west side of the track. Any personal equipment weighed in becomes the property of the event and can be used by any athlete during that event.

## **Marshalling:**

- All field events will marshal at their venue.
- All track events must check in at the Athlete Call Room tent at north end of the track, (between entrances from parking lot) and will be taken to the start line as a group.

## **Conflicting Events:**

- Be advised there will be conflicts with some age groups between track and field events.
- To avoid missing field events or races, athletes should report to BOTH field event and the call room.
- BCA officials will **TRY** to facilitate athletes doing both events. Athletes cannot “catch up” on missed rounds of field events, nor move into different heats/races and/or compete with other age groups because of missed events.

## **Facilities:**

- Spike lengths are 7mm with the exception of 9mm for javelin and high jump.
- Synthetic/Polyurethane track, jump and javelin run ups.
- Concrete throwing surfaces
- Finish Lynx Electronic Timing System
- Concession on site, operated by Universal Athletics.

## **Protest:**

- Athletes or a representative must attempt to resolve the concern, either verbally or in writing, within 30 minutes of posting, with the Event Referee. The Event Referee will deliver a decision.

## **Appeal:**

- The decision of the Event Referee may be appealed, within 30 minutes, by any athlete or representative affected by the decision.
- The Appeal is made to the Jury Of Appeal, in writing, and must be accompanied by \$50.00 cash. If the appeal is upheld, the fee will be returned.
- Results officials shall be advised there is a protest/appeal immediately so awards will not be given out until dispute is resolved.

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## **Jury of Appeal:**

- A jury, comprised of two BC Athletics officials, and the Meet Director or Meet Manager will be asked to resolve any appeal during the meet. The decision of the jury will be final.

## **Field Events**

### **Throws:**

- Each Junior Development, (9 to 13) athlete is permitted 3 throws.
- Other age groups will be given 3 throws per athlete with the top 8 in each age group receiving 3 more.

### **Horizontal Jumps:**

- Each Junior Development athlete is permitted 3 jumps.
- All other age groups will be given 3 jumps per athlete with the top 8 in each age group receiving 3 more.
- There shall be no more than 2 takeoff boards in Triple Jump.

### **Vertical Jumps:**

- 3 consecutive failed attempts eliminates an athlete.
- The bar is to be raised by 5 cm in HJ.
- Starting height will be determined at the start of the event by the BCA official in charge.

## **Track Events:**

### **Scheduling of Track Events:**

- All Track Events except for Hurdles will be run Oldest to Youngest with Females going first then Males in each age group. The Hurdle schedule is attached. Hurdles will generally be highest to lowest.
- Age groups for distance events may be combined.

### **Seeding:**

- Athletes will be seeded for heats and timed finals according to provided seed times. In the case of timed finals, sections will be seeded with the fastest seeds in the same section and the fastest section competing last.
- **IT IS THE RESPONSIBILITY OF THE CLUB REGISTRARS or CLUB COACHES TO FILL OUT SEED TIMES ON THE ENTRY FORM, AND ENSURE SEED TIMES ARE ACCURATE.**
- The meet has the right to verify seed times and will adjust as necessary.
- Athletes without seed times will be placed in unseeded heats or unfilled lanes.
- Late entries will not be seeded.

### **Preliminary Heats:**

- Heats will be held in the 60 M and 100M events. All other Track events will be run as timed finals.
- **If there are 8 or less athletes in a heat, that heat will be run as final at the time of the heat.**

### **Recreational Relays:**

- Clubs may form teams from various age groups from within that club but the team must run in the age category of the oldest member. No records can be set in a relay.
- \$15.00 per relay team payable by noon the day of the race

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**June 29 - 30, 2019**



## **Field Events for Saturday**

Time	High Jump		Long Jump	Triple Jump	Shot Put	Javelin	Discus	Hammer
	Pit #1	Pit #2	E Pit #1	W Pit #2				
9:00 AM	<b>U16 W</b>		<b>11 Yr W</b>	<b>U18 Plus W</b>	<b>9 Yr W</b>	<b>12 Yr W</b>		<b>All Women 12+</b>
10:00 AM	<b>U16 M</b>				<b>9 Yr M</b>	<b>12 Yr M</b>		
10:30 AM			<b>11 Yr M</b>	<b>U18 Plus M</b>				<b>All Men 12+</b>
11:00 AM		<b>9 Yr W</b>			<b>10 Yr W</b>	<b>11 Yr W</b>		
11:30 AM	<b>12 Yr W</b>							
12:00 PM			<b>10 Yr W</b>	<b>U16 W</b>	<b>10 Yr M</b>	<b>11 Yr M</b>		
12:30 PM		<b>9 Yr M</b>					<b>13 Yr W</b>	
1:00 PM	<b>12 Yr M</b>				<b>U18 Plus W</b>			
1:30 PM			<b>10 Yr M</b>	<b>U16 M</b>		<b>13 Yr W</b>	<b>13 Yr M</b>	
2:00 PM		<b>10 Yr W</b>			<b>U18 Plus M</b>			
2:30 PM	<b>U18 Plus W</b>		<b>13 Yr W</b>			<b>13 Yr M</b>	<b>10/11 Yr M</b>	
3:00 PM					<b>U16 W</b>			
3:30 PM		<b>10 Yr M</b>					<b>10/11 Yr W</b>	
4:00 PM	<b>U18 Plus M</b>		<b>13 Yr M</b>		<b>U16 M</b>			

## **Field Events for Sunday**

Time	High Jump	Long Jump		Triple Jump	Shot Put	Javelin	Discus
	Pit #1	E Pit #1	W Pit #2	W Pit #2			
9:00 AM	<b>13 Yr W</b>	<b>9 Yr W</b>	<b>U16 W</b>		<b>11 Yr W</b>	<b>U18 Plus W</b>	<b>12 Yr W</b>
10:00 AM		<b>9 Yr M</b>	<b>U16 M</b>		<b>11 Yr M</b>	<b>U18 Plus M</b>	<b>12 Yr M</b>
10:30 AM	<b>13 Yr M</b>						
11:00 AM	<b>Rascals start their 4 Field Events on the infield</b>						
11:00 AM		<b>12 Yr W</b>	<b>U18 Plus W</b>		<b>13 Yr W</b>	<b>U16 W</b>	<b>U18 Plus W</b>
12:00 PM			<b>U18 Plus M</b>		<b>13 Yr M</b>	<b>U16 M</b>	<b>U18 Plus M</b>
12:30 PM	<b>11 Yr W</b>	<b>12 Yr M</b>					
1:00 PM				<b>13 Yr M</b>	<b>12 Yr W</b>	<b>10 Yr W</b>	<b>U16 W</b>
2:00 PM	<b>11 Yr M</b>			<b>13 Yr W</b>	<b>12 Yr M</b>	<b>10 Yr M</b>	<b>U16 M</b>

Ages are determined by the athlete's age as of December 31st of the year of competition

Rascals = 6/7/8. Events are standing LJ, ball throw, shuttle relay, low barrier run, 50m sprint

Junior Development = 9/13, U16 = 14/15, U18 = 16/17,

U20 = 18/19, Open (O) = 20/35, Masters = Welcome to compete with Open

Bear Creek Park, King George and 88th. Ave. 13750 88th Ave. Surrey

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***June 29 - 30, 2019***



## **Track Events for Saturday**

Time	Events	Age Group	Comments
9:30 AM	<b>1000m</b>	<b>11, 10, 9 Yr Women/Men</b>	Timed Finals
9:50 AM	<b>1200m</b>	<b>U16 to 12 Yr Women/Men</b>	Timed Finals
10:10 AM	<b>1500m</b>	<b>Open/U20/U18 Women/Men</b>	Timed Finals
10:30 AM	<b>100m</b>	<b>Open to 9 Yr Women/Men</b>	Heats
1:00 PM	<b>400m Hurdles</b>	<b>Open/U20/U18 Women/Men</b>	Timed Finals
1:15 PM	<b>300m Hurdles</b>	<b>U16 Women/Men</b>	Timed Finals
1:45 PM	<b>200m Hurdles</b>	<b>U16 Women/Men for Legion Athletes</b>	Timed Finals
1:55 PM	<b>200m Hurdles</b>	<b>13/12 Yr Women/Men</b>	Timed Finals
2:15 PM	<b>100m</b>	<b>Open to 9 Yr Women/Men</b>	Finals
3:00 PM	<b>300m</b>	<b>U16 to 12 Yr Women/Men</b>	Timed Finals
3:30 PM	<b>400m</b>	<b>Open/U20/U18 Women/Men</b>	Timed Finals

Medal Presentations for 13 and under after 100 M and 400M

## **Track Events for Sunday**

Time	Event	Age Group	Comments
9:00 AM	<b>60m</b>	<b>11, 10, 9 Yr Women/Men</b>	Heats
9:30 AM	<b>2000m</b>	<b>U16, 13 Yr Women/Men</b>	Timed Finals
10:00 AM	<b>3000m</b>	<b>Open/U20/U18 Women/Men</b>	Timed Finals
10:30 AM	<b>200m</b>	<b>Open to 11 Yr Women/Men</b>	Timed Finals
11:45 AM	<b>60m</b>	<b>11, 10, 9 Yr Women/Men</b>	Finals
<b>Rascals 60m followed by Lollipop Race</b>			
12:15 PM	<b>800m</b>	<b>Open to 12 Yr Women/Men</b>	Timed Finals
12:45 PM	<b>600m</b>	<b>11, 10, 9 Yr Women/Men</b>	Timed Finals
1:45 PM	<b>110m Hurdles</b>	<b>Open/U20/U18 Men</b>	Timed Finals
2:00 PM	<b>100m Hurdles</b>	<b>Open/U20/U18 Women, U16 Men</b>	Timed Finals
2:15 PM	<b>80m Hurdles</b>	<b>U16 Women 13/12 Yr Women/Men</b>	Timed Finals
2:45 PM	<b>60m Hurdles</b>	<b>11, 10, 9 Yr Women/Men</b>	Timed Finals
3:15 PM	<b>4x100m Relay</b>	<b>Open to 9 Yr Women/Men</b>	

Medal Presentations for 13 and under after 600 M and 4x100m

Track events will run Oldest to Youngest, Female then Male except for Hurdle Events

Ages Groups are determined by the athlete's age as of December 31st of the year of competition

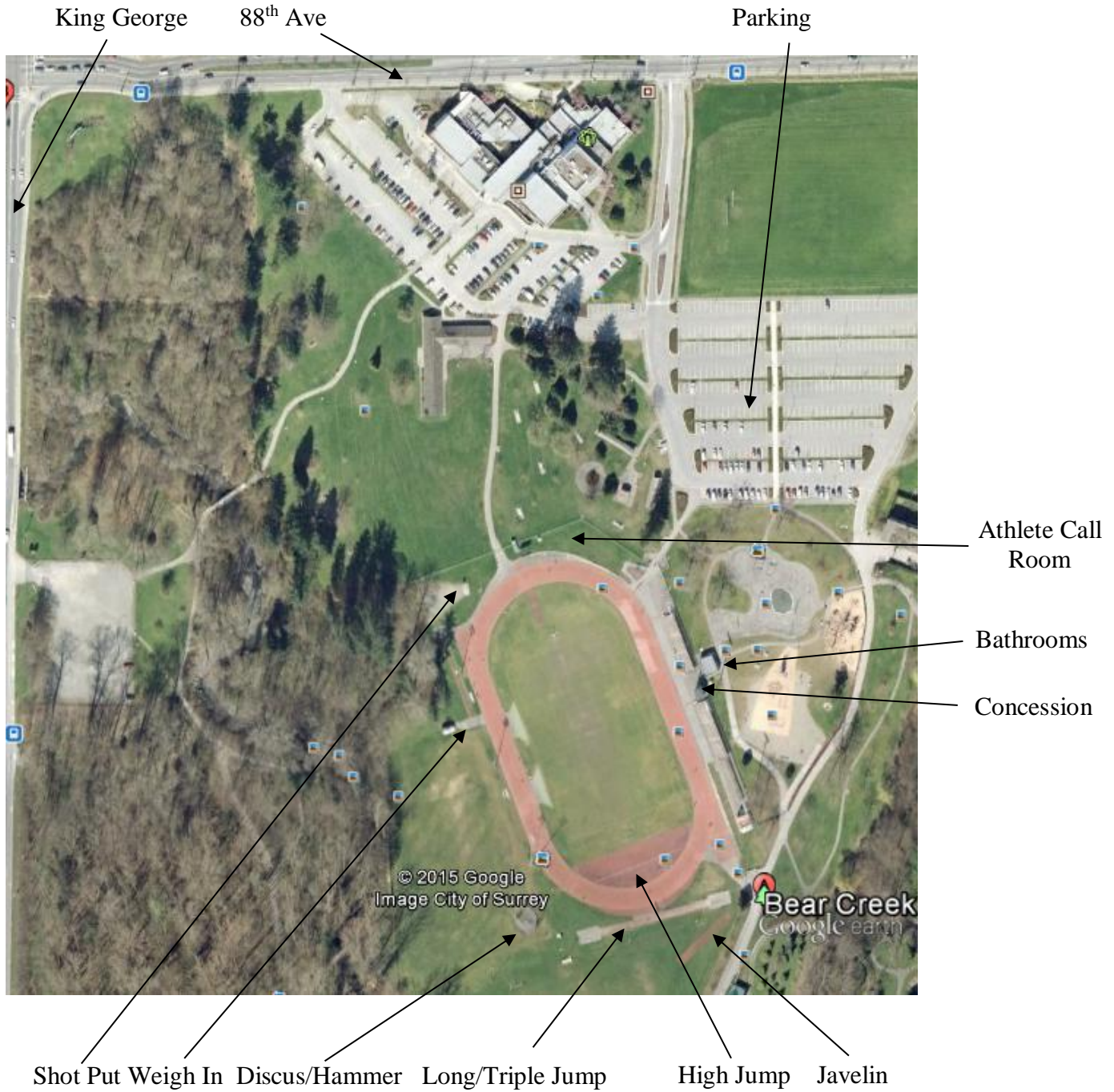
Bear Creek Park, King George and 88th. Ave. 13750 88th Ave. Surrey

# *Sixth Annual Universal Track & Field Meet*

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Map of Bear Creek Park Track and Field Facility



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June 29 - 30, 2019



## Order of races and heights for hurdle events Colour markings are for Bear Creek Park track

Age Group	Heights	Between H	Colour
<b>110 Meter, 10 Hurdles</b>			
Open M	42"/1.067m	9.14M	Dark Blue
30 to 49 M	39"/.991m	9.14M	Dark Blue
U20 M	39"/.991m	9.14M	Dark Blue
U18 M	36"/.914m	9.14M	Dark Blue

Age Group	Heights	To 1st H
<b>400 Meter, 10 Hurdles</b>		
Open M	0.914m/36"	45m
30 to 49 M	0.914m/36"	45m
U20 M	0.914m/36"	45m
50 to 59 M	0.838m/33"	45m
U18 M	0.838m/33"	45m
30 to 49 W	0.762m/30"	45m
Open W	0.762m/30"	45m
U20 W	0.762m/30"	45m
U18 W	0.762m/30"	45m

<b>100 Meter, 10 Hurdles</b>			
50 to 59 M	36"/.914m	8.5M	Yellow
35 to 40 W	33"/.838m	8.5M	Yellow
Open W	33"/.838m	8.5M	Yellow
U20 W	33"/.838m	8.5M	Yellow
U16 M	33"/.838m	8.5M	Yellow
U18 W	30"/.762m	8.5M	Yellow
60 to 69 M	33"/.838m	8.0M	12.00M
<b>To 1st H</b>			

<b>300 Meter, 7 Hurdles</b>		
60 to 69 M	0.762m/30"	50m
50 to 59 W	0.762m/30"	50m
U16 W/M	0.762m/30"	50m
60 to 69 W	0.686m/27"	50m
70 to 79 M	0.686m/27"	50m

<b>80 Meter, 8 Hurdles</b>			
40 to 59 W	30"/.762m	8.0M	Black
U16 W	30"/.762m	8.0M	Black
70 to 79 M	30"/.762m	7.0M	White
60+ W	30"/.762m	7.0M	White
80+ M	27"/.686m	7.0M	White
13 Yr M	30"	8.0M	Black
13 Yr W	30"	7.5M	Grey
12 Yr W/M	27"	7.0M	White

<b>200 Meter, 5 Hurdles</b>		
U16 W/M (Nat)	0.762m/30"	20m
70+ W	0.686m/27"	20m
80+ M	0.686m/27"	20m
13 Yr W/M	0.686m/27"	20m
12 Yr W/M	0.610m/24"	20m

<b>60 Meter, 6 Hurdles</b>			
11 Yr W/M	24"	6.5M	Lt. Purple
10 Yr W/M	24"	6.5M	Lt. Purple
9 Yr W/M	21"	6.5M	Lt. Purple

Distance hurdles use "Green" marks

9 to 13 year olds use the practice/kick away/scissor hurdles, U16 and above use weighted hurdles

From Appendix A in the BC Athletics Events & Technical Specifications for Athletics Manual. Updated, January 2017