

# NCCP **runjumpthrowwheel** Instructor Training

Wednesday February 27<sup>th</sup> - Thursday October 28<sup>th</sup>, 2019

Hosted by: The Indigenous Sport, Physical Activity & Recreation Council (ISPARC)

Presented by: BC Athletics

**RunJumpThrowWheel (RJTW)** is a national program developed by Athletics Canada that uses track & field games and activities to teach the fundamental movement skills of running, jumping, throwing, and wheeling. Regardless of whether you're role – sports coach, recreation leader, teacher, or parent – this interactive course will give you the skills to encourage physical literacy in all the youths in your life!

**Learning Facilitator:** Master Learning Facilitator and Level 4 Certified Coach Barb Vida

## DETAILS

**Date:** February 27 – February 28, 2019

**Time:** 9AM – 4PM

**Location:** Victoria Native Friendship Centre  
231 Regina Ave, Victoria

This course involves both classroom and physical activity modules so come prepared to be active!

## REGISTRATION

Coaches, community leaders, camp counselors, and youth workers working directly with Aboriginal youth, register through ISPARC at:

[aboriginalsportbc.wufoo.com/forms/zlkv2yd1vnmkz5](http://aboriginalsportbc.wufoo.com/forms/zlkv2yd1vnmkz5)

All others, register through BC Athletics (\$100 + GST) at:

[TrackieReg.com/RJTW/Victoria2019](http://TrackieReg.com/RJTW/Victoria2019)

**Registration Deadline:** Sun. February 24, 2019

**For questions about this course, or other RunJumpThrowWheel programs, contact:**

Sabrina Nettey, Introductory Program Coordinator at BC Athletics

[runjumpthrowwheel@bcathletics.org](mailto:runjumpthrowwheel@bcathletics.org)

604.333.3554

[www.bcathletics.org/TrackAndField/LTADPrograms/run-jump-throw-wheel/](http://www.bcathletics.org/TrackAndField/LTADPrograms/run-jump-throw-wheel/)