



## **Athletics NS Club Championships and Truro Lions Throws Meet**

Truro Lions and Athletics NS will be hosting a throws meet at the Cougar Dome on Sunday, March 3<sup>rd</sup>. Points earned at this meet will be added to Club Championship Totals.

When: Sunday, March 3<sup>rd</sup>

Time: 12:45PM

Events: Shot Put, Weight Throw

Schedule: Shot Put Female 12:45

Shot Put Male 1:45

Weight Throw Female/Male 2:45

Cost: \$25/athlete + \$5 Officials Fee

More information: Please contact Jonathan Doucette [coach@athleticsnovascotia.ca](mailto:coach@athleticsnovascotia.ca)