

(Revised – February 4, 2019)
2019 FLYING ANGELS INDOOR CLASSIC
TRACK MEET

Toronto Track & Field Centre, York University
231 Ian MacDonald Boulevard
Toronto, Ontario, Canada M3J 3L9
Saturday, February 16, 2019

Hosted by: Flying Angels Track & Field Club

Sanctioned by: Minor Track Association

Website: www.flyingangels.ca

Meet Director: Earl Letford (416) 562-0898 / flyingangelstrack@hotmail.com

Eligibility: Clubs, Schools, Teams, and Individuals are eligible to compete.
Athletes who are not registered with MTA by the entries deadline are required to pay the \$5 MTA Non-member fee.

AGE DIVISIONS

Pee Wee	(PG, PB)	born in 2013 & 2014
Mite	(MG, MB)	born in 2011 & 2012
Tyke	(TG, TB)	born in 2009 & 2010
Atom	(AG, AB)	born in 2007 & 2008
MTA Senior	(SG, SB)	born in 2005 & 2006

DIVISIONS

Pee Wee
Mite
Tyke
Atom
MTA Senior

EVENTS OFFERED

60m, Long Jump
60m, 200m, 400m, 800m, 60mH (12" / 30 cm), LJ, SP (1.5 kg), 4x200
60m, 200m, 400m, 800m, 1200m, 60mH (18" / 45 cm), HJ, LJ, SP (2.00 kg), 4x200
60m, 200m, 400m, 800m, 800m Race Walk, 1500m, 60mH (24" / 60 cm), HJ, LJ, TJ, SP (2.73 kg), 4x200
60m, 200m, 400m, 800m, 800m Race Walk, 1500m, 60mH (27" / 68 cm), HJ, LJ, TJ, SP (3.00 kg), 4x200

ENTRY INFORMATION AND INSTRUCTIONS

Online Entries All entries must be completed online at www.trackiereg.com

No Phone, faxed, Excel or email entries accepted

Entry Deadline Wednesday, February 13, 2019 @ 11:59 pm
Fees: \$10 per individual event
\$10 per relay team

Late Deadline **Friday, February 15, 2018 @ NOON**
Fees: \$20 per individual event
\$20 per relay team

NO ENTRIES WILL BE ACCEPTED AFTER LATE DEADLINE.

Fees Payment of entry fees may be made by credit card, cheque, money order, or cash. Packet and/or bib numbers will not be released until payment is completed. All entries submitted must be paid for. Please make cheque payable to **Flying Angels Track & Field Academy**

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PACKET PICKUP

Packet pickup is at the registration room upstairs at the Toronto Track & Field Center beginning at 8:00 am.

FACILITY ADMISSION

All entry to the indoor track will be by competition number and wrist bands. Wrist bands for athletes and coaches will be distributed with the team's packet. Each team will be allotted 1 coaches wrist band for every 8 athletes registered. All parents and spectators must remain upstairs in the spectator gallery.

EVENT SCHEDULE

A tentative schedule is enclosed. The meet will operate on a rolling schedule with the morning schedule commencing at 9:30 am and the afternoon session starting at approximately 1:30 pm.

HEAT SHEETS & RESULTS

Performance lists will be posted on the minortrack.org website beginning Thursday, February 14, 2019. Heat Sheets and results will be posted on the south wall and also upstairs behind the stands.

ATHLETE CHECK-IN

All athletes must check in directly to their event when the event is called.

AWARDS

Medals will be presented to the 1st, 2nd, and 3rd place finishers in each event. There are ribbons for the 4th to 6th place finishers. The top 3 relay teams will receive 1st, 2nd, and 3rd place ribbons, respectively.

TRACK EVENTS

We will run the girls and then the boys in each age group, starting at the youngest age categories and working our way up through to senior.

FIELD EVENTS

Because of time constraints, each competitor in the Long Jump and Shot Put events receives **2 trials and top 8 get 2 additional jumps/throws**. Only the best result of the day is scored for position. A tie will be broken by the second best jump/throw. Seniors jump from the board.

All reasonable attempts will be made to allow athletes who have to leave to compete in a running event to receive their two jumps/throws before they leave. However, athletes who check in to the field event, but leave the competition area because they were CALLED to participate in a track event, must report back to the event immediately after their running event, but before the end of the second round to complete any jumps/throws they missed. Athletes who return after the end of the second round will not be able to replace any jumps/throws they missed.

Only athletes who have jumped/threw prior to the close of the second round may participate in round three and/or round four PROVIDING that they were among the top 8 athletes who qualified for the additional rounds. Athletes must return before the end of the fourth round to receive their final two jumps/throws.

Only competing athletes are allowed in the Long Jump competition area. All coaches must remain in the coaching area located between the jogging track and south wall. Coaches who encroach the competition area and/or interfere with the competition (or disrupt the officials) will be asked to leave the field house and risk the disqualification of their athlete from the event.

DIRECTION TO TORONTO TRACK & FIELD CENTRE

- Follow Highway 401 to Highway 400 North
- Follow Highway 400 north to the Steeles Avenue exit.
- Go East (left) on Steeles, past Jane Street to the second set of lights. Turn right on Founders Road
- There is a paid parking lot on the immediate left.
- Follow the sidewalk west to the front of the Track and Field Centre.
- There is a small, free TTC lot at the west side of the Track and Field Centre.

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SATURDAY, FEBRUARY 16, 2019

SCHEDULE OF EVENTS

(Rolling Schedule. Event will start at the completion of the previous event)

9:00 AM – COACHES MEETING @ THE FINISH LINE

	TRACK	PIT 1	PIT 2	HIGH JUMP	SHOT PUT
9:30 am	1200m / 1500m	Atom Girls Long Jump	Atom Boys Long Jump	Tyke Boys	Senior Boys
	60m Heats	Senior Girls Long Jump	Senior Boys Long Jump	Atom Boys	Atom Boys
	400m	Pee Wee Girls & Mite Girls Long Jump	Pee Wee Boys & Mite Boys Long Jump	Senior Boys	Mite & Tyke Boys
LUNCH BREAK					
1:30 pm	60m Hurdles Timed Finals	Tyke Girls Long Jump	Atom Girls & Senior Girls Triple Jump	Tyke Girls	Mite & Tyke Girls
	60m Finals	Tyke Boys Long Jump	Atom Boys & Senior Boys Triple Jump	Atom Girls	Atom Girls
	800m			Senior Girls	Senior Girls
	200m				
	800m Race Walk				
	4 x 200 Relay				



MINOR TRACK ASSOCIATION

SANCTIONED AND REQUIRED BY:

MINOR TRACK ASSOCIATION

RELEASE, WAIVER AND INDEMNITY

IN CONSIDERATION of the acceptance of my application and the permission to participate as an entrant or competitor in the

2019 Flying Angels Indoor Classic Track Meet

I, for myself, my heirs, executors, administrators, successors and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE

Minor Track Association
Flying Angels Youth Organization of Ontario
City of Toronto
Toronto Track & Field Centre
Earl Letford

And all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, successors and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as spectator, participant, competitor or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that same may have been contributed to or occasioned by the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of those arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING this ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

Date

Print Name

Signature
(If under 18, parent or guardian or
Power of Attorney to sign below.)

Date

Print Name

Signature of Legal Guardian